2021 Parks and Recreation Annual Report

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Recreation Advisory Commission

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Elaine Abernethy

James Buren

Emmett T. Drewry

Donald Hunter

Christopher Jennings

Stephanie Nelson

Frank Pino

James Williams

Bruce Carroll (Prince George School Liaison)

- <u>Basketball</u> The Parks and Recreation Department registered 165 youth for Basketball. There were (5) Mighty-Mite teams (ages 7-8); (4) Pee-Wee teams (ages 9-10); (4) Junior teams (ages 11-12); (4) Senior teams (ages 13-15 year). All teams were co-ed in 2021 due to low girl enrollment.
- <u>Baseball/Softball</u> The Parks and Recreation Department registered 254 boys for Baseball, 88 girls for Softball, and 79 boys and girls for Blastball. There were (9) Blastball teams (ages 3-4); (6) co-ed T-Ball teams (ages 5-6); (3) AA Coach pitch teams (ages 7-8); (2) Darlings Softball teams (ages 7-8); (4) AAA Baseball teams (ages 9-10); (2) Angels Softball teams (ages 9-10); (3) Majors Baseball teams (ages 11-12); (1) Ponytails Softball team (ages 11-12); (2) Babe Ruth Baseball teams (ages 13-16); and (1) Belles Softball team (ages 13-16).
- <u>Spring Soccer</u> The Parks and Recreation Department registered 361 youth for Spring Soccer. There were (4) Mini-Mite teams (age 4); (8) Mighty Mite teams (ages 5-6); (7) Pee-Wee teams (ages 7-8); (4) Junior teams (ages 9-11); (2) U14 Travel teams (ages 12-14); and (2) U18 teams (ages 15-18).
- <u>Girls Spring Field Hockey</u> The Parks and Recreation Department registered 42 girls for Spring Field Hockey. There were (4) teams, which played in tournaments in Lynchburg, Virginia Beach, and Williamsburg.

Sports Leagues (Continued)

- <u>Girls Spring Field Hockey</u>- The Parks and Recreation Department hosted the first Prince George Field Hockey Playday on Saturday, May 7, 2021 at Temple Park. There were (12) teams that participated in "This One's For Mom Playday" for Mother's Day.
- Fall Soccer The Parks and Recreation Department registered 321 youth for Fall Soccer. There were (6) Mini-Mite teams (age 4); (6) Pee-Wee teams (ages 5-6); (5) Junior teams (ages 7-8); (6) Senior teams (ages 9-11); (1) U14 Travel team (ages 12-14); and (1) U18 Travel team (ages 15-18).
- Football/Cheerleading The Parks and Recreation Department registered 167 youth for Football, and 135 youth for Cheerleading. Parks and Recreation Department is a member of Chesterfield Quarterback League (CQL). There were (2) Minors tackle teams (ages 8-9), (2) Juniors tackle teams (ages 10-11), (2) Senior tackle teams (ages 12-14), and (3) Flag football teams (ages 5-7).
- <u>Youth Wrestling</u> There was no wrestling for the 2020/2021 season due to Central Wellness Center renovation andCovid-19.
- <u>Girls Indoor Field Hockey for First Graders</u> The Parks and Recreation Department held an inaugural instructional field hockey league for first graders. There were (8) girls registered.
- <u>Girls Indoor Field Hockey</u> There was not an Indoor Field Hockey League for 2020/2021 season due to Covid-19.

Sports Leagues (Continued)

 <u>Dixie Softball World Series</u> - Parks and Recreation hosted the Dixie Softball World Series at JEJ Moore Athletic Complex July 23-27, 2021. There were (20) total teams from all over the South participating. There were (11) Darling teams (ages 7-8), and (9) Angels X-play teams (ages 9-10). Tennessee won the Darlings Championship, and South Carolina won the Angels XP-Play Championship.

