

Benzie County Resource Directory



CREATED BY:

BENZIE COUNTY HUMAN SERVICES COLLABORATIVE
5885 FRANKFORT HWY BENZONIA, MI 49616
BENZIEHSC@GMAIL.COM
UPDATED AUGUST 2022

Table of Contents

Section 1 ~ Page 1-2

Abuse/Neglect

Benzie-Manistee Dept. of Health & Human Services
Catholic Charities
Centra Wellness Network
Child Abuse Hotline
Child and Family Services
Wellspring Lutheran Services
Michigan Family Violence Helpline
Michigan Protection and Advocacy Services
National Domestic Violence Hotline
Parent Help Line
Third Level Crisis Center
Traverse Bay Children's Advocacy Center
Violence Prevention Program
Women's Resource Center

Substance Abuse

Al-Anon/Ala-teen
Alcoholics Anonymous
Addiction Treatment Services, Inc.
Benzie Behavioral Health
Catholic Human Services
Munson Behavioral Health
Narcotics Anonymous
National Substance Abuse Helpline
Northern Michigan Substance Abuse Services
Northern Michigan Regional Entity Access Center
Pine Rest Christian Mental Health Services

Section 2 ~ Page 3-4

Advocacy Services & Legal Assistance

Benzie Area Christian Neighbors
Justice for our Neighbors
Grand Traverse Band Victim's Assistance
Legal Services of Northern Michigan
Project Unity for Life
Long Term Care Ombudsman Program
Third Level Legal Aid Clinic
Traverse Attorney Referral Service
Victim's Advocate for Benzie County

Courts

19th Judicial Circuit Court, Family Division
85th District Court, Benzie County
Benzie County Probate Court
Michigan Department of Corrections

Law Enforcement

Benzie County Sheriff's Office

Frankfort City Police Department
Michigan State Police

Section 3 ~ Page 4-5

Childcare

Head Start Child Development Programs
Healthy Futures
Frankfort/Elberta Elementary School
Lake Ann Elementary School
Pine Rest Christian Mental Health Services
Munson Healthcare Paul Oliver Memorial Hospital
Stepping Stones Children's Center

Early Childhood

5toOne Neighborhood – Lake Ann
5toOne Neighborhood - Thompsonville
Big Brothers Big Sisters of NW MI
Early Head Start
Early On
Munson Healthcare Paul Oliver Memorial Hospital

Youth Services

4-H Youth Programs, MSU Extension
Munson Healthcare Paul Oliver Memorial Hospital
Runaway Assistance Program RAPLine
Third Level Crisis Center

Section 4 ~ Page 5-8

Clothing

Advent Lutheran Church
Benzie Area Christian Neighbors
Benzie County Baby Pantry
ECHO His Love
Father Fred Foundation
Fresh Winds Christian Ministries
Goodwill Industries
Women's Resource Center

Community Meals:

Fresh Winds Christian Ministries
Lake Ann United Methodist Church

Food

Advent Lutheran Church
Benzie Area Christian Neighbors Food Bank
Benzie County Baby Pantry
Benzie Food Partners
Benzie-Leelanau District Health Department - Women, Infants and Children (WIC)

Benzie-Manistee Dept of Health & Human Services
Benzie Recovery Center
Commodity Food Programs – Northwest Michigan
Community Action Agency
Community Spirit
ECHO His Love
Father Fred Foundation
Food Stamp Hotline
Fresh Winds Christian Ministries
Goodwill Inn
Lake Ann United Methodist Church
Living Waters Christian Center
Redeemer Lutheran Church
Son Life Wesleyan Church

Home Furnishings

ECHO His Love
Father Fred Foundation
Habitat for Humanity Restore

Utilities

Benzie Area Christian Neighbors
Benzie-Manistee Dept. of Health & Human Services
ECHO His Love
Father Fred Foundation
Northwest Michigan Community Action Agency
Salvation Army – Traverse City
TrueNorth

Section 5 ~ Page 8-10

Housing/Home Repairs

Northwest Michigan Supportive Housing
Father Fred Foundation
Goodwill Inn
Habitat for Humanity
Grand Traverse Band of Ottawa and Chippewa Indians
Housing Department
MSHDA Rental Assistance
North Michigan Alliance for Independent Living
Northwest Michigan Community Action Agency
Third Level Crisis Intervention Center
Traverse City Housing Commission
Women's Resource Center

Low Income Housing

Aspen Hills
Bayview North
Boardman Lake Apts
Diamond House Apts
Gateway Village
Home Stretch
LeGrande View Apts
MSHDA Rental Program

Oak Park Apts
Patterson Crossing
Trade Winds Apts.
Traverse City Housing Commission
USDA Rural Development

Shelters/Transitional Housing

ECHO His Love
Goodwill Inn
Host Homes for Homeless Youth
Third Level Crisis Center/Pete's Place
Women's Resource Center

Other Housing Resources

Craigslist
Michigan Foreclosure Prevention
Michigan Housing Locator
Northwest Michigan Housing Search
Salvation Army
showmetherent.com
www.GoSection8

Section 6 ~ Page 11-13

Educational & Support Groups

Alzheimer's Association
American Diabetes Association
Arthritis Foundation
Bay Area Coalition for Independent Living
Benzie Area Christian Neighbors
Brain Injury Assoc. of Michigan
Children and Adults with ADD
Community Living Center
Families in Touch Support Group
Grand Traverse Dyslexia Association
Healthy Futures
Lions Club
Michigan Protection and Advocacy
Michigan Association for Deaf, Speech & Hearing
MSU Extension – Benzie County
Project Read
Project Unity for Life
Resolve Through Sharing
Special Ed Parents Advisory Council
Telemon Corporation

Parenting Skills

Centra Wellness Network
ECHO His Love
Head Start/Early Head Start

Nutrition

MSU Extension

Health/Dental Services

Benzie-Leelanau District Health Dept
Munson Healthcare Paul Oliver Memorial Hospital
Northwest Michigan Health Services, Inc
Traverse Health Clinic

Section 7 ~ Page 13-16

Local Support Services and Assistance

AIDS Hotline
Alzheimer's Association
American Red Cross
Area Agency on Aging of NW MI
Autism Society of MI
Benzie Area Christian Neighbors
Benzie County Baby Pantry
Benzie Senior Resources
Benzie County Housing Assistance
Benzie Human Services Collaborative
Benzie-Manistee Dept of Health & Human Services
Benzie Transportation Authority/Benzie Bus
Big Brothers/Big Sisters of NW MI
Catholic Human Services
Cherryland Electric Caring Program
Children's Special Health Care Services
Department on Deaf
ECHO His Love
Father Fred Foundation
Goodwill Industries
Grand Traverse Band of Ottawa & Chippewa Indians
Labor Ready
Le Leche
March of Dimes
Michigan Rehabilitation Services
MiChild Health Ins.
MSU Extension – Benzie County
National Suicide Prevention LifeLine
Northern Healthcare Management
Northwest Michigan Community Action Agency
Northwest Michigan Health Services, Inc
People Prescription Plan
Physician Referral Service
Project Connect/Lake Ann United Methodist
Poison Control for NW MI
Pregnancy Resources
Resolve Through Sharing
Runaway Assistance Program (RAP)
Salvation Army – Traverse City
Spinal Bifida Association of America

Long Term Care Ombudsman Program
Third Level Crisis Center
Tobacco Cessation
Traverse Bay Area Tobacco Coalition
USDA Rural Development Program
Women, Infants, and Children (WIC)

Section 8 ~ Page 16

Local Schools

Benzie Central Middle School
Benzie Central Senior High
Betsie Valley Elementary School
Crystal Lake Elementary School
Frankfort/Elberta Elementary School
Frankfort/Elberta High School
Lake Ann Elementary School
Platte River Elementary School

Employment Training

Michigan Rehabilitation Services
Michigan Works! Agency
Unemployment Office

Section 9 ~ Page 16-18

Health/Dental/Mental Health

AIDS Hotline
Benzie Senior Resources
Benzie-Leelanau District Health Department
Catholic Human Services
Centra Wellness Network
Child and Family Services
Community Health Clinic
Dental Clinics North
Munson Healthcare Paul Oliver Memorial Hospital
Munson Medical Center
National Suicide Prevention LifeLine
Northern Michigan Diabetes Initiative
Northwest Michigan Health Services, Inc
Planned Parenthood Northern MI
Shape Up North
The Maples-Benzie County Medical Care Facility
Third Level Crisis Intervention Center
Traverse Health Clinic

