



# Go365 Device & App Sync Instructions

How do you connect a device or app to Go365? Click on one you'd like to connect for instructions.

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## General Sync Tips

The data connection from our partners is NOT instantaneous. This means that your workouts will not transfer to Go365 right away.

Take a look below for an example using Fitbit data:

1. You walk 12,000 steps.
2. The steps are uploaded to Fitbit.com.
3. Go365 checks your Fitbit Account for data.
4. Go365 posts the data on your calendar.
5. Based on the steps, Go365 awards Points based on what it sees.
6. Several hours later, Go365 checks Fitbit again to see if there are changes.

Based on the process, it is possible for you to see partial workouts on your calendar because Go365 has not yet received the most recent data.

Please Remember:

- Go365 can't award Points until it can see the data.
- Just because you see the workout on your device or the device's app, it does not mean the data is available for Go365 to use.
- If Go365 checks your partnered account before you upload, the delay to your calendar could be a little longer than you expect.
- Try to give up to 48 hours before you get concerned about workout uploads.

Want to leave a question or comment? Check out our [Troubleshooting Community Post](#).

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## Apple Health (mobile only)

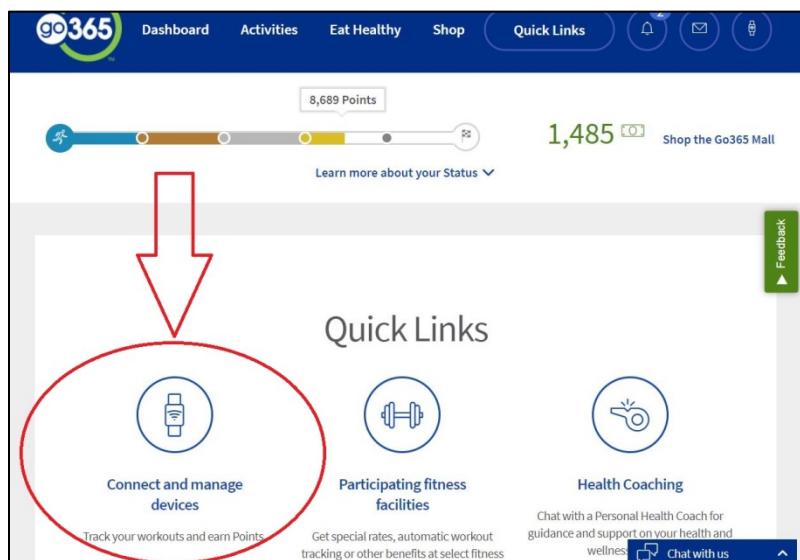
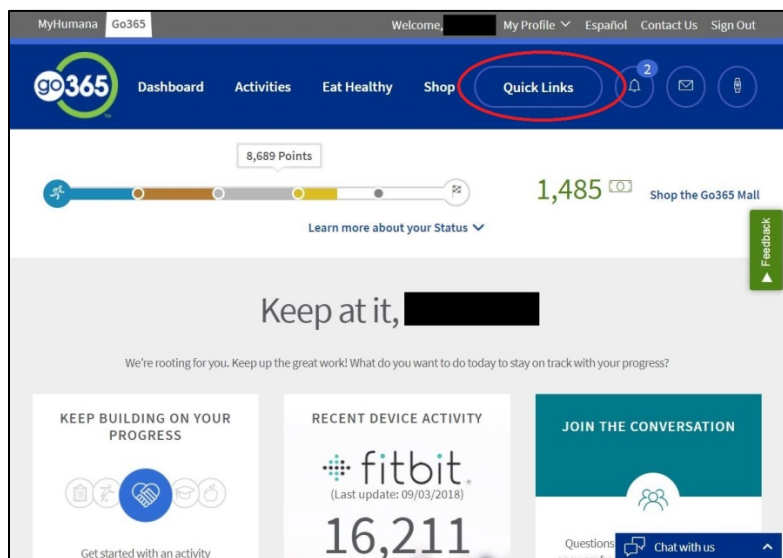
For full instructions on how to connect Apple Health with Go365, [check out this Go365 Community post](#).

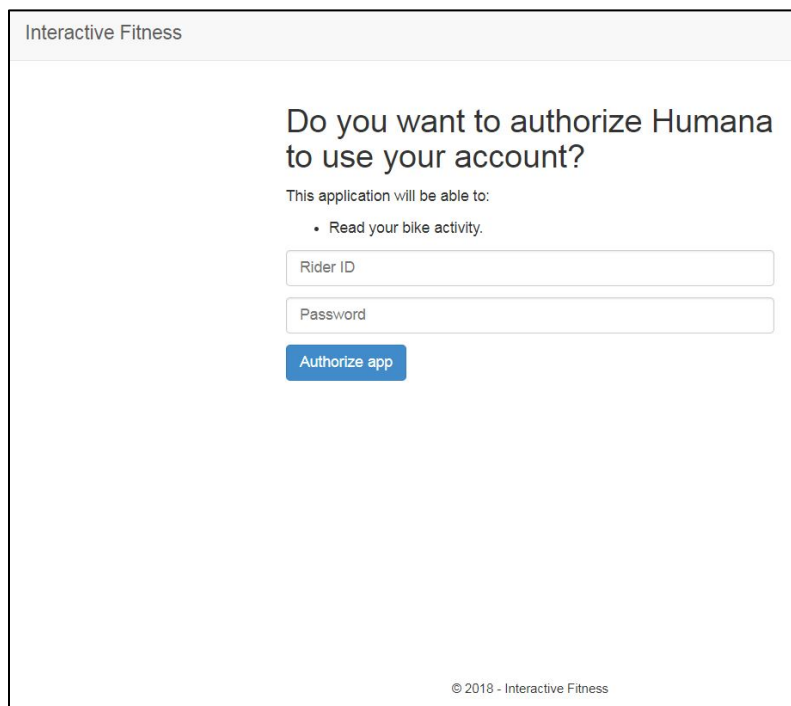
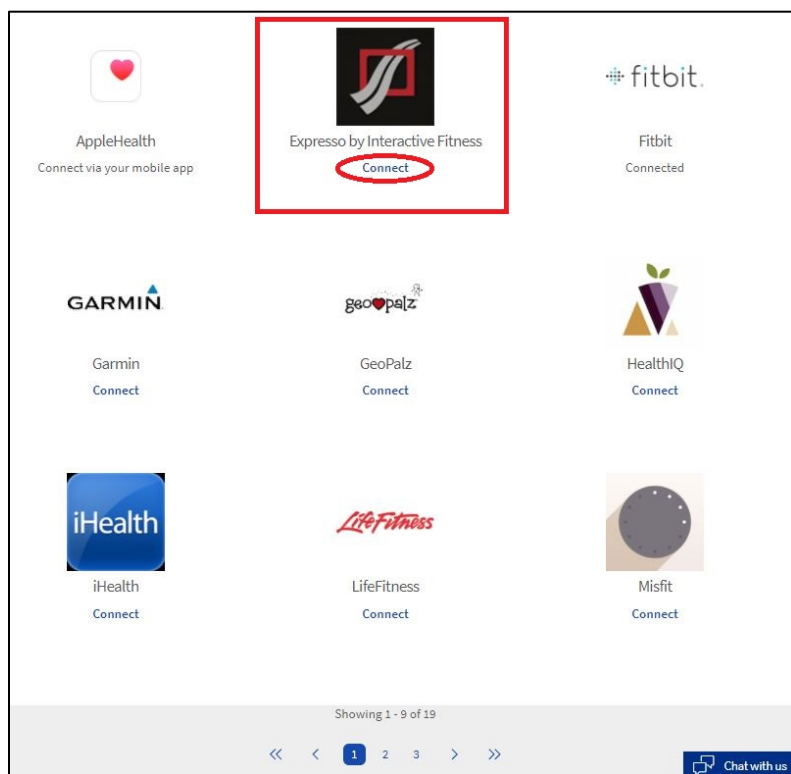
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## Expresso by Interactive Fitness

### How to Connect Expresso by Interactive Fitness, Using Go365.com

1. [Click on this link](#) and sign in using your Go365 username and password.
2. Scroll through the list and find "Expresso by Interactive Fitness." Click on "Connect" underneath it.
3. When you click on "Connect," a new tab in your web browser will open. You will be prompted to sign into your account for Expresso by Interactive Fitness.
4. After typing in your Expresso by Interactive Fitness account credentials, click "Authorize app" and both accounts will be connected!

