Ware (Hampshire)



Ware is a rural town located in the Springfield metropolitan Area and has 1,664 residents aged 65 or older. The transit score suggests that there is minimal transit (2/10). Compared to state averages, older residents of Ware do better on several healthy aging indicators with lower rates of schizophrenia/other psychotic disorders, Alzheimer's disease, asthma, peripheral vascular disease, breast cancer, prostate cancer, epilepsy, and traumatic brain injury. However, they have higher rates of glaucoma, ischemic heart disease, hypertension, diabetes, substance use disorder, tobacco use disorder, obesity, high cholesterol, and tooth loss. They are also less likely to engage in physical activity or have an annual dental exam. Community resources to promote healthy aging include a Council on Aging and an arts and/or cultural department.



POPULATION CHARACTERISTICS	BETTER / WORSE STATE RATE ¹	COMMUNITY ESTIMATE	STATE ESTIMATE
Total population all ages	and a member of a constant and the second and a state of the second and a second a second and a second a second and a second a second and a second and a second and a second and a second a	9,903	6,742,143
Population 60 years or older as % of total population	Control Material (Control Control Cont	23.7%	21.2%
Total population 60 years or older		2,351	1,428,144
Population 65 years or older as % of total population		17.0%	15.1%
Total population 65 years or older		1,684	1,016,679
% 65-74 years	PriON 2004 Etal-Ville Ballemidelah Belah di Herak Millanda Aperio di Saharhan Laki semencapy 77 septe, comment Especial	72.0%	55.3%
% 75-84 years		19.2%	29.4%
% 85 years or older		8.8%	15.2%
Gender (65+ population)	M A MARKER STORY OF PROPERTY AND	the minimum of a minimum plantament throughout a making about the desirable of influence on the visit of the de	in the second accordance is the second of th
% female	the CE of Cardon (A) of This or As is a described an active property and a described or Association and Associ	55.2%	57.2%
Race/Ethnicity (65+ population)			middet 2000 dei betre ministrature, ett av av av av en
% White		98.5%	90.0%
% African American		1.2%	4.3%
% Asian		0.0%	3.2%
% Other		0.2%	2.5%
% Hispanic/Latino		1.4%	3.8%
Marital Status (65+ population)		obstantinanti (a Minni ad citra ulashi) i yumaan amaanaa iyy bi aa ar taariga citra noodah aska nidaye. Waxaa ka ar taariga citra noodah aska nidaye. Waxaa ka ar taariga citra nidaye.	CONTRACTOR PROVIDED IN STOCK PROTECTION OF P
% married	territoriose E extratologora en Transporto en Estado en Arte de Comercia, en entre en Estado en Arte de Comercia d	53.2%	52.5%
% divorced/separated		19.8%	14.0%
% widowed		17.9%	25.5%
% never married	оличи од нистем вичено поможува и от неверном жено и одиским можум штом и медиветия донно соед и спотосу де инс доношнего од место се д	9.0%	8.0%
Education (65+ population)			Control of the Contro
% with less than high school education	et verkelen verke vid die die die verkelen verkelen die die verkelen verkel der de een dit de keerwelde van die verkelen	15.0%	16.5%
% with high school or some college		68.6%	52.6%
% with college degree	ang kangung terbahan kan menjadahan kan mengantah Askuman Perbaha Tanda Salman Askuman seri kan kan sentaman s	16.4%	30.9%
% of 60+ LGBT (county)	n Makelanarangan sangan barancara-polasinan salaman da peranti perturbahan menjada antangan dalam menjada bera -	4.7%	3.2%
% of 65+ population living alone		33.8%	30.2%
% of 65+ population who speak only English at home		88.2%	83.3%
% of 65+ population who are veterans of military service		26.3%	18.8%
Age-sex adjusted 1-year mortality rate	en euer net remove en server sel de les sus restines sinn authorises sin hann de minimal (100 paul dispuis de restiner suscion de r _{est} um conție met de rimanu. Le	4.7%	4.2%

HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE ¹	COMMUNITY ESTIMATE	STATE ESTIMATE
Geographic Migration (65+ population) in the past 12 months			ter in 1 de la company de la c
% moved within same county	600-YEE DEGEE LAST LAST LAST COMPANY AND	0.4%	3.6%
% moved from different county in Massachusetts	erenten et trevet de certificat et et la c'entration et d'écut et la cion de la problème au mobile par le manueur	4.1%	1.1%
% moved from different state	Order (April 1997) Profit (20 Profit (20) April 1995) All Profit (20) April 1995 (20) April 19	0.0%	0.8%
WELLNESS & PREVENTION	MMM-5-1970. Saud Saud-2073 (MSC) 4-00 Saud-1-2-00 Saud-1-2		
% 60+ with any physical activity within last month	where the contract contracts a state of discounts contract and an extract of principles and an application of the contract of	65.2%	73.3%
% 60+ met CDC guidelines for muscle-strengthening activity	M	20.7%	27.7%
% 60+ met CDC guidelines for aerobic physical activity		54.3%	56.8%
% 60+ met CDC guidelines for both types of physical activities		15.5%	20.8%
% 60+ getting recommended hours of sleep	MENERAL PROCESSES AND	60.6%	62.7%
% 60+ injured in a fall within last 12 months		8.5%	10.6%
% 65+ had hip fracture		3.0%	3.7%
% 60+ with self-reported fair or poor health status		21.8%	18.0%
% 60+ with 15+ physically unhealthy days last month		17.8%	12.7%
% 60+ with physical exam/check-up in past year		91.2%	89.3%
% 60+ met CDC preventive health screening goals	MCHAID Amican () suicitismid land entro (CEX los suicitismid film and Mahaman (Amican) a 19 a 19 mag 19 mag	30.6%	35.0%
% 60+ flu shot past year		55.5%	60.8%
% 65+ with pneumonia vaccine		66.9%	72.0%
% 60+ with shingles vaccine	This is the set food the set food to the set of the set	38.4%	39.7%
% 60+ with cholesterol screening	andor de mais set para timbros mais figramma metro commente do problema de siste desagrada com de endam enques	95.2%	95.7%
% 60+ women with a mammogram within last 2 years	000001.00_00000000000000000000000000000	82.6%	84.8%
% 60+ with colorectal cancer screening	ingeliere anderse before an ere en manufactura all de le common en agous en al mot paire e d'Establishe all all de la Common en agous en al mot paire e d'Establishe all all de la Common en agous en al mot paire e d'Establishe all all de la Common en agous en al mot paire e d'Establishe all all de la Common en agous en al mot paire e d'Establishe all all de la Common en agous en al mot paire e d'Establishe all all de la Common en agous en ag	57.3%	63.3%
% 60+ with HIV test		14.0%	15.6%
% 60+ current smokers		10.6%	8.5%
% 60+ living in a home where smoking is not allowed		85.7%	84.7%
Oral Health			
% 60+ with loss of 6 or more teeth	M	42.4%	32.5%
% 60+ with annual dental exam	M	65.2%	77.5%
# of dentists per 100,000 persons (all ages)	2. The second state of the second sec	40	84
NUTRITION/DIET		and hand the state produced by the state of an indicate the produced and the state of the state of the state of	
% 60+ with 5 or more servings of fruit or vegetables per day	n millerwys menten Barnelin (sar feithe Chris (200 mhn (Graffeit) 200 dh kaal mhann kallau; e feithe rhaillionn daet isaak fam	19.7%	21.5%
% 60+ self-reported obese	от нер это инсе тто подосточность от откосторную с этим для стольного постой от откосторного постой об от откосторную	27.4%	23.1%
% 65+ clinically diagnosed obese	W	26.5%	19.0%
% 65+ with high cholesterol	W	80.4%	75.0%
% 60+ excessive drinking		7.1%	9.3%
% 65+ with poor supermarket access	atternameness seekelistä kiikistä vasittyi kiikikkaitai kiikikkii kiikikkii kiikikkii kiikikkii kiikikkii kiik :	41.6%	29.3%

HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE ¹	COMMUNITY ESTIMATE	STATE ESTIMATE
BEHAVIORAL HEALTH		All the Constitution of th	
% 60+ with 15+ days poor mental health last month	o da acualdo de la laboración de entre republica de la compresente de entre de entre de entre de entre de la c	6.4%	7.0%
% 65+ with depression	TTS (PM ACE \$ 0.04 CA) (PM) game (ACE) (Sur-Cubia hairs gam) (List done) to the common to sure hair, and injustment, and	30.1%	31.5%
% 65+ with anxiety disorders	(ABPresium Presium) in menseulus anno elus anno elus meseulus anno Africa (ABPresium Casa)	26.8%	25.4%
% 65+ with bipolar disorders		3.8%	4.5%
% 65+ with post-traumatic stress disorder		2.7%	1.8%
% 65+ with schizophrenia & other psychotic disorders	B	4.3%	5.9%
% 65+ with personality disorders		1.0%	1.4%
# opioid deaths (all ages)		2	1,873
% 65+ with substance use disorders (drug use +/or alcohol abuse)	W	9.2%	6.6%
% 65+ with tobacco use disorders	W	14.0%	10.2%
CHRONIC DISEASE		ter filmen om det stemmen filmen om det stemmen stemmen stemmen stemmen stemmen stemmen stemmen stemmen stemmen	
% 65+ with Alzheimer's disease or related dementias	B	11.1%	13.6%
% 65+ with diabetes	W	36.0%	31.7%
% 65+ with stroke		13.0%	12.0%
% 65+ with chronic obstructive pulmonary disease		23.0%	21.5%
% 65+ with asthma	В	12.6%	15.0%
% 65+ with hypertension	W	80.6%	76.2%
% 65+ ever had a heart attack		4.5%	4.6%
% 65+ with ischemic heart disease	W	43.6%	40.2%
% 65+ with congestive heart failure		23.6%	22.4%
% 65+ with atrial fibrillation		16.7%	15.9%
% 65+ with peripheral vascular disease	В	16.7%	19.4%
% 65+ with osteoarthritis/rheumatoid arthritis		54.5%	52.4%
% 65+ with osteoporosis		19.1%	20.7%
% 65+ with leukemias and lymphomas		1.7%	2.3%
% 65+ with lung cancer		2.1%	2.1%
% 65+ with colon cancer		2.9%	2.9%
% 65+ women with breast cancer	В	7.5%	10.9%
% 65+ women with endometrial cancer		1.9%	1.9%
% 65+ men with prostate cancer	В	9.6%	13.8%
% 65+ with benign prostatic hyperplasia	Personal state of the state of	40.9%	40.9%
% 65+ with HIV/AIDS	en min min de servermen y breed men derste het i 1960 en wird server dan, der se statel deze und dez servermen september de	0.2%	0.2%
% 65+ with hypothyroidism		23.4%	21.1%
% 65+ with anemia		44.7%	46.6%
% 65+ with chronic kidney disease	300 C mm C m - 000 11 C m - 000 11 C m - 000 C	29.0%	27.3%
% 65+ with liver diseases		7.3%	8.6%
% 65+ with fibromyalgia, chronic pain and fatigue		19.7%	19.8%

HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE ¹	COMMUNITY ESTIMATE	STATE ESTIMATE
% 65+ with migraine and other chronic headache		5.0%	4.6%
% 65+ with epilepsy	B	1.9%	2.9%
% 65+ with traumatic brain injury	В	0.7%	1.5%
% 65+ with autism spectrum disorders		0.1%	0.1%
% 65+ with glaucoma	W	31.6%	25.7%
% 65+ with cataract		64.1%	65.4%
% 65+ with pressure ulcer or chronic ulcer		8.5%	8.5%
% 65+ with 4+ (out of 15) chronic conditions	W	65.7%	60.7%
% 65+ with 0 chronic conditions		6.9%	7.3%
LIVING WITH DISABILITY			CHET THE THE THE THE THE THE THE THE THE
% 65+ with self-reported hearing difficulty		15.6%	14.2%
% 65+ with clinical diagnosis of deafness or hearing impairment		15.9%	16.1%
% 65+ with self-reported vision difficulty		3.7%	5.8%
% 65+ with clinical diagnosis of blindness or visual impairment		1.1%	1.5%
% 65+ with self-reported cognition difficulty		8.6%	8.3%
% 65+ with self-reported ambulatory difficulty		20.3%	20.2%
% 65+ with clinical diagnosis of mobility impairments		3.3%	3.9%
% 65+ with self-reported self-care difficulty		5.8%	7.9%
% 65+ with self-reported independent living difficulty		9.9%	14.3%
ACCESS TO CARE			
Medicare (65+ population)			energy areas, this in that he designated that we had a suimable by a suimable in muse and a
% Medicare managed care enrollees	*	27.4%	23.1%
% dually eligible for Medicare and Medicaid	*	14.5%	16.7%
% 60+ with a regular doctor	SIA SII sid-vidikentte Ahkoovitis-sid tiittisen erminestid (mürkinnal tilen sid-vidikentin sikkessa sikkessa s	96.3%	96.4%
% 60+ who did not see doctor when needed due to cost	cation page 9 If Chargosychologocy Historium (Historium Historium Historium Ballud Ad Cationium Ballida) chawa	5.3%	4.1%
# of primary care providers within 5 miles	II 4 жинципер / ститине на мещет не съедительности на личен на 2020-и принцен на подор и же надрада от въедине	13	10,333
# of hospitals within 5 miles		1	66
# of nursing homes within 5 miles	arkeoninasse esta esta esta esta esta en	0	399
# of home health agencies	Subject that Business Commission (Commission Commission	20	299
# of community health centers		0	116
# of adult day health centers	- KECON ESSENDA, OPE ERFORMANTE (AUSTRESS MANUEL MANUEL MESSENDA (AUSTRESS MANUEL MESSENDA) A EL RESENÇA (AUSTRESS MESSENDA (AUSTRES	0	131
# of memory cafes	RE-CHARLES PHYSINETH AND AND STRONG RESTROYAL CHARLES POUNDED THE SECRET WAS AND THE SECRET AND AND SECRET	0	95
# of dementia-related support groups		0	136
SERVICE UTILIZATION			
Physician visits per year		8.3	7.8
Emergency room visits/1000 persons 65+ years per year	*	853	639

HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE ¹	COMMUNITY ESTIMATE	STATE ESTIMATE
Part D monthly prescription fills per person per year	*	49.4	52.4
Home health visits per year	*	2.4	4.0
Durable medical equipment claims per year		2.1	1.9
Inpatient hospital stays/1000 persons 65+ years per year		280	294
Medicare inpatient hospital readmissions (as % of admissions)		16.5%	17.9%
# skilled nursing facility stays/1000 persons 65+ years per year		99	106
# skilled nursing home Medicare beds/1000 persons 65+ years		0	43
% 65+ getting Medicaid long term services and supports	*	3.5%	4.9%
COMMUNITY VARIABLES & CIVIC ENGAGEMENT			WAS ARREST OF THE BOOK OF THE
Age-friendly efforts in community		Not yet	Yes
Air pollution: annual # of unhealthy days for 65+ (county)		4	N/A
Open space in community		4.3%	18.0%
Walkability score of community (0-100)		61	N/A
% of grandparents raising grandchildren		3.6%	0.8%
% of grandparents who live with grandchildren		4.2%	2.9%
# of assisted living sites		0	238
% of vacant homes in community		10.7%	9.8%
# of universities and community colleges		0	163
# of public libraries		1	470
# of YMCAs		0	83
% in county with access to broadband (all ages)		84.0%	97.0%
% 60+ who used Internet in last month	*	56.3%	71.3%
Voter participation rate in 2016 presidential election (age 18+)		67.8%	71.3%
SAFETY & TRANSPORTATION			
Violent crime rate /100,000 persons		389	396
Homicide rate /100,000 persons (county)		0	2
# firearm fatalities (county)		21	1,126
Property crime rate /100,000 persons		1,857	1,825
% of licensed drivers who are age 61+	o-read the east 20 kg arment 100 bits of Atmosphiles (Arment 10 the early execution for the east as a second of the east as a	32.7%	28.7%
% 65+ who own a motor vehicle		93.8%	82.4%
% 60+ who always drive wearing a seatbelt		84.0%	86.3%
# of fatal crashes involving adult age 60+/town		0	529
# of fatal crashes involving adult age 60+/county		10	529
Total # of all crashes involving adult age 60+/town		271	132,351
# of senior transportation providers		1	324
# of medical transportation services for older people		1	268
# of nonmedical transportation services for older people		4	252
Summary transportation performance score		1.5	N/A

HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE ¹	COMMUNITY ESTIMATE	STATE ESTIMATE
ECONOMIC & HOUSING VARIABLES			
% 65+ with income below the poverty line past year	vekskut minist katala bildi. Sitemat ve planet vekskut mene sensku i ve plane på det en ende ve manga det er men gjegly galan.	18.3%	8.7%
% 60+ receiving food stamps past year		12.4%	12.3%
% 65+ employed past year		18.6%	24.3%
Household income (65+ householder)	CCC / Profession - Copyright (Profession - Copyright (APPENDED THE	
% households with annual income < \$20,000		30.6%	23.6%
% households with annual income \$20,000-\$49,999		42.3%	32.5%
% households with annual income > \$50,000	OC Common trade Miller (1904)	27.1%	43.9%
% 60+ own home	PV 1990 BP SBP SC OF NUMBER SCHOLARS AND	75.2%	72.7%
% 60+ have mortgage on home	parenty representative and the proposition of proposition and proposition and proposition of the proposition	36.9%	34.1%
% 65+ households spend >35% of income on housing (renter)	entrangen den eine auf den deur seine Gran (dienes deur Grand). Die des des Anderson (des des deur deur de Anderson (des deur deur deur deur deur deur deur deur	7.6%	11.6%
% 65+ households spend >35% of income on housing (owner)	A ADMINISTRAÇÃO PROPERTO A CONTROL E TRANSPORTO POR PROPERTO SERVICIO DE CONTROL DE CONT	29.5%	20.4%
COST OF LIVING	\$ COUNTY ESTIMATE	\$ STATE ESTIMATE	RATIO (COUNTY/STATE)
Elder Economic Security Standard Index	erente pro-explorativa provinciano del del Arriccio narrie acquerio di malescrizionale altriccione espisione d	n the second section of the second section s	
Single, homeowner without mortgage, good health	\$23,976	\$24,636	0.97
Single, renter, good health	\$25,980	\$28,248	0.92
Couple, homeowner without mortgage, good health	\$36,360	\$36,168	1.01
Couple, renter, good health	\$38,364	\$39,780	0.96

TECHNICAL NOTES

For most indicators the reported community and state values are both estimates derived from sample data. Thus, it is possible that some of the differences between state and community estimates may be due to chance associated with population sampling. We use the terms "better" and "worse" to highlight differences between community and state estimates that we are confident are <u>not</u> due to chance. "Better" is used where a higher/lower value has positive implications for the health of older residents. "Worse" is used where a higher/lower score has negative implications for the health of older people, and when the implication is unclear we use an *.

General Notes

We balance two goals. First, we aim to report data at very local levels because we believe change is often locally driven. Second, we vowed to protect the privacy of the people providing the information reported. Thus, given the constraints of the data analyzed we used a hierarchical approach to reporting. When possible we report estimates for 379 geographic units (i.e., every Massachusetts city/town and 16 Boston neighborhoods, 6 Worcester neighborhoods, and 6 Springfield neighborhoods). For example, the population characteristics and information from the US Census were reported for all 379 units. For other data (i.e., highly prevalent chronic disease, health services utilization) we could report for 310 geographic units. For less prevalent conditions we report for 201 geographic units. For the BRFSS data we report for 41 geographic units, and for the lowest prevalence conditions (e.g., HIV) we report for 18 geographic units. The same estimate is reported for all cities/towns within aggregated geographic areas. Maps of the different geographic groupings and the rationale behind the groupings are in the Technical Report.

<u>Data Sources</u>. The Technical Report describes the all of the data sources for the report, but three to note are: (1) the American Community Survey (2012-2016); (2) Centers for Medicare and Medicaid Services Master Beneficiary Summary File (2014-2015); and (3) The Behavioral Risk Factor Surveillance System (2010-2015).

Healthy Aging Data Report Team. Many people contributed to this research. The 2018 research team: Beth Dugan PhD, Frank Porell PhD, Nina Silverstein PhD, Chae Man Lee PhD, Shuang Shuang Wang PhD, Bon Kim, Natalie Pitheckoff, Haowei Wang, Sae Hwang Han, Richard Chunga, & Shiva Prisad from the Gerontology Institute in the McCormack Graduate School of Policy and Global Studies at the University of Massachusetts Boston. The Tufts Health Plan Foundation supported the research and provided important guidance. We thank our Advisory Committee members for contributing ideas and advice on how to make the Data Report best address the needs of Massachusetts. We thank our colleagues at JSI for their continued partnership. Questions or suggestions? Beth.dugan@umb.edu

^{*}See our technical report (online at http://mahealthyagingcollaborative.org/data-report/explore-the-profiles/data-sources-and-methods/#teehnical) for comprehensive information on data sources, measures, methodology, and margin of errors.