Section 10 ~ Page 18-19

Disabilities

Aging and Disability Resource Collaborative of NW MI
Area Agency on Aging of NW MI
Bay Area Coalition for Independent Living
Brain Injury Association of Michigan
Children and Adults with ADD

Community Living Center
Disability Network Northern Michigan
Diability.gov
Grand Traverse Dyslexia Association
Lions Club
Centra Wellness Network

Section 11 ~ Page 19

Senior Resources and Services

Aging and Disability Resource Collaborative of NWMU
Area Agency on Aging of Northwest Michigan
Assisted Living Facilities
Benzie Senior Resources
Benzie County Senior Services Directory
Benzie-Leelanau District Health Department
Centra Wellness Network
Hospice and Palliative Care
Legal Services of Northern Michigan
Manistee-Benzie Department of Human Services
Munson Healthcare Paul Oliver Memorial Hospital
Munson Medical Center
Northern Health Care Management
Northwest Michigan Health Services, Inc.
Senior Companions
Senior Helpers of Northern Michigan
Long Term Care Ombudsman Program
The Maples-Benzie County Medical Care Facility

Section 12 ~ Page 20-21

Transportation

Bay Area Transportation Authority (BATA)
Benzie Transportation Authority (Benzie Bus)

Volunteer Opportunities

American Red Cross
Benzie Area Christian Neighbors
Benzie Senior Resources
Disability Network Northern MI
ECHO His Love
Father Fred Foundation
Goodwill Industries
Grow Benzie
Manistee-Benzie Dept. of Health & Human Services
Munson Healthcare Paul Oliver Memorial Hospital
Northwest Michigan Community Action Agency
Salvation Army
Long Term Care Ombudsman Program
United Way

Michigan Association for Deaf, Speech and Hearing
Northern Health Care Management
Special Ed Parents Advisory Council

Section 13 ~ Page 22

Media Fax Numbers

WTCM, The Bear,
T.V. 9 & 10, T.V. 7 & 4,
Benzie Co. Record-Patriot,
Traverse City Record Eagle,
Manistee News Advocate

Other Important Numbers

Benzie County Government
Benzie County Community Chest
211

Section 1:

Abuse/Neglect & Substance Abuse

Abuse/Neglect

Benzie-Manistee Dept of Health & Human Services

448 Court Place
P.O. Box 114
Beulah, MI 49617
Tel: 231-882-1330

Hours: 8 am – 5pm Monday-Friday

Calls to report abuse or neglect of children and adults can be made 24 hours a day, 365 days a year by calling the centralized intake number: 855-444-3911.

Catholic Charities

806 Hastings St. Suite R
Traverse City, MI 49686
Tel: 231-346-5250

Provides foster care and family reunification

Central Wellness Network

6051 Frankfort Hwy. Suite 200
Benzonia, MI 49616
Tel: 877-398-2013

Crisis Line: 877-398-2013

Hours: 8 am – 5pm Monday-Friday

Counseling for adults, children, and families, infant and youth outreach, prevention programs, and treatment for victims of sexual abuse.

Child Abuse Hotline

Tel: 855-444-3911

Child Protection Service will investigate any reported cases of child abuse or neglect. Anyone suspecting a child is being abused or neglected should call the office to make a report. Reports may be made anonymously.

Child and Family Services

3785 Veterans Drive
Traverse City, MI 49684
Tel: 231-946-2104 or 231-946-8975

Individual, couples and family counseling is available for all ages. Specializing in play therapy, marriage and family therapy and adolescent counseling. Most insurance accepted. Sliding fee scale available.

Michigan Family Violence Helpline/ Violence Prevention Program

Tel: 800-996-6228

Service to abuse and neglect of seniors and financial exploitation of seniors

Michigan Protection & Advocacy Services

Tel: 800-288-5923

National Domestic Violence Hotline

800-799-7233

Parent Help Line

Tel: 800-942-4357

24 hour parenting resources, and help in reporting abuse and neglect.

Third Level Crisis Center

1022 E. Front Street
Traverse City, MI 49686
Tel: 231-922-4800
Toll Free: 800-442-7315
www.thirdlevel.org

Mental health services are provided to victims of abuse or neglect.

Traverse Bay Children's Advocacy Center

2000 Chartwell Dr, Suite 3
Traverse City, MI 49686
Tel: 231-929-4250
www.traversebaycac.org

Dedicated to identification, treatment, awareness, and prevention of the sexual and physical abuse of children. Our intervention services are available ONLY by referral from Law Enforcement or Child Protective Services. If you are interested in our prevention education programs, give us a call.

Wellspring Lutheran Services

955 E. Commerce Drive
Traverse City, MI 49684
Tel: 231-943-4348

Women's Resource Center

6051 Frankfort Hwy.
Benzonia, MI 49616
Tel: 231-882-2202 or 800-554-4972

Serves victims of domestic and sexual violence in Benzie, Grand Traverse, Kalkaska, and Leelanau Counties 24 hours/day/365 days/ year

Substance Abuse

Alanon/Alateen

Tel: 231-938-7399
www.al-anon-alateen.org

A self-help recovery program for families and friends of alcoholics whether or not the alcoholic seeks help or recognizes the problem. Members share experiences, strength and hope.

Alcoholics Anonymous (AA)

www.alcoholicsanonymous.org

A group whose purpose is to carry its message to the alcoholic who still suffers. There are no dues or fees involved
Tel: 231-946-8823. Call for scheduled meetings.

Addiction Treatment Services (ATS), Inc.

940 E. 8th St.
Traverse City, MI 49686
Tel: 231-922-4880
www.addictiontreatmentservices.org

Alcohol addiction counseling and Detox services.

Benzie Behavioral Health

425 US 31
Beulah, MI 49617
Tel: 231-882-5514

Individual, couple, family and group therapy for adults, children and adolescents, substance abuse services, emotional or behavior problems, chronic mental illness and psychiatric services. Appointments required.

Catholic Human Services

6051 Frankfort Hwy.
Benzonia, MI 49616
Tel: 231-947-8110 or 231-882-2132
www.catholichumanservices.org

Specializing in substance abuse/dependence (youth & adult) & Fetal Alcohol Syndrome. Sliding fee scale.

Munson Behavioral Health

420 Brook St.
Traverse City, MI 49684
Tel: 800-662-6766 or 231-935-6382

Narcotics Anonymous

Tel: 231-223-3399
www.michigan-na.org

Nonprofit fellowship of men and women for whom drugs are, or were a major problem. Membership is open to any drug addict. There are no restrictions, dues or fees.

National Substance Abuse Helpline

1-800-662-4357

Northern Michigan Regional Entity Access Center

1420 Plaza Dr.
Petoskey, MI 49770
231-487-9144
800-834-3393

Northern Michigan Substance Abuse Services

2090 W. M-32, Suite C
Gaylord, MI 49735

Assessment & referral for addictions. Funding for treatment.

Pine Rest Christian Mental Health Services

1050 Silver Dr.
Traverse City, MI 49684
Tel: 231-947-2255
www.pinerest.org

Providing counseling for all ages and individual substance abuse treatment. Private pay and insurance only.

Section 2:

Advocacy Services/Legal Assistance/Courts/Law Enforcement

Advocacy

Benzie Area Christian Neighbors

2804 Benzie Hwy
Benzonia, MI 49616
231-882-9544
www.benziebacn.org
Open M-TH 10am-2pm please be registered by 1:30pm

Help with navigating through the wide variety and tangle of human services requirements to gain access to services.

Grand Traverse Band Victim Assistance

Tel: 231-534-7525

Assistance to Native American victims of crime.

Justice for Our Neighbors

Tel: 231-620-1100

Website: <http://jfonwestmichigan.org>

Provides monthly legal clinics for immigrants earning 200% of poverty or less. JFON advocates for immigrants on issues of social justice and works to make our communities more welcoming to all immigrants, regardless of race or religion.

Legal Services of Northern Michigan, Inc

221 Garland St.
Traverse City, MI 49684
Tel: 231-941-0771 or 888-941-9599
www.Lsnm.org

Legal assistance and representation for low income people and seniors. Services include: basic discussion of client rights, counseling, preparation of letters, documents, deeds, and pleadings, negotiations, administrative hearings, trials, and in some cases appeals, and community legal education presentations.

