



# Recyclable Materials



Please properly prepare and separate your materials. Follow the instructions below.

## PAPER

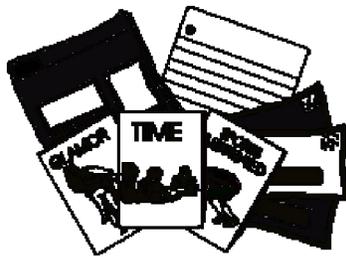
Newspapers and inserts, phone books, magazines, catalogs, all types of office and school paper, fax and copy paper, shredded paper, books, paper back books, flyers, glossy inserts, coated (slick) paper, junk mail, wrapping paper, colored paper, construction paper, colored bond paper, colored copy paper, manila folders, post-it notes, window envelopes, index cards, lined paper, legal pad paper, NCR paper, paper with printing/writing

### Preparation:

Keep clean and dry, remove hard covers from books and recycle with cardboard

### NO

Tape, wire, string, paper layered with plastic/foil, foil wrapping paper, waxed paper, paper towels/napkins/plates/cups, wet or soiled paper



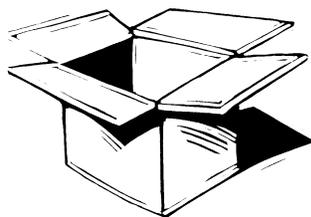
## CARDBOARD

All corrugated cardboard, cardboard boxes, paperboard (cereal boxes, paper towel tubes, shoe boxes, tissue boxes, cracker boxes, etc.), hard covers from books, paper egg cartons, boxboard/ brown envelopes, paper feed and seed bags, and brown paper bags

**Preparation:** Keep clean and dry

### BREAK DOWN BOXES

Remove and discard grease/food spots and recycle rest of pizza boxes, etc.



**NO** boxes/cartons layered with plastic/foil/wax, milk cartons, juice boxes, broth cartons, paper towels/napkins/plates/cups, wet or soiled paper

## GLASS

All types of glass and ceramics to include clear and colored glass, dishes, crystal, porcelain, Pyrex

### Preparation:

Remove lids and rinse away food debris. Recycle metal lids with cans and plastic lids with plastic. Labels are ok. Try not to break or crush glass bottles or jars.

### NO

Mirrors, light bulbs, window glass, picture frames

## METAL

Aluminum cans, soda cans, aluminum foil, pie plates, aluminum bakeware, steel cans, all food cans (vegetables, fruit, pet food, juice, coffee, etc.) metal jar lids

### Preparation:

All items must be rinsed, free of food debris, labels ok

### NO

Paint cans, fuel containers, propane tanks (recycle at Transfer Station), aerosol cans

## PLASTIC

# 1, 2, 3, 5, 6, 7 plastic with exceptions (see NO below)

### YES

Milk jugs, water bottles, juice bottles, detergent/soap/hair and body care/bottles, food containers/tubs/bottles, and lids



### Preparation:

Remove lids, rinse containers, crush milk jugs

### NO

Motor oil bottles or other petroleum containers, plastic wrap, plastic bags, film, Styrofoam, single-use plastic cups, clamshell-style containers/blister packs (like the kind used to package berries, greens, and baked goods)



\*\*\*Recycle #2 and #4 bags, wrap, and mailers at the grocery store  
\*\*\*Check packaging for material and recycling info \*\*\*Separate a single item into multiple recyclable materials, if possible \*\*\*Clean/rinse items as needed \*\*\*Recycle even more at the Transfer Station

For more information contact the NORSWB recycling center at 364-3645  
Hours 8-5 Mon.—Fri. 8-1 Sat.

Recyclables are collected every week for the town of Rumford.

If a holiday falls during the week, collection is delayed one day.

## Safe Disposal of Hypodermic Needles (Insulin syringes, etc.)

The safest way to dispose of used needles is in a "sharps" container. Sharps containers are available for purchase at many pharmacies, and some companies offer "mail-in" programs for used needles.

If you are unable to purchase a sharps container, obtain a sturdy, puncture-resistant container such as an empty detergent or bleach bottle or an empty coffee can (NOT a milk jug).

Drop used lancets, needles, and syringes in container immediately after use.

Dispose of syringes as one unit - do not attempt to break needle off.

Do not attempt to remove, bend, or recap needle.

Store container out of reach of children.

Tightly seal container when 3/4 full.

Reinforce lid with heavy duct or electrical tape (completely cover lid to discourage people from opening or recycling the container).

Write "DO NOT RECYCLE" on the container with permanent marker.

Dispose of completely sealed container in the trash (be sure to place it in a trash bag first).

**\*NEVER** dispose of needles, sharps containers, or homemade needle containers in the recycling bin!



## DON'T FLUSH YOUR MEDS!



Located at the Rumford Police Station

Call 364-7408 for more information

## HOUSEHOLD HAZARDOUS WASTE

Leftover household products that contain corrosive, toxic, ignitable, or reactive ingredients are considered to be "household hazardous waste" or "HHW." Products, such as fertilizers, cleaners, oils, batteries, and pesticides, that contain potentially hazardous ingredients require special care when you dispose of them. Improper disposal of these wastes can pollute the environment and pose a threat to human health.

The Collection for these materials is in June - Look for details



## PAINT PRODUCTS

Paint must be in its original container and the container must have a label and a secured lid. We cannot accept open or leaking cans.

Please review the following detailed list to find out what can be accepted prior to dropping off your paint at the Transfer Station/Recycling Center in Mexico.

- Interior and exterior architectural paints - latex, acrylic, water-based, alkyd, oil based, enamel
- Deck coating, floor paints
- Primers, sealer, under coaters
- Stains
- Shellacs, lacquers, varnishes, urethanes
- Waterproofing concrete/masonry/wood sealers and repellents (not tar or bitumen-based)
- Metal coatings, rust preventatives
- Field and lawn paints.

## FOOD WASTE

Please, start a backyard compost to remove food waste from the waste stream.

## UNIVERSAL WASTES

(2 types)

### Mercury & Electronics

Mercury containing devices such as fluorescent lamps and bulbs, thermometers, rechargeable batteries, and mercury switches. Electronics such as cell phones, TVs, printers, laptops, tablets, desktop computers and monitors. These items can be dropped off at the Recycling Center/Transfer Station at any-time.



## APPAREL RECYCLING

Bring clean, dry, odor- and mildew-free clothing, footwear, purses, scarves, hats, blankets, and other cloth items to an Apparel Impact Textile Recycling bin at the Transfer Station, Rumford Marden's parking lot, or the Dixfield laundromat. Please, bag all items.