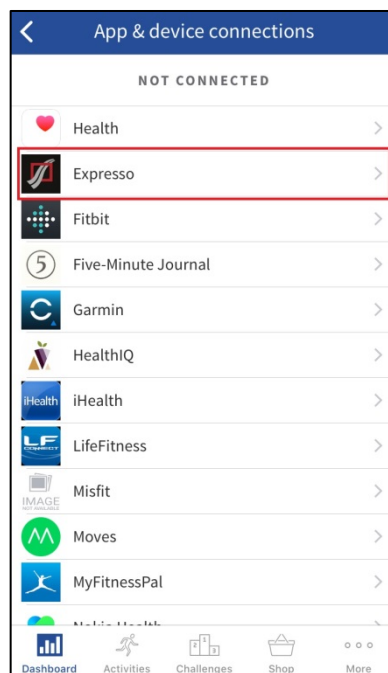
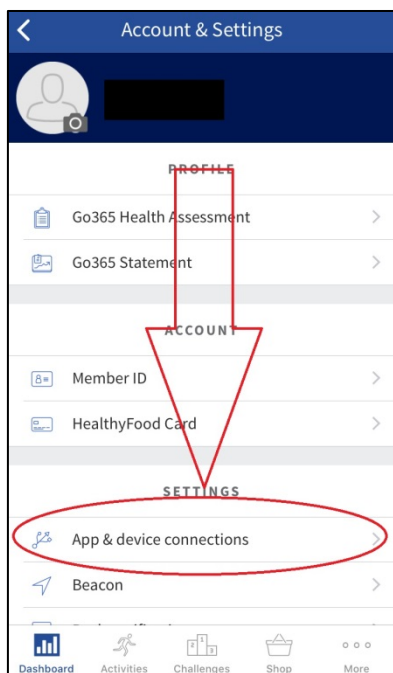
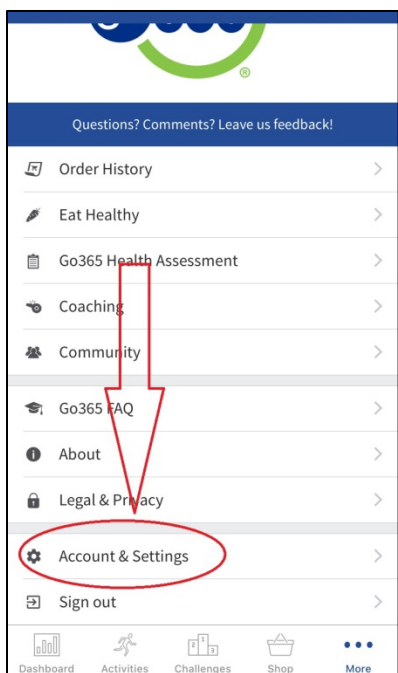


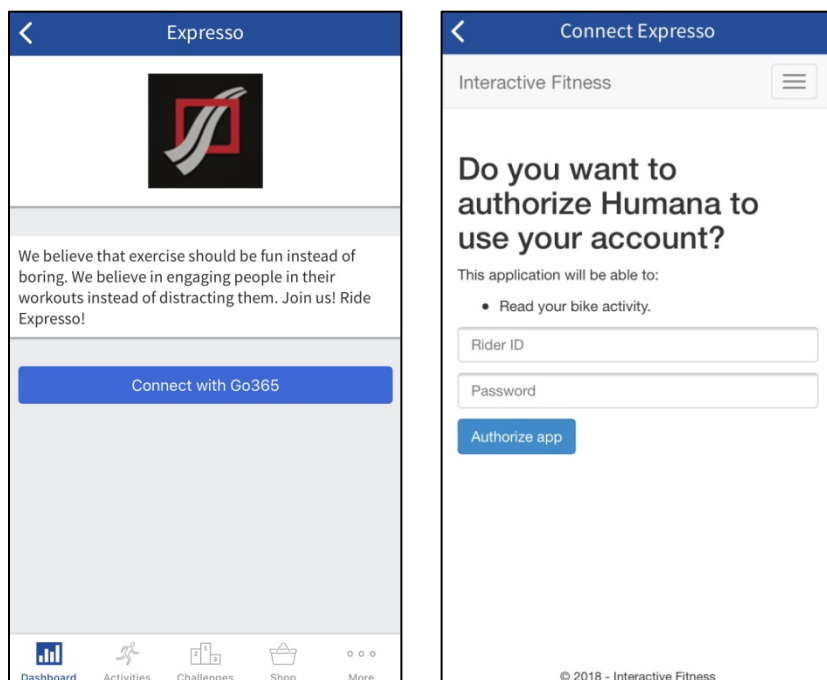


## How to Connect Expresso by Interactive Fitness, Using the Go365 Mobile App

1. Sign into your account on the Go365 mobile app. ([Google Play](#); [iTunes](#))

2. Android users: Tap the “Menu” icon on the dashboard then tap “Account & Settings.” iOS users: Tap the “More” menu icon, then tap “Account Settings” or the “Profile” icon on the dashboard.
3. Once you’re signed in, tap on “More” in the tab.
4. Tap “App and device connections.”
5. Scroll down the list and tap on “Expresso.”
6. Read the notification and tap “Connect with Go365.”
7. Sign into your Expresso by Interactive Fitness account and consent to connecting with Go365.
8. You will see a notification whether the device/app connected successfully. And you should also see it appear under “Connected Devices.”





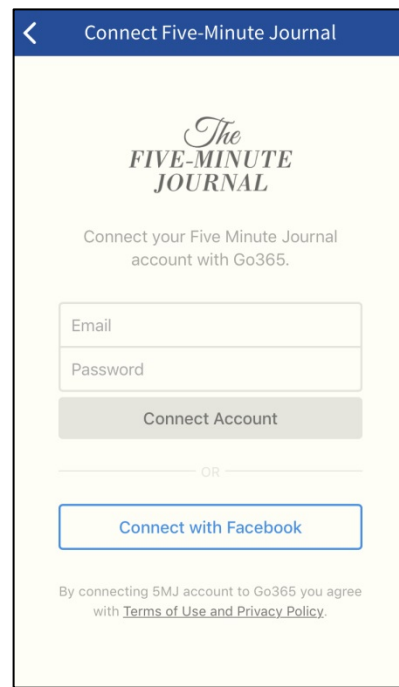
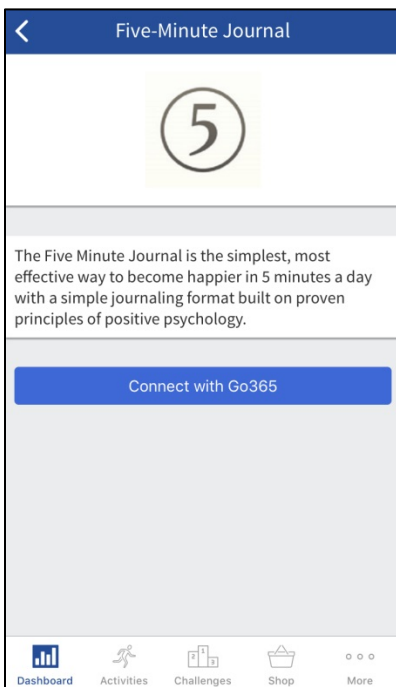
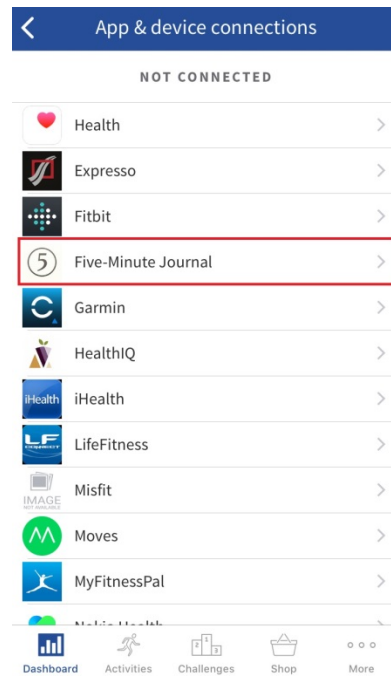
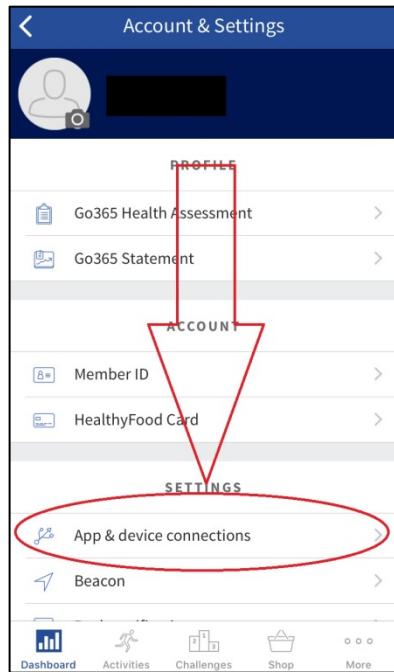
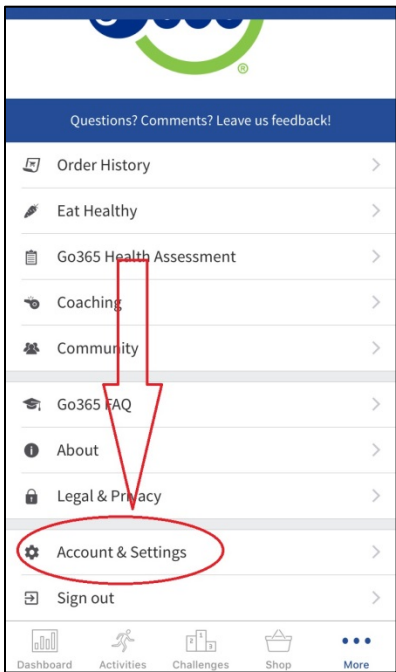
[Expresso by Interactive Fitness Community Post](#)

