

Seeks to Improve Personally

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Promotes physical and mental fitness, recreation, and overall wellness	Understands all components of physical and mental well being and engages in a variety of recreational activities that support overall wellness.	Understands most components of physical and mental well being and engages in similar recreational activities that support overall wellness.	Understands some components of physical and mental well being and engages in few recreational activities that support overall wellness.	Understands minimal components of physical and mental well being and has rare to no engagement in recreational activities that support overall wellness.
Develops a civic responsibility	Routinely focuses to create and administer a positive impact through his/her actions on the community and environment.	Usually focuses to create and administer a positive impact through his/her actions on the community and environment.	Occasionally focuses to create and administer a positive impact through his/her actions on the community and environment.	Rare to no focus to create and administer a positive impact through his/her actions on the community and environment.
Takes responsibility for one's own deeds and words	Consistently takes personal responsibility for his/her deeds and actions and can thoroughly explain the impact of his/her own behavior on others.	Usually takes personal responsibility for his/her deeds and actions and can sometimes explain the impact of his/her own behavior on others.	Occasionally takes personal responsibility for his/her deeds and actions and can nominally explain the impact of his/her own behavior on others.	Rarely if ever takes personal responsibility for his/her deeds and actions and struggles to explain the impact of his/her own behavior on others.
Exudes confidence	Consistently relies on strengths to complete tasks, is assertive when appropriate, and maintains positive relationships and self-image regardless of performance.	Usually relies on strengths to complete tasks, is sometimes assertive when appropriate, and mostly maintains positive relationships and self-image regardless of performance.	Occasionally relies on strengths to complete tasks, is nominally assertive, and infrequently maintains positive relationships and self-image regardless of performance.	Rarely relies on strengths to complete tasks, struggles to be assertive, and rarely maintains positive relationships and self-image regardless of performance.
Strives to be fiscally responsible	Deep understanding of saving, budgeting, calculating interest, maintaining a spending journal and setting financial goals.	Adequate understanding of saving, budgeting, calculating interest and spending journal, with beginning steps of financial goal setting.	Some understanding of saving, budgeting, and calculating interest. Some basic steps in maintaining spending journal and financial goal setting.	Limited understanding of components of saving, budgeting and calculating interest. No development of financial goals.
Perseveres through difficult times	Shows a steady persistence in a course of action, activity or learning a new skill in spite of obstacles. Regularly looks for various ways to complete the task	Often shows persistence in a course of action, activity or learning a new skill in spite of obstacles. Often looks for various ways to complete the task	Shows some persistence in a course of action, activity or learning a new skill but can become discouraged by obstacles. Consistently completes the task.	Shows little to no persistence in a course of action, activity or learning a new skill. Obstacles can stop all action. Does not consistently complete the task.