

# City of October 2016 **MORRISTOVN**Tennessee

# TN Brain Games & Walk

The Morristown Senior Gamers will host the 2016 Senior Brain Games on Friday, October 7 at the 1<sup>st</sup> United Methodist Church. A free healthy lunch will be served at 11:00 am, and the program follows at 11:30. The Morristown Senior Gamers will defend their title against teams from East, Middle, and West TN.

We all want to stay healthy and independent as we age. Brain health is maintained through exercise, healthy eating, care of overall health, brain



stimulation, and social connection. While age and family history are risk factors, other things such as diet, exercise, and lifestyle are believed to have an influence. The 2016 Senior Brain Games is an opportunity to learn more about how healthy lifestyle choices can help you maintain both a healthy body *and* a healthy brain.

Because physical activity is one of the most important things an older adult can do for health, we will begin the day at 9:15 a.m. in the City Center for the **Mayors' Walk** with Mayor Gary Chesney and Mayor Bill Brittain.

Once again, we hope to see you on Friday, October 7th, for more information on the TN Senior Brain Games, please feel free to visit our website at <a href="http://www.tn.gov/aging/">http://www.tn.gov/aging/</a>.

## **BOO Fest**



Marking its 13th year on October 24 at Fred Miller Park is BOO Fest 2016!

BOO Fest has become one of the largest events for Morristown's Parks & Recreation Department Each year an average of 35 vendors set-up creative spellbinding booths to hand out candy and goodies while competing for "The Best Booth" prize and bragging rights. BOO Fest's main goal is to offer a safe alternative for trick-or-treating. The trail along Fred Miller Park transforms

into a trick-or-treating haven each year. We invite families with children to come and trick-or-treat around the trail and visit all the booths. The night promises to be "**spooktacular**". Only children ages 2-12 are allowed in with full costumes, 13 and up may wear costumes but will not be allowed in with face paintings or masks.

Community Events October 4th & 18th@5pm

> Council Meeting at City Center

October 4th at 11:30

Paint the Town Pink

at Courthouse



Starlite Cinema "Halloweentown" at Fred Miller Park

October 22-23

41st Annual Mountain Makins' Festival

at Rose Center

#### **Citizens Survey**

For the sixth consecutive year the City of Morristown will be participating in the National Citizens Survey (NCS). The survey was developed to provide a valid survey of resident opinions about the community and the services provided.

The survey forms are sent out to a random selection of Morristown residents. This year's survey should be appearing in mailboxes soon. If yours is one of the households to receive a survey, please complete and send it back. The city will use the results to see what changes need to be made in Morristown and it will help us to make informed decisions for the betterment of our community.

It won't take much of your time to make a big difference.

#### **Annual Street Maintenance**



The City of Morristown had a 2 million dollar budget available for paving this season. The contractor Summers-Taylor began work on July 13th. They paved approximately 10 miles of City streets. The contractor just recently finished the crosswalks on W. Main Street. There are a few steps and several pieces of equipment involved in installing the colored stamped crosswalks. Some of those steps involved to get the end product in-

clude heating up the asphalt and then placing a metal pattern on the asphalt to form the permanent brick looking pattern. The asphalt then cools and hardens to the pattern. The next step is adding the color and then installing a sealant. After the

sealant dries the brick patterned crosswalk is complete. The contractor is continuing to work to finish up the thermoplastic markings. This includes the lines, stop bars, parking places, and handicap symbols. This should be wrapped up soon. The City of Morristown is currently reassessing all the streets in the city for future projects.



### Fassler Recognized by MPD

Patrol Sergeant John Fassler was recognized for his dedicated service to the Morristown Police Department's Crisis Negotiations Team at last month's training; he has served on the team for more than 15 years. Chief Roger Overholt, Team Command-

er Major Michelle Jones and Team Assistant Commander Lieutenant Chris Hall presented Sergeant Fassler the award on August 26, 2016. Sergeant Fassler has over 29 years of service in Law Enforcement and has been with the MPD since Feb. 1997.

Sergeant Fassler is leaving the Crisis Negotiations Team after many dedicated years of service. He states, "I have enjoyed being on the team. It is a great team and I had a great time on it." Fassler will continue to serve on the team until the end of the year.



Sign up to receive our e-newsletter at: http://www.mymorristown.com/residents/city\_newsletter.php

#### Message from The Mayor

Any Morristown resident worth his historical salt knows the name Herbert S. Walters. The one time U.S. Senator remains the only city resident to ever serve in Congress. But "Hub" Walters would likely tell you making Morristown a better place was his higher calling.

A successful businessman, Senator Walters has proven to be one of the great philanthropists of our region. In 1955, the Walters Foundation was formed for the purpose of earning and distributing funds for religious, charitable, scientific, educational purposes and prevention of cruelty to children.

Last Friday I was privileged to participate in a luncheon recognizing and thanking the Walters Foundation for its gifts for 2016, totaling over \$600,000, to nine local agencies.

I like to say it's the "fabric" of Morristown's citizen makeup that recognizes challenges and takes them on.

Herbert Walters was one of the originals in the formation of our city fabric. His vision was important then, and remains so to-day.



Mayor Gary Chesney



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