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## Five-Minute Journal (mobile only)

### How to Connect Five-Minute Journal, Using the Go365 Mobile App

1. Sign into your account on the Go365 mobile app. ([Google Play](#); [iTunes](#))
2. Android users: Tap the “Menu” icon on the dashboard then tap “Account & Settings.” iOS users: Tap the “More” menu icon, then tap “Account Settings” or the “Profile” icon on the dashboard.
3. Once you're signed in, tap on “More” in the tab.
4. Tap “App and device connections.”
5. Scroll down the list and tap on “Five-Minute Journal.”
6. Read the notification and tap “Connect with Go365.”
7. Sign into your Five-Minute Journal account and consent to connecting with Go365.
8. You will see a notification whether the device/app connected successfully. And you should also see it appear under “Connected Devices.”



[Five-Minute Journal Community Post](#)

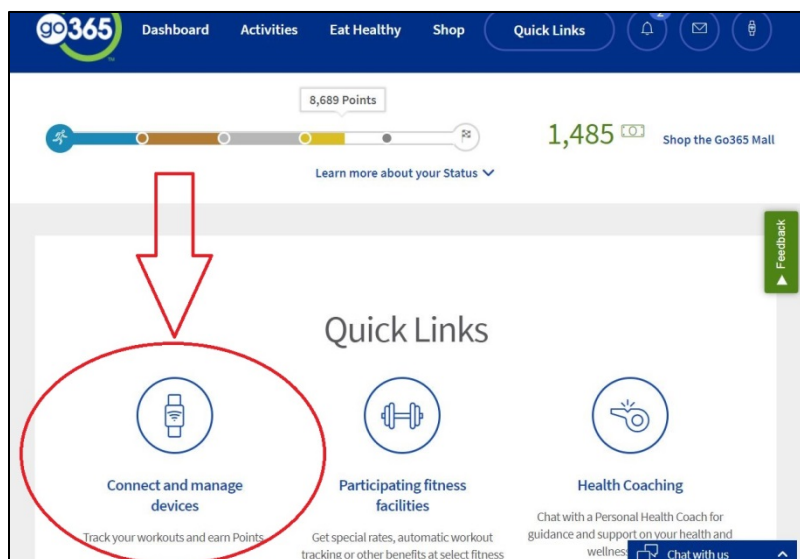
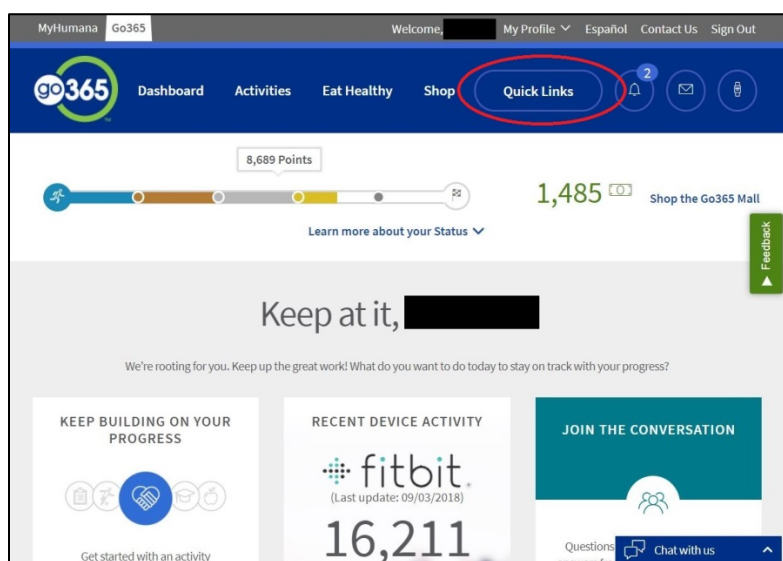
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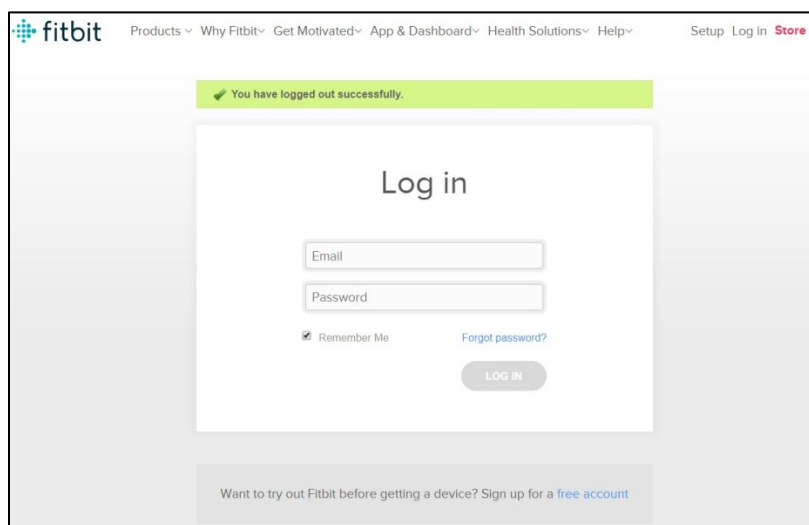
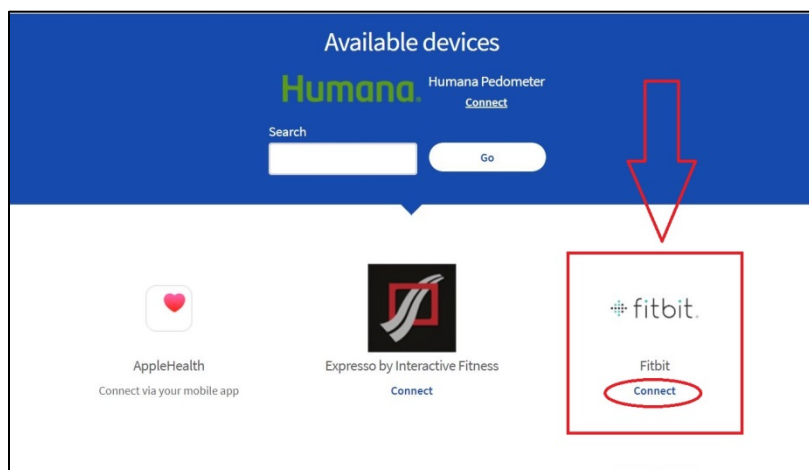
**Fitbit**

## How to Connect Fitbit, Using Go365.com

1. [Click on this link](#) and sign in using your Go365 username and password.
2. Scroll through the list and find “Fitbit.” Click on “Connect” underneath it.
3. When you click on “Connect,” a new tab in your web browser will open. You will be prompted to sign into your account for Fitbit.
4. After typing in your Fitbit account credentials, click “Authorize app” and both accounts will be connected!