Long Term Care Ombudsman

Area Agency on Aging NW MI
1609 Park Drive
Traverse City, MI 49686
Tel: 231-947-2504

Advocates for residents of nursing homes, AFC homes and HFA homes; answer questions, resolve complaints and other resident concerns.

Project Unity for Life

1689 Park Dr.
Traverse City, MI 49686
Tel: 231-929-4446
www.projectunityforlife.com

An advocate of responsible policy and practice for the reentry and reintegration of the formerly incarcerated into community life.

Third Level Legal Aid Clinic

1022 E. Front Street
Traverse City, MI 49686
Tel: 231-922-4800
Toll Free: 800-442-7315
www.thirdlevel.org

Weekly legal advice, consultation and referrals

Traverse Attorney Referral Service

Grand Traverse County Court House
328 Washington St.
Traverse City, MI 49684
Tel: 231-922-4713

Victim's Advocate for Benzie County

448 Court Place
Beulah, Michigan 49617
Tel: 231-882-0062

Courts

19th Judicial Circuit Court, Family Division

448 Court Place
Beulah, MI 49617
Friend of the Court: 231-882-0023
Juvenile Department: 231-882-0007

85th District Court Probation

448 Court Place
Beulah, MI 49617
Tel: 231-882-0561

85th District Court Probation

415 Third St.
Manistee, MI 49660
231-398-3514
231-398-3515

Benzie County Probate Court

448 Court Place
Beulah, MI 49617
Tel: 882-9675

Michigan Department of Corrections

Benzie County Probation / Parole Office
448 Court Place
Beulah, Michigan 49617
Tel: 231-882-0042

Law Enforcement

Benzie County Sheriff's Office

505 Michigan Ave.
Beulah, MI 49617
Tel: 231-882-4484

Frankfort City Police Department

412 Main St
Frankfort, MI 49635
231-352-4212

Michigan State Police

11503 Main St.
Honor, MI 49640
Honor Post: Tel: 231-325-2885
Traverse City Post: Tel: 231-946-4646

Section 3:

Childcare and Early Childhood/Youth Services

Child Care

Head Start Child Development Program

11434 Main St.
Honor, MI 49640
Tel: 800-632-7334

Federally funded free preschool for children 3-5 years old.

Healthy Futures

Tel: 888-403-8468 or 231-935-0222

Providing newsletters, nursing support, and home visits for children age 0-2. Also Maternal Infant Health Program home visits to families with pregnant women and infants 0-1 year old. Call 231-882-2106 to enroll.

Frankfort Elementary School

613 Leelanau Ave.
Frankfort, MI 49635
Tel. 231-352-7601 Ext. 305

Offering preschool and after school care.

Lake Ann Elementary School

19375 Bronson Lake Road
Interlochen, MI 49643
Tel. 231-275-7730

Offering preschool and before and after care.

First Steps

224 Park Ave.
Frankfort, MI 49635
Tel. 231-399-0240

Providing childcare and preschool in Frankfort.
Serving children birth-3 year

Pine Rest Christian Mental Health Services

1050 Silver Drive
Traverse City, MI 49684
Tel: 231-947-2255
www.pinerest.org

Early Intervention group therapy for at-risk preschool children; children with emotional and mental problems and Infant mental health.

Stepping Stones Children's Center

6447 Reynolds Rd.
Lake Ann, MI 49650
Tel: 231-275-0462

Early Childhood

5toOne Neighborhood Center –Lake Ann

Lake Ann United Methodist Church Community Center
19990 First St.
Lake Ann, MI 49650
Tel: 231-275-7236
Mon. – Thurs. 9:00am to 1:00pm

Free playgroups meet year round from 10:00am to 11:30 am on the 2nd and 4th Friday of the month. The group helps families make social connections within their communities, share stories and parenting tips, and nurture children's social/emotional skills.

5toOne Neighborhood –Thompsonville

Betsie Valley Elementary
17936 Cadillac Highway
Thompsonville, MI 4968
Tel.: 231-378-4164 or 231-570-0014
erfourtha@benzieschools.net
Rebecca.meachum@yahoo.com

Twice/month on Fridays from 10:00-11:30 am

The Betsie Valley playgroup is a safe environment for parents and young children (0-6 throughout the school year and children of all ages throughout the summer) to come together and mingle, meet new friends and have some fun! We meet twice a month, every other Friday.

Big Brothers Big Sisters of NW Michigan

Tel: 231-946-2447
Providing mentoring 6-12 year olds.

Early Head Start

11434 Main St.
Honor, MI 49640
Tel: 231-346-2105 or 800-632-7334

Home visiting support program for children 0-3 year-olds and pregnant women. To enhance healthy growth for the child, empower parents, and provide family support and access to the community resources. Includes health, vision, hearing, developmental screening, immunizations, home visits, referral, and play groups.

Early On

Tel: 800-743-7334 or 231-922-6397

Providing developmental assessments and service coordination for 0-3 year olds.

Youth Services

4-H Youth Programs, MSU Extension

Tel: 231-882-0025 or 231-889-4277 ext. 3
www.msue.msu.edu/benzie

Soccer and traditional 4-H clubs

Big Brothers/Big Sisters of NW MI

521 S. Union St
Traverse City, MI 49684
Tel: 231-946-2447

Runaway Assistance Program: MI RAPLine

Tel: 800-292-4517

Third Level Crisis Center & Pete's Place

1022 E. Front Street
Traverse City, MI 49686
Tel: 231-922-4800
Toll Free: 800-442-7315

Pete's Place youth shelter, youth and family services, Street Outreach Program, Benzie Youth and Family Assistance Program, Transitional Living Program, and Windfire youth support services providing prevention, crisis intervention and counseling services.

Section 4: Clothing/Food/Utilities

Clothing

Advent Lutheran Church Baby Pantry

8481 Lake Ann Rd.
Lake Ann, MI 49650
Tel: 231-275-8031

Baby Pantry is open the second Saturday each month from 9am –noon at the church.

Benzie Area Christian Neighbors

2804 Benzie Hwy
Benzonia, MI 49616
231-882-9544
www.benziebacn.org
Open M-TH 10am-2pm please be registered by 1:30pm
No appointment necessary.

Clothing center offering clothing, bedding, small housewares.
Free of charge to registered neighbors.

Benzie County Baby Pantry

St. Phillips Episcopal Church
785 Beulah Hwy
Beulah, MI 49617
Tel: 231-882-4059

Hours: 1st & 3rd Saturdays each month, 10 am –3 pm
Children from 0-5 years of age

Father Fred Foundation

826 Hastings
Traverse City, MI 49684
Tel: 231-947-2055
Open TU, TH, FR: 10am-2pm WED: 10am-7:30pm

Two bags per household, twice a month.

Fresh Winds Christian Ministries

9780 Honor Hwy.
Honor, MI 49640
Tel: 231-325-0344
Open 2nd and 4th Tuesdays
Hours: 10:30 am- 12:30 pm and 4:00 pm-6:00 pm

Food Pantry, clothing and household resources

ECHO His Love

525 Michael St.
Manistee, MI 49660
Tel: 231-723-6613

In-takes by phone. M-TH: 10am-2pm
Classes are held Monday evenings during the school year.
Parenting support classes, utility assistance, food, clothing

Women's Resource Center

6051 Frankfort Hwy.
Benzonia, MI 49616
Tel: 231-882-2202 or 800-554-4972

Serves victims of domestic ad sexual violence in Benzie, Grand Traverse, Kalkaska, and Leelanau Counties 24 hours/day, 365 days/year

Community Meals

Fresh Winds Christian Ministries

9780 Honor Hwy.
Honor, MI 49640
Tel: 231-325-0344
Tuesday and Thursday 6:00pm-7:00pm

Lake Ann United Methodist Church

6583 First St.
Lake Ann, MI 49650
Tel: 231-275-7236

Wednesdays from 5:30 – 6:30 p.m. Meals are offered September through May (following the school calendar). Free will donation.

Food and Food Pantries

Benzie Area Christian Neighbors

2804 Benzie Hwy.
P.O. Box 93
Benzonia, MI 49616
Tel: 231-882-9544
www.benziebacn.org
Open M-TH 10am-2pm please be registered by 1:30pm

Benzie County Baby Pantry

St. Phillips Episcopal Church
785 Beulah Hwy
Beulah, MI 49617
Tel: 231-882-4059
Hours: 1st & 3rd Saturdays each month, 10 am –3 pm
Children from 0-5 years of age

Benzie-Leelanau District Health Department Woman, Infants, and Children (WIC)

Benzie/Leelanau District Health Dept
6051 Frankfort Hwy
Benzonia, MI 49616
Tel: 231-882-2106

Supplemental food and nutrition program for women, infants, and children that offers nutrition education, counseling, and referrals to other health and social services. Must meet income guidelines and have a nutritional need. Available to pregnant women, mothers, infants, and children under 5 years of age.

