



May 2023 LUNCH



Monday	Tuesday	Wednesday	Thursday	Friday
1 Macaroni & Cheese Stewed Tomatoes Dessert of the Day	2 Shepard's Pie Tossed Salad Dessert of the Day	3 Grilled Ham & Cheese Sandwich Tomato Soup Potato Chips Dessert of the Day	4 Chili Dogs French Fries Macaroni Salad Dessert of the Day	5 Cinco de Mayo Chicken Fajita over Mexican Rice Black Bean & Corn Salad Dessert of the Day
8 Spaghetti & Meatballs Caesar Salad Dessert of the Day	9 Mother's Day Party Roast Pork Loin Oven roasted Potatoes Veggie of the Day Dessert and Entertainment <small>*Courtesy of the Friends of Ware Seniors Inc.</small>	10 Brunch Pancakes Scrambled Eggs Bacon Homefries Dessert of the Day	11 American Chop Suey Mandarin Orange Salad Dessert of the Day	12 Fish & Chips Coleslaw Dessert of the Day
15 Stuffed Shells Chef Salad Dessert of the Day	16 Birthday Party Chicken Marsala w/ Mushroom Gravy Mashed Potatoes Veggie of the Day Dessert and Entertainment <small>*Courtesy of the Friends of Ware Seniors Inc.</small>	17 Pizza Burger w/ Toppings Onion Rings Dessert of the Day	18 Chicken Parmigiana w/ Pasta Carrot-Raisin Salad Dessert of the Day	19 Cold Plate Egg-Chicken-Tuna Salad Dessert of the Day
22 Memorial Day Lunch BBQ Chicken Sweet Potatoes Corn Dessert of the Day	23 Breakfast Burger – Fried Egg-Lettuce- Tomato French Fries Dessert of the Day	24 Meatloaf w/ Gravy Mashed Potatoes Veggie of the Day Dessert of the Day	25 Stuffed Peppers Tossed Salad Beets Dessert of the Day	26 Tuna Melt Sandwich Potato Chips Green & Gold Salad Dessert of the Day
29 Closed 	30 Brunch French Toast Scrambled Eggs Sausages Home Fries Dessert of the Day	31 Lazy Golumbki Dessert of the Day		*Menu Subject to Change All meals \$3.50 unless otherwise noted

Required: Call 413-967-9645 by noon on the Business day before, to put your name on the lunch list.

(The Senior Center is closed on weekends and holidays)

If you have any special dietary needs or food allergies, please ask the front desk for the dietary needs form to give to our chef and he will do his best to accommodate you.