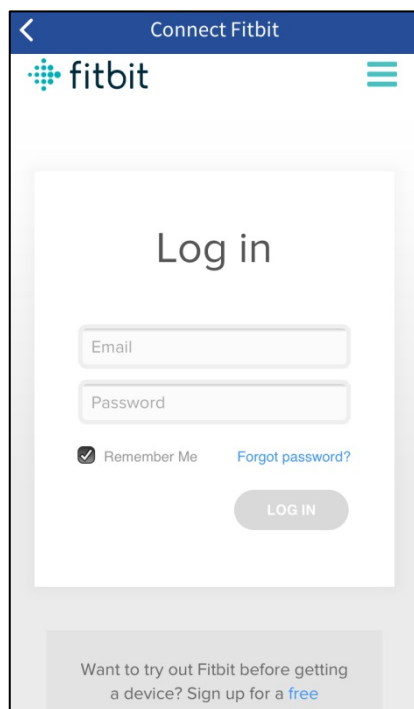
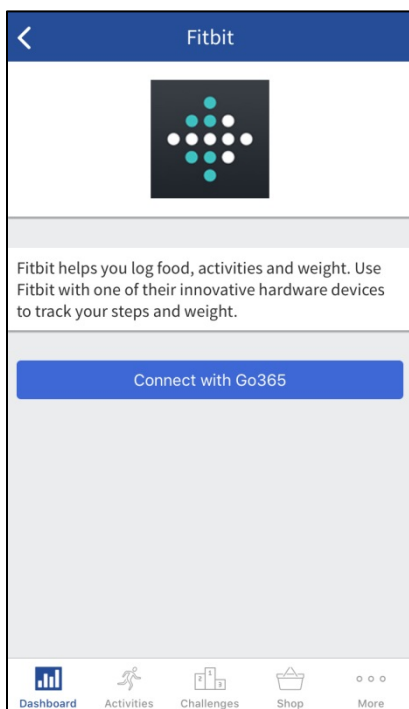
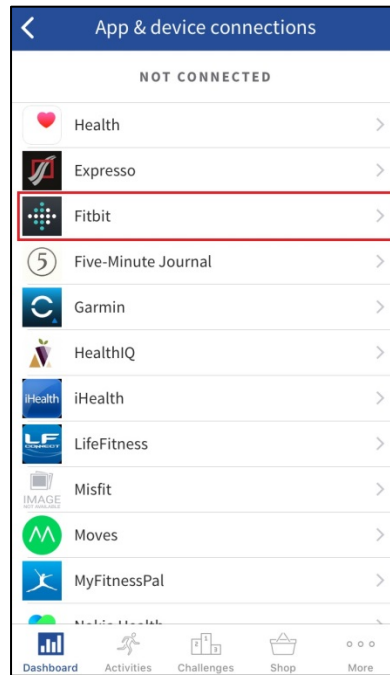
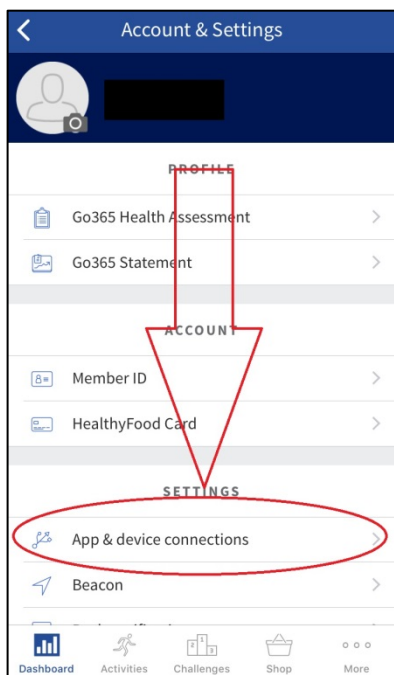
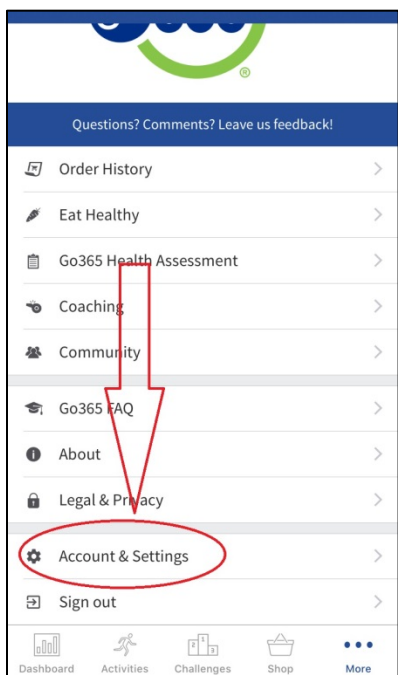
Sync Tip: You must sync your compatible Garmin device with Garmin on a regular basis. This sync allows data to flow through to Go365. Please allow 24 hours from the time you sync your device with Garmin for Points to reflect on your Go365 Statement.





## How to Connect Fitbit, Using the Go365 Mobile App

1. Sign into your account on the Go365 mobile app. ([Google Play](#); [iTunes](#))
2. Android users: Tap the “Menu” icon on the dashboard then tap “Account & Settings.” iOS users: Tap the “More” menu icon, then tap “Account Settings” or the “Profile” icon on the dashboard.
3. Once you're signed in, tap on “More” in the tab.
4. Tap “App and device connections.”
5. Scroll down the list and tap on “Fitbit.”
6. Read the notification and tap “Connect with Go365.”
7. Sign into your Fitbit account and consent to connecting with Go365.
8. You will see a notification whether the device/app connected successfully. And you should also see it appear under “Connected Devices.”



[Fitbit Community Post](#)