Benzie Senior Resources

10542 Main Street
Honor, MI 49640
Tel: 231-525-0600 or 888-893-1102

Provides home delivered meals for people 60 and over, congregate meal site: The Gathering Place in the Honor Plaza

Benzie Food Partners

10907 Main Street
Honor, MI 49640
Tel: 231-325-2936
Open 1st and 3rd Thursday 10 am-12:30 pm
US 31 & Henry Corner, next to the Honor Insurance Agency

Benzie-Manistee Dept of Health & Human Services

448 Court Place
P.O. Box 114
Beulah, MI 49617
Tel: 231-882-1330 or 844-464-3447
Hours: 8 am – 5pm Monday-Friday

Benzie Recovery Center

(Formerly Benzie Drop in Center)
1034 Michigan Ave.
Benzonia, MI 49616

Must have a disability to receive food

Commodity Food Programs, Northwest Michigan Community Action Agency

3963 Three Mile Rd
Traverse City, MI 49686
Tel: 800-632-7334 or 231-947-3780
Fax: 231-947-4935

Distributes government surplus food monthly to eligible older adults and quarterly to low income families. Call for eligibility, distribution time, and location.

Community Spirit Food Source, Inc

PO Box 333
Frankfort, MI 49635
231-383-2606
231-735-1773
www.benziecommunityspirit.com

Father Fred Foundation

826 Hastings
Traverse City, MI 49684
Tel: 231-947-2055
Open TU, TH, FR: 10am-2pm WED: 10am-7:00pm

Fresh Wind Christian Ministries

9780 Honor Hwy.
Honor, MI 49640
Tel: 231-325-0344
Open 2nd and 4th Tuesdays
Hours: 10:30 am- 12:30 pm and 4:00 pm-6:00 pm

Food Pantry, clothing and household resources

Lake Ann United Methodist Church

6583 First St.
Lake Ann, MI 49650
Tel: 231-275-7236

Food Pantry open Monday & Thursday,
9:00 a.m.- 12:00 p.m. (back door, lower level)

ECHO His Love

Tel: 231-723-6613

Parenting support classes, utility assistance, food, clothing

Home Furnishings

Habitat for Humanity Restore

13998 Honor Hwy
Beulah, MI 49617
Tel: 231-325-7750

Father Fred Foundation

826 Hastings
Traverse City, MI 49684
Tel: 231-947-2055

ECHO His Love

Tel: 231-723-6613

Utilities

Benzie Area Christian Neighbors

2839 Benzie Hwy
Benzonia, MI 49616
231-882-9544
www.benziebacn.org
Open M-TH 10am-2pm please be registered by 1:30pm

Benzie-Manistee Dept of Health & Human Services

448 Court Place
P.O. Box 114
Beulah, MI 49617
Tel: 231-882-1330 or 844-464-3447
Hours: 8 am – 5pm Monday-Friday

ECHO His Love

Parenting support classes, utility assistance, food, clothing
Tel: 231-723-6613

Father Fred Foundation

826 Hastings
Traverse City, MI 49684
Tel: 231-947-2055
Open Tues – Fri 10:00 am to 2:00 pm

Northwest MI Community Action Agency

3963 Three Mile Road
Traverse City, MI
Tel: 231-947-3780 or 800-632-7334
www.nmcaa.net

Salvation Army – Traverse City

1239 Barlow St.
Traverse City, MI 49696
Tel: 231-946-4644

TrueNorth Community Services

emPower Heat and Energy Assistance Program
Tel: 231-355-5880
www.truenorthservices.org
email: applications@tnempower.org

Heat and energy assistance programs for low income individuals and seniors. Includes: assistance with heat/utility bills and energy conservation initiatives.

Section 5: **Housing/Shelters**

Housing & Home Repairs

Northwest Michigan Supportive Housing

105 Hall Street, Suite C
Traverse City, MI 49684
Tel: 231-929-1309

Eligibility: Homeless by HUD definition, very low income, adults with special needs: mental illness, developmental disability, substance abuse, HIV/AIDS, fleeing domestic violence.
Tenant pays 30% of gross adjusted monthly income

Father Fred Foundation

826 Hastings
Traverse City, MI 49684
Tel: 231-947-2055
Tues – Fri 10:00 am to 2:00 pm

Emergency financial assistance for housing repairs, evictions, and security deposits. Requests for assistance can be made in person.

Goodwill Inn

2942 Keystone Road
Traverse City, MI 49686
Tel: 231-922-4890

Homeless Shelter, must call for approval

Habitat for Humanity of Benzie County

955 James Street
P.O. Box 53
Frankfort, Mi. 49635
Tel: 231-399-0300

Through collaborative efforts with eligible partner families, HFH promotes the building and renovation of simple, decent and affordable houses in Benzie County.

Grand Traverse Band of Ottawa and Chippewa Indians Housing Department

11244 Kidahkeh
Peshawbestown, MI 49682
Tel: 231-534-7800

162 units (low income rentals, market rate rentals, home ownership), 1-5 BR. Low income rentals: Tenant pays 30% of gross income. Criminal background check, no credit check. Subsidized housing criteria: Native American, Tribal member, may consider members of other tribes, income limits.

GTB Home Ownership Program:

Tel: 231-534-7331
Criteria: Tribal members only, must attend classes; also can receive up to \$10,000 for a down payment on a home.

MSHDA Rental Assistance

See-Con
P.O. Box 362
Bellaire, MI 49615
Tel: 231-377-7155

Federally funded rent assistance program. Family self-sufficiency program for participants who want to become self-sufficient. Programs are available to low-income families, elderly or disabled persons. Call the office for an application or to make an appointment.

Northern MI Alliance for Independent Living

Tel: 866-869-8600

For those with disabilities

Northwest Michigan Coalition to End Homelessness

1-844-900-0500

Central intake phone number for those experiencing homelessness in Northwest Michigan.

NW Michigan Community Action Agency

3963 Three Mile Rd
Traverse City, MI 49686
Tel: 800-632-7334 or 231-947-3780
www.nmcaa.net

Homeless Prevention Counseling, Rental Counseling, Foreclosure Prevention Counseling, Home Repair Programs, Weatherization, Homebuyer and Budget Counseling and Workshops

Individual Development Accounts

Savings program for people who want to build financial assets: every \$1 that is saved is matched with \$3 for a total of \$4,000 saved, which may be used for a down payment, closing costs or principal reduction on a first home. \$2 to 1 match for Post-Secondary Education or Business or Business Expansion. Income limits apply; must save \$20 per month of earned income and attend financial management and asset planning classes.

Third Level Crisis Center

1022 E. Front Street
Traverse City, MI 49686
Tel: 231-922-4800
Toll Free: 800-442-7315
www.thirdlevel.org

Emergency shelter to homeless, runaway and at-risk youth ages 14-17.

Traverse City Housing Commission

Public Housing Authority
10200 East Carter Centre Road
Traverse City, MI 49684
Tel: 231-922-4915

Serving Grand Traverse, Antrim, Benzie, Kalkaska, Leelanau and Wexford Counties

Women's Resource Center

6051 Frankfort Hwy.
Benzonia, MI 49616
Tel: 231-882-2202 or 800-554-4972

Counseling, assistance, shelter options for battered women

Low Income Housing

Aspen Hills

Tel: 231-947-5704

Boardman Lake Apts.

Tel: 231-941-5257

Brook Apartments

North Street
Benzonia, MI 49616
Tel: 231-629-8117

Diamond House Apartments

7725 First Street
Thompsonville, MI 49683
Tel: 231-629-8117

Gateway Village

218 Day Ave.
Frankfort, MI 49635
Tel: 231-352-5941

Home Stretch

3104 Logan Valley Road
Suite 300
Traverse City, MI 49684
231-947-6001

Home ownership for low income families and individuals; must be income eligible, credit that qualifies for a conventional mortgage, no felonies within the last 10 years and 1% down payment requirement.

LeGrande View Apts.

Tel: 231-947-0500

MSHDA Rental Programs

Tel: 231-377-7155
Money available to help a family stay in good quality housing, and pay a portion of rent.

Oak Park Apts.

