



Resource Guide

Montgomery County
and surrounding area

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HOUSING RESOURCES

Rental/Utility Assistance

La Marque Aid and Guidance, Magnolia Office

31355 Industrial Lane, Suite 500,
Magnolia, TX 77355

Ph. 936-539-9211 OR 409-938-7852 for additional information and hours.

LegalLine

Ph. 713-759-1133

Lone Star Legal Aid

412 West Lewis St
Conroe, Texas 77301

Ph. 713-652-5911 Or 713-652-0077

For information on legal rights for evictions and housing issues

Montgomery County Housing Authority

1500 S. Frazier St.
Conroe, Tx. 77301

Ph. 936-441-5816

Services include: Assist with housing by providing low cost apartments for seniors, handicapped persons, and single mothers with children, and homeless. Section 8 Housing Choice Voucher Program for low income housing options.

St. Vincent De Paul Society (most zip codes)

Ph. 713-741-8234

One time rent or deposit help and other funds in a crisis can be paid out. Provides assistance with utility, housing and medical expenses.

The Salvation Army

304 Avenue E.
Conroe, Texas 77301

Ph. 936-760-2440

<https://www.salvationarmy.org/>

Provides everything from shelter and transitional housing to emergency funds for a security deposit or rent. The non-profit has assistance for veterans, single parents, the disabled, and others facing eviction. All rent and financial aid is limited.

Catholic Charities

Guadalupe Center
Ph. 713-227-9981 Or 713-526-4211

<https://catholiccharities.org>

Provides a comprehensive network of social services for all families. Services include food assistance, health screenings, nutrition education, case management, rent and utilities assistance, and referrals for other community resources.

Montgomery County Emergency Assistance based in Woodlands Texas.
Ph. 936-539-9211.

Provides rent and mortgage assistance for low income citizens.

Catholic Charities-New Caney Office

21130 Highway 59 North

New Caney, Texas 77357

Ph. 936-539-9211

<https://catholiccharities.org>

May have rent, utilities, and other crisis programs.

Conroe Emergency Assistance

1022 McCall Avenue

Conroe, TX 77301

Ph. 281-292-4155 dial, extension 265 Or 936-539-9239/936-539-9211. **Rehousing in Montgomery County Texas** for those that go through case management, the government agency may have loans and other funds for a partial back rent payment, help for energy bills or mortgage payments, and other support.

Wesley Community Center Woodlands Office

1600 Lake Front Circle, Suite 201

Woodlands, Texas 77380, dial 936-539-9211

Ph. 713-223-8131

Emergency rent and utility assistance available. Phone calls for appointments to apply are accepted every Friday at 713-821-8917. Appointments are schedule Mon.-Thurs. 9AM-5PM.

Creative Outreach Ministries Montgomery

14699Steede Rd.

Montgomery, Tx. 77356

Ph. 936-449-4357

<https://creativeoutreach.com>

May have rent, utilities, and other crisis programs.

Creative Outreach Ministries-New Caney Office

21130 Highway 59 North

New Caney, Texas 77357

Ph. 936-539-9211

May have rent, utilities, and other crisis programs.

Good Shepherd Mission

P.O. Box 7281

Huntsville, Tx. 77340

Ph. 936-291-8156

thegsmision.org

Provides shelter meals daily for homeless, food bank open M-W-F 9AM-12PM, runs a night shelter for those in need, and temporary apt. to families in crisis (must be external crisis not one caused by the family). Walker County Residents Only

Society of Samaritans (S.O.S.)

31355 Industrial Lane

Magnolia, Tx. 77355

Ph. 281-259-8452

Assistance for housing, money mgt., and emergency grants for energy bill assistance.

Interfaith Ministries

101 Pine Manor in Oak Ridge North

The Woodlands, Tx. 77384

Ph. 281-364-7889

info@interfaithcommunity.clinic.org

Provides one-time financial assistance with rent, mortgage, or utilities and Emergency Shelter-short term for those transitioning into permanent housing.

Tri-County Behavioral Healthcare

233 Sgt. Ed Holcomb

Conroe, Tx. 77304

Ph. 936-521-6300 OR 936-521-6200 (IDD services)

http://www.tricountyservices.orgs

Provides some housing options for (current active) clients under grant funding.

Transitional Housing Resources

Conroe Corps Community Center/ The Salvation Army

304 Avenue E

Conroe, Tx. 77301

Ph. 936-760-2440

salvationarmyhouston.org

Provides everything from shelter and transitional housing to emergency funds for a security deposit or rent. The non-profit has assistance for veterans, single parents, the disabled, and others facing eviction. All rent and financial aid is limited.

Compassion United

P.O. Box 2582

Conroe, Tx. 77305

Ph. 936-274-3799

Email: info@compassionunited.us

Compassionunited.us

Provides transitional housing for men and women at Freedom House (men)-Conroe, Joy House (women crisis pregnancy situations)-Conroe, and Hosanna House (women displaced or abused)-Conroe. Destiny Kids provides a loving and teaching environment for underprivileged kids. All transitional housing residents receive skills classes, one-on-one mentoring, weekly goal setting and daily encouragement.

Under/Over Fellowship-The Way

106 S. San Jacinto St.

Conroe, Tx. 77301

Ph. 936-447-0258

Home in Conroe for single men getting back on their feet after a hardship.

Under/Over Fellowship-Christy's House

106 S. San Jacinto St.

Conroe, Tx. 77301

Ph. 936-447-0258

Home in Conroe for single women getting back on their feet after a hardship.

500 Collins St.

Conroe, Tx. 77301

Ph. 936-447-0258

600 S. Frazier St. (Hispanic Baptist Church)

Conroe, Tx. 77301

Ph. 936-447-0258

www.underoverfellowship.com

Provides temporary housing for those seeking substance abuse recovery or homelessness.

Montgomery County Women's Center

Ph. 936-441-7273

Helps women that are victims of domestic violence or sexual assault.

Creative Outreach Ministries

P.O. Box 1325

Montgomery, Tx. 77356

Ph. 936-449-5433

Email: info@creativeoutreach.com

<https://creativeoutreach.com>

A women's sober living transitional housing program, New Life Women's Center provides women an opportunity to work through traumas, get their GED, build communication, anger management, parenting, and relationship skills.

Heaven's Army of Resources

19325 FM 1485

New Caney, Tx. 77357

Ph. 281-689-5864

Heavensarmy-tx.org

Runs a 12 month residential women's program-Home of Amazing Grace-for victims of human trafficking, domestic violence, sexual, physical, emotional or spiritual abuse.

Bonnie's House

908 Silverdale Dr.

Conroe, Tx. 77301

Ph. 936-441-2820

<https://bonnieshouse.net>

Provides a supportive, sober living environment to assist alcohol or drug addicted men gain sobriety.

Conroe New Birth Outreach Ministries

911 Cable St.

Conroe, Tx. 77301

Ph. 936-232-0000

Provides focused addiction treatment for males and females and temporary housing. Assist with applying for SSI/SSDI benefits, employment, and gaining independence.

The Martin Luther King Center

603 South 6th Street

Conroe, Tx. 77301

Ph. 936-788-2468

Hrs. Mon-Fri. 4:00PM-8:00PM

Provides food, shelter to homeless women and children, refuge for battered women,

Angel Reach Foster Care Transitioning Program

Conroe, Tx. 77301

Ph. 936-273-4806

Offers young people who have aged out of foster care a safe, and temporary residence as they transition into society.

Angel Reach Kinship Care Program

Ph. 936-273-4806

Assists kinship placement families (foster children) with their day-to-day living needs, including emergency food, clothing, furniture, home repairs, and referrals to community recourses.

Tamina Community Center-Mom's Door of Hope

18965 Main Street

Conroe, Tx. 77385

Ph. 281-465-4646

Email: sgrimes@taminacenter.org

www.taminacenter.org

A day program to support working mothers. Will provide temporary shelter and stability for women and children who are homeless and will also provide clothing, food, as well as personal hygiene items. Provide resources such as a computer lab for job searches and application, and access to local affordable housing options. Will provide transportation for those who need transportation to and from work.

East Texas Dream Center

301 S. 1st Street

Conroe, TX. 77301

Ph. 281-601-6800

Shelter for women and children. This is not a temporary shelter. This is a long term program with an application process.

Legacy Dream Center

P.O. Box 273

Willis, Tx. 77378

Ph. 936-649-5197

A Christian faith-based residential program with the mission of helping women to overcome the life-controlling issues that are keeping them from moving forward in their life.

The Good Shepherd Mission

1005 Ave. F. (M.L.K.)

Huntsville, Tx. 77340

Ph. 936-291-8156

Shelter for men and women (not as good for children) facing domestic violence. Offers shelter for a maximum of 3 days.

Eagles Nest Ministries

1450 Blake Rd.

Conroe, Tx. 77301

Ph. 936-703-3084

Helps men recently released from prison with safe reentry learning skills

Granny's House of Hope

908 Silverdale Dr.

Conroe, TX. 77301

Ph. 936-441-2820

Shelter for men just released from prison seeking rehabilitation.

New Life Women's Center

14699 Steede Rd.

Montgomery, Tx. 77356

Ph. 936-449-4357

Shelter for women seeking drug rehabilitation. Also takes women with a criminal history. (also alcohol and dysfunctional relationships).

Montgomery County Youth Services-YES

Bridgeway Shelter

Ph. 936-856-8015

Youth shelter-co-ed short term shelter program for youth ages 10-17 who are in need of a temporary place to stay that is safe and secure and provides immediate support. Length of stay cannot exceed 90 days.

Conroe Hispanic Community Liaison-City Hall

300 W. Davis St.

Conroe, Tx. 77301

Ph. 936-522-3013

www.cityofconroe.org

Helps Spanish Speaking families locate agencies and shelters to meet their needs.

