

Mini-Mental Status Examination

The Mini-Mental Status Examination offers a quick and simple way to quantify cognitive function and screen for cognitive loss. It tests the individual's orientation, attention, calculation, recall, language and motor skills.

Each section of the test involves a related series of questions or commands. The individual receives one point for each correct answer.

To give the examination, seat the individual in a quiet, well – lit room. Ask him/her to listen carefully and to answer each question as accurately as he/she can.

Don't time the test but score it right away. To score, add the number of correct responses. The individual can received a maximum score of 30 points.

A score below 20 usually indicates cognitive impairment.

The Mini-Mental Status Examination

Name _____ DOB _____
 Years of School _____ Date of Exam _____

Orientation to Time	Correct	Incorrect
What is today's date?	<input type="checkbox"/>	<input type="checkbox"/>
What is the month?	<input type="checkbox"/>	<input type="checkbox"/>
What is the day of the week today?	<input type="checkbox"/>	<input type="checkbox"/>
What is the year?	<input type="checkbox"/>	<input type="checkbox"/>
What season is it?	<input type="checkbox"/>	<input type="checkbox"/>
Total:		

Orientation to Place	Correct	Incorrect
Whose home is this?	<input type="checkbox"/>	<input type="checkbox"/>
What room is this?	<input type="checkbox"/>	<input type="checkbox"/>
What city are we in?	<input type="checkbox"/>	<input type="checkbox"/>
What county are we in?	<input type="checkbox"/>	<input type="checkbox"/>
What state are we in?	<input type="checkbox"/>	<input type="checkbox"/>
Total:		

Ask if you may test his/her memory. Then say "ball", "flag", "tree" clearly and slowly, about 1 second for each. After you have said all 3 words, ask him/her to repeat them – the first repetition determines the score (0-3):

Immediate Recall	Correct	Incorrect
Ball	<input type="checkbox"/>	<input type="checkbox"/>
Flag	<input type="checkbox"/>	<input type="checkbox"/>
Tree	<input type="checkbox"/>	<input type="checkbox"/>
Total:		

A. Ask the individual to begin with 100 and count backwards by 7. Stop after 5 subtractions.
Score the correct subtractions.

Attention	Correct	Incorrect
93	<input type="checkbox"/>	<input type="checkbox"/>
86	<input type="checkbox"/>	<input type="checkbox"/>
79	<input type="checkbox"/>	<input type="checkbox"/>
72	<input type="checkbox"/>	<input type="checkbox"/>
65	<input type="checkbox"/>	<input type="checkbox"/>
Total:		

B. Ask the individual to spell the "WORLD" backwards. The score is the number of letters in the correct position.

Attention	Correct	Incorrect
D	<input type="checkbox"/>	<input type="checkbox"/>
L	<input type="checkbox"/>	<input type="checkbox"/>
R	<input type="checkbox"/>	<input type="checkbox"/>
O	<input type="checkbox"/>	<input type="checkbox"/>
W	<input type="checkbox"/>	<input type="checkbox"/>
Total:		

Ask the individual to recall the 3 words you previously asked him/her to remember.

Delayed Verbal Recall	Correct	Incorrect
Ball	<input type="checkbox"/>	<input type="checkbox"/>
Flag	<input type="checkbox"/>	<input type="checkbox"/>
Tree	<input type="checkbox"/>	<input type="checkbox"/>
Total:		

Show the individual a wristwatch and ask him/her what it is. Repeat for pencil.

Naming	Correct	Incorrect
Watch	<input type="checkbox"/>	<input type="checkbox"/>
Pencil	<input type="checkbox"/>	<input type="checkbox"/>
Total:		

Ask the individual to repeat the following:

Repetition	Correct	Incorrect
"No if, ands, or buts"	<input type="checkbox"/>	<input type="checkbox"/>

Give the individual a plain piece of paper and say, "Take the paper in your hand, fold it in half, and put it on the floor."

3 Stage Command	Correct	Incorrect
Takes	<input type="checkbox"/>	<input type="checkbox"/>
Folds	<input type="checkbox"/>	<input type="checkbox"/>
Puts	<input type="checkbox"/>	<input type="checkbox"/>
Total:		

Hold up the card reading: "Close your eyes" so the individual can see it clearly. Ask him/her to read it and do what it says. Score correctly only if the individual actually closes his/her eyes.

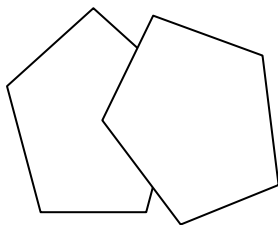
Reading	Correct	Incorrect
Closes his/her eyes.	<input type="checkbox"/>	<input type="checkbox"/>

Give the individual a piece of paper and ask him/her to write a sentence. It is to be written spontaneously. It must contain a subject and verb and be sensible.

Writing	Correct	Incorrect
Write sentence containing a subject and verb and is sensible	<input type="checkbox"/>	<input type="checkbox"/>

Give the individual a piece of paper and ask him/her to copy a design of two intersecting shapes. One point is awarded for correctly copying the shapes. All angles on both figures must be present, and the figures must have one overlapping angle.

Copying	Correct	Incorrect
Copy a design of two intersecting shapes	<input type="checkbox"/>	<input type="checkbox"/>



Total Score: _____