Tel: 231-946-6361

Patterson Crossing

114 Anchor Street
Frankfort, MI 49635
Tel: 231-352-7922

Trade Winds Apts.

Tel: 231-946-2050

Traverse City Housing Commission

Tel: 231-922-4915

USDA Rural Development

Tel: 1-800-944-8199

Programs that help low and very low income families own their own homes with no money down, low interest, subsidized mortgages in rural areas. Home improvement loans and grants for very low income and elderly that qualify to make homes safe and sanitary.

Shelters/Transitional Housing

Goodwill Inn

2943 Keystone St
Traverse City, MI 49686
Tel: 231-922-4890
www.goodwillinn.org
Must call for approval.

Emergency shelter for HUD homeless families and individuals serving Benzie, Antrim, Grand Traverse, Kalkaska & Leelanau counties. Goodwill provides basic needs including food, clothing and shelter. Case Management; Housing Support Services.

HOST Homes for Homeless Youth ~Catholic Human Services

6051 Frankfort Hwy.
Benzonia, MI 49616
Tel: 231-947-8110 or 231-882-2132
www.catholichumanservices.org

Transitional housing for youth ages 15 – 19 or until graduation.

ECHO His Love

Tel: 231-723-6613

Shelter available during winter months

Third Level Crisis Center & Pete's Place

1022 E. Front Street
Traverse City, MI 49686
Tel: 231-922-4800
Toll Free: 800-442-7315

Pete's Place youth shelter, youth and family services, Street Outreach Program, Benzie Youth and Family Assistance

Program, Transitional Living Program, and Windfire youth support services providing prevention, crisis intervention and counseling services.

Women's Resource Center

6051 Frankfort Hwy.
Benzonia, MI 49616
Tel: 231-882-2202 or 800-554-4972
Counseling, assistance, shelter options for battered women

Other Housing Resources:

Benzie Area Christian Neighbors

2839 Benzie Hwy
Benzonia, MI 49616
231-882-9544

Craigslist

www.craigslist.com

Website that lists current available rentals in the Northern Michigan area

Northwest Michigan Housing Search

nwmhousingsearch.org

Northwest Michigan Housing Search provides updated listings on the internet of apartments for rent in Antrim, Benzie, Grand Traverse, Kalkaska and Leelanau Counties. Also provides links to rental assistance, homebuyer and homeowner assistance programs as well as links to many other community resources.

Michigan Foreclosure Prevention

Tel: 866-946-7432

Michigan Housing Locator

www.michiganhousinglocator.com

Housing resource information for landlords and renters

www.showmethere.com

Provides property listings where renters can search for houses and apartments.

www.gosection8.com

Gosection8.com provides property rental listings directly to Public Housing Authorities & properties can be viewed online. This website can be used by tenants seeking housing and for landlords to list their rentals.

Section 6:

Educational/Support Groups

Alzheimer's Association

Tel: 800-272-3900 or 231-929-3804
Education, Training and Support Groups

American Diabetes Association

Tel: 888-342-2383
Education and medical advocacy

Arthritis Foundation Michigan Chapter

Tel: 800-968-3030
Arthritis and Fibromyalgia information and education

Bay Area Coalition for Independent Living

Tel: 231-929-4865
People with disabilities of all ages, assisting people with disability to maximize personal potential.

Benzie Area Christian Neighbors BACN

2804 Benzie Hwy.
P.O. Box 93
Benzonia, MI 49616
Tel: 231-882-9544
www.benziebacn.org
Open M-TH 10am-2pm please be registered by 1:30pm

GED Assistance ~ call for details; open to all.

Brain Injury Association of Michigan

Tel: 800-772-4323
Information and Referral

Children and Adults with ADD (CHADD)

Tel: 231-922-7914
Support Groups

Community Living Center

Tel: 231-941-7150
Training facility for developmentally disabled.

Grand Traverse Dyslexia Association

Tel: 231-929-1007

Tutorial services for adults and children who have dyslexia or reading problems.

Healthy Futures

Tel: 888-403-8468 or 231-935-0222

Newsletter, nursing support, & postpartum home visit for children 0-2 years. Provides child development support for newborns-age 5.

Lion's Club

Tel: 231-935-6455 or 231-275-7461

Offers evaluation & hearing aids to persons who qualify.

Michigan Protection and Advocacy

Tel: 800-288-5923

Michigan Association for Deaf, Speech & Hearing

Tel: 800-968-7327

Coordinates applications, orders and finds funding services.

MSU Extension

448 Court Place
P.O. Box 349
Beulah, MI 49617
Tel: 231-882-0025
www.msue.msu.edu/benzie

Provides information and education on nutrition, health, agriculture and other issues. 4-H and other youth activities programs are available. Family and Consumer Sciences programs provide in-home and group nutrition education.

Northern Michigan Diabetes Initiative

1105 Sixth St.
Traverse City, MI 49686
Tel: 231-935-9227
www.nmdiabetes.org

NMDI is your local resource for all things related to diabetes. Education, events and recipes can be found at our website and Facebook page.

Project Read Northwest

c/o Manistee County Library
95 Maple Street
Manistee, MI 49660
Tel: 231-723-2519 (office hours on Tuesdays)
Home Office: 231-889-5690
Cell: 734-395-1673
ProjectReadNorthwest2@gmail.com
Facebook: "Project Read Northwest"
www.manisteelibrary.org/project-read-northwest

Project Read Northwest provides FREE, confidential, one-on-one literacy tutoring for adults in Benzie and Manistee

Counties. This program provides tutoring in reading, writing, math, GED prep and English as a second language.

Project Unity for Life

900 East Front Street
Traverse City, MI 49684
Tel: 231-929-4446
www.projectunityforlife.com

Offering seminars for inmates in county jails and other locations to encourage trust and relationship building with the client. These seminars are conducted under the cooperation of the local Sheriff and Jail Administrators.

Resolve Through Sharing

Tel: 231-935-7412

Support Group for loss of pregnancy, infant or child

Special Ed Parents Advisory Council

Tel: 231-922-6200

Information and Referral

Telemon Corporation

Tel: 231-941-5300

Assistance to farm workers, GED, food, shelter, counseling, transportation.

Parenting Skills

Central Wellness Network

6051 Frankfort Hwy. Suite 200
Benzonia, MI 49616
Tel: 877-398-2013
Crisis Line: 877-398-2013
Hours: 8 am – 5pm Monday-Friday

Counseling for adults, children, and families, infant and youth outreach; prevention programs.

Head Start/Early Head Start

11434 Main St.
Honor, MI 49640
Tel: 231-409-9534

ECHO His Love

Tel: 231-723-6613

Supported by donations, ECHO His Love provides congregate meal, classes for adults, structured daycare for children while

parents in class, and commodities as reward for attendance (paper/cleaning products etc.), transportation is available.

Family Nutrition

MSU Extension – Benzie County

Tel: 231-882-0025
www.msue.msu.edu/benzie

Provides group lessons and Home Based instructions to assist families with food and nutrition information, food safety and food resource management.

Health/Dental Services

Benzie-Leelanau District Health Department

6051 Frankfort Hwy. Suite 100
Benzonia, MI 49616
Tel: 231-882-4409

Personal Health Services for children, adults and pregnant women. WIC, immunizations, hearing, vision, family planning, breast and cervical cancer screening, and home visits.

Munson Healthcare Paul Oliver Memorial Hospital

224 Park Ave.
Frankfort, MI 49635
Tel. 231-352-2200

Diabetic Education
Cardiac Rehab Cooking Classes
CPR
Certified Application Counselor (Insurance enrollment)
Safe Sitter Education

Northwest Michigan Health Services, Inc

6051 Frankfort Hwy.
Benzonia, MI 49616
Tel: 231-882-2126
Cell: 231-392-5509
www.nmhsi.org

Federally qualified health center accepts all patients regardless of insurance status or ability to pay. Bills Medicaid/Medicare plans and has a sliding fee scale for uninsured.

Traverse Health Clinic

1719 S. Garfield Ave.
Traverse City, MI 49684

Tel: 231-935-0799
www.traversehealthclinic.org

Federally qualified health center accepts all patients regardless of insurance status or ability to pay. Bills Medicaid/Medicare plans and has a sliding fee scale for uninsured.