Dixie Softball World Series

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Mother's Day Field Hockey Tournament





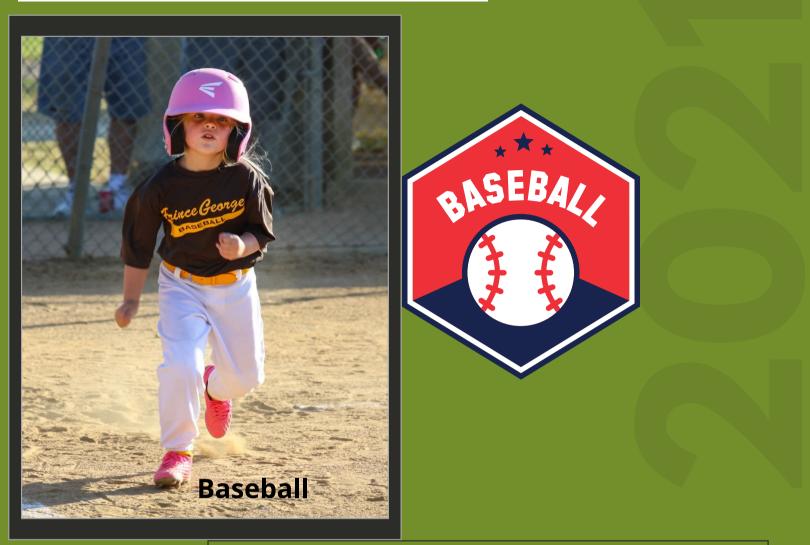
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CANVA STORIES



Cheerleading













Sports Camps

- <u>Girls Field Hockey Camp</u> Field Hockey Camp was held June 14-16, 2021 at Temple Park June 14-16, 2021. There were (15) girls (ages 7-15) who registered.
- <u>Mini-Mite Camp</u> Mini-Mite Camp was held June 22-24, 2021 at Prince George High School. There were (10) boys and girls (ages 3-4) who registered.
- <u>Boys Basketball Camp</u> Boys basketball camp was held July 19-21, 2021 at Clements Junior High School. There were (42) boys (ages 9-17) who registered. The camp was taught by PGHS Boys Varsity Basketball Coach.
- <u>Girls Basketball Camp</u> Girls basketball camp was held July 27-30, 2021 at Clements Junior High School. There were (15) girls (ages 7-18) who registered. The camp was taught by PGHS Girls Varsity Basketball Coach.
- <u>Cheerleading Camp</u> Cheerleading camp was held August 16-18, 2021 at Clements Junior High School. There were (47) girls (ages 5-14) who registered. The camp was taught by PGHS Varsity Cheerleaders and Coaches. Participants later preformed at a PGHS Varsity football game, along side Varsity Cheerleaders.
- <u>Football Camp</u> Football camp was held July 12-14, 2021 at Clements Junior High School. There were (70) boys (ages 6-14) who registered. The camp was taught by PGHS Varsity Football Staff.

