

Welcome to Camp!



Parents

On the daily schedule, there are several games and activities for your child(ren) to play throughout the morning. Feel free to follow along, or adjust the schedule to best fit your needs. Most activities are grouped based, so you may have to use your imagination to modify them. Our suggestion on how to tackle the activities for the day is to prepare ahead of time!

Click on each activity to see the materials needed and the instructions on how to complete them. If you finish an activity early, check out our activity booklet and craft videos located on the city webpage. These additional activities can help fill the day. As a last effort for entertainment, nothing is better than playtime. Outdoor playtime is always a favorite in our camps and we encourage all families to do the same.

Campers (parents please read to the child(ren))

Welcome to camp from home! Today we have a schedule full of activities and games! Follow along the schedule to complete each activity. Click on each activity to open up instructions on how to do them. Before we get started, this time frame is to get prepped and get energized! Breakfast is an essential part of your day, so take the rest of this time to eat. Get set up for your first activity and we hope you enjoy what we have planned.

Hot Air Balloon



What You'll Need:

- Colored Paper
- Heavy weight white paper
- Bleeding tissue paper
- Spray bottle of water
- Glowstick
- Crayons or marker

What To Do:

1. Start by cutting the white paper into a hot air balloon shape.
2. Cut the tissue paper into smaller and more manageable sized piece.
3. Put a layer of paper towels on a tray (to help absorb the water later on) and place the hot air balloon shape on top. Tear or cut the tissue into small pieces and lay them on top of your hot air balloon.
4. Add lots of pieces and layers of tissue paper to the hot air balloon until it is covered as desired.
5. Now it's time for the super fun part! Spray the tissue with a mist of water from the spray bottle until saturated. Note: If you spray the tissue from too close, the force of the water spray will cause the dry tissue paper to blow away, so take a few steps back first!
6. Allow the tissue to dry and then remove to reveal the gorgeous "watercolor" effect left behind.
7. Glue the hot air balloon on to the colored paper, and use crayons or markers to add the basket and other finishing details.

Earthball – Game Instructions

Requirements

A beach ball or a balloon

Description

The group task is to keep a beach ball or balloon in the air for a specified number of hits without letting it hit the ground.

Additionally, no one person can touch the object twice in a row.

Set a goal with the group for the number of hits that the group can make following the rules.

After your group meets its goal, it can increase the target number or go for a record and see how many hits the group can accomplish.

This fun activity is much harder than it seems! If the group is struggling, give them an opportunity to review their strategy and create a plan for the next attempt.

Balloon Pop Not



Materials:

- A Balloon
- 2 pieces of tape, each about 2 inches in length
- Small needle or push pin (with adult supervision)

Instructions:

1. Blow up balloon.
2. Use the the two pieces of tape to make an “X” on your balloon.
3. Carefully (with parent supervision), push needle through the middle of your “X”.
4. Leave needle in and see how long it takes your balloon to pop.

How it Works:

What causes a balloon to pop is called catastrophic crack propagation. This really complicated sounded phrase means that the hole in the balloon widening is what makes it pop, not the fact that air is slowly being let out. When the balloon’s hole gets bigger, it rips and eventually the balloon pops. In this experiment, the tape slow down this process.

Extra Experiments:

1. Try blowing up the balloon in different sizes. Do the bigger, smaller, or medium sized balloons last the longest?
2. Try using different kinds of balloons. Water, regular, skinny, round, etc. Which one works the best?
3. Try doing it without the tape. What is the difference in time of it popping compared to the one with tape?

Aboriginal Boomerang Craft



What You'll Need:

- Cereal box or cardboard
- Scissors
- Pencil
- Cotton buds (q-tip)
- Paint (assorted colors)

What To Do:

1. Use a pencil to draw out a boomerang. Cut out the shape of a boomerang on an empty cereal box (or cardboard).
2. Now its time to paint and design. Simply dip a cotton bud into some paint. Then create patterns on the boomerang just by putting dots of paint.

Rain Stick



What You'll Need:

- Paper towel roll
- Aluminum foil
- Rice
- Clear tape
- Wooden spoon
- Broom handle
- Colored paper
- Optional: Funnel

What To Do:

1. Tear a sheet of foil about 10" long.
2. Twist the foil into a stick like shape. Wrap the foil stick around the handle of a broom to make a spiral.
3. Tear another sheet of foil about 7" long.
4. Twist the foil into a skinny wire like shape. Then wrap it around the handle of a wooden spoon in order to make a tight spiral.
5. Insert the smaller spiral into the larger spiral. (This is key to make the rain stick work!)
6. Place the end of the paper towel roll onto a sheet of paper and trace a circle around it. Do this for each end.
7. Draw a bigger circle around the smaller circles.
8. Cut out the larger circles, use scissors to make many cuts from the edge of the paper to the inner circle.
9. Tape the paper to the end of the paper towel roll, wrapping the flaps to the sides of the tube and securing them with clear tape.
10. Once one end is secured, insert the two foil spirals.
11. Add $\frac{1}{4}$ cup of dried rice.
12. Secure the other end of the tube.
13. Wrap a sheet of colored paper around the outside of the tube.
14. Decorate!