



Thursday, September 24, 2020

Virtual convening (12pm-4:30pm)

Homework: Read [“The Cure for Racism is Cancer”](#) by Tony Hoagland. Afterward, please make a few notes with thoughts and questions, in preparation for the conversation with ellie.

Thursday, September 24th

12:00 p.m. Welcome Discussion and Virtual Lunch

Jim McDonough, Ramsey County Commissioner & FUTURES Co-Chair
Carolyn McDonald, Lyon County Human Resources Director & FUTURES Co-Chair

1:15 p.m. A Continued Conversation with ellie krug

As some may remember, ellie led an excellent session with AMC Futures four years ago. ellie walked us through a discussion about identity and compassion. She encouraged us to look beyond “us” versus “them” mindsets and to, instead, practice reflective thinking.

Now in 2020, the AMC Futures Co-Chairs are excited to announce that ellie will be returning. This time, ellie will lead an interactive virtual session called: *“Getting Past the Bumpiness”* with a wide-ranging discussion about race and difference. She will review historical and institutional forces that marginalize humans with skin colors other than the white color. Her time with us will include a presentation about prejudice and discrimination as well as a deep dive into factors that contribute to disparities.



ellie krug

In every conversation, Ellie encourages an openness to new ideas and some fearlessness, along with a willingness to be uncomfortable. She hopes that doing such hard work will result in better understandings about how America got here and how we can go forward.

3:30 p.m. Debrief Discussion

Jim McDonough, Ramsey County Commissioner & FUTURES Co-Chair
Carolyn McDonald, Lyon County Human Resources Director & FUTURES Co-Chair

4:30 p.m. Adjourn

A little bit about ellie:

At the age of fifty-two, Ellen (Ellie) Krug (pronounced “Kroog”) transitioned from male to female while living in Cedar Rapids, Iowa. Although not at all easy, transitioning genders gave Ellie the opportunity for a “do-over” in life, which has included working to make the world fairer and more inclusive for all humans.

With over 100 civil trials to her credit, Ellie was the first Iowa lawyer to ever transition genders and one of the few attorneys nationally to try jury cases in separate genders.

The author of *Getting to Ellen: A Memoir about Love, Honesty and Gender Change* (2013), Ellie has presented on diversity and inclusion to governmental entities, court systems, Fortune 100 companies, law firms, nonprofits, and colleges/universities on 800+ occasions. Here is a link to her newsletter: [The Ripple](#).