

FOR IMMEDIATE RELEASE

Date: May 4, 2021

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Monroe County Health Department Reduces Quarantine Time from 14 to 10 Days

Monroe, MI, May 4, 2021-Effective immediately, the Monroe County Health Department (MCHD) will follow the recommendations of Centers for Disease Control and Prevention (CDC) and Michigan Department of Health and Human Services (MDHHS) for reduced quarantine period after exposure to COVID-19, when an individual has been identified as a close contact to a lab confirmed positive case.

Monroe County has seen a recent drop in positivity rate. While at the same time, efforts to vaccinate as many people as possible are underway. Quarantine remains a critical measure to control transmission. However, a 14-day quarantine also poses burdens that may not be justified when measured against the risk of transmitting the virus beyond the 10th day post exposure.

While the standard 14-day quarantine remains in effect, this can be reduced from fourteen (14) days to ten (10) days if the following conditions exist for the individual who has been identified as a close contact:

1. The close contact has been vaccinated with a COVID vaccine that requires two doses to complete the series (Pfizer, Moderna) and has received the first dose or has received both doses but it has not been fourteen (14) days since completion of the series; the individual has received a one dose COVID vaccine (Johnson & Johnson) and it has not been fourteen (14) days since that dose was administered; **OR**
2. The close contact does not develop symptoms during daily symptom monitoring for ten (10) days or receive a lab confirmed positive COVID-19 test result; **AND**
3. The close contact continues to monitor themselves for symptoms through day fourteen (14) after date of last exposure

No quarantine is required when an individual is identified as a close contact and one of the following situations applies:

1. The close contact is not symptomatic and has had a positive, confirmatory COVID (PCR) test within the last ninety (90) days; **OR**
2. The close contact has been vaccinated with a COVID vaccine that requires two doses to be fully vaccinated or one dose of a COVID vaccine that requires one dose **AND** fourteen (14) days have passed since the last dose of the vaccine has been administered

As a reminder, a “test out of quarantine” strategy has never been adopted in the State of Michigan and is not adopted by the Monroe County Health Department.

For more information on exposure and the self-quarantine period see www.michigan.gov/containcovid