Sports Camps

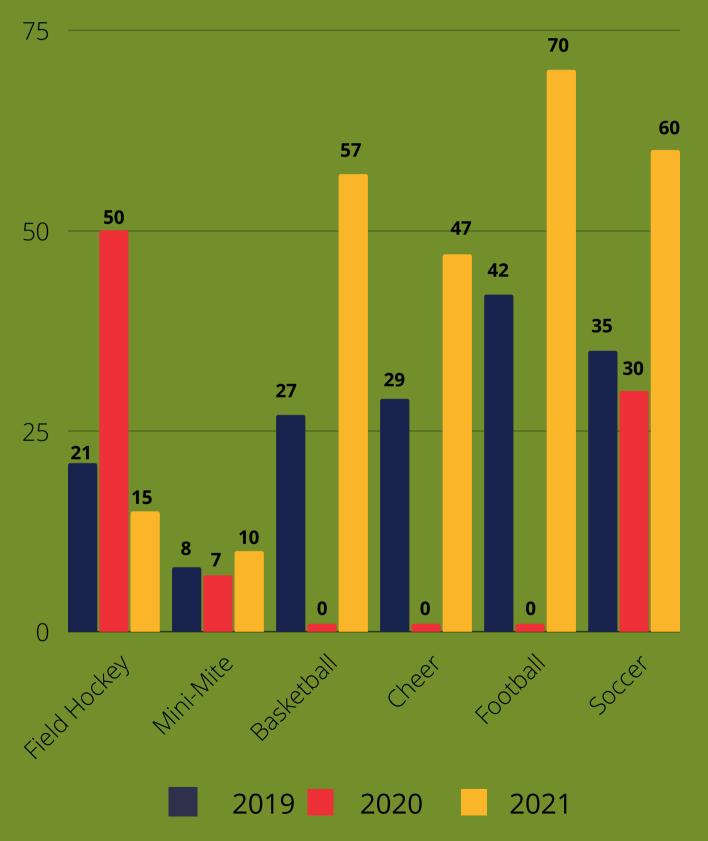
 <u>Soccer Camp</u> - Soccer Camp was held August 2 -4, 2021 at JEJ Moore Middle School. There were (60) youth (ages 5 -18) who registered. The camp was taught by Prince George High School Varsity Assistant Soccer Coach Scott Eley.



Baseball Camp



Sports Camp Registration



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Classes and Clubs

- <u>Scraps from the Heart</u> Parks and Recreation sponsors a quilting group, "Scraps from the Heart". The group meets on Mondays from 9 AM - 12 PM, at Prince George Community Center.
- <u>Ceramics Class</u> Parks and Recreation offered two ceramics classes on October 1, 2021. A total of (13) people signed up. The participants painted a large 12" vase.
- <u>PG Movers</u> The "PG Movers" is a group that offers a variety of activities for people 40 years of age and older. the group meets at the Community Center. Activities include traveling, attending events, dining out, becoming and staying physically fit, and much more.
- <u>Tennis Lessons</u> Tennis lessons were held July 26-30, 2021 at Prince George High School. There were (17) participants of all ages who registered. The tennis lessons were provided by Prince George High School Varsity Tennis Coach Kenya Grissett.

Classes and Clubs





Exercise Classes

- <u>Arthritis Exercise Program</u> The Arthritis
 - Foundation program is a free community based, recreational group exercise and education program designed specifically for people with arthritis and related diseases. Cardio classes are held on Monday, Tuesday, and Thursday from 10:00 AM -10:45 AM. Chair exercises are held on Wednesday from 11:00 AM - 11:30 AM. All classes are held the Community Center.
- <u>H.I.I.T</u> H.I.I.T stands for High Intensity Interval Training. This class is a challenging and effective total body work out. This class burns fat, sculpts lean muscle, and strengthens the core. Participants give 100% effort through 20 second intense bursts of exercise, followed by 10 seconds of recovery periods. This class is held on Tuesday nights at the Community Center from 6:30 PM - 7:15 PM.
- <u>Line Dancing</u> This class is instructed by Balette Messer. Dances are broken down for easy instruction, and are all about fun. Class is open for ages 12 and up (under 16 must be accompanied by a parent). This class is held on Thursday nights at the Community Center from 6:30 PM - 7:15 PM.

Exercise Classes

- <u>Mind-Body Exercises</u> This free classes features two "mindful" exercise forms, Yoga and Tai Chi. This class presents strategies and movement sequences to incorporate mind-body exercise into physical activity for all ages. This class is held twice on Wednesday's at the Community Center from 8:00 AM - 8:45 AM, and again from 10:00 AM -10:45 AM.
- Yoga This class involves stretching, and creating balance in the body through developing both strength and flexibility. This class is held on Monday nights at the Community Center from 7:15 PM - 8:00 PM.
- <u>Zumba</u> This class is a fusion of Latin and International music with dance themes creating a dynamic, exciting, and effective fitness workout. The routines features aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body. This class is held on Monday nights at the Community Center from 6:30 PM - 7:15 PM.



