

To All Parents and Guardians,

Teen vaping is an epidemic plaguing schools across the U.S. Electronic cigarettes are devices that utilize stored electricity to heat a liquid into vapors, which are then inhaled by the user. The liquid can be anything from a flavored water-type mixture to liquid nicotine to THC, the principal active element of marijuana. The purpose of this information is to educate parents about exactly what these devices are in order to increase awareness and vigilance as we collectively try to combat this issue.

Vaping is a serious health concern. As a community, we are all responsible for combating this issue. Please take the time to speak with your children about the dangers of vaping, smoking, and drug use.

Please view the provided resources below and share the information with others.

Resources

American Academy of Pediatrics

<https://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/Richmond-Center/Pages/Electronic-Nicotine-Delivery-Systems.aspx>

American Lung Association

<https://www.lung.org/stop-smoking/smoking-facts/impact-of-e-cigarettes-on-lung.html>

National Institute on Drug Abuse

<https://www.drugabuse.gov/publications/drugfacts/electronic-cigarettes-e-cigarettes>

Stanford University, Division of Adolescent Medicine

<http://med.stanford.edu/tobaccopreventiontoolkit/E-Cigs.html>