Section 7: Local Support Services and Assistance

AIDS Hotline

Tel: 800-342-2437

Referrals and Information

Alzheimer's Association

Tel: 800-272-3900

24 hour hotline

American Red Cross

Tel: 877-326-6105

Support for victims of disaster-fire, flood, etc. Apply to ARC first for disaster assistance

Area Agency on Aging of NW Michigan

Tel: 800-442-1713 or (231) 947-8920

Home & community based services supporting independent living for older adults and disabled adults over 18 years. MEEPS will pay for short term.

Autism Society of Michigan

Tel: 800-223-6722

Providing information, books, training workshops, support & advocacy.

Benzie Area Christian Neighbors

2804 Benzie Hwy.

P.O. Box 93

Benzonia, MI 49616

Tel: 231-882-9544

www.benzieacn.org

Open M-TH 10am-2pm, please be registered by 1:30pm

Benzie County Baby Pantry

St. Phillips Episcopal Church

785 Beulah Hwy

Beulah, MI 49617

Tel: 231-882-4059

Hours: 1st & 3rd Saturdays each month, 10 am –3 pm

Children from 0-5 years of age

Benzie Senior Resources

10542 Main Street

Honor, MI 49640

Tel: 231-525-0600 or 888-893-1102

www.benzieSeniorresources.org

Offering meals, including home delivered meals to homebound seniors; congregate meals held at the Gathering Place in Honor Plaza. Guardian Medical Monitoring, MMAP assistance; Homemaker services; Home chores; Snow Removal services, information and referral. Providing registered nurse assessments, care plans, and help with medication management; home health aide assistance with personal care, meal preparation, light housekeeping, exercise, errands, and companionship; respite providing time off for family caregivers; telephone reassurance for isolated seniors; free, gently used medical equipment loans; and information and referrals.

Benzie County Housing Assistance

Tel: 231-882-9671

Home repair grants, loans, Habitat for Humanity

Benzie Human Services Collaborative

6051 Frankfort Hwy.

Benzonia, MI 49616

Tel: 231-882-2123

Benzie-Manistee Dept of Health & Human Services

448 Court Place

P.O. Box 114

Beulah, MI 49617

Tel: 231-882-1330 or 844-464-3447

Hours: 8 am – 5pm Monday-Friday

Provides eligible individuals and families with assistance.

Benzie Transportation Authority (The Benzie Bus)

12762 Honor Hwy

Honor, MI 49640

Tel: 231-325-3000 or 866-325-3380

Monday-Friday 6am-10pm, Saturday 7am-6pm

Catholic Human Services

6051 Frankfort Hwy.
Benzonia, MI 49616
Tel: 231-947-8110 or 231-882-2132

Specializing in pregnancy counseling, adoptions services, substance abuse/dependence (youth & adult) & Fetal Alcohol Syndrome. Sliding fee scale.

Cherryland Electric Caring Program

Tel: 800-442-8616, ext. 266

Help for non-Cherryland Electric bills- food, medical bills, rent, etc. Must fill out an application.

Children's Special Health Care Services

Tel: 231-256-0200 or 888-744-2468
Case management and home visits for families with children with chronic illness(s).

Department on Deaf

877-499-6232

Father Fred Foundation

826 Hastings
Traverse City, MI 49684
Tel: 231-947-2055
Please call ahead

Goodwill Inn

2942 Keystone Road
Traverse City, MI 49686
Tel: 231-922-4890

Grand Traverse Band of Ottawa & Chippewa Indians

72982 Hoadly Road
Benzonia, MI 49616
Tel: 231-882-4116

Le Leche

Tel: 231-941-4477 or 800-LaLeche

Breastfeeding support groups/education

Long Term Care Ombudsman

Area Agency on Aging NW MI
1609 Park Drive
Traverse City, MI 49686
Tel: 231-947-2504

Long term care options & choices, Residents' Rights

ECHO His Love

Parenting support classes, utility assistance, food, clothing
Tel: 231-723-6613

March of Dimes

Tel: 231-947-2488

Babies & You Wellness Program

Michigan Rehabilitation Services (MRS)

6051 Frankfort Hwy.
Benzonia, MI 49616
Tel: 231-922-5260 or 877-901-9179

Assistance with retraining and rehabilitation services

MiChild Health Insurance

Tel: 888-988-6300

MSU Extension – Benzie County

448 Court Place
P.O. Box 349
Beulah, MI 49617
Tel: 231-882-0025
www.msue.msu.edu/benzie
Hours: 9:00 AM to 12:30 PM, 1:00 – 5:00 PM Tues & Thurs.

Provides information and education on nutrition, health, agriculture and other issues. 4-H and other youth activities programs are available. Family and Consumer Sciences programs provide in-home and group nutrition education.

National Suicide Prevention LifeLine

Tel: Toll free: 800-273-TALK (8255)

Northern Health Care Management

Tel. 800-640-7478 or 231-933-4917
Home and Community based services supporting independent living for people who are elderly and/or disabled over 18 years of age.

Northwest MI Community Action Agency

3963 Three Mile Road
Traverse City, MI
www.nmcaa.net
Tel: 231-947-3780 or 800-632-7334

Help with home repairs, budgeting and home purchasing education.

Northwest Michigan Health Services, Inc.

6051 Frankfort Hwy.
Benzonia, MI 49616
231-392-5509
231-383-4800

In-person assistance services available for online applications for ALL DHHS programs: Medicaid, MiChild, Bridge Card, Daycare, Emergency Assistance; Low-income Housing Applications; Medicare Part D (prescription insurance); Advocacy; Community Resource Information & Referrals.

Physician Referral Service

Tel: 800-533-5520
Referral to MMC associated physicians

Poison Control for Northwest MI

Tel: 800-222-1222

Pregnancy Resources:

Benzie-Leelanau Dist Health Dept:	231-882-2106
Catholic Human Services:	231-941-8110
Father Fred Foundation:	231-947-2055
Planned Parenthood:	231-929-1844
Pregnancy Care Center:	231-929-3488
Salvation Army:	231-946-4644
Women's Resource Center:	231-946-4180

A volunteer neighbor advocate program that helps individuals identify and connect with needed community resources.

Resolve through Sharing

Tel: 231-935-7412
Support group for families suffering with the loss of an infant or miscarriage.

Runaway Assistance Program (RAP)

Tel: 800-292-4517

Assistance for children that have runaway or kicked out of the home.

Salvation Army- Traverse City

1239 Barlow St.
Traverse City, MI 49696
Tel: 231-946-4644

Food pantry, vouchers to thrift store for clothing, furniture, and household goods. Community meals, and utilities and financial assistance

Spinal Bifida Association of America

Tel: 800-621-3141
Referrals and Information

Third Level Crisis Intervention Center

1022 E. Front Street
Traverse City, MI 49686
Tel: 231-922-4800
Toll Free: 800-442-7315
www.thirdlevel.org

Crisis intervention, counseling, information and referral, individual and family therapy

Tobacco Cessation

Tel: 800-586-4872
American Lung Association Helpline and confidential phone counseling service
Michigan Department of Community Health
Tel: 800-784-8669

Free Confidential phone counseling service up to 7 sessions. Might be eligible for free nicotine replacement products.

Traverse Bay Area Tobacco Coalition

1209 S. Garfield, Suite C
Traverse City, MI 49686
Tel: 231-271-3684

Provides information on tobacco dependence treatment and resources, prevention education and free tobacco education materials.

TrueNorth Community Services

Tel. 231-924-0641
www.truenorthservices.org

Heat and energy assistance programs for low income individuals and seniors. Includes: assistance with heat/utility bills and energy conservation initiatives.

USDA Rural Development Program

Tel: 800-944-8119

Home Loans, repair loans & grants

Women, Infants, and Children (WIC)

Benzie-Leelanau District Health Dept
6051 Frankfort Hwy
Benzonia, MI 49616
Tel: 231-882-2106

Supplemental food and nutrition program for women, infants, and children that offers nutrition education, counseling, and referrals to other health and social services. Must meet income guidelines and have a nutritional need. Available to pregnant women, mothers, infants, and children under 5 years of age.