New Harvest Restoration Ministry

P.O. Box 2683

Conroe, Tx. 77305

Ph. 832-376-1109 OR 832-960-0318

9 month program for men and women with issues related to substance abuse and family issues.

Star of Hope Transitional Living Center

6801 Ardmore St.

Houston, Tx. 77054

Ph. 713-440-5375

www.sohmission.org

Shelter for single women and single parent families.

Star of Hope: Doris and Carlos Morris Men's Development Center

1811 Ruiz

Houston, Tx. 77002

Ph. 713-227-8900

Provides a walk-in day shelter and overnight shelter for homeless, transient men as well as a 6 month program for men.

Star of Hope Women and Family Center

419 Dowling ST.

Houston, Tx. 77003

Ph. 713-222-2220

www.sohmission.org

Provides shelter for couples with children, single women, men with children, and couples without children. Can stay up to 90 days. Must be legally married to stay together.

Santa Maria Hostel

www.santamariahostel.org

Center for Empowerment

5609 E. Mount Houston

Houston, Tx. 77051

Ph. 281-449-0994

Provides emergency shelter for men, women and children.

Restoration Houston

4075 Hollister
Houston, Tx. 77080
Ph. 832-675-5564

Shelter for individuals that have drug addiction, suffer from alcoholism, or having family problems-9 month program.

The Women's Home

607 Westheimer Road
Houston, Tx. 77006
Ph. 713-521-3150

Program for women ages 22-25 with substance abuse issues. Stay is 6-18 months.

InnerFaith Disciple House

17749 FM 2090
Conroe, Tx. 77306
Ph. 936-827-3113

Email: Innerfaithdisciplehouse.tx@gmail.com

www.innerfaithdisciplehouse.com

Transitional housing for men suffering from substance abuse or alcoholism. Biblically based program.

Associated Catholic Charities

www.catholiccharities.org

The Villa-a transitional housing facility for women and their children escaping from domestic violence.

FOOD PANTRIES

Many of the pantries in the region, churches, and food banks operate on limited hours. It is usually recommended that people who need help call in advance for hours of when groceries will be distributed, or to make an appointment. Never hesitate to call a location if you need assistance or are faced with an emergency. For more information on pantries or public food programs in Montgomery County Texas, dial 936.539.668

Montgomery County Food Bank

1 Prospect Point

Conroe, Tx. 77385

Ph. 936-271-8800

Email: info@mcfoodbank.org

<https://mcfoodbank.org>

Montgomery County Community Assistance Center

1022 McCall Street

Conroe, Tx 77301

Ph: 936-539-9211 (appts.)

<https://cac-mctx.org>

Hrs. Tues-Fri 8:30-11:30 & 1:00-4:00PM

St. Vincent De Paul Society

119 N. Frazier St.

Conroe, Tx. 77301

Ph. 936-539-1188

<https://www.svdpusa.org>

Food pantry opens up for those in need three times a week. Also, provides vouchers gift cards to grocery stores for other basic supplies.

Compassion United Terry's Table

18856 FM 1484 Rd.

Conroe, Tx. 77303

Ph. 936-274-3799

Email: info@compassionunited.us

Compassionunited.us

A food pantry serves over 900 individuals a month and CHOP-Conroe House of Prayer is a source for food to the homeless in downtown Conroe.

Conroe First Christian Church Soup Kitchen Salvation Army

3500 North Loop 336 W.

Conroe, Tx. 77304

Ph. 936-756-3554

www.firstchristianchurchconroe.org/community

Food pantry open every Wednesday 9-11:45AM serving zip codes: 77301-77302-77303-77304-77306 ID required.

Meals on Wheels

1202 Candy Cane Lane

Conroe, Tx 77301

Ph. 936-756-5828

Email: info@mowmc.org

www.mowmc.org

Conroe Church of Christ

1860 Longmire Rd.

Conroe, TX. 77304

Ph. 936-856-8988

<https://www.conroechurch.org>

West Conroe Baptist

1855 Longmire Rd.

Conroe, Tx. 77304

Ph. 936-760-1911

www.wcbc.us

Salvation Army/Soup Kitchen

304 Avenue E Conroe TX 77301

Ph. 936-760-2440

Salvationarmyhouston.org/Conroe

New Horizon Church of the Nazarene

1201 N. FM 3083 East

Conroe, TX.77303

Ph. 936-756-3507

www.conroenaz.org

Sacred Heart Catholic Church St. Vincent De Paul

109 N. Frazier, Building R

Conroe, Tx. 77302

Ph. 936-539-1188

<https://www.shconroe.org>

Grace Crossing

105 FM 1488

Conroe, Tx. 77384

Ph. 936-442-5700

<https://www.gracecrossing.church>

Tamina Community Center

18963 Main St.

Conroe, Tx. 77385

Ph. 281-465-4646

www.taminacenter.org

Assistance applying for SNAP food stamps, and single mothers with getting WIC vouchers for baby formula and other services.

Nourishment for the Needy

27351 Blueberry Hill St. #46

Conroe, Tx. 77385

Ph. 281-292-2695

<https://www.woodlandsonline.com>

Hrs. Tues.-Thurs. 9AM-2PM by appointment

Angel Reach

1107 San Jacinto

Conroe, Tx. 77301

Ph. 936-202-8498 OR 936-262-0186

East Texas Dream Center Mobile Pantry

301 S. 1st Street

Conroe, TX. 77301

Ph. 281-601-6800

<https://www.easttexasdreamcenter.org>

Creative Outreach-Community Hope

723 W Davis Street

Conroe TX 77301

Ph. 936-441-5433

<https://creativeoutreach.com>

Application process: Have valid ID; SS Cards; two types of proof of Montgomery County residency i.e. lease agreement, utility bill, and driver's license. Proof of emergent need. i.e. and proof of household income. Applications accepted Tues. – Friday 11AM-5PM

The Martin Luther King Center

603 South 6th Street

Conroe, Tx. 77301

Ph. 936-788-2468

Hrs. Mon-Fri. 4:00PM-8:00PM

Provides food, shelter to homeless women and children, refuge for battered women, referrals for drug addicted youth, and educational trips for children from low income families.

First Baptist Grangerland Church

15975 FM 3083

Conroe TX 77302

Ph. 936-231-2624

WIC OFFICE CONROE CLINIC

703 East Davis

Conroe, TX – 77301

Ph. 936-539-3399

Lone Star WIC Clinic

605 S Conroe Medical Dr

Conroe, TX 77304

Ph. 936-788-5301

Houston Website for WIC offices:

<http://www.womeninfantschildrenoffice.com/houston-wic-clinics-texas-wcc2785>

Texas Website for WIC offices:

<http://www.womeninfantschildrenoffice.com/texas-wic-clinics-wcs42>

First Baptist Church of Groceville

19256 FM 1484

Cut 'N' Shoot, Tx. 77306

Ph. 936-264-1868

<https://fbcgroceville.com>

Willis Parent Center-Willis ISD inside of Roark Early Education Center

606 N. Campbell St.

Willis, Tx. 77378

Ph. 936-856-5691

<https://www.willisisd.org>

Offers family and individual

The Local Church (TLC)

110 East FM 1097

Willis, Tx. 77378

Ph. 936-856-8317

Hrs. M-F. 10AM-1PM Only serve Willis residents

Wildwood United Methodist

89111 FM 1488

Magnolia, Tx. 77354

Ph. 832-934-0100

St. Matthias Catholic Church Society of St. Vincent De Paul

302 Magnolia Blvd.

Magnolia, Tx. 77355

Ph. 281-259-7300

Society of Samaritans (S.O.S.)

31355 Industrial Lane

Magnolia, Tx. 77355

Ph. 281-259-8452

Food pantry provides emergency boxes of groceries or serves hot meals.

Friendship Center-Magnolia

31355 Friendship Lane

Magnolia, Tx. 77355

Ph. 281-259-6665

Interfaith Ministries-Magnolia

31355 Industrial Lane, Suite#500

Magnolia, Tx. 77355

Ph. 936-539-9211

Montgomery County United Methodist Church

22548 Hwy. 105 West
Montgomery, Tx. 77356
Ph. 936-597-6162

Montgomery County Texas Friendship Center

102 Liberty Street
Montgomery, Tx. 77356
Ph. 936-756-5828

Dacus Baptist Church Mobile Food Pantry

5403 North FM 1486
Montgomery, Tx. 77356
Ph. 936-597-5279

Lake Church Food Pantry

1701 McCaleb Rd.
Montgomery, Tx. 77316
Ph. 361-500-2296

Coat of Many Colors

25941 Fawn Forest Rd.
Montgomery, Tx. 77356
Ph. 936-597-4179

Creative Outreach Ministries

P.O. Box 1325
Montgomery, Tx. 77356
Ph. 936-449-5433
Email: info@creativeoutreach.com
<https://creativeoutreach.com>

Community Hope is an assistance program that provides food and clothing for those in need.

St. Anthony's Bread

7801 Bay Branch Drive
The Woodlands, Tx. 77382
Ph. 832-482-4210

Interfaith of The Woodlands

4242 Interfaith Way
The Woodlands, Tx. 77381
Ph. 281-367-1230
Email: info@interfaithcommunity.clinic.org

Food pantry available to individuals and families who need assistance. A Veggie Village is a community garden project that provides healthy produce items to those in need.

