

Welcome to Camp!



Parents

On the daily schedule, there are several games and activities for your child(ren) to play throughout the morning. Feel free to follow along, or adjust the schedule to best fit your needs. Most activities are grouped based, so you may have to use your imagination to modify them. Our suggestion on how to tackle the activities for the day is to prepare ahead of time!

Click on each activity to see the materials needed and the instructions on how to complete them. If you finish an activity early, check out our activity booklet and craft videos located on the city webpage. These additional activities can help fill the day. As a last effort for entertainment, nothing is better than playtime. Outdoor playtime is always a favorite in our camps and we encourage all families to do the same.

Campers (parents please read to the child(ren))

Welcome to camp from home! Today we have a schedule full of activities and games! Follow along the schedule to complete each activity. Click on each activity to open up instructions on how to do them. Before we get started, this time frame is to get prepped and get energized! Breakfast is an essential part of your day, so take the rest of this time to eat. Get set up for your first activity and we hope you enjoy what we have planned.

Banana Tag – Game Instructions

Game Description:

A tag game, get tagged and you turn into a banana!

Objective:

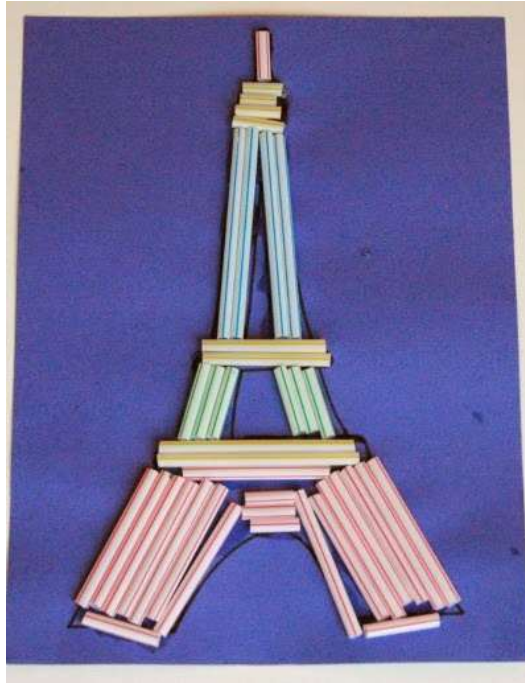
Tagger: To tag as many people as you can turning them into Bananas.

Runners: To avoid being tagged and to help peel those who have been turned into a Banana.

Game Rules:

The tagger will attempt to tag the runners. If tagged the runner will turn into a Banana by holding both arms above their head, hands together (in the shape of a Banana). The Bananas will have to stay still with their arms up until they have been peeled by two runners. Each runner will peel one arm, once peeled the Banana becomes a runner again. The game ends when the taggers have frozen all other players.

Eiffel Tower Craft



What You'll Need:

- Construction paper
- Pencil or marker
- Straws
- Scissors
- White school glue

What To Do:

1. Draw an outline shape of the Eiffel Tower on your construction paper.
2. Have your child cut straws of varying lengths.
3. Glue straws over the outlined shape, filling in the space.
4. Let dry and display proudly!

Freeze Dance – Game Instructions

Before You Start:

- Designate an open area free of obstacles. If objects are present that cannot be moved, point them out and remind everyone that they must be careful not to touch another person or object.
- Have the radio or music player ready with an appropriate station or music selection.

How To Play:

- In this activity, everyone dance as the music plays.
- When the music stops, each player must freeze immediately and hold that position until the music begins again.
- If a player does not freeze immediately, s/he does 10 jumping jacks during the start of the next round and then rejoins the dance.

Variations:

- Assign players as a look-out and have them pick out a unique dance move. When the music stops, they demonstrate the move for everyone; the group tries the new move at the start of the next round.
- Rather than have players do 10 jumping jacks, have them do something else, or simply be “out”.