Summer Program

 Summer Day Camp - Parks and Recreation sponsored its annual Summer Day Camp from June 21 - August 12, 2021. Camp was held on Monday's and Wednesday's at Scott Park and Tuesday's and Thursday's at Temple Park. The day camp times were from 9:30 AM - 2:30 PM. There were (55) youth (ages 6 -12) who participated. Youth participated in various outdoor activities, made crafts, and took field trips to a local swimming pool,



Special Interest

- <u>E-Sports</u> Parks and Recreation partnered with GG Leagues for E-Sports. Ages 8 + were able to participate in their appropriate age groups. Participants could play against other players across the country. The leagues were monitored by a GG League representative.
- <u>Hunter Safety Courses</u> Parks and Recreation hosted the Department of Game and Inland Fisheries instruction of several hunter safety courses. The courses were held at the Community Center.
- <u>Wetlands Paddle</u> -Parks and Recreation partnered with James River National Wildlife Refuge for a self guided tour on April 23, 2021 on the James River with a canoe or kayak. There were (14) participants.



Special Projects

- <u>Eagle Scout Project at Scott Park</u> Eagle Scout Thomas Carden removed the existing flag pole at the Scott Park Pavilion in June 2021. He installed three new flag poles and encased them in stamped concrete.
- <u>Eagle Scout Project at Temple Park</u> Eagle Scout Gabriel Jenkins cleared and cut back trails and repaired the wooden walkway at Temple Park.



Special Events

- <u>Zumba For Heart</u> Parks and Recreation hosts Zumba for Heart yearly during February at the Community Center. There is a \$5 donation to participate, with donations and proceeds going to the American Heart Association. However, this year was cancelled due to Covid-19.
- <u>Appomattox River Regional Park 5K Trail Run</u> -Parks and Recreation, Riverside Regional Jail, and FOLAR hosted the 5th Annual Appomattox River Regional Park 5K Trail Run on April 17, 2021. There were (155) registrants. Proceeds of \$1754.25 went to FOLAR and \$1875.25 went to Special Olympics.
- <u>Skalsky Soccer Tournament</u> Parks and Recreation hosted (18) soccer teams at Scott Park Soccer Venue for the 3rd Annual Jerry Skalsky Memorial Soccer Tournament on September 25-26, 2021. Teams from Prince George, Hopewell, and Dinwiddie participated. Dinwiddie captured all the titles.
- <u>Harvest Festival</u> Parks and Recreation sponsored its 14th annual Harvest Festival on October 23, 2021 at Temple Park from 5:00 PM - 8:00 PM. Approximately 1,000 citizens attended this event for youth up to age 13. There was a haystack ride, hauted forest, blow up moon walk/slide/obstacle course, and free games.

- <u>Zumba Fight Breast Cancer</u> Parks and Recreation hosted Zumba Fight Breast Cancer on October 16, 2021 from 9:30 AM - 11:30 AM at the Community Center. There was a \$5 donation to participate. Participants exercised, and refreshments were provided. Donations and proceeds of \$1459 went to the American Cancer Society.
- <u>Christmas Card Contest</u> Parks and Recreation sponsored a Christmas card decorating contest for youth in grades 3-5. Macie Strum, a 5th grader from L. L. Beazley Elementary School, was this year's winner. She was presented with a \$50 check from Prince George Ruritans to be used to purchase a \$100 savings bond, Macie's design was featured as the official Christmas card for Prince George County. Macie was also featured in the Christmas Parade.
- <u>Cookies with Santa</u> Parks and Recreation hosted (40) children up to age 10, as they enjoyed cookies and hot chocolate with Santa. Children also made a sleigh and a Christmas ornament to take home.
- Letters to Santa Parks and Recreation helped arrange for Santa to respond to Prince George youth's Christmas letters to Santa. Over (80) requests were received from youth with their wish list for Santa. Each youth received a letter from Santa, complete with a North Pole postmark.