Friendship Center of The Woodlands

2235 Lake Robbins
The Woodlands, Tx. 77380
Ph. 281-292-6353

The Mission NE

1600 Lake Front Circle, Suite#201
The Woodlands, Tx. 77380
Ph. 281-292-4155

StoneBridge Food Pantry

1 StoneBridge Church Drive
The Woodlands TX 77382
Ph. 281-789-7080

The Way Church Food Pantry

24418 I-45 North
Spring, Tx. 77386
Ph. 281-681-8922

Gateway Baptist Church

2930 Rayford Rd.
Spring, Tx. 77386
Ph. 281-363-4500

Friendship Center-New Caney

21679 McLeskey Road
New Caney, Tx. 77357
Ph. 281-354-1223

<http://www.mowmc.org/>

Iglesia Adventista del Septimo Dia New Caney

19893 FM 1485 Rd.
New Caney, Tx. 77357-7309
Ph. 509-540-4507

St. John of the Cross

20000 Loop 494
New Caney, Tx. 77357
Ph. 281-399-9008

New Caney Family Worship Center

23214 FM 1485 East
New Caney, Tx. 77357
Ph. 281-785-2430

New Caney New Horizons, Inc.

18642 US Hwy. 59
New Caney, Tx. 77357
Ph. 281-689-8500

Peach Creek Baptist Church Food Pantry

25963 FM 1485 East
New Caney, Tx. 77357
Ph. 281-399-9025

Heaven's Army of Resources

19325 FM 1485

New Caney, Tx. 77357

281-689-5864

Heavensarmy-tx.org

Food pantry open 3 days a week.

New Caney Government Office

21130 Hwy. 59 North

New Caney, Tx. 77357

Ph. 281-577-8979

Has a list of food pantries in the area. Assists with applying for food stamps, health care and other aid.

Mission NE

22098 Loop 494

New Caney, Tx. 77357

Ph. 281-354-1200

Free food bank includes dairy, meals for kids, soup, cereals, household cleaning supplies, and more.

Friendship United Methodist Church

22388 Ford Rd.

Porter, Tx. 77365

Ph. 281-354-2326

New Beginnings Baptist Church of Patton Village

16715 Main Street

Splendora, Tx. 77372

Ph. 832-401-6989

First Mission of Mercy

25980 FM 2090

Splendora, Tx. 77372

HAAM

1301 1st St. East

Humble, Tx. 77338

FURNITURE, CLOTHING, OTHER NEEDS

Montgomery County Community Assistance Center

1022 McCall Ave.

Conroe, Tx 77301

Ph: 936-539-9211 (appts.)

Website: <https://cac-mctx.org>

Hrs. Tues-Fri 8:30-11:30 & 1:00-4:00PM

Services include: counseling, education, employment, financial literacy, life skills, nutrition, parenting skills, food pantry, clothing vouchers, disaster relief.

St. Vincent De Paul Society

119 N. Frazier St.

Conroe, Tx. 77301

Ph. 936-539-1188

<https://www.svdpusa.org>

Provides vouchers for furniture, clothing, transportation (gasoline), and gift cards to grocery stores for other basic supplies.

Compassion United

P.O. Box 2582

Conroe, Tx. 77305

Ph. 936-274-3799

Email: info@compassionunited.us

Compassionunited.us

Provides clothing to transitional housing residents.

First Baptist Church Benevolent Program

600 N. Main St.

Conroe, Tx. 77301

Ph. 713-957-5863

Provides ESL and literacy classes T. * Th. 9-11AM or Wed. 6-8PM. Gowns are provided for Prom annually to young women in need. Counseling Center provides low cost counseling services.

Society of Samaritans (S.O.S.)

31355 Industrial Lane

Magnolia, Tx. 77355

Ph. 281-259-8452

Vouchers for medications or medical equipment and a clothing closet for work or school clothing for those in need. Elder care is provided to elders in need of physical or financial assistance to live independently. This can include home delivered meals, necessary home repairs, or routine maintenance.

Montgomery County Texas Friendship Center

102 Liberty Street

Montgomery, Tx. 77356

Ph. 936-756-5828

Wesley Community Center The Woodlands Office

1600 Lake Front Circle, Suite 201

Woodlands, Texas 77380,

Ph. 713-223-8131 OR 936-539-9211

Bridge to Career opportunities offers scholarships for CAN, CDA, and phlebotomy certification. Career development assists with job searches, resume building, coaching on workplace decorum, GED, and higher education if desired. Income support assist with applying for government benefits, and financial coaching offers financial literacy classes.

Interfaith Ministries

101 Pine Manor in Oak Ridge North

The Woodlands, Tx. 77384

Ph. 281-364-7889

Email: info@interfaithcommunity.clinic.org

Prescription drug assistance-for those without medical insurance; gasoline assistance-vouchers only; clothing vouchers-used at Hand Me Up Shop only; benefits assistance-assists clients with applying and managing benefits offered through Health and Human Services Commission (HHSC); Kids 4 Kids school supplies; holiday gift giving; hosts ESL and financial classes; and provides nutritional meals for children lunches in Conroe ISD.

Mission Northeast

22098 Loop 494

New Caney, Tx. 77357

Ph. 281-354-1200

www.missionne.org

Job training, ESL and adult literacy classes, a summer learning and skills program for children, Project Mammogram site, helps families who live in unhealthy, unsafe environments by assisting with home repairs, yard cleanup, building ramps for wheelchairs, utilities and more.

Good Shepherd Mission

P.O. Box 7281

Huntsville, Tx. 77340

Ph. 936-291-8156

thegsmision.org

Provides clothing, furniture, bedding and necessity housewares, counseling, work assistance, and substance abuse recovery program (9 months in length). Walker County residents only!

MEDICAL/MENTAL HEALTH RESOURCES

Medication/Medical Care Resources

Lone Star Health Montgomery County

605 S. Conroe Medical Dr.

Conroe, Tx. 77304

Ph. 936-539-4004

Clinic Hrs. M-F. 8-5PM; Pharmacy & Lab. Open until 5:30PM Closed 12-1PM for lunch daily.

Walk-in after hours clinic M-F. 5-9PM Sat. 9AM-1PM

440 Rayford Rd., Suite #150

Spring, Tx. 77386

Hrs. M-F 8-5PM Closed 12-1PM for lunch daily

9516 West FM 1097, Suite#140

Willis, Tx. 77318

Hrs. M-F 8AM-5PM, closed 12-1PM for lunch daily

13905 Grangerland Rd.

Conroe, Tx. 77306

Hrs. Mondays 3PM-7PM Thursdays 8AM-12PM and 3PM-7PM

www.lonestarbehavioralhealth.com

General medical care, psychiatric services, therapy, and dental care. Sliding scale available.

Montgomery County Hospital District (MCHD) Health Care Assistance Program

1400 S. Loop 336 West, Suite#150

Conroe, Tx. 77304

<https://www.mchd-tx.org/health-care-assistance/>

Services indigent health care program to eligible, low income Montgomery County residents who have no other public or private health care benefits. MCHD contracts for services with local physicians, hospitals, and other providers. Check online for eligibility requirements and for application.

Montgomery County Public Health Clinic

1300 South Loop 336 West

Conroe, Tx. 77304

Ph. 936-523-5020

Mcpkd-tx.org/public-health-clinic/

Hrs. M-Th. 8AM-5PM Fridays 8AM-12PM Closed for lunch 12-1PM M-Th.

Services include immunizations for children and adults, STD testing and treatment, and TB testing and treatment. Uninsured, Medicaid eligible, American Indian or Alaskan native, if private insurance does not cover vaccines, or insurance only covers certain vaccines or there is an annual cap limit on how much insurance will cover.

Interfaith Community Clinic

101 Pine Manor Drive

Oak Ridge North, Tx. 77385

Ph. 281-364-7889

Provides primary medical care including management of both acute and chronic health problems.

Childhood immunizations, health and lifestyle education and social service support and advocacy.

St. Hope Foundation-Conroe

Conroe, Tx. 77301

Ph. 936-441-2440

<https://offeringhope.org>

Offers online prescription refills at a discounted cost. Offers treatment for primary medical care, HIV, Hepatitis B & C, diabetes, podiatry, vision, and behavioral health.

Montgomery County Crisis Assistance Center

1022 McCall Avenue

Conroe, TX. 77301

Ph. 936-539-9211 for appts. OR 936-539-1096 general information

Email: info@cac-mctx.org

<https://cac-mctx.org>

Permanent Supportive Housing program that works to promote independent living while connecting people to community-based healthcare, treatment, and employment services through case management.

PACN-Well Woman Clinic

Ph. 832-299-1961

Hrs. Mon. & Wed. 9AM-3PM

<https://www.pacn.org>

PACN is a non-profit pregnancy medical clinic that serves women and men by offering No-Cost Services for those who qualify. Services include: pregnancy testing, and one time ultrasound, pregnancy verification (a requirement for Medicaid or other state health insurance programs), referrals for medical, housing, and other social services, and STD/HIV testing. Groups offered free of charge include: relationship class-for married or unmarried couples; parenting class; and CARE program for post-abortive women and men to find closure and healing.

Pregnancy Assistance Center North (PACN)

115 North San Jacinto

Conroe, Tx. 77301

Ph. 936-441-6442

Hrs. Mon.-Th. 10AM-5PM & Tues. & Th. Evenings 6:30-8:30PM

26464 I-45 North

Spring, Tx. 77386

Ph. 281-367-1518

Hrs. Mon.-Th. 9AM-5PM & 6:30-8:30PM, Friday 9Am-1PM

Catholic Charities

Guadalupe Center

Ph. 713-227-9981 Or 713-526-4211

<https://catholiccharities.org>

Services include food assistance, health screenings, nutrition education, case management, rent and utilities assistance, and referrals for other community resources.

Legacy Community Health (multiple locations)

Ph: 713-351-7360

<https://www.legacycommunityhealth.org/services/behavioral-health/>

For a listing of Federally Qualified Health Centers (FQHCs) or other low-cost clinics

Gateway to Care Navigators: dial 713-783-4146 to find the closest location.

St. Vincent De Paul

119 N. Frazier St.
Conroe, Tx. 77301
Ph. 936-539-1188

<https://www.svdpusa.org>

Operates a food pantry, clothes closet, and provides assistance with medical, utility and housing costs.