Section 8: Local Schools/Employment & Training

Benzie Area Christian Neighbors- MI Works

2804 Benzie Hwy.
P.O. Box 93
Benzonia, MI 49616
Tel: 231-882-9544
www.benziebacn.org
Open M-TH 10am-2pm, please be registered by 1:30pm

Benzie Central Middle School

9300 Homestead Road
Benzonia, MI 49616
Tel: 231-882-4498

Benzie Central Senior High School

9300 Homestead Road
Benzonia, MI 49616
Tel: 231-882-4498

Betsie Valley Elementary School

17936 Cadillac Highway
Thompsonville, MI 49683
Tel: 231-378-4164

Crystal Lake Elementary School

7048 Severance
Benzonia, MI 49616
Tel: 231-882-4641

Frankfort/Elberta Elementary School

613 Leelanau Street
Frankfort, MI 49635
Tel: 231-352-7601

Frankfort/Elberta High School

534 11th Street
Frankfort, MI 49635
Tel: 231-352-4781

Lake Ann Elementary School

19375 Bronson Lake School
Interlochen, MI 49643
Tel: 231-275-7730

Employment Training

Michigan Rehabilitation Services (MRS)

Tel: 231-922-5260 or 877-901-9179
6051 Frankfort Hwy.
Benzonia, MI 49616

Assistance with retraining and rehabilitation services

Michigan Works! Agency

1209 S. Garfield Ave
Traverse City, MI 49684
Tel: 231-922-3700 or 800-442-1074

1660 US 31 South
Manistee, MI 49660
Tel: 231-723-2535

Employment help, increase job seeking skills, including resume, interest and aptitude tests. Unemployment information available.

Unemployment Office

Tel: 800-638-3995

Section 9: Health/Dental/Mental Health

AIDS Hotline

Tel: 800-342-2437

Referrals and Information

Counseling for adults, children, and families, infant and youth outreach, prevention programs, and treatment for victims of sexual abuse.

Benzie Senior Resources

10542 Main Street
Honor, MI 49640
Tel: 231-525-0600 or 888-893-1102
www.benzieseniorresources.org

Providing registered nurse assessments, care plans, and help with medication management; home health aide assistance with personal care, meal preparation, light housekeeping, exercise, errands, and companionship; respite providing time off for family caregivers; telephone reassurance for isolated seniors; free, gently used medical equipment loans; and information and referrals.

Benzie-Leelanau District Health Department

6051 Frankfort Hwy
Benzonia, MI 49616
Tel: 231-882-4409

Environmental Health Service, Personal Health Services,
Reproductive Health Services, Breast and Cervical Cancer
screening, home visits and immunizations.

Catholic Human Services

6051 Frankfort Hwy.
Benzonia, MI 49616
Tel: 231-947-8110 or 231-882-2132

Specializing in substance abuse/dependence (youth & adult) &
Fetal Alcohol Syndrome. Sliding Fee Scale.

Centra Wellness Network

6051 Frankfort Hwy. Suite 200
Benzonia, MI 49616
Tel: 877-398-2013
Crisis Line: 877-398-2013
Hours: 8 am – 5pm Monday-Friday

Child and Family Services

3785 Veterans Drive
Traverse City, MI 49684
Tel: 231-946-2104 or 231-946-8975

Individual, couples and family counseling is available for all
ages. Specializing in play therapy, marriage and family therapy
and adolescent counseling. Most insurance accepted. Sliding
fee scale available.

Community Health Clinic

810 A. South Garfield
Traverse City, MI 49684
Tel: 231-935-0668

Healthcare for the uninsured, women's health, HIV counseling
and testing. Call for an appointment.

Dental Clinics North

Tel: 231-547-0295 or 877-321-7070
Call for a clinic nearest you.

Munson Healthcare Paul Oliver Memorial Hospital

224 Park Ave
Frankfort, MI 49635
Tel: 231-352-2200

24 hr Emergency Room Care in addition to Acute & Respite
Care Services. Out-Patient services including Radiology,

Physical Therapy, Cardiac-Pulmonary Rehab, Laboratory,
Specialty Clinics, Surgery, Ear Lab, Sleep Lab and a 39 bed
Long Term Care Facility.

Munson Medical Center

1105 Sixth St.
Traverse City, MI 49684
Tel: 231-935-5000
www.munsonhealthcare.org

National Suicide Prevention LifeLine

Tel: Toll free: 800-273-TALK (8255)

Northwest Michigan Health Services, Inc.

6051 Frankfort Hwy.
Benzonia, MI 49616
231-383-4800
www.nmhsi.org

Medical, Dental & Behavioral healthcare services. A federally
qualified health center accepts all patients regardless of
insurance status or ability to pay. Bills Medicaid/Medicare,
Blue Cross, Priority Health and other plans. Plus, a sliding fee
scale for uninsured.

Northern Michigan Diabetes Initiative

Website: www.nmdi.org

Planned Parenthood N. Michigan

1135 E. Eighth St.
Traverse City, MI 49686
Tel: 231-929-1844

Shape Up North

Website: www.shapeupnorth.com

A resource for creating and maintaining a healthy lifestyle.

The Maples Benzie County Medical Care Facility

210 Maple Ave.
Frankfort, MI 49635
Tel: 231-352-9674
www.benziemaples.org

Provides long-term care, skilled nursing care, rehabilitation
services, and an outstanding activities department. Residents
are offered a wide range of events, including off-site and on-
site activities and a home atmosphere.

Third Level Crisis Intervention Center

1022 E. Front Street
Traverse City, MI 49686

Tel: 231-922-4800
Toll Free: 800-442-7315
www.thirdlevel.org

Crisis intervention, counseling, information and referral,
individual and family therapy

Traverse Health Clinic

3155 Logan Valley Rd.
Traverse City, MI 49684
Tel: 231-935-0799
www.traversehealthclinic.org

Federally qualified health center accepts all patients regardless
of insurance status or ability to pay. Bills Medicaid/Medicare
plans and has a sliding fee scale for uninsured.

Section 10: Disabilities

Aging and Disability Resource Collaborative of Northwest Michigan

Tel: 1-866-642-4582
Email: info@adrcnmi.org
www.adrcnmi.org

Provides unbiased, objective information about community
supports and resources for older adults and disabled
individuals of any age. Can help individuals connect with
access services. Counseling options available to help with
immediate needs, long term planning and accessing financial
or insurance programs like Medicare, Medicaid and SSDI and
other supports.

Area Agency on Aging of NW Michigan

Tel: 800-442-1713 or (231) 947-8920

Home & community based services supporting independent
living for older adults and disabled adults over 18 years.
MEEPS will pay for short term.

Bay Area Coalition for Independent Living

Tel: 231-929-4865

Services for people with disabilities of all ages, providing
assistance to maximize personal potential.

Brain Injury Association of Michigan

Tel: 800-772-HEAD

Information and Referral

Centra Wellness Network

6051 Frankfort Hwy. Suite 200
Frankfort, MI 49616
Tel: 877-398-2013
Crisis Line: 877-398-2013
Hours: 8 am – 5pm Monday-Friday

Counseling for adults, children, and families, infant and youth
outreach, prevention programs, and treatment for victims of
sexual abuse.

CHADD (Children and Adults with ADD)

Tel: 231-922-7914

Support Groups

Community Living Center

Tel: 231-941-7150

Adult Foster Care home, training facility for developmentally
disabled.

Disability Network Northern Michigan

415 East Eighth St.
Traverse City, MI 49686
Tel: 866-869-8600
www.disabilitynetwork.org

Provides information, assistance and support to people of all
ages with any type of disability including: learning, mental
illness, emotional struggles, physical barriers and more. They
help youth, adults, families, seniors, and veterans facing
challenges due to their disabilities. They also work on a larger
scale, helping governments, businesses and other
organizations make changes that improve life to everyone in
the community.

Disability.gov

www.disability.gov

Provides thousands of dependable resources on
disability-related issues, programs and services.

Grand Travers Dyslexia Association

Tel: 231-929-1007

Tutorial services for adults & children who have dyslexia or
reading problems.

Lions Club

Tel: 231-935-6455-Traverse City
Tel: 231-275-7461- Lake Ann

Offers evaluation & hearing aids to persons who qualify.

Michigan Association of Deaf, Speech & Hearing Services

Tel: 800-968-7327

Coordinates applications, orders and finds funding services.

Northern Health Care Management

Tel. 800-640-7478 or 231-933-4917

Home and Community based services supporting independent living for people who are elderly and/or disabled over 18 years of age.

Special Ed Parents Advisory Council

Tel: 231-922-6200

Section 11: **Senior Resources & Services**

Aging and Disability Resource Collaborative of Northwest Michigan

Tel: 1-866-642-4582

Email: info@adrcnmi.org

www.adrcnmi.org

Provides unbiased, objective information about community supports and resources for older adults and disabled individuals of any age. Can help individuals connect with access services. Counseling options available to help with immediate needs, long term planning and accessing financial or insurance programs like Medicare, Medicaid and SSDI and other supports.

