

www.townofarlington.org

October 2015
TOWN OF ARLINGTON
SENIOR CITIZENS CENTER
 6265 CHESTER STREET
 ARLINGTON, TN 38002

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MAILING ADDRESS
 PO Box 507-ARLINGTON, TN 38002

Monday	Tuesday	Wednesday	Thursday	Friday																																																																																																										
<table border="1"> <tr><th colspan="7">Sep 2015</th></tr> <tr><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th><th>S</th></tr> <tr><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td></tr> <tr><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td></tr> <tr><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td></tr> <tr><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td></tr> <tr><td>28</td><td>29</td><td>30</td><td></td><td></td><td></td><td></td></tr> </table>		Sep 2015							M	T	W	T	F	S	S		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30					<table border="1"> <tr><th colspan="7">Nov 2015</th></tr> <tr><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th><th>S</th></tr> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td>1</td></tr> <tr><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td></tr> <tr><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td></tr> <tr><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td></tr> <tr><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td></tr> <tr><td>30</td><td></td><td></td><td></td><td></td><td></td><td></td></tr> </table>		Nov 2015							M	T	W	T	F	S	S							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30							<p>1</p> <p>10:00 AM MAGI 12:30 PM Games</p>	<p>2</p> <p>10:30 AM Moving with Marj Exercise, Balance & Strength</p> <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 10px auto;"> <p>6:00 PM White Elephant Bingo, Potluck supper</p> </div>
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<p>5</p> <p>8:30 AM Gentlemen's Coffee 10:30 AM Chair Yoga with Mimi</p>	<p>6</p> <p>9:30 AM Sewing 12:00 PM Music and Games 12:30 PM Make a Mii for the Wii 1:00 PM Wii Fun!!</p>	<p>7</p> <p>9:00 AM -2:00 PM Senior Day at the Zoo</p> <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 10px auto;"> <p align="center">Center Closed</p> </div>	<p>8</p> <p>10:00 AM MAGI 12:30 PM Games</p>	<p>9</p> <p>10:30 AM Moving with Marj Exercise, Balance & Strength</p>																																																																																																										
<p>12</p> <p>8:30 AM Gentlemen's Coffee 10:30 AM Chair Yoga with Mimi</p>	<p>13</p> <p>9:30 AM Sewing 12:00 PM **Music w/Glenn & Doug** 12:00 PM Birthday Celebration</p>	<p>14</p> <p>10:30 AM Moving with Marj- Mature & Wiser Aerobics 11:30 AM FREE-Lunch and Learn Healthy Aging RSVP Required by 10/12</p>	<p>15</p> <p>10:00 AM MAGI 12:30 PM Games</p>	<p>16</p> <p>10:30 AM Moving with Marj Exercise, Balance & Strength</p>																																																																																																										
<p>19</p> <p>8:30 AM Gentlemen's Coffee 10:30 AM Chair Yoga with Mimi</p>	<p>20</p> <p>9:30 AM Sewing 12:00 PM Musical Merriness! 1:00 PM Wii Games! 6:00 PM Garden Club</p>	<p>21</p> <p>10:30 AM Moving with Marj- Mature & Wiser Aerobics</p>	<p>22</p> <p>10:00 AM MAGI 12:30 PM Games</p>	<p>23</p> <p>10:30 AM Moving with Marj Exercise, Balance & Strength 12:00 PM Scrapbooking</p>																																																																																																										
<p>26</p> <p>8:30 AM Gentlemen's Coffee 10:30 AM Chair Yoga with Mimi</p>	<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;"> <p>8:30 AM -2:30 PM Medicare Part D Enrollment</p> </div> <p>No Sewing or Band Today</p>	<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;"> <p>8:30 AM -2:30 PM Medicare Part D Enrollment</p> </div> <p>No Exercise Today</p>	<p>29</p> <p>10:00 AM MAGI 12:30 PM Games</p>	<p>30</p> <p>10:30 AM Moving with Marj Exercise, Balance & Strength</p>																																																																																																										