- <u>Christmas Tree Lighting</u> Parks and Recreation hosted the annual Christmas Tree Lighting beside The Prince George Regional Heritage Center on December 1, 2021. There were featured performances by TRADOC Woodwind Quintet, Art of Rhythm Dance Company Inc, and Prince George High School Choir.
- Christmas Parade Parks and Recreation held the annual Christmas parade on December 4, 2021. The theme was "A Hometown Christmas", The grand marshal was Prince George native Aidan Bryant (finalist for 2021 America's Got Talent competition TV show). There were (54) participants. Christmas Parade Winners were : Best Decorated Float -Prince George Dixie Darlings; Best Decorated Public Safety Vehicle - Jefferson Park Fire Station; Most Spirited/Themed - Dance Kraze; Judges Choice -Ellen Jones/Jones Family; Best Overall Entry -Synergy PT and Athletic Performance; Best Performance - Art of Rhythm Dance Company; Best Throwback - PGHS Majorettes from the 70's; Most Adorable - West End Christian School; and Best Hometown - Aidan Bryant.
- <u>Santa Calls</u> Parks and Recreation sponsored a phone call from Santa, Mrs. Claus, or one of the elves to (24) children (ages 3-8) who registered to received a phone call.

 <u>Christmas Decorations and Display Contest</u> - Parks and Recreation received (25) entries for the Christmas Decorations and Display contest. The judges were Mike and Karen Purvis and Whitney Blankenship. The winners were: Traditional - Ronald and Michelle Davis; Religious Display - Noland Cunningham; Tacky Holiday Fun - (tie) Dallas Synan and Grebas family; Best Front Door and Porch -Melissa Pearson; Children's Delight - Ryan Edwards; Best Decorated Business/Church - Newville United Methodist Church; and Most Facebook Likes -Mackenzie Luneau.

Skalsky Soccer Tournament

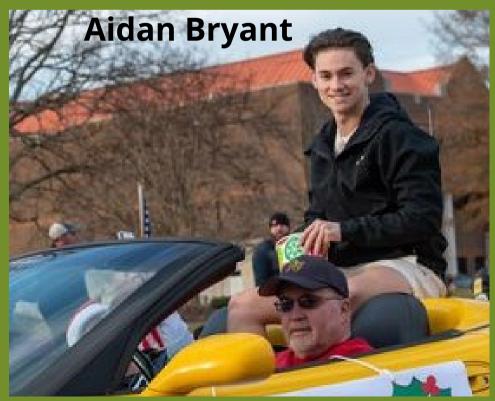
















Children's Delight Winner



Park Development

In addition to the following projects, Parks and Recreation staff were responsible for grass cutting, maintenance, and trash pick-up at Temple, Moore, Scott, Appomattox River Regional Park, Disputanta, Burrowsville, Parks and Recreation office buildings, and six neighborhood parks; totaling over 170 acres.

JEJ Moore Athletic Complex

- Renovation of fields 3 and 4
- Four soft toss netting stations
- Replacement of dug-out roofs
- Add infield dirt and laser grades fields 3 and 4
- Outfield laser grade and sprigging fields 3 and 4
- Painted walls and floors in restrooms and concession stand
- Seal coated the walkways

Scott Park Athletic Complex

- New concession and restroom facility.
- Install split rail fence around concession area
- New parking bumpers
- Additional gravel added to roads leading up to new soccer fields and parking lot
- Accessible walking paths to concession stand and fields 4 and 5
- Development of new disc golf course
- Facility dedication of new section May 22, 2021

Park Development (Continued)

Temple Park

- Cleared and cut back trails
- Tree removal
- Painted walls and floors in restrooms and concessions

Central Wellness Center

- Interior renovations of restrooms, locker rooms, HVAC and fire alarm systems. Closed through October 2021.
- Cleared fence line along athletic fields
- Open house October 30, 2021

Wildwood Park

• Repair drainage culvert

Appomattox River Regional park

- Additional gravel and rpair of road leading to canoe/kayak launch
- Clear and cut back trails
- Tree removal