Partnership for Prescription Assistance

1022 McCall Ave.
Conroe, TX. 77301
Ph. 888-477-2669

<https://medicineassistancetool.org/>

<https://www.pparx.org>

Search engine designed to help patients learn about resources through biopharmaceutical industry. These include discounts for medications, free prescriptions of coupons for new medications introduced to the market within the past 2 years, and discount pharmacy cards.

UTMB RMCHP-Conroe

701 E. Davis St.
Conroe, Tx. 77301
Ph. 409-266-1888

The UTMB Regional Maternal Child Health Program of Conroe provides women and their family's health care, counseling and education on pregnancy, and other women's health issues. They also offer health family planning and breast/cervical cancer screening services.

Dental Health Resources

Lone Star Health Montgomery County-Conroe ONLY!

605 S. Conroe Medical Dr.

Conroe, Tx. 77304

Ph. 936-539-4004

<https://www.lonestarfamily.org/patient-services/dental-services/>

Clinic Hrs. M-F. 8-5PM; Pharmacy & Lab. Open until 5:30PM Closed 12-1PM for lunch daily.

Walk-in after hours clinic M-F. 5-9PM Sat. 9AM-1PM

Interfaith Community Clinic

101 Pine Manor Drive

Oak Ridge North, Tx. 77385

Ph. 281-364-7889

<https://interfaithcommunityclinic.org>

Primary dental care, limited extractions, restorations, and oral hygiene care.

University Dental Center-U of H Campus

6410 Fannin St. Suite#310

Houston, Tx. 77030

Ph. 713-500-7171

UTHealth Dentistry

700 N. Sam Houston Parkway West

Houston, Tx. 77067

Ph. 832-828-1446

Dentistry.uth.edu

Services available for adults and children 13 and older, children 5-12 years of age, and special needs (medically complex). Endodontics, oral and maxillofacial surgery, orthodontics, periodontics, prosthodontics, advanced general and hospital dentistry, and pediatric dentistry.

UTHealth Dental School

7500 Cambridge Street

Houston, TX. 77054

Ph. 713-635-4000

UTHealth Pediatric Dentistry

Houston Medical Center Plaza

6655 Travis St. Suite#460

Houston, Tx. 77030

Ph. 713-500-8220

St. Hope Foundation-Conroe

Conroe, Tx. 77301

Ph. 936-441-2440

<https://offeringhope.org>

Full dentistry services available for low income families in a sliding scale and indigent care needs.

Mental Health Resources-Crisis

Dial 911 and request a Crisis Intervention Team or CIT Officer from Precinct 1 in Montgomery County or Call 936-539-7821 (Conroe) 936-856-6329 (Willis) for a MH Crisis Intervention Team Officer

Tri County Behavioral Healthcare Psychiatric Emergency Treatment Center (PETC)

706 Old Montgomery Rd.

Conroe, Tx. 77301

Call the Crisis Hotline#1-800-659-6994

<http://www.tricountyservices.org/crisis-services>

MHMRA Neuropsychiatric Center (NPC)-24 hour emergency psychiatric facility

1502 Taub Loop

Houston Tx. 77030

Call the toll-free, 24 Hr. National Suicide Prevention Lifeline at 1-800-273-TALK (8255)

www.theharriscenter.org

The Harris Center for Mental Health and IDD

9401 Southwest Freeway

Houston, Tx. 77074

Ph. 713-970-7000

www.theharriscenter.org

Crisis Hotline#1-866-970-4770 Inpatient services for individuals who need crisis stabilization

Harris County Psychiatric Hospital (HCPC)- University of Texas

2800 S. Macgregor Way

Houston, Tx. 77021

Ph. 713-741-5000

<http://hcpc.uth.tmc.edu/>

Inpatient and outpatient hospitalization for acute psychiatric care. Children adolescents, and adult services. Walk-ins' welcome. Accepts indigent patients, private insurance, and uninsured. 7 day average stay. For Harris county residents only.

Crisis Intervention of Houston

Hotline: 713-HOTLINE/713-468-5463

Spanish hotline: 713-526-8088

Teen: 713-529-TEEN/713-529-8336

<http://www.crisishotline.org>

Crisis intervention, counseling, and referral information. Suicide prevention includes crisis response team, community education, and a survivor of suicide support group, open 24/7.

Houston Police Crisis Intervention Response Team (CIRT)

Ph. 713-884-3131 (Request CIRT Team Officer)

<http://www.houstoncirt.org>

IF there is not an immediate threat of danger but someone is acting out due to his/her mental state and you live in the City of Houston, call the non-emergency number and request a CIT Team officer.

National Suicide Prevention Lifeline Ph: 800-SUICIDE (784-2433)

Memorial Hermann – Mental Health Crisis Clinic

18338 S. Memorial Dr. Suite#106
Humble, Tx. 77338
Ph. 713-338-MHCC (6422)

10780 Westview Drive Suite C
Houston, Tx. 77043
Ph. 713-338-MHCC (6422)

4850 W. Bellfort
Houston, TX. 77035
Ph. 713-338-MHCC (6422)
www.memorialhermann.org

MCOT (Mobile Crisis Outreach Team-Houston)

Ph. 713-970-7520

Crisis intervention for those unable to access hospital facility and who are at risk for hospitalization. The MCOT team will come to the patient in psychiatric crisis to assess the situation and help determine whether hospitalization or other treatment is appropriate.

Texana Center

24 Hour Crisis Hotline 1-800-633-5686

Serving Fort Bend, Austin, Colorado, Matagorda, Waller and Wharton counties

United Way of Greater Houston Helpline

Ph. 211 or 713-957-4357

LGBT Houston 24 Hour Hotline

Ph. 713-529-3211

Mental Health Resources Non-Emergency

Tri County Behavioral Healthcare locations (non-emergencies)

7045 Hwy. 75 South
Huntsville, Tx. 77340
Ph. 936-291-5800

<http://www.tricountyservices.org/>

2004 Truman
Cleveland, Tx. 77327
Ph. 281-432-3000

Applications accepted and services provided at this location for Mental Health/IDD & C&A

2000 Panther Ln.
Liberty, Tx. 77575
Ph. 936-334-3299

Applications accepted and services provided at this location for Mental Health/IDD & C&A

233 Sgt. Ed Holcomb
Conroe, Tx. 77304
Ph. 936-521-6300 OR 936-521-6200 (IDD services)

<http://www.tricountyservices.org/>

MH Screening, Assessment, intake, full levels of care (adults and children), criminal justice services, Substance Abuse screening, assessment, outpatient treatment, COPSD (adults and children), Substance abuse prevention services for at risk youth, YES waiver and RTCI for at risk youth, PASSR assessments, IDD Crisis Intervention. Integrated healthcare, peer services, and Continuity of Care at all locations

Interfaith Community Clinic

101 Pine Manor Drive
Oak Ridge North, Tx. 77385
Ph. 281-364-7889

Individual, couples and family counseling services.

St. Hope Foundation-Conroe

1414 S. Frazier St. Suite#105
Conroe, Tx. 77301
Ph. 936-441-2440

<https://offeringhope.org>

Sliding scale, indigent mental healthcare Dr. Pharies, M.D. psychiatrist.

Woodland Springs

15860 Old Conroe Rd.
Conroe, Tx. 77384
Ph. 936-270-7520

Woodlandspringshealth.com

Lone Star Health Montgomery County

605 S. Conroe Medical Dr.

Conroe, Tx. 77304

Ph. 936-539-4004

<https://www.lonestarbehavioralhealth.com/mental-health-services-conroe-tx>

Clinic Hrs. M-F. 8-5PM; Pharmacy & Lab. Open until 5:30PM Closed 12-1PM for lunch daily.

Walk-in after hours clinic M-F. 5-9PM Sat. 9AM-1PM

440 Rayford Rd., Suite #150

Spring, Tx. 77386

Hrs. M-F 8-5PM Closed 12-1PM for lunch daily

9516 West FM 1097, Suite#140

Willis, Tx. 77318

Hrs. M-F 8AM-5PM, closed 12-1PM for lunch daily

13905 Grangerland Rd.

Conroe, Tx. 77306

Hrs. Mondays 3PM-7PM Thursdays 8AM-12PM and 3PM-7PM

www.lonestarbehavioralhealth.com

Licensed staff counselors provide individual, family, and group therapy for mental and behavioral health challenges.

Topics include but are not limited to abuse, ADD/ADHD, Anxiety, behavior problems, bipolar disorder, bullying, codependency, dementia, depression, grief, hoarding, internet addiction, OCD, phobia's, substance abuse, suicide, trauma and more

Aspire

2006 South Loop 336 W. #500

Conroe, Tx. 77302

Ph: 936-647-3500

www.aspirehealthcorp.com

The Woodlands Integrative Care Hospital

1006 Windsor Lakes Blvd. Suite#200

Conroe, Tx. 77384

Ph: 281-383-9366

www.wicarehospital.com

Cypress Creek Behavioral Healthcare

17750 Cali Drive

Houston, Tx. 77090

Ph: 281-586-7600

www.cypresscreekhospital.com

Kingwood Pines Behavioral Healthcare

2001 Ladbrook Drive

Kingwood, Tx. 77339

Ph: 281-404-1001

www.kingwoodpines.com

Intracare North Hospital

1120 Cypress Station

Houston, Tx 77090

Ph. 281-893-7200

www.intracare.org

Services include children's inpatient and day treatment; adolescent acute patient, partial hospitalization, and adolescent family services; adult inpatient psychiatric, adult chemical dependency services; and Adult PHP and IOP services

Harris Health Behavioral Health Program (multiple locations)

Eligibility: 713-566-6509 Appointments: 713-526-4243

harrishealth.org

Houston Behavioral Healthcare Hospital

2801 Gessner Rd.

Houston, Tx. 77080

Ph. 832-834-7710

www.houstonbehavioralhealth.com

Lone Star Behavioral Health Inpatient

16303 Grant Rd. Cypress, Tx. 77429

Ph. 281-516-6200 (inpatient)

www.lonestarbehavioralhealth.com

Lone Star Behavioral Health specializes in mental health issues, drug abuse and alcohol abuse. Services include short-term hospitalization, acute inpatient hospitalization for alcohol or drug abuse, and intensive outpatient (IOP) services.