Area Agency on Aging of NW Michigan

Tel: 800-442-1713 or (231) 947-8920

Home & community based services supporting independent living for older adults and disabled adults over 18 years. MEEPS will pay for short term.

Assisted Living Facilities

Orchard House (2123 Grace Road, Frankfort, 231-352-6343)

The Homesteader (7953 Love Rd, Benzonia, 231-882-9813)

Frankfort Pines (119 Airport Rd, Frankfort, 231-352-1000)

Frankfort Senior Care (216 Cox Rd. Frankfort, 231-352-9202)

Willow Brook Assisted Living (1194 Didrikson Rd, Frankfort, 231-352-4708)

Benzie Senior Resources

10542 Main Street

Honor, MI 49640

Tel: 231-525-0600 or 888-893-1102

www.benzieseniorresources.org

Offering meals, including home delivered meals to homebound seniors; congregate meals held at the Gathering Place in Honor Plaza. Careline (Guardian Medical Monitoring), MMAP assistance; Homemaker services; Home chores; CompuMed medication dispensers (rent); Snow Removal services, Benzie Bus passes, information and referral. Providing registered nurse assessments, care plans, and help with medication management; home health aide assistance with personal care, meal preparation, light housekeeping, exercise, errands, and companionship; respite providing time off for family caregivers; telephone reassurance for isolated seniors; free, gently used medical equipment loans; and information and referrals.

Benzie County Senior Services Directory

www.Munsonhealthcare.org

Click on Health info tab; go to Caregiver Resource Center & Library

Benzie-Leelanau District Health Department

6051 Frankfort Hwy

Benzonia, MI 49616

Tel: 231-882-4409

Hours: 8am-Noon, 1-4:30pm M-F

Immunizations for adults.

Centra Wellness Network

6051 Frankfort Hwy. Suite 200

Benzonia, MI 49616

Tel: 877-398-2013/ Crisis Line: 877-398-2013

Hours: 8 am – 5pm Monday-Friday

Hospice and Palliative Care

Munson Home Health

Tel: 800-252-2065

Legal Services of Northern Michigan

221 Garland St.

Traverse City, MI 49684

Tel: 231-941-0771 or 888-941-9599

www.Lsnm.org

Legal assistance and representation for low income people and seniors. Services include: basic discussion of client rights, counseling, preparation of letters, documents, deeds, and pleadings, negotiations, administrative hearings, trials, and in some cases appeals, and community legal education presentations.

Long Term Care Ombudsman

Area Agency on Aging NW MI
1609 Park Drive
Traverse City, MI 49686
Tel: 231-947-2504

Advocates for residents of nursing homes, AFC homes and HFA homes; education in community; improve long term care systems through legislation.

Manistee-Benzie Dept. of Human Services

448 Court Place
P.O. Box 114
Beulah, MI 49617
Tel: 231-882-1330
Hours: 8 am – 5pm Monday-Friday

Munson Medical Center

1105 Sixth St.
Traverse City, MI 49684
Tel: 231-935-5000
www.munsonhealthcare.org

Northern Health Care Management

Tel. 800-640-7478 or 231-933-4917

Home and Community based services supporting independent living for people who are elderly and/or disabled over 18 years of age.

Northwest Michigan Health Services, Inc

6051 Frankfort Hwy.
Benzonia, MI 49616
231-383-4800
www.nmhsi.org

Medical, Dental & Behavioral healthcare services. A federally qualified health center accepts all patients regardless of insurance status or ability to pay. Bills Medicaid/Medicare plans and has a sliding fee scale for uninsured. NMHSI has a financial Dental partnership with Paul Oliver Memorial Hospital
224 Park Ave
Frankfort, MI 49635
Tel: 231-352-9621

Senior Volunteer Programs-Catholic Human Services

1832-A Oak Hollow Drive
Traverse City, MI 49685
Tel. 1-800-658-8554

The Senior Companion and Foster Grandparent Programs. Open to those age 55 or better. Serving other senior citizens as well as children in your community.

Senior Helpers of Northern Michigan

Tel. 231-933-6600
www.seniorhelpers.com/northernmichigan

Providing in home care for seniors including housekeeping, medicine reminders, transportation, mobility assistance, bathing/dressing assistance, and Alzheimer's/dementia care. Senior Helpers offers services from 3 hours a day up to 24/7 care.

The Maples Benzie County Medical Care Facility

210 Maple Ave.
Frankfort, MI 49635
Tel: 231-352-9674
www.benziemaples.org

Provides long-term care, skilled nursing care, rehabilitation services, and an outstanding activities department. Residents are offered a wide range of events, including off-site and on-site activities and a home atmosphere.

Section 12:

Transportation/Volunteer Opportunities

Transportation

BATA-Bay Area Transportation Authority
Tel: 888-228-7743

Benzie Bus

Tel: 231-325-3000 or 866-325-3380
www.benziebus.com
Monday-Friday 5am-8pm
Saturday-Sunday: CLOSED

Volunteer Opportunities

American Red Cross

Tel: 877-326-6105

Support for victims of disaster-fire, flood, etc. Apply to ARC first for disaster assistance

Benzie Area Christian Neighbors

2804 Benzie Hwy.
P.O. Box 93
Benzonia, MI 49616
Tel: 231-882-9544
www.benziebacn.org
Open M-Th 10am-2pm

Benzie Senior Resources

10542 Main Street
Honor, MI 49640
Tel: 231-525-0600 or 888-893-1102
www.benzieseniorresources.org

Benzie-Manistee Dept of Human Services

448 Court Place
P.O. Box 114
Beulah, MI 49617
Tel: 231-882-1330 or 844-464-3447

Senior Volunteer Programs-Catholic Human Services

1832-A Oak Hollow Drive
Traverse City, MI 49685
Tel. 1-800-658-8554

The Senior Companion and Foster Grandparent Programs.
Open to those age 55 or better. Serving other senior citizens as well as children in your community.

Disability Network Northern Michigan

415 East Eighth St.
Traverse City, MI 49686
Tel: 866-869-8600
www.disabilitynetwork.org

Provides information, assistance and support to people of all ages with any type of disability including: learning, mental illness, emotional struggles, physical barriers and more. They help youth, adults, families, seniors, and veterans facing challenges due to their disabilities. They also work on a larger scale, helping governments, businesses and other organizations make changes that improve life to everyone in the community.

Father Fred Foundation

826 Hastings
Traverse City, MI 49684
Tel: 231-947-2055

Goodwill Industries of Northern Michigan, Inc.

2279 South Airport Road West

Traverse City, MI 49684
Tel: 231-922-4805
Volunteer Coordinator/ 231-995-7713

Grow Benzie

Frankfort Hwy
Benzonia, MI 49616
Tel: 231-882-1324
www.growbenzie.org

Long Term Care Ombudsman

Area Agency on Aging NW MI
1609 Park Drive
Traverse City, MI 49686
Tel: 231-947-2504

Volunteer Ombudsman empower and assist residents and families to resolve individual concerns receiving guidance from ombudsman staff.

ECHO His Love

Tel: 231-723-6613

Munson Healthcare Paul Oliver Memorial Hospital

224 Park Ave.
Frankfort, MI 49635
Tel. 231-352-2200

Northwest Michigan Community Action Agency

3963 Three Mile Rd.
Traverse City, MI 49686
Tel: 800-632-7334 or 231-947-3780
www.nmcaa.net

United Way

521 South Union St
Traverse City, MI 49684
Tel: 231-947-3200
www.unitedwaynwmi.org

Section 13: Media Fax Numbers/Other Important Numbers

Fax Numbers

T.C. Record-Eagle:	231-946-8632
WTCM:	231-929-3988
T.V. 9 & 10:	231-775-3671
T.V. 7 & 4:	231-947-0354
98.1 The Bear:	231-627-7002
Manistee News Advocate:	231-723-4733
Benzie Co. Record-Patriot:	231-352-7874

Other Important Numbers

211

Call 211 from any landline to connect with local resources.
From a cell phone, call 800-887-1107 or text your zip code to
898211 or on-line: www.hwmuw.org/211

Benzie County Community Chest

PO Box 713
Beulah, MI 49617
Tel: 231-882-0223
Email: benziecommunitychest@gmail.org
www.benziecountycommunitychest.org

Raises funds and provides grants to 501c3 human service
support agencies.

County of Benzie Government Center

448 Court Place
Beulah, MI 49617
231-882-9671
www.benzieco.org