

Checking your benefits just got easier

MetLife’s mobile app puts convenience in the palm of your hands. You can quickly access and manage your benefit information — anytime, anywhere.

Dental Insurance¹

- Find a dentist
- PPO Plans Only -
- Plan based cost estimator for dental procedures
- View your claims
- Track your brushing and flossing
- View and save ID card

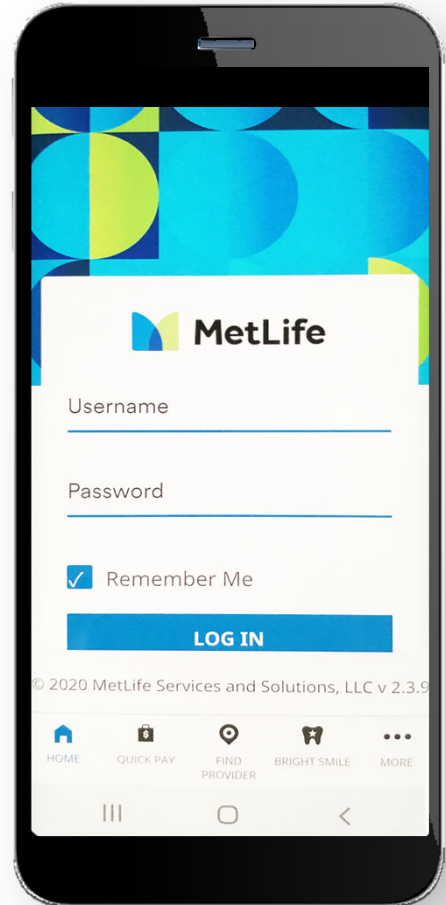
Vision Insurance

- Find a provider

Accident & Health

- View coverage details
- Submit claims
- View claim status
- Upload documents

Plus, view your current coverage for Critical Illness Insurance and Group Accident.



It is easy to get the MetLife US Mobile app

Search “MetLife” in the App Store® or Google Play® and download the MetLife US Mobile App, or scan these QR codes.

1. Certain features of the MetLife mobile app are not available for some MetLife dental plans.

Like most group benefit plans, benefit plans offered by MetLife and its affiliates contain certain exclusions, exceptions, waiting periods, reductions, limitations, and terms for keeping them in force. Please contact MetLife or your plan administrator for complete details.



Metropolitan Life Insurance Company | 200 Park Avenue | New York, NY 10166

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