Lone Star Behavioral Health Outpatient

30903 Quinn Rd.

Tomball, Tx. 77375

Ph. 281-351-6644 (outpatient) Main# 800-793-0725

www.lonestarbehavioralhealth.com

Westpark Springs Hospital

6902 South Peek Road

Richmond, Tx. 77407

Ph. 832-535-2770

Westparkspringsinfo.spsh.com

Services include mental health, substance use, and co-occurring disorders for adults, adolescents and children. Services offered are inpatient and outpatient programs with an alumni support group. Services are also available for first responders

Menninger Clinic

12301 Main Street

Houston, Tx. 77035

Ph. 713-275-5400

www.menningerclinic.com (Financial assistance IS available)

West Oaks Hospital

6500 Hornwood

Houston, Tx. 77074

Ph. 713-995-0909

Excel Center Katy Tx.

2900 Commercial Blvd. Suite#102
Katy Tx. 77494
Ph. 281-647-0020

Excel Center Friendswood

111 E. Edgewood Dr.
Friendswood, Tx. 77546

Hornwood Clinic

6612 Hornwood Dr. Suite E
Houston, Tx. 77074
Ph. 713-774-0606

Services include children's mental health program ages 5-12, to help children cope with emotional and behavioral problems that interfere with everyday life. Adolescent mental health programs specifically designed to enhance problem solving, communication skills and self-esteem in teens ages 13-17. Adult programs include mental health stabilization, substance use disorders, detox, and inpatient outpatient substance abuse treatment for adults and adolescents.

Behavioral Hospital of Bellaire

5314 Dashwood Drive Suite
Ph. 713-741-5000 or 1-800-423-0017

Services include a women's program designed specifically for victims of domestic violence, rape, post-partum depression and other female specific issues; inpatient psychiatric care intensive and stabilization; adolescent services for ages 12-17 for individuals experiencing behavioral disturbances or an inability to function at home or school both inpatient services only; and outpatient programs for adults 18 and older for continued care and monitoring of mental health, and services provided in a positive group environment.

COMMUNITY SUPPORT GROUPS

Depression and Bipolar Support Alliance/ReMIND

Monday – Friday, 8AM-5PM (call hours)

Ph. 713-600-1131

Free Support Groups. Day and night group offered on Tuesdays at Christ Church United Methodist in The Woodlands (see link for handout of other local DBSA/ReMIND groups)

<https://www.remindsupport.org/media/files/files/c17261ad/remind-grouplist-04182019.pdf>

National Alliance on Mental Illness (NAMI Houston Chapter)

NAMI Greater Houston

P.O. Box 66270

Houston, Tx 77266-6270

Ph. 713-970-4419

<https://namigreaterhouston.org/supportgroups/>

Free support groups for anyone diagnosed with or living with someone who has a mental health diagnosis. Family groups also available.

1st and 3rd Wednesday each month and every Sat. 6-7:30PM meetings are held at:

The Woodlands Integrative Healthcare

1006 Windsor Lakes Blvd. #200

Conroe, Tx. 77384

Ph. 281-383-9366

2nd and 4th Wednesdays each month meetings are held at:

Trinity Episcopal Church

3901 S. Panther Creek Dr.

The Woodlands, Tx. 77381

6:30-8:00PM

Ph. 281-367-8113

Montgomery County Women's Center

The Woodlands Counseling Office

1600 Lake Front Circle

The Woodlands, Tx. 77380

Ph. 936-441-4044 Ext 37 OR Crisis Line: 936-441-7273

MCWCTX.org

Offers support groups for survivors of family and sexual violence and their families. Groups are offered on Tuesday and Thursday evenings. Spanish speaking group meets at 1401 Airport Rd. Conroe, Tx 77301. Participants will need to be screened prior to starting group. Counseling is provided to both children and adults, males, and females. Counseling is also open for family and friends of survivors. Counseling is free of charge and is available for up to 6 months.

Life Giving Life-The Recovery Project

14740 Liberty St.

Montgomery, Tx. 77346

Ph. 512-662-9041

<https://www.lifegivingliferecovery.com/>

Substance abuse and alcohol recovery support groups, individual counseling, and 12 Step Programs.

Survivors of Suicide (SOS)

The Woodlands United Methodist
1st and 3rd Tuesday, 7:00-8:30pm in Allen Parlor, Age 18+

Mims Baptist Church (SOS)

1609 Porter Rd.
Conroe, Tx. 77303
Wednesday's 5:45PM

Grand Central Church (SOS)

1115 Houston St.
Conroe, TX. 77301
Monday's 7PM

Montgomery County Youth Services-YES

Provides group counseling on topics such as: aggressive behaviors, divorce, grief, effective communication, social skills, and gender-specific issues for teens.

Family Time Crisis and Counseling Center

Crisis Line: 281-446-2615
1203 South Houston Ave.
Humble, Tx. 77338
Ph. 281-446-2615

Familytimeccc.org

Weekly support groups for adult female victims of abuse. Provides parenting classes, anger management classes, and divorce classes for a fee ranging from \$25-\$80 per person.

West Conroe Baptist

1855 Longmire Rd.
Conroe, Tx. 77304
Ph. 936-760-1911
Celebrate Recovery meets every Thursday night 7-9PM in Bldg. 11.

The ARK Church

450 Humble Tank Rd.
Conroe, Tx. 77304
936-756-1988
Varies call for more information

First Baptist Church

600 N. Main St.
Conroe, Tx. 77301
936-756-6601
Varies call for more information

Grace Crossing Church

105 FM 1488
Conroe, Tx. 77384
936-442-5700
Varies call for more information

Vineyard Church of Conroe

1126 N. San Jacinto St.

Conroe, TX. 77301

Ph. 936-538-6444 or Metro-936-441-6776

www.conroevineyard.org

Growth groups weekly on a variety of topics. Good, clean, sober fun.

The Woodlands United Methodist Church

2200 Lake Woodlands Drive

The Woodlands, Tx. 77380

Ph. 281-297-5953

caring@twumc.org

Offers support groups for combat trauma, Alzheimer's/dementia, grief recovery, parents of adult children, job search, early childhood parenting, Parkinson's Disease, infertility/adoption, survivors of suicide, and addictions support groups.

Emergency Chaplain Group

PTSD Foundation of America

Ph. 281-651-2661 (Mon-Fri, 9-5)

peersupport@emchap.org

PTSD peer support for fire, law enforcement, & EMS. Schedule is as follows:

Thursday evenings- 6:00PM (weekly)

Tomball Regional Medical Center-First Floor Conference Room

605 Holderrieth Blvd.

Tomball Tx. 77375

Monday Evenings-7:00PM (weekly)

Spring Baptist Church

633 E. Louetta Rd.

Spring, Tx. 77373

Hope for Hurting Moms – meets 1st & 3rd Mondays 10:00am

Contact sherry@mosaicsofmercy.com for more info

Al-Anon

www.al-anon.org

Al-Ateen

www.al-anon.alateen.org

Jamie Edwards / Family Coach

www.therefugecenterhouston.com

Nar-Anon

www.nar-anon.org

More Than Conquers Ministries (pornography & sex addiction) Mike & LeighAnn Schweser
Helping men overcome sex addiction through proven biblical strategies & scientific facts. Help &
support wives whose husbands battle with these strongholds
Contact: weareromans837@gmail.com

The Addict's Mom Sharing Without Shame Facebook Page

Eating Disorders Family Group (Online)
www.eatingrecoverycenter.com/families/portal/online-community

ANAD-Support Group-Anorexia Nervosa

LOW COST/SLIDING SCALE COUNSELING CENTERS

Family Services of Greater Houston

719 Sawdust Rd., Suite#309
The Woodlands, Tx. 77380
Ph. 713-861-4843 (Spanish Speaking Services available)
www.familyservices.org

Provides counseling for children and adults, individuals and families, and veterans. Accept all major insurance plans and offer sliding scale.

Cornerstone Mental Health

2804 Lake Rd. Suite#6
Huntsville, Tx. 77340
Ph. 936-230-5888

Interfaith of The Woodlands

101 Pine Manor in Oak Ridge North
The Woodlands, Tx. 77384
Ph. 281-364-7889
info@interfaithcommunity.clinic.org

Offers family counseling, family coaching, and counseling services. Might be able to offer Spanish speaking, however, there may be a longer wait for these services.

The Jack Staggs Clinic

Counselor Education Center
1932 Bobby K. Marks Drive
Huntsville, Tx. 77341
Ph. 936-294-1121

The clinic is a training facility for Master's and Doctoral level students who are enrolled in the counseling program at Sam Houston State University. Counseling program faculty supervise all counseling sessions. Offer individual, couples, family, adult, children and adolescent counseling. FREE

SHSU Community Counseling Clinic

3380 College Park Dr. Room 151
The Woodlands, Tx. 77384
Ph. 936-202-5012

The clinic is a training facility for Master's and Doctoral level students who are enrolled in the counseling program at Sam Houston State University. Counseling program faculty supervise all counseling sessions. Offer individual, couples, family, adult, children and adolescent counseling. FREE

The Psychological Services Center at SHSU

1528 Avenue J
Huntsville, Tx. 77380
Ph. 936-294-1210

Monday-Friday, 8AM-5PM Clinical training center for doctoral students enrolled clinical psychology doctoral training program. Students are supervised by a licensed psychologist. Provided services to individuals and families, children, adults, and adolescents. Services available on a sliding scale basis.

