

Harbor House Children's Program



**You and your children
deserve to be safe.**

Children who witness domestic violence are scared. They need to talk to someone and learn how to cope.



**Harbor House
is here to help**

(920) 832-1666 (Voice/TTY) Fox Cities
(920) 849-7819 Chilton/Calumet County
(800) 970-1171 (Voice/TTY) Toll Free

How Children React When They See or Hear Violence

Symptoms vary by age and personality, but these are some of the common reactions children might have:

- Difficulty with sleeping, poor appetite, stomachaches, headaches, nightmares, and bedwetting
- Becoming fearful or moody
- Worrying about the safety of loved ones
- Trouble with concentration, learning, and behavior at school
- Trouble making or keeping friends
- Running away
- Involvement with drugs and alcohol

Harbor House Can Help Support You As A Parent

Our Children's Program staff work with children and non-abusive parents to minimize the effects of domestic violence through one on one and group support:

- Strengthening parent-child relationships
- Providing domestic violence education
- Safety planning
- Decreasing self-blame
- Developing healthy coping skills
- Growing support networks

Call Harbor House Domestic Abuse Programs—24 hours a day

All services are confidential and free of charge.

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