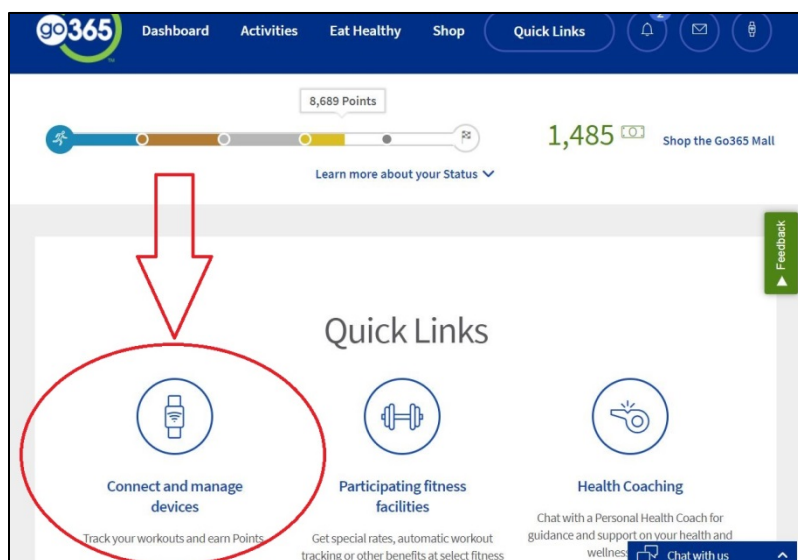
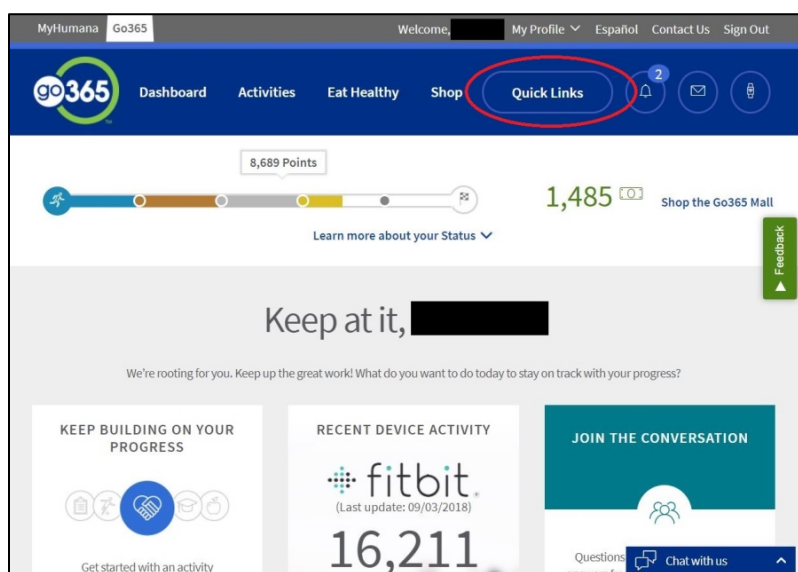
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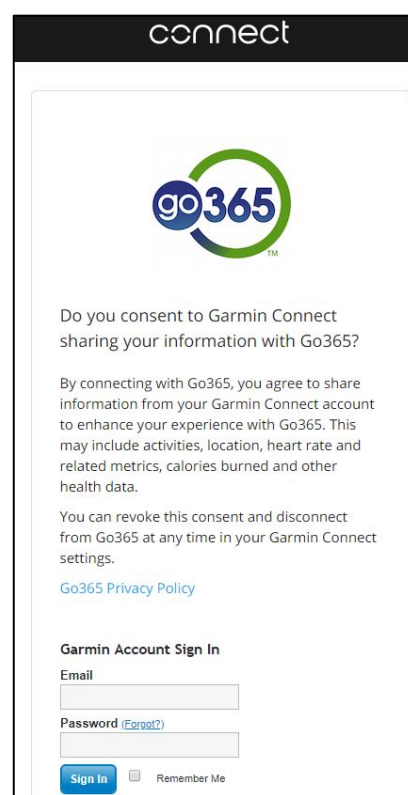
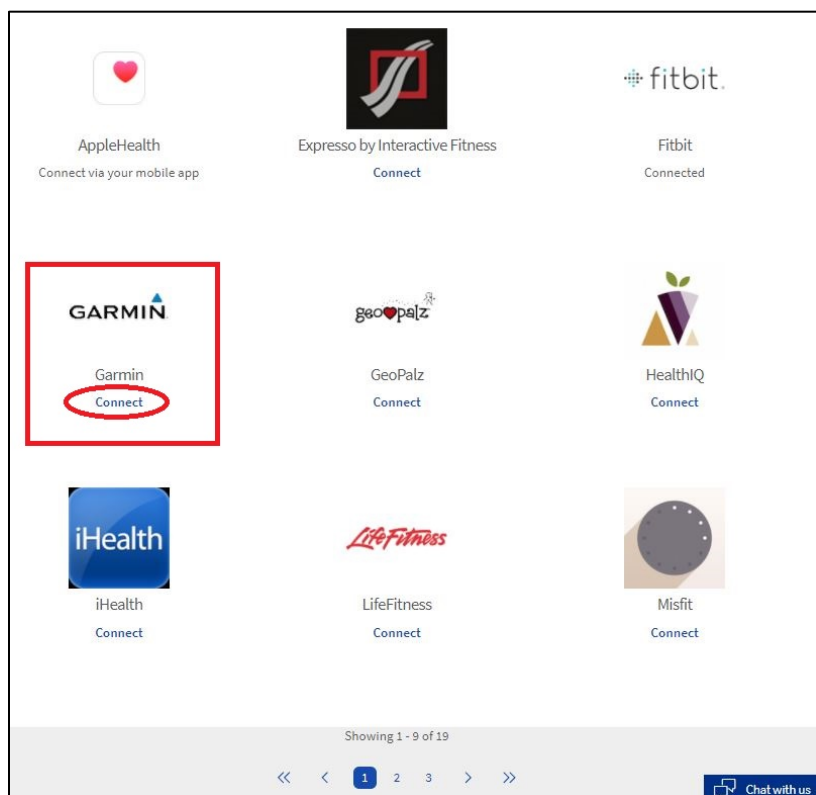
**Garmin**

## How to Connect Garmin, Using Go365.com

1. [Click on this link](#) and sign in using your Go365 username and password.
2. Scroll through the list and find “Garmin.” Click on “Connect” underneath it.
3. When you click on “Connect,” a new tab in your web browser will open. You will be prompted to sign into your account for Garmin.
4. After typing in your Garmin account credentials, click “Authorize app” and both accounts will be connected!

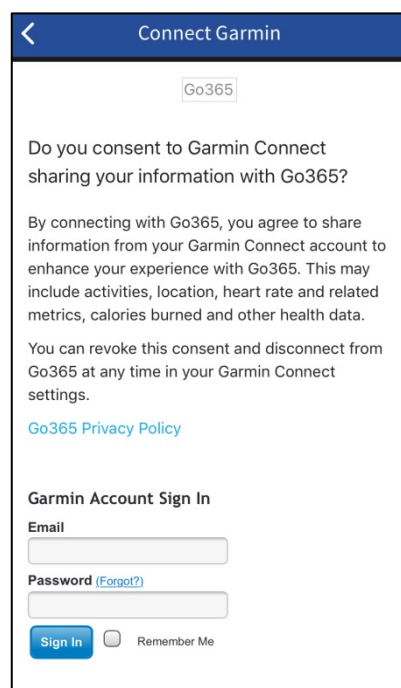
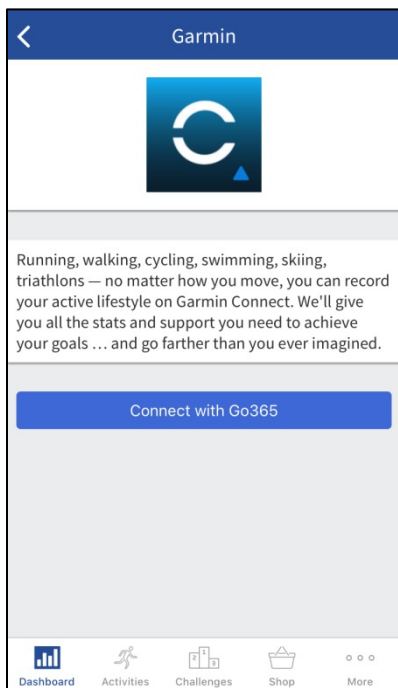
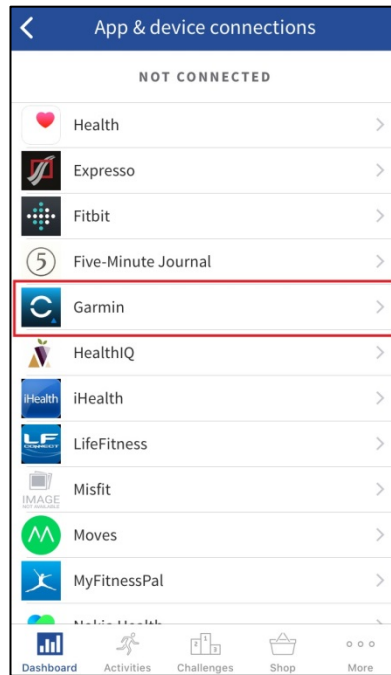
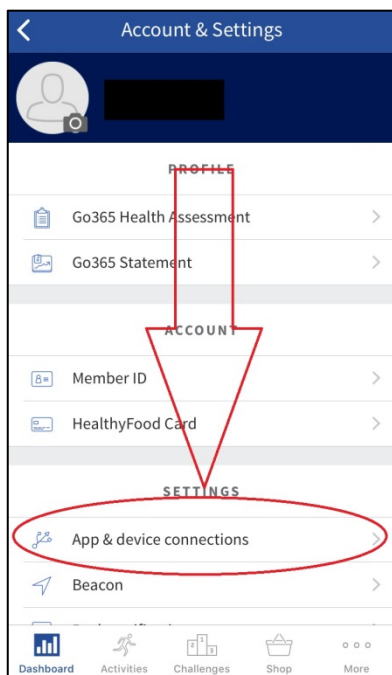
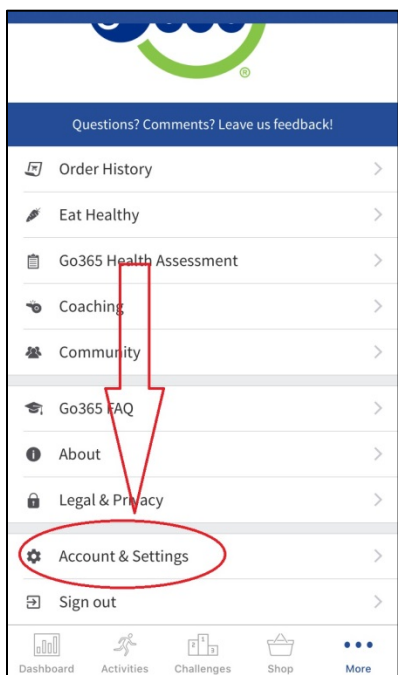
Sync Tip: You must sync your compatible Garmin device with Garmin on a regular basis. This sync allows data to flow through to Go365. Please allow 24 hours from the time you sync your device with Garmin for Points to reflect on your Go365 Statement.