Montgomery County Youth Services-YES

105 W. Lewis St.
Conroe, Tx. 77301
Ph. 936-756-8682
conroe@youthmc.org

7045 Hwy. 75 S.
Huntsville, Tx. 77340
Ph. 936-293-1003
huntsville@youthmc.org

31355 Friendship Dr.
Magnolia, Tx. 77355
Ph. 281-259-0440
magnolia@youthmc.org

21575 U.S. Hwy. 59 North, #204
New Caney, Tx. 77357
Ph. 281-354-2654
newcaney@youthmc.org

8701 New Trails, Suite#118
The Woodlands Tx. 77381
Ph. 281-292-6471
woodlands@youthmc.org

Provides crisis intervention, crisis response team, skills training, group counseling, a Hispanic Mothers Group offered at Conroe location, healthy support for pregnant and parenting teens and pregnancy prevention services.

Tumaini Foundation

25910 Oak Ridge Dr.
The Woodlands, Tx. 77380
Ph. 281-465-HOPE (4673)
info@tumainifoundationusa.org
tumainifoundationusa.org

Provides individual counseling, group counseling, and supporting health and wellness programs. Counseling for children will require involvement of the family in a therapeutic group setting. Contracts for counseling are in 8 week increments, to be evaluated at the end of each term. Fees are assessed based on needs of individuals and families. Employ a sliding scale formula for fees as well as opportunities for clients to donate/volunteer hours instead of payment.

Ann's Place

9595 Six Pines Dr., Suite#8210
The Woodlands, Tx. 77380
Ph. 936-697-2822
www.annsplacetexas.org

Provides couples and family counseling. Marriage and family therapist training program. Counseling is provided on a sliding scale, sessions start as low as \$20 per hour. Actual session rate will be based on household income.

First Baptist Church Benevolent Program

600 N. Main St.
Conroe, Tx. 77301
Ph. 713-957-5863

Provides ESL and literacy classes T. * Th. 9-11AM or Wed. 6-8PM. Gowns are provided for Prom annually to young women in need. A counseling center is open and available to anyone seeking help.

The Good Shepherd Mission

1005 Martin Luther King Dr.
Huntsville, Tx. 77320
Ph. 936-291-8156
Email: gsmmission@suddenlink.net
thegsmmission.org

Offers counseling for crisis intervention, marital, addiction, rehabilitation, grief, and spiritual.

SAAFE House

P.O. Box 1893
Huntsville, Tx. 77342
Main Office: Ph.936-291-3529 OR 24/7 HOTLINE: 936-327-2513 or 936-291-3369
Counseling for victims of domestic violence and sexual assault. Serves Huntsville and Trinity.

The Grief Resource Center

25775 Oak Ridge Dr. Suite#150
The Woodlands, Tx. 77380
Ph. 281-292-6800
Email: counseling@tgrconline.org
www.tgrconline.org

Individual, couples, families, marriage, adolescents, and children.

Lone Star Family Health Center

605 South Conroe Medical Drive
Conroe, TX. 77304
Ph. 936-539-4004
www.lonestarbehavioralhealth.com

440 Rayford Rd. Suite#150
Spring, Tx. 77386
Ph. 832-246-8700
www.lonestarfamily.org

Mental health by a psychiatrist and licensed counselors. Accept Medicaid, CHIP, and Medicare or self-pay. Sliding scale available for those in need. *NOTE: While these counseling facilities offer reduced rates, they may only be able to reduce the fee to \$75 per session. Please call each center directly to ask about reduced rates.

The Bridge Counseling Center

420 W. Lewis St.

Conroe, TX 77301

936-441-8255

Counseling for individuals, families, couples, adolescents, and children.

The Center for Mighty Marriages and Families

704 N. Thompson St., Suite#188

Conroe, TX. 77301

Ph. 936-703-5029

<https://www.mightymarriages.org>

Individual, family and couples counseling. Marriage or remarriage preparation counseling, and marriage intensive for couples in crisis or dealing with major conflict. Weekly group counseling on sexual and pornography addictions for men. Only serious inquiries should contact for days/times. Videoconferencing available.

Counseling Center of Montgomery County

212 Conroe Drive

Conroe, TX. 77301

Ph. 936-760-1880 OR 936-760-2915

Email: ccmc@counselingcentermoco.com

www.counselingcentermc.com

Groups offered weekly including: Anger management, Anger Management for Domestic Violence, Substance and Alcohol recovery, productive parenting, parenting education and stabilization (court approved), coping skills, communication skills, understanding relationships, setting boundaries, life skills, goal setting, and relaxation and stress management,

Mental Health Resource Center

1915 N. Frazier Suite#102

Conroe, Tx. 77301

936-494-4357

Northwest Houston Location

10601 Grant Rd. #112

Houston, Tx. 77070

New Caney/East Montgomery County

17892 N. Hwy. 59

New Caney, Tx. 77357

<http://www.mentalhealthresourcecenter.com/>

Provides group counseling for substance and alcohol abuse (Intensive Outpatient-IOP; Supportive Outpatient-SOP, Aftercare Program, and Relapse Prevention Track), anger management, and occupational license classes.

Christian Counseling of Houston

26010 Oak Ridge Drive Suite#105

The Woodlands, TX. 77380

www.christiancouns.org

Counseling offered Monday-Thursday from 9:30AM-5:30PM. Each appointment lasts 50-55 minutes.

Reduced rate fee is \$110 per session

Beyond Your Best Counseling

1544 Sawdust Rd. Suite #402
The Woodlands, Tx. 77380
Ph. 936-900-8566
<https://www.beyondyourbestcounseling.com>

Behavioral and Counseling Services

Susan Good, LPC, RPT
703 Everett
Conroe, Tx. 77301
Email: sgood@sgoodtherapy.com
www.sgoodtherapy.com
Individual, family, and children. Sliding scale options may be available based in client need.

Marriage Revolution Counseling Services

1111 League Line Rd.
Conroe, Tx. 77303
Ph. 281-296-3160
info@marriagerevolution.com
<https://www.marriagerevolution.org>
Marriage and pre-marriage counseling in communication, conflict resolution, forgiveness, expectations, roles, anger, and intimacy issues. Virtual counseling and individual counseling available on depression, anxiety, and motivation/direction. Biblically based counseling services.

The Woodlands Family Institute

www.wfipc.com
Adolescent Boys, Young Adults, EMDR

Family Time Crisis and Counseling Center

Crisis Line: 281-446-2615
1203 South Houston Ave.
Humble, Tx. 77338
281-446-2615
Familytimeccc.org
Provides counseling for individuals, families, couples, teens, play therapy, parenting education classes, emotion management class. No fee for intake session, all other fees are charged on a sliding scale. Does not accept insurance. Does have free counseling program for victims of abuse but not all clients will be eligible.

Menninger Clinic (1 of the top 10 in the country, affiliated with Baylor College of Medicine)

12301 S. Main St.
Houston, Tx. 77035
713-275-5400
www.menningerclinic.com
Treats complex mental illness, severe mood disorders, personality disorders, anxiety, and addictive disorders. Services for adults, young adults, adolescents, and children. Inpatient and outpatient available.

Faith Bible (Affordable, \$15 / session)

www.faithbible.org

True North

www.truenorthtw.com

Compass Tree Counseling

www.compasstreecounseling.com

Hope & Freedom

www.hopeandfreedom.com

Dr. Milton Magness Intensive for sex addiction (men), couples, and adolescents

Peace of Mind (OCD)

www.peaceofmind.com

Shield Bearer (sliding scale counseling & support groups)

www.shieldbearer.org

Hope and Healing Center

www.hopeandhealingcenter.org

PARENTING/ADOLESCENT SERVICES

Allied Coparenting & Family Academy

212 Conroe Drive
Conroe, Tx. 77301
Ph. 936-760-1880

<https://ourfamilyacademy.com>

Outpatient groups include parent education and stabilization, allied co-parenting class, productive parenting, anger management, substance and alcohol recovery, and understanding alienating behaviors (over 30 groups a week). Coaching reunification, therapeutic supervised visitation, and parent facilitation counseling services. Offer child custody evaluation and expert consultation.

Motivation Education and Training, Inc. (Healthy Outcomes through Prevention and Early Support-DFPS)

Ph. 281-689-5544

Parent education, family support, home visitation, parent groups, child health development screenings, case management, basic needs support, transportation, resource, and referrals.

Montgomery County Youth Services-YES

105 W. Lewis St.
Conroe, Tx. 77301
Ph. 936-756-8682
conroe@youthmc.org

7045 Hwy. 75 S.
Huntsville, Tx. 77340
Ph. 936-293-1003
huntsville@youthmc.org

31355 Friendship Dr.
Magnolia, Tx. 77355
Ph. 281-259-0440
magnolia@youthmc.org

21575 U.S. Hwy. 59 North, #204
New Caney, Tx. 77357
Ph. 281-354-2654
newcaney@youthmc.org

8701 New Trails, Suite#118
The Woodlands Tx. 77381
Ph. 281-292-6471
woodlands@youthmc.org

Provides individual and family counseling on topics such as: child behavior problems, communication, coping with divorce or loss, parent and child relationships, peer and school problems, roles and expectations, runaway behaviors and truancy. Also provides youth education on anger management,

coping and life skills, grief, and parenting. Also services for healthy support for pregnant and parenting teens and pregnancy prevention services.

Big Brothers & Big Sisters-Lone Star

Ph. 972-573-2339 OR 888-887-2447 (open 24/7)

Community-based mentoring and school-based mentoring.

MET, Inc.

