



## AYS Tigers

**Who:** *We Need You!! Runners from 5 - 15 yrs. old, living in Arlington and the surrounding area!!*

**Age Groups:**

Divisions are broken down by ages as followed:

*5 yrs. old boys & girls*

*6-7 boys & girls (Bantams)*

*8-9 boys & girls (Midgets)*

*10-11 boys & girls (Youth)*

*12-13 boys & girls (Intermediate)*

*14-15 boys & girls (Teens)*

**\*\* Spikes for ages 12&up\*\***

*2 levels: Advance & Novice*

**What:** **AYS Tiger Track strives to teach children the fundamentals of Track and Field, Sportsmanship, and ultimately preparing them for the next level as student athletes and/or healthy individuals.**

Running Events: Sprinting and distance events from the 50 meters to 3200 meters, All Relays and hurdles are available.

Field Events: Long jump, High jump, Triple jump, Shot-put and Baseball throw (for younger children).

**When:** Practices are typically held on Mondays, Tuesday and Thursdays from 5:30-7:30 p.m.

There are usually 8 consecutive meets from the end of March through mid-May. All meets are held on Saturdays.

**Where:** Practices are held at Arlington High School; meets take place at several tracks around Shelby County.

**Fees:** **\$165** That gets them uniform, sweats, & water bottle. If you wish, you can put a deposit down. However, the balance **must to be paid by 1<sup>st</sup> practice.**

**When to Register:**

Registration will be held at Advent Church (6176 Chester Street) on the following dates/times:

**Saturday, February 1 from 12-2pm**

**Tuesday, February 4 from 6-8pm**

**Saturday, February 8 from 12-2pm**

**Tuesday, February 11 from 6-8pm**

**Thursday, February 13 from 6-8pm**

**Saturday, February 15 from 12-2pm**

**\*\*1<sup>st</sup> time runners please have Birth Certificate\*\***

**\*\*\* New this year ALL runners must have current photo\*\*\***

**Additional Information:** Please contact the following individuals....

*David Hatfield (AYS Track Director) @ arlingtontrack@gmail.com*

*Ty Bush ( VP of Track ) @ tybush@live.com*

*Rob Johnson ( AYS Area Director ) @ rtanj@msn.com*

**\*\* Last year runners! Get started running!!! \*\***

**\*\* 1<sup>st</sup> time runners. Try to run a little before the season gets going \*\***

*Shelby Youth Sports is one of the largest providers of community based after-school sports programs in the Mid-South.*