## How to Connect Garmin, Using the Go365 Mobile App

1. Sign into your account on the Go365 mobile app. ([Google Play](#); [iTunes](#))
2. Android users: Tap the “Menu” icon on the dashboard then tap “Account & Settings.” iOS users: Tap the “More” menu icon, then tap “Account Settings” or the “Profile” icon on the dashboard.
3. Once you're signed in, tap on “More” in the tab.
4. Tap “App and device connections.”
5. Scroll down the list and tap on “Garmin.”
6. Read the notification and tap “Connect with Go365.”
7. Sign into your Garmin account and consent to connecting with Go365.
8. You will see a notification whether the device/app connected successfully. And you should also see it appear under “Connected Devices.”



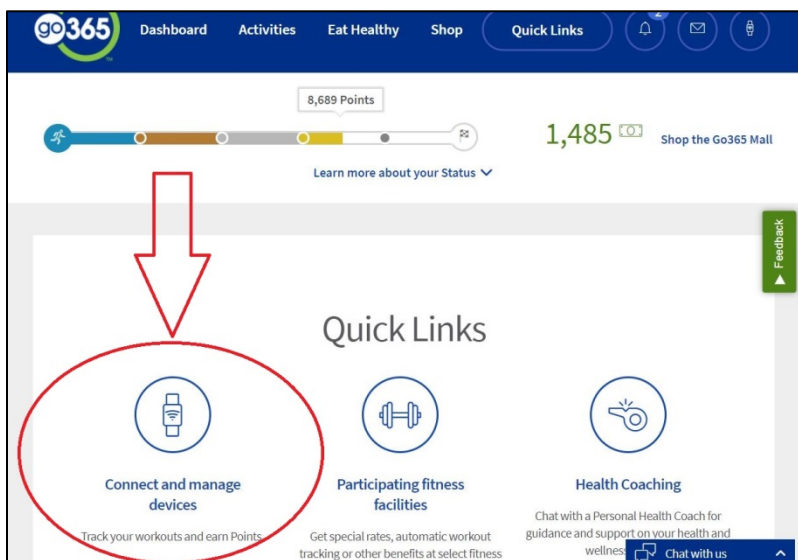
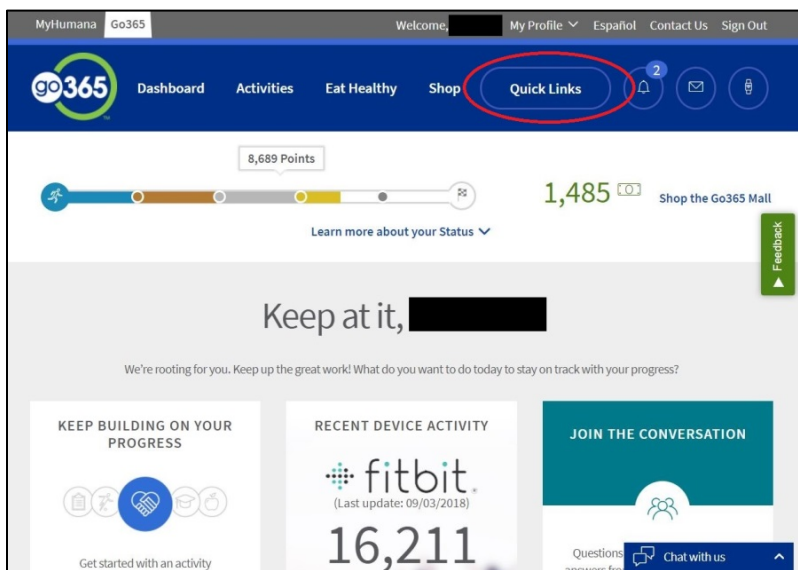
[Garmin Community Post](#)

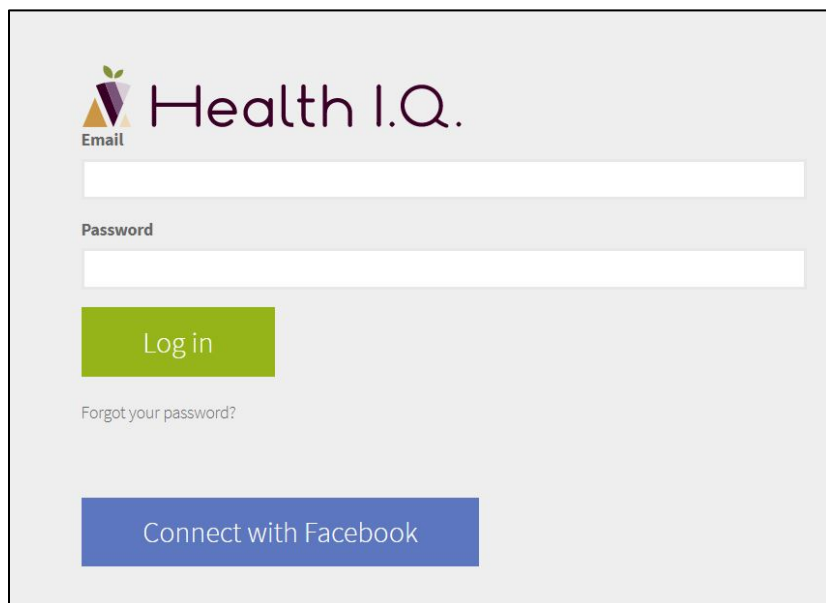
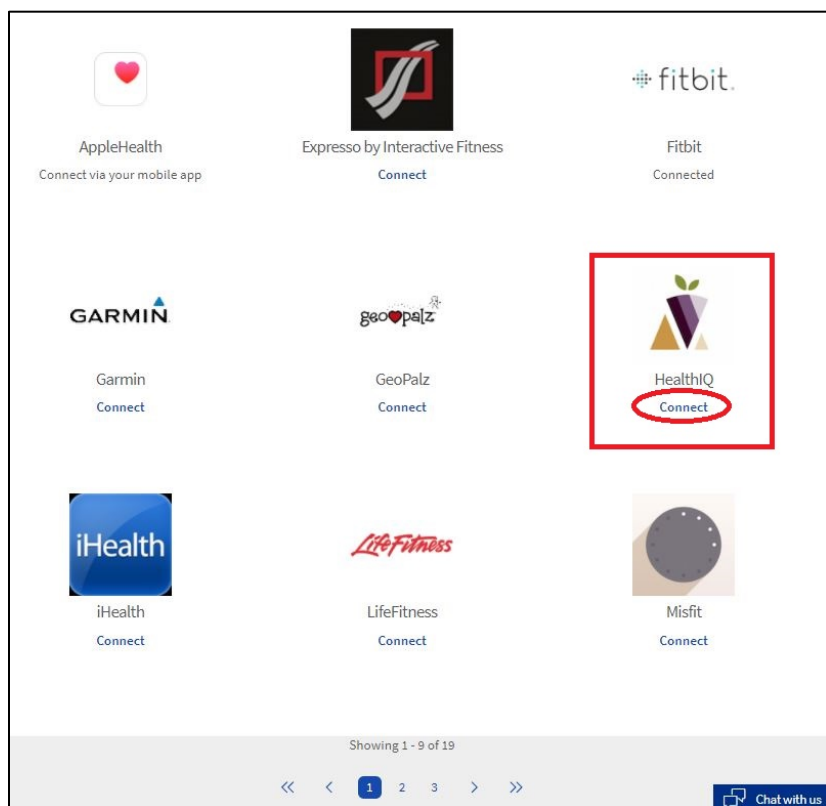
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**HealthIQ**

## How to Connect HealthIQ, Using Go365.com

1. [Click on this link](#) and sign in using your Go365 username and password.
2. Scroll through the list and find “HealthIQ.” Click on “Connect” underneath it.
3. When you click on “Connect,” a new tab in your web browser will open. You will be prompted to sign into your account for HealthIQ.
4. After typing in your HealthIQ account credentials, click “Login” and both accounts will be connected!