Ph. 281-689-5544

Parent education and training, home visitation, basic needs support, resource and referral.

National Parent Helpline

Ph. 1-855-427-2736

Emotional support from trained advocate, downloadable parent education materials on topics such as- education and educational advocacy; internet safety; state resources; health and mental health; parenting and co-parenting; personal safety; teen dating and sex; traveling with children; veteran's, active military and military families; and developmental stages for 0-18 years old.

Community Partners of Montgomery County

2017 N. Frazier St.

Conroe, TX. 77304

Ph. 713-501-3561

Email: bmfc@gmail.com

Rainbow room ran by local CPS that provides emergency supplies including school supplies, car seats, formula, personal hygiene items, toys and children's books, new children's clothing, household items, blankets, and pack 'n' play portable play yards.

The HAY (Houston Alumni and Youth) Center

1216 West Clay Street

Houston, Tx. 77019

Ph. 832-927-7000 M-F. 9AM-6PM

www.haycenter.org

A Transition Center in Region 6 of Child Protective Services Dept. Services are provided to foster youth transitioning to adulthood. Services include employment, education, housing, mental health, and life skills programs for ages 16-21.

Texas Education Code for Foster Youth

Ph. 1-800-233-3405

www.dfps.tx.us

State College Tuition Waiver for foster youth currently or formerly in conservatorship of the TDFPS and for those adopted from DFPS. You must have enrolled in a state supported college or university before your 25th birthday.

http://www.dfps.state.tx.us/Child_Protection/Youth_and_Young_Adults/Education/documents/College_Resource_Chart.pdf

PREGNANCY SERVICES

Catholic Charities

Guadalupe Center

Ph. 713-227-9981 Or 713-526-4211

<https://catholiccharities.org>

Pregnancy testing, education, counseling, parenting classes, and adoption services.

Pregnancy Assistance Center North (PACN)

115 North San Jacinto

Conroe, Tx. 77301

Ph. 936-441-6442

Hrs. Mon.-Th. 10AM-5PM & Tues. & Th. Evenings 6:30-8:30PM

26464 I-45 North

Spring, Tx. 77386

Ph. 281-367-1518

Hrs. Mon.-Th. 9AM-5PM & 6:30-8:30PM, Friday 9Am-1PM

PACN-Well Woman Clinic

Ph. 832-299-1961

Hrs. Mon. & Wed. 9AM-3PM

<https://www.pacn.org>

PACN is a non-profit pregnancy medical clinic that serves women and men by offering No-Cost Services for those who qualify. Services include: pregnancy testing, an one time ultrasound, pregnancy verification (a requirement for Medicaid or other state health insurance programs), referrals for medical, housing, and other social services, and STD/HIV testing. Groups offered free of charge include: relationship class-for married or unmarried couples; parenting class; and CARE program for post-abortive women and men to find closure and healing.

Birthright of Montgomery County

1300 S. Frazier St. Suite#214

Conroe, Tx. 77301

Ph. 936-337-4433 OR 24/7 Hotline# 1-800-550-4900

1502 1st St. Suite F

Humble, Tx. 77338

Ph. 281-540-1123

<https://birthright.org>

Information for pregnancy, childbirth, adoption, prenatal care, community programs, parenting skills and childcare. Referrals for medical support, financial resources, housing, legal, social assistance and professional counseling available. Resources for pregnancy tests and baby items. Free hotline or live chat online for support.

UTMB RMCHP-Conroe

701 E. Davis St.

Conroe, Tx. 77301

Ph. 409-266-1888

The UTMB Regional Maternal Child Health Program of Conroe provides women and their family's health care, counseling and education on pregnancy, and other women's health issues. They also offer health family planning and breast/cervical cancer screening services.

Depelchin Children's Center

2940 FM 2920 Suite #150

Spring, Tx. 77388

Ph. 281-367-7707 OR for appts. 713-730-2335

<https://www.depelchin.org/depelchin-childrens-center-services/>

Guides and supports birth mothers, provides temporary care or forever homes for children in foster care, provides adoption services to mothers and fathers, offers post-adoption support to adoptees, birth parents and adoptive families, free individual and family counseling to help families address a range of issues including behavioral problems, parenting programs to build healthy relationships, and school-based counseling offered to support youth struggling with a range of issues or problems in school.

East Texas Dream Center Mobile Pantry

301 S. 1st Street

Conroe, TX. 77301

Ph. 281-601-6800

<https://www.easttexasdreamcenter.org>

HOPE pregnancy program provides parent education, life recovery classes, and life skills.

Montgomery County Public Health

1300 S. Loop 336 West

Conroe, Tx. 77304

Ph. 936-523-5020

<https://mcphd-tx.org>

Services provided include adult and children's immunizations, STD testing and treatment and TB testing and treatment. Mon.-Th. 8AM-5PM, Fri. 8AM-12PM

Elizabeth's Place

(281) 297-5902

The Center for Postpartum and Family Health

www.cpfh.org

A Mother's Sanctuary

www.amsmothers.com

JOB RESOURCES

Texas Workforce Solutions-Conroe Texas

2018 IH-45 North

Conroe, Tx. 77301

Ph. 936-441-0037 OR 866-278-6597

www.wrksolutions.com/find-a-location

Provides listing of employment needs in the area, provides reemployment services, free computer, fax and telephone access when applying for employment, assistance with resume and introduction letter building, interview skills through mock interviews, fund scholarships for training and education in certain high-skill, high growth jobs-scholarships may pay for child care while attending school; tuition, fees, books; required clothing for employment; tools and testing costs for licenses necessary to gain employment (a list of employment areas targeted for scholarship funding please visit their website under Financial Aid), and Workforce Solutions Skill Development Seminars covering topics such as adult basic education classes, ESL, job readiness, general computer literacy training, GED preparation, pay for GED testing, and parenting classes.

Heaven's Army-Home of Amazing Grace

19325 FM 1485W.

New Caney, Tx. 77357

Ph. 281-689-5864

www.heavensarmyofresources.com

Jobs for FelonsHUB

<https://www.jobsforfelonshub.com/locations/jobs-for-felons-in-conroe-texas>

An extensive listing of companies in the Conroe, Texas area that will hire individuals with a felony record. Listing includes real time employment openings for the companies listed to apply.

People Ready Employment Agency

1717 N. Frazier St. Suite#N

Conroe, Tx. 77301

Ph. 936-756-2600

Email: 1419-br@peopleready.com

www.peopleready.com/locations/Conroe-tx-1419

Mission Northeast

22098 Loop 494

New Caney, Tx. 77357

Ph. 281-354-1200

www.missionne.org

Job training assistance, Adult literacy and ESL classes.

Pacesetter Personnel Services

900 W. Dallas St.
Conroe, Tx. 77301
Ph. 936-756-0220

<https://pps.com/about/>

Facilitates hiring of general day labor for local companies.

Online Job Search Engines:

<http://www.worklooker.com/tx-montgomery-county-jobs.php>

<https://www.indeed.com>

<https://www.snagajob.com>

<https://www.ziprecruiter.com>

<https://helpforfelons.org/jobs-for-felons-in-texas/>

***Twelve states do not allow any felony conviction information older than seven years to be reported.**

- California
- Colorado*
- Kansas*
- Maryland*
- Massachusetts
- Montana
- Nevada
- New Hampshire*
- New York *
- **Texas** *
- Washington*

***Pay salary grade**

MILITARY AND VETERAN'S SERVICES

Conroe VA Outpatient Clinic

690 South Loop 336 West Suite#300

Conroe, Tx. 77304-3320

Ph. 936-522-4000 OR 713-794-8985 OR toll free 1-800-639-5137

https://www.houston.va.gov/locations/Conroe_VA_Outpatient_Clinic.asp

Hours of Operation: Mon-Fri. 8AM-4:30PM Closed weekends

Services include: Behavioral Health for individual and group counseling (specialty groups include PTSD, Substance Use Disorder (SUD), & Anger Management), Women's health, MST services, Tele-health services, audiology services, General Diagnostic radiology/fluoroscopy, retinal imaging, laboratory blood draw services, Specialty PA's for Orthopedic, Podiatry, and ENT Services, OEF/OIF PCSW case management, MOVE Program, Diagnostic ultrasound-nontransvaginal, CT Radiology, with/without contrast, Occupational/Physical Therapy, Optometry, Home-based primary care, limited prosthetics services, home telehealth care coordinator (referral from PCP required), claims and benefits counseling, and dental care (requires special eligibility). Provided flu shots available must contact PACT or Preventive Medicine Program at Michael E Debakey VA Medical Center 713-794-8768. All prescriptions are mailed to the home address of the veteran served. Urgent care IS NOT available at this location.

Michael E Debakey VA Medical Center-Houston Texas

2002 Holcombe Blvd.

Houston, Tx. 77030

Ph. 713-791-1414 OR toll-free 1-800-553-2278

<https://www.houston.va.gov/index.asp>

Veteran's Services Offices

Conroe Office

2247 North First St. Suite #219

Conroe, Tx. 77301

Ph. 936-539-7842

Email: vetsvc@mctx.org

Magnolia Office

1st and 3rd Wednesdays from 8AM to noon

West Montgomery County Community Center

31355 Friendship Drive

Magnolia, Tx. 77355

Ph. 936-538-7842

New Caney Office

East Montgomery County Senior Center

21679 McCleskey Rd.

New Caney, Tx. 77357

Ph. 936-538-7842

By appt. Fridays 8AM to noon

Tri-County Military Veteran Peer Network (MVPN)

233 Sgt. Ed Holcomb

Conroe, Tx. 77304

Ph. 936-521-6132

Ashley Taylor, M.S., Army Veteran Coordinator

Email: ashleyT@tcbhc.org

The main goal for the MVPN Coordinator is to locate Veterans who are interested in becoming trained peer mentors to provide peer-to-peer support for local Veterans and their families. Support services include peer groups, one-on-one peer mentoring, social groups, peer court mentoring (Veteran's Court Program in Montgomery County), and jail diversion for Veterans currently incarcerated in Montgomery County jail.

