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Summer Day Camp

Boys & Girls ages 6-12

Looking for some summer fun! Prince George Parks and Recreation Department will have its annual Day Camp June 17th - August 15th. The camp will be held from 9:30am to 2:30pm at Scott Park on Mondays and Wednesdays and Temple Park on Tuesdays and Thursdays.

Activities will include sports, games, arts and crafts, special field trips, and guest programs.

Registration will be taken May 1– May 31 or until filled. MUST BE A PRINCE GEORGE COUNTY RESIDENT and parent or legal guardian must sign child up. Please register at Prince George Parks and Recreation Community Center, 11100 Old Stage Road or for more information call (804)458-6164.



Upcoming

Events/Registrations

- Advisory Commission Meeting May 8, 2013
- Football/Cheerleading Reg. June 3-14, 2013
- Summer Day Camp June 17 - August 15
- Fall Soccer Reg. July 15 26





Prince George High School sophomore, **Chaelin Magruder**, is making a difference! Chaelin is in the Prince George school system's International Baccalaureate (I.B.) program. IB students are required to complete an independent piece of work, demonstrating their involvement in all five areas of the program. Her project is called the *Community Closet.* Each month donations will be collected for a different local organization. Chaelin enjoys this because it brings awareness to the organizations and also to the Prince George Community Center.

If you would like to donate, please bring items to the Parks and Recreation Department.





Line Dancing

Wobble, Biker Shuffle & more...

Instructor Judy Clark will be teaching Line Dancing at the Prince George Community Center. The new session begins on May 6th, so call us today for more information or register online.



Ballroom Dancing

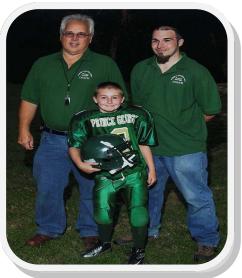
Beginner and experienced dancers welcome! Come learn new dance steps and meet new friends. Participants will learn the Basic Fox Trot, Waltz, and East Coast Swing. Leave the program with the confidence to dance at any social event. Register online or at the Parks and Recreation office. Call 458-6164 for more information or register online.

www.princegeorgeva.org/onlineregistration

<u>Coach's Corner</u>

Mark Wettstein has been coaching youth sports since his oldest son, Daniel, was in kindergarten. Daniel recently turned 26 and now assists his father in coaching youth, including his little brother Dustin age 9. While Mark has coached a variety of sports through the years, football is definitely his greatest love, it is the impact that sports and teamwork can make on children that inspire him to continue. The relationships built between coach and player through the years are important to him and he takes great pride in their successes in all areas of their

lives. When asked why he coaches, Mark stated, "I feel the key to our communities' continued success is the development of our youth and I enjoy having a part in that development through coaching". The highlight of his coaching tenure was the team that had no wins in an 8 game season yet 'Never Gave Up'. That team returned the next season with the same philosophy and determination and went undefeated. The two lessons he shares with all his teams is that you "Never Give Up" and if you get knocked down you "Get Back Up". Mark is currently coaching the PG Mariners and looks forward to many more seasons to come.



New Team Members!



Prince George Parks & Recreation is proud to introduce our newest team members, **Amy Ludwig** and **Lelei Narron**. Amy serves as our part-time Special Activities Assistant, helping oversee and coordinate programs/activities and night time center staffing. Lelei is our department's new Office Manager, who was promoted from her previous position within the county. Please help us in welcoming them to our department!

<u> Discount Ticket Programs</u>

Prince George Parks and Recreation is currently selling discount theme park tickets to Busch Gardens, Water Country USA, and Kings Dominion. Ticket prices are listed below. Grab yours today!

Busch Gardens

Adult Tickets	<u> \$50.00</u>
Child Tickets (ages 3-9)	<u>\$40.00</u>
Fun Card Pass (ages 3 and up)	<u>\$67.00</u>
Kings Dominion	
Day Tickets (specific days)	\$32.00
Any Day Tickets	\$39.00
Water Country	
Adult Tickets	\$37.00
Child Tickets (ages 3-9)	<u>\$30.00</u>
Summer Sizzler Pass (ages 3 and up)	\$47.00







New at Temple Park!



Come visit our new playground at Temple Park, opening Thursday, **May 2nd**! The new structure includes two separate age appropriate structures, swings, and benches. This is a wonderful addition to the park in which the whole family can enjoy. **Thanks go out to the Board of Supervisors for their support!**



I I I 00 Old Stage Road Prince George, VA 23875 •

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Phone: 804-458-6164 Fax: 804-458-5021 recreation@princegeorgeva.org

CALL US TODAY!

To enhance the quality of life for Prince George County residents by promoting healthy lifestyles and providing enriching leisure services.

Director Keith B. Rotzoll

krotzoll@princegeorgeva.org



Football/Cheerleading season will be here before you know it! Registration will begin **June 3rd** for Youth Cheerleading, Flag Cheerleading, Youth Tackle Football and Flag Football.

Boating Safety Courses

Certificate awarded. Learn rules of the road, boating safety, maintenance, and fire safety. To register and locate dates and times please logon to **https://my.register-ed.com**

PRINCE GEORGE COUNTY PARKS AND RECREATION IS ALWAYS LOOKING FOR IDEAS FOR OLDER ADULT PROGRAMS. PLEASE CON-TACT US WITH ANY SUGGESTIONS.

Healthy Recipes

Watermelon Agua Fresca Smoothie

3 cups diced seeded watermelon, chilled

1 cup frozen strawberries

1 Tbsp. fresh lemon juice

Pinch of sea salt

Agave nectar (optional)

Combine the watermelon, strawberries, lemon juice, and salt in a blender. Blend until smooth. Sweeten with agave nectar, if you like.