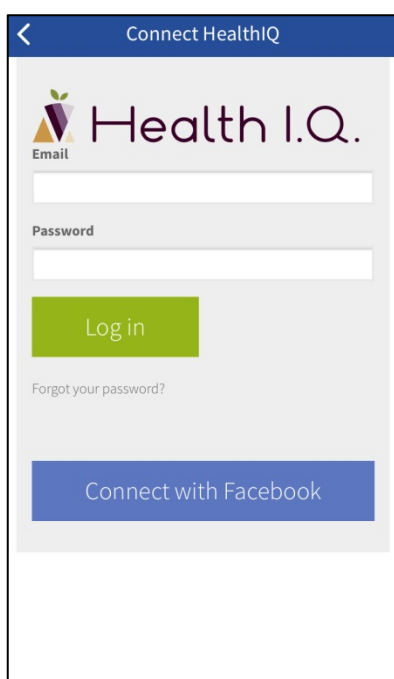
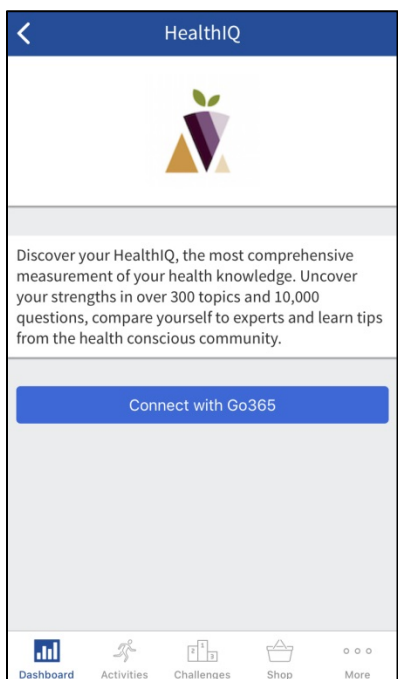
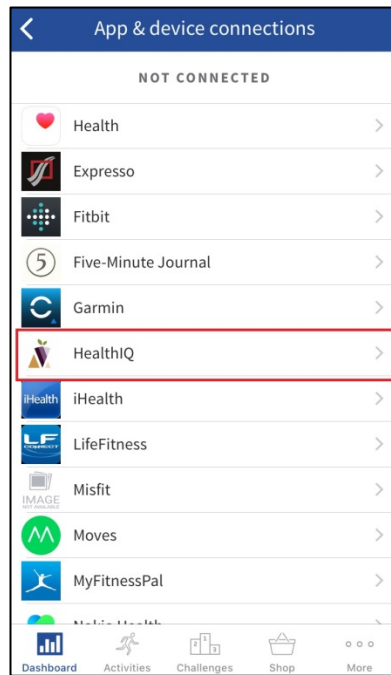
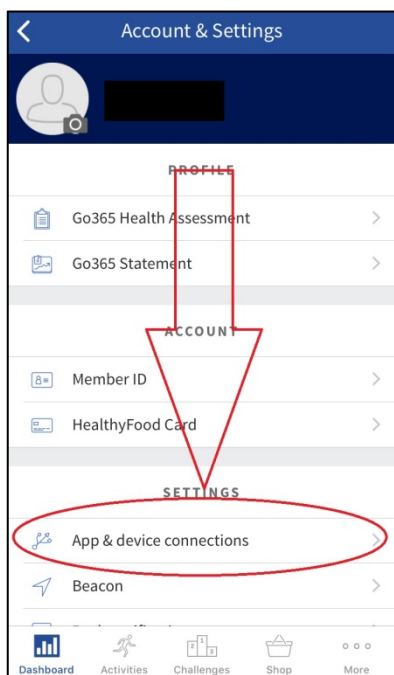
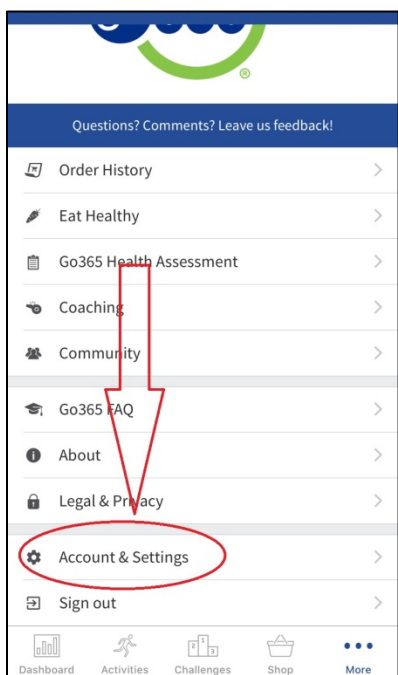




## How to Connect HealthIQ, Using the Go365 Mobile App

1. Sign into your account on the Go365 mobile app. ([Google Play](#); [iTunes](#))
2. Android users: Tap the “Menu” icon on the dashboard then tap “Account & Settings.” iOS users: Tap the “More” menu icon, then tap “Account Settings” or the “Profile” icon on the dashboard.

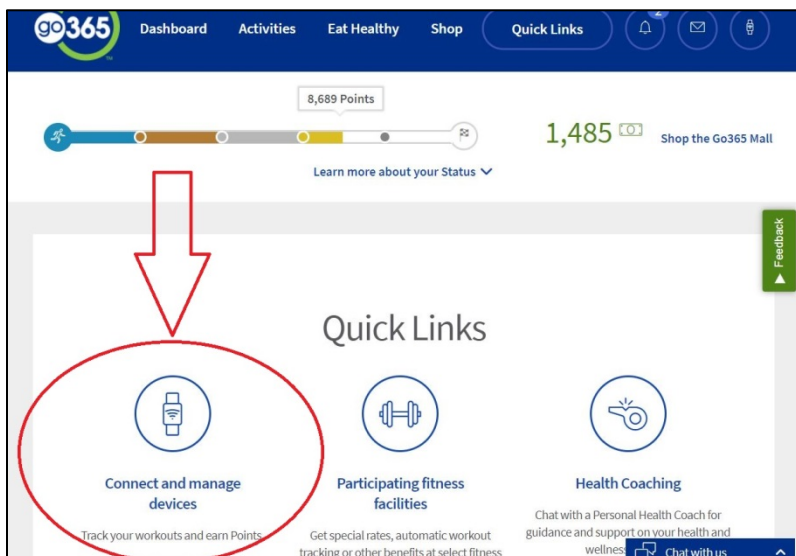
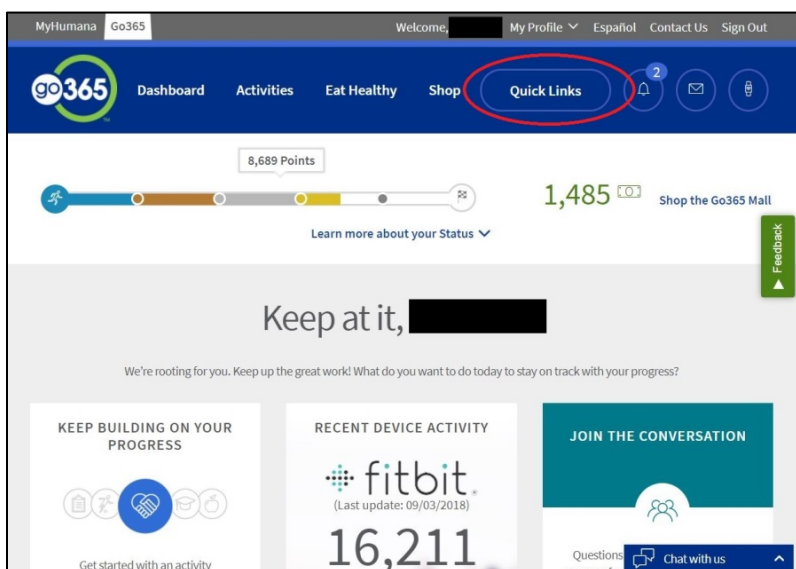
3. Once you're signed in, tap on "More" in the tab.
4. Tap "App and device connections."
5. Scroll down the list and tap on "HealthIQ."
6. Read the notification and tap "Connect with Go365."
7. Sign into your HealthIQ account and consent to connecting with Go365.
8. You will see a notification whether the device/app connected successfully. And you should also see it appear under "Connected Devices."