Park Development (Continued)



Scott Park Concession Stand and Restroom Facility





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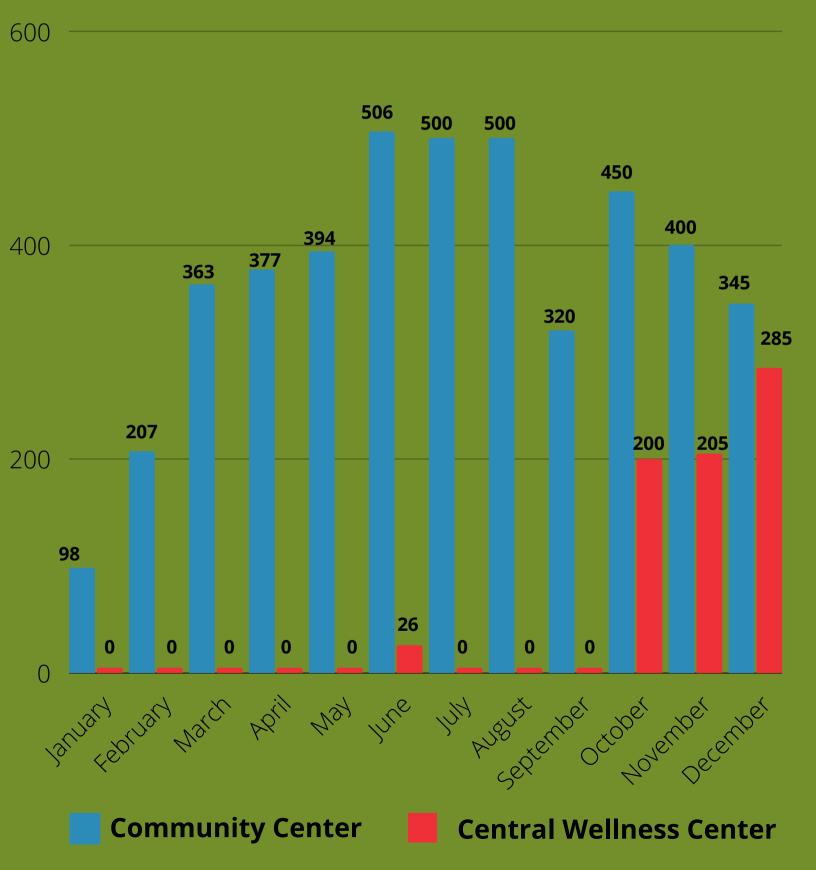
Community Center Gym

- The fitness rooms are open Monday Thursday from 7 AM - 8 PM, and Friday from 7 AM - 7 PM
- Gym memberships are \$5 per month, or \$50 a year.

Central Wellness Center Gym

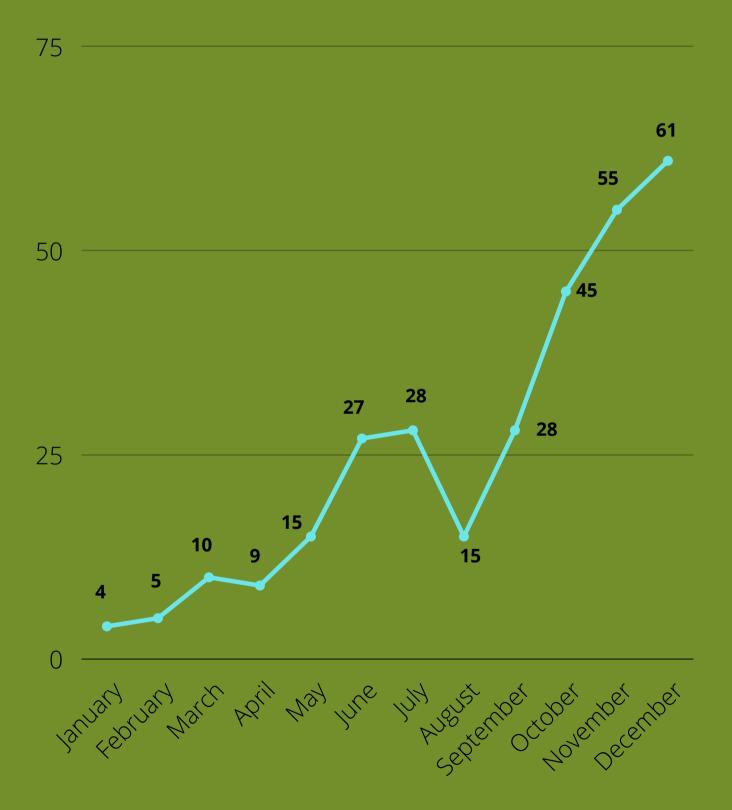
- The fitness rooms are open Monday Friday from 7 AM - 10 AM, Monday - Thursday from 5 PM -8 PM, and Friday from 5 PM - 7 PM.
- Gym memberships are \$5 per month, or \$50 a year.
- Pickleball courts are available on Tuesday's and Friday's from 9 AM - 12 PM.

