



September 2023 LUNCH



Monday	Tuesday	Wednesday	Thursday	Friday
<p>*Menu Subject to Change All meals \$3.50 unless otherwise noted</p>				<p>1 Fish Sandwich w/ Lettuce, Tomato French Fries Cucumber Salad Dessert of the Day</p>
<p>4 Closed</p> 	<p>5 Turkey Waldorf Sandwich French Fries Dessert of the Day</p>	<p>6 Hot Dogs w/ Baked Beans Coleslaw Dessert of the Day</p>	<p>7 Chicken & Sausage Jambalaya w/ Rice Caesar Salad Dessert of the Day</p>	<p>8 Baked Fish Scalloped Potatoes Veggie of the Day Dessert of the Day</p>
<p>11 Brunch French Toast Scrambled Eggs Bacon Dessert of the Day</p>	<p>12 Free Lunch* Pork Loin w/ Gravy Baked Potato Veggie Medley <small>*Lunch and Dessert Courtesy of the Friends of Ware Seniors Inc.</small></p>	<p>13 Fried Chicken Oven Roasted Potatoes Peas Dessert of the Day</p>	<p>14 Lazy Pierogi Polish Kielbasa Dessert of the Day</p>	<p>15 Meatball Sub Potato Chips Carrot –Raisin Salad Dessert of the Day</p>
<p>18 Birthday Party Chicken Marsala Baked Potato Corn Dessert* <small>*Dessert & Entertainment Courtesy of the Friends of Ware Seniors Inc.</small></p>	<p>19 Meat Lasagna Mandarin Orange Salad Dessert of the Day</p>	<p>20 Bacon Mac & Cheese Stewed Tomatoes Dessert of the Day</p>	<p>21 Meatloaf Mashed Potatoes Veggie of the Day Dessert of the Day</p>	<p>22 BBQ Pork Sandwich Potato Wedges Broccoli Dessert of the Day</p>
<p>25 Kentucky Stuffed Peppers Veggie Salad Dessert of the Day</p>	<p>26 BBQ Chicken Sweet Potato Veggie of the Day Dessert of the Day</p>	<p>27 Grilled Cheeseburger w/ Toppings Onion Rings Dessert of the Day</p>	<p>28 Sloppy Joe Sandwich Potato Chips 3 Bean Salad Dessert of the Day</p>	<p>29 Brunch Pancakes Scrambled Eggs Sausages Corned Beef Hash Dessert of the Day</p>

Required: Call 413-967-9645 by noon on the Business day before, to put your name on the lunch list.

(The Senior Center is closed on weekends and holidays)

If you have any special dietary needs or food allergies, please ask the front desk for the dietary needs form to give to our chef and he will do his best to accommodate you.