

KEEPING YOUR TEEN SAFE ON SOCIAL MEDIA

Teach your child to:

- NEVER use his/her full name when creating an account
- Only accept "friend requests" and to "follow" people they know personally
- NEVER post a nude or racy photo on ANY platform - it cannot be permanently deleted
- Never activate or allow location service functions inside gaming devices, apps, or on social media platforms



SEXTING 101

- Sexting involves sending someone sexually explicit messages or photographs
- Sexting is also known as "sending nudes"
- Research shows that 1 in 5 teens admit to sexting
- Many parents are generally unaware that their teen is engaged in sexting
- It is essential that parents talk to their child about sexting so that the child feels comfortable approaching you about the topic

Tips for monitoring devices:

- Guard your kids at the location level - keep internet devices out of the bedroom
- Guard your router/network signal
- Guard the device. Predators can communicate with children through iPhones, iPads, laptops, and gaming stations- anything with a chat feature
- Understand how each of your child's social media platforms work and monitor your child's usage of each one