Network Telecare and Appointment Center: 713-794-8985 OR toll-free 1-800-639-5137

Veteran's Crisis Line: 1-800-273-TALK (8255)

ONLINE Resources:

<https://www.houston.va.gov/docs/LocalCommunityResourcesforVeteransHealth.pdf>

To find locations about resources in your area click on this link and the link to the area of Texas you are seeking information for.

<https://www.ebenefits.va.gov/ebenefits/homepage>

To access veteran benefits or learn more about available benefits. Disability compensation, education benefits, certificate of eligibility for home loan, vocational rehabilitation, employment, military personnel files, pension benefits, VA letters, VA prescription refills, direct deposit of benefits, and DOD Tricare Health Insurance info.

<https://www.veteranscrisisline.net/>

Veteran's Crisis Line. Call or chat online, text 838255 with assistance for deaf/hard of hearing 1-800-799-4889. Serves all Veteran's, all service members, Natl. Guard and Reserve, and their family members.

<https://www.myhealth.va.gov/mhv-portal-web/home>

Online managed healthcare system. Request prescription refills, make and check appointments for VA medical care, email VA healthcare team members, speak with a nurse for consultation, view, print and copy VA medical records, and access VA mobile apps for tracking healthcare.

<https://veterans.portal.texas.gov/>

Texas Veteran's Portal connects veterans, their families, and caregivers to the benefits earned through their military service. Texas Veteran's Phone app available.

<https://twc.texas.gov/jobseekers/texas-operation-welcome-home>

Ph. 512-936-6024

Texas Workforce Commission has partnered with Texas Workforce Solutions network to assist recently separated service members who are experiencing challenges I translating their military skills into civilian

terms, locating employment, completing two- to four-year college programs or obtaining the appropriate licensure or certifications to compete in the job market. Skills for Transition Program Overview and Application available on this website. Veteran's resource and referral directory.

DOMESTIC VIOLENCE/SEXUAL ASSAULT SERVICES

Montgomery County Women's Center

The Woodlands Office

1600 Lake Front Circle Suite#100
The Woodlands, Tx. 77380
Ph. 936-441-4044

Conroe Office Administration

1401 Airport Blvd.
Conroe, Tx. 77301
Ph. 936-441-7273

Something Special Resale Shop

19073 I-45 South
Shenandoah, Tx. 77385
Ph. 281-292-0443
Mon.-Sat. 9AM-6PM

Provides a 24-hour hotline, safe shelter, crisis intervention counseling, advocacy, and legal services to survivors of family violence, sexual assault or stalking. Provides services including-residential programs (emergency shelter and transitional housing); community and school-based educational outreach programs, legal services, domestic violence and sexual assault advocacy, individual counseling, and support groups.

Children's Safe Harbor

1519 Oddfellow Street
Conroe, Tx. 77301
Ph. 936-756-4644

<https://childrenssafeharbor.org>

A children's advocacy center that provides services such as forensic interviewing, family advocacy, counseling services and medical services to child victims of sexual assault. Family and child receive mental health services, family advocate assist with resources, and provides support as the criminal case moves through the criminal justice system.

Montgomery County Youth Services-YES

105 W. Lewis St.
Conroe, Tx. 77301
Ph. 936-756-8682
conroe@youthmc.org

Walker County
7045 Hwy. 75 S.
Huntsville, Tx. 77340
Ph. 936-293-1003
huntsville@youthmc.org

West Montgomery County

31355 Friendship Dr.

Magnolia, Tx. 77355

Ph. 281-259-0440

magnolia@youthmc.org

Montgomery County Youth Services-YES**East Montgomery County**

21575 U.S. Hwy. 59 North, #204

New Caney, Tx. 77357

Ph. 281-354-2654

newcaney@youthmc.org

South County-The Woodlands

8701 New Trails, Suite#118

The Woodlands Tx. 77381

Ph. 281-292-6471

woodlands@youthmc.org

Provides individual and family counseling on topics such as: child behavior problems, communication, coping with divorce or loss, parent and child relationships, peer and school problems, roles and expectations, runaway behaviors and truancy. Also provides youth education on anger management, coping and life skills, grief, and parenting. Also services for healthy support for pregnant and parenting teens and pregnancy prevention services.

Montgomery County Sheriff's Office-Victim Services

#1 Criminal Justice Dr.

Conroe, Tx. 77301

Ph. 936-760-5800

http://www.mctxsheriff.org/residents/victim_services/links.php

Access Victim services in Montgomery County, read about Victim's Rights, access Crime Victims Compensation, Protective Orders, Filing Charges, Safety Plans, and helpful links to state and national resources. Natl. Teen Dating Abuse helpline, Natl. Center for Exploited Children-Online Safety Tips, Child Support Division, and TexasLawHelp. Telephone contacts for: The Abuse Hotline Texas Dept. of Regulatory Services; Texas Crime Victim's Clearing House; TDCJ Pardons and Paroles Victim Services Office; MH/MR Consumer Services; Missing Persons Clearinghouse-Texas DPS; Domestic Violence Hotline; Runaway Hotline; Women's Advocacy; Family Violence Legal Hotline; Governor's Citizen Assistance; Texas Crime Stoppers; Alcoholics Anonymous; Mothers Against Drunk Driving; and National AIDS Hotline.

<http://referral.unitedwayhouston.org> To find local counseling services throughout SE Texas.

Aid to Victims of Domestic Abuse (AVDA)

Ph. 713-224-9911 or Natl. hotline 1-800-799-SAFE (7233)

Associated Catholic Charities

www.catholiccharities.org

The Villa-a transitional housing facility for women and their children escaping from domestic violence.

SAAFE House

P.O. Box 1893

Huntsville, Tx. 77342

Ph.936-291-3529 OR 24/7 HOTLINE: 936-327-2513 or 936-291-3369

Counseling for victims of domestic violence and sexual assault. Serves Huntsville and Trinity.

Family Time Crisis and Counseling Center

Crisis Line: 281-446-2615
1203 South Houston Ave.
Humble, Tx. 77338
Ph. 281-446-2615
Familytimeecc.org
Weekly support groups for adult female victims of abuse.

SHSU Counseling Center (confidential)

1608 Ave. J
Huntsville, TX 77341
Ph. 936-294-1720 Fax: 936-294-3794

SHSU Health Center (confidential)

1608 Ave. J
Huntsville, TX 77341
Ph. 936-294-1805 Fax: 936-294-1804

UT Employee Assistance Program (confidential)

(Offers free, convenient, and confidential services for employees, their spouse or live-in partner, and eligible dependent children.)
Ph. (713) 500-3327 or toll free (800) 346-3549
<http://www.uteap.org>
User Name: uteap Password: uteap

SAAFE House (confidential)

1426 Sam Houston Ave.
Huntsville, TX 77340
Ph. 936-291-3529| OR 24/7 Hotline 936-291-3369
www.saafehouse.org
(Offers, confidential services for those experiencing sexual assault, domestic violence, stalking, and child abuse.)

The Woodlands Center Resources

The Woodlands Police Department

9200 Grogan's Mill
The Woodlands, TX. 77380
Ph. 281-297-6500

St. Luke's Hospital

17200 St. Luke's Way
The Woodlands, TX. 77384
Ph. 936-266-6000

Memorial Hermann Hospital

9250 Pinecroft Dr.
The Woodlands, TX. 77380
Ph. 713-897-2300

National Resources

National Sexual Assault Hotline

Ph. 1-800-656-HOPE

<http://www.rainn.org/>

National Domestic Violence Hotline (Phone and Online Chat) (confidential)

Ph. 1-800-799-7233

<http://www.thehotline.org/>

LEGAL ASSISTANCE

Houston Volunteer Lawyers (HVLV)

Ph. 713-228-0735

Representation in general civil legal matters and family law matters.

Lone Star Legal Aid

Ph. 713-652-0077

Family and other civil legal matters.

University of Houston Legal Aid Clinic

Ph. 713-743-2094

Civil and Family law matters.

South Texas College of Law

Ph. 713-652-0009

Simple Divorces

Texas Southern University School of Law Clinic

Ph. 713-313-1139

Family, civil, housing, consumer, and immigration.

Southeast Texas Legal Clinic

Ph. 713-523-7852

General civil matters for HIV clients.

NAACP Legal Redress Program

Ph. 713-526-3389

Family law, probate, landlord/tenant, consumer, services for persons with HIV/AIDS.

Aid to Victims of Domestic Abuse (AVDA)

Ph. 713-224-9911

Counseling and legal representation.

Harris County Domestic Relations Office

713-755-6757

Enforcement of child support, visitation, and paternity establishment.

Dispute Resolution Center

Ph. 713-755-8274

Mediation services for disputes between neighbors, family members, landlord/tenant, employer/employee, and consumer matters.

Houston Area Women's Center (HAWC)

Ph. 713-528-2121

Assist with divorces, protective orders, modifications, enforcement, limited services for non-domestic violence needs.

Associate Catholic Charities

www.catholiccharities.org

The Villa-a transitional housing facility for women and their children escaping from domestic violence.

LegalLine

Ph. 713-759-1133 OR

Lone Star Legal Aid

412 West Lewis St

Conroe, Texas 77301

Ph. 713-652-5911 Or 713-652-0077

Montgomery County Women's Center

731 West Davis

Conroe, Tx. 77301

Ph. 936-760-4179 x-300

Email: crisis@mcwthewoodlands.org

http://www.mcwthewoodlands.org

Legal services provided to victims of domestic violence, sexual assault or stalking.