Gym Usage

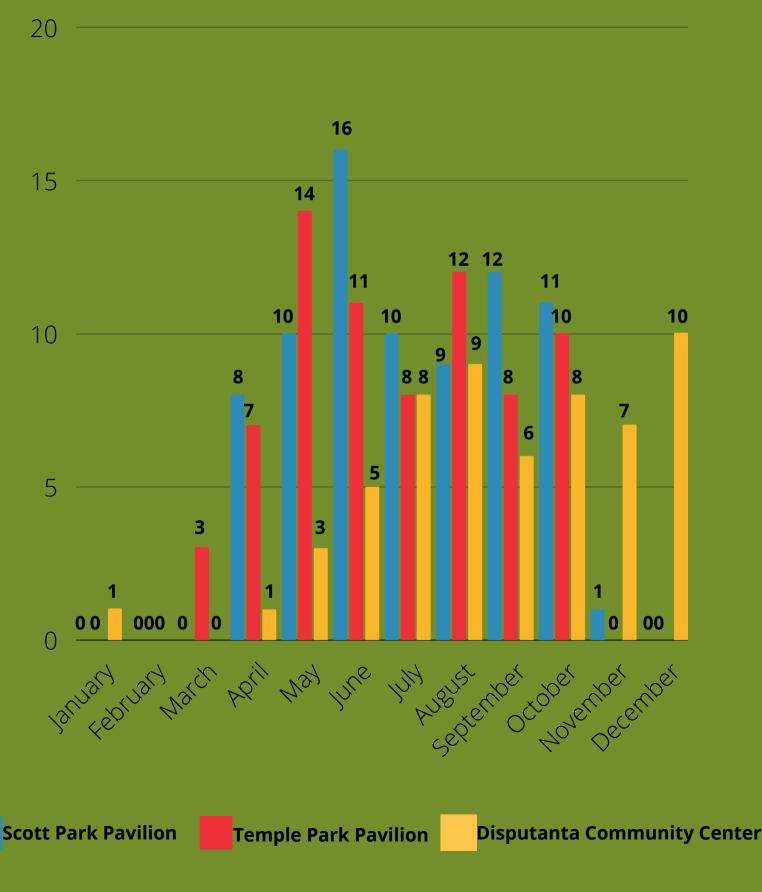


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Memberships Sold



Parks and Center's Usage



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Other News

- The disc golf course is in development for Scott Park Complex and is expected to be completed in 2022.
- Parks and Recreation will host the Babe Ruth (ages 13 15) state tournament the second week in July 2022. There will be (11) teams competing.
- Prince George Parks and Recreation, in collaboration with Dinwiddie and Colonial Heights, was selected to host Top Gun Northeastern National Softball events in 2022. Teams from several states will be competing. Games will be played at JEJ Moore Athletic Field and Scott Memorial Complex. The ages for the softball tournaments is 8 - 18 U.

