

## Proclamation Recognizing November as National Diabetes Awareness Month

**WHEREAS**, National Diabetes Awareness Month is observed annually throughout the month of November to raise awareness about the prevalence, risks, and management of diabetes; and

**WHEREAS**, Diabetes affects 37.3 million people, 11.3% of the population in the United States, and is a serious disease for which there is no known cure and is the eighth leading cause of death by disease in the United States; and

**WHEREAS**, approximately one quarter of the Americans who have diabetes, 8 million (23%) of adults, do not know they have the disease; and

**WHEREAS**, both people with diagnosed and undiagnosed diabetes may experience adverse outcomes, including, heart problems, kidney disease, severe nerve pain (neuropathy), and blindness.; and

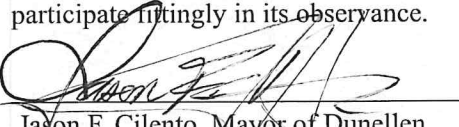
**WHEREAS**, another 6 million, or 38% of American adults, has pre-diabetes, a condition which puts them at greater risk for developing Type 2 diabetes, and if current trends continue, 1 in 3 American adults will have diabetes by 2050; and

**WHEREAS**, type 1 diabetes (T1D) is an autoimmune disease in which a person's pancreas is no longer able to produce insulin, a hormone that enables people to get energy from food. It occurs when the body's immune system attacks and destroys the insulin-producing cells in the pancreas, called beta cells. While its causes are not yet entirely understood, scientists believe that both genetic factors and environmental triggers are involved. There is no prevention for T1D, and—at present—no cure, and people with T1D must check their blood sugar multiple times per day and inject themselves with insulin multiple times per day to survive; and

**WHEREAS**, Diabetes has many faces, affecting everyone, young and old alike - Caucasians, African Americans, Latinos, Native Americans, Asian Americans and Pacific Islanders, with many underserved populations in the United States having an increased risk for developing type 2 diabetes; and

**WHEREAS**, an increase in community awareness of risk factors and symptoms related to diabetes can improve the likelihood that people with diabetes will get the care they need before suffering the devastating complications of the disease.

**NOW, THEREFORE, BE IT RESOLVED, THAT I**, Jason F. Cilento, Mayor of the Borough of Dunellen, do hereby proclaim the month of November 2023, to be, Diabetes Awareness Month in the Borough of Dunellen and urge all the citizens of the Borough to take cognizance of this event and participate fittingly in its observance.

  
Jason F. Cilento, Mayor of Dunellen  
November 6, 2023