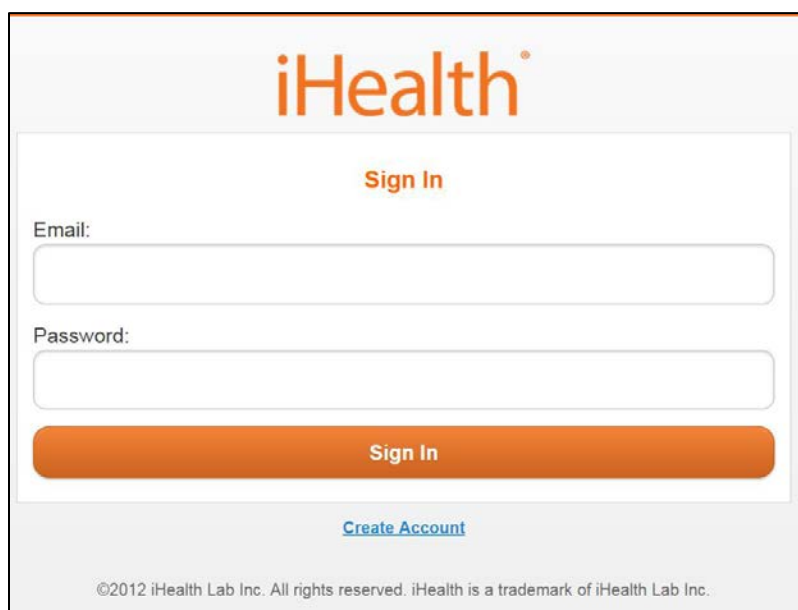
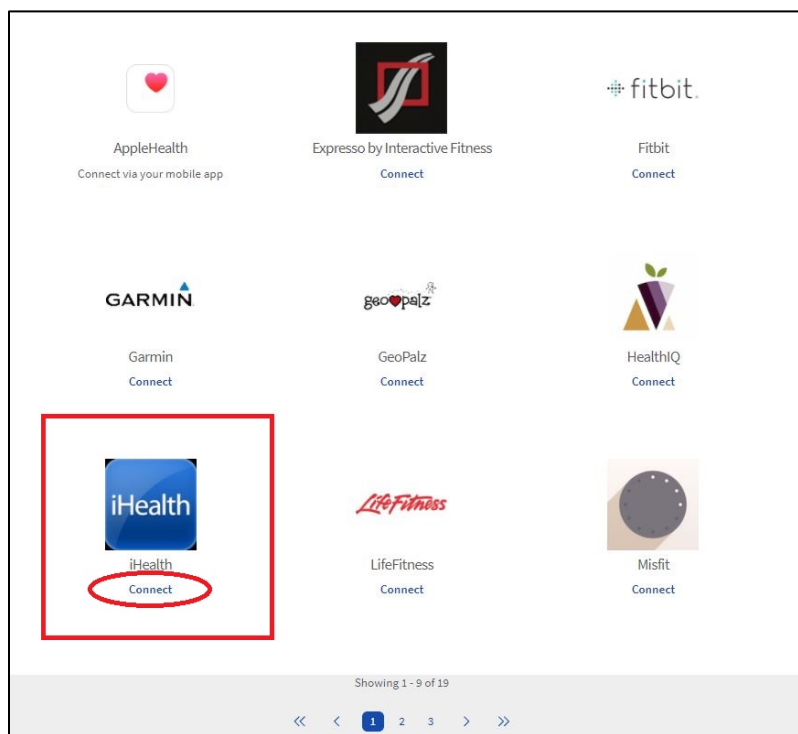


## iHealth

### How to Connect iHealth, Using Go365.com

1. [Click on this link](#) and sign in using your Go365 username and password.
2. Scroll through the list and find “iHealth.” Click on “Connect” underneath it.
3. When you click on “Connect,” a new tab in your web browser will open. You will be prompted to sign into your account for iHealth.
4. After typing in your iHealth account credentials, click “Login” and both accounts will be connected!

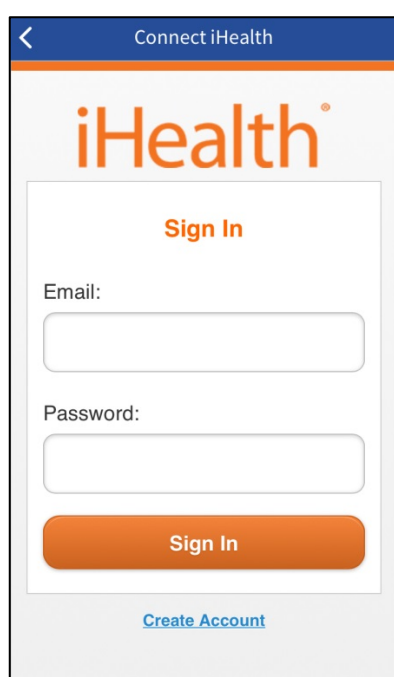
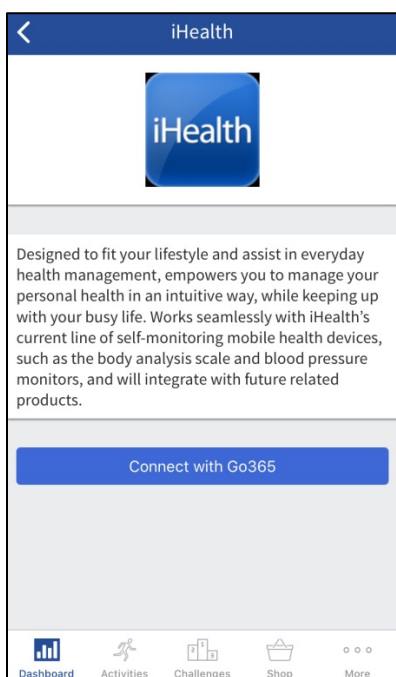
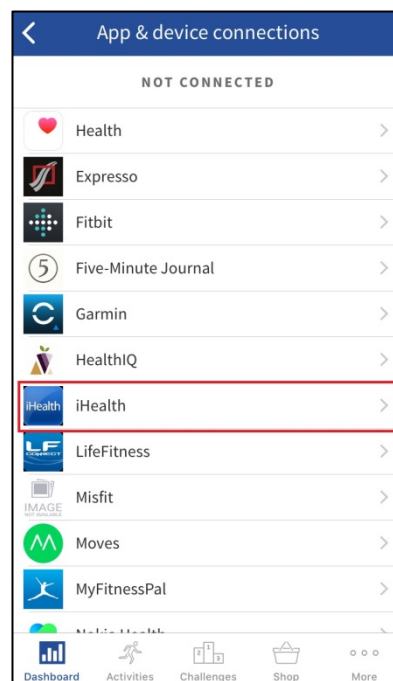
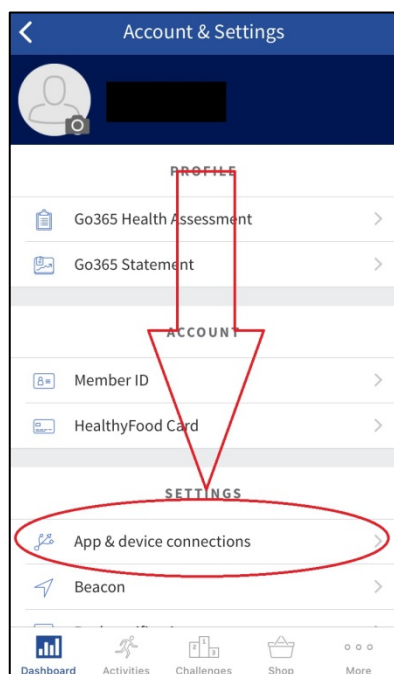
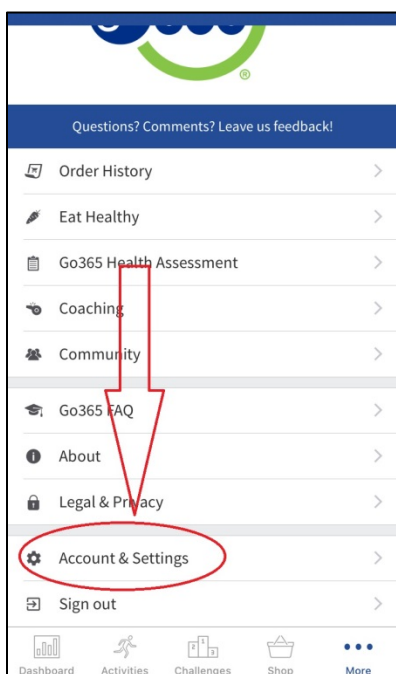




## How to Connect iHealth, Using the Go365 Mobile App

1. Sign into your account on the Go365 mobile app. ([Google Play](#); [iTunes](#))
2. Android users: Tap the “Menu” icon on the dashboard then tap “Account & Settings.” iOS users: Tap the “More” menu icon, then tap “Account Settings” or the “Profile” icon on the dashboard.
3. Once you’re signed in, tap on “More” in the tab.
4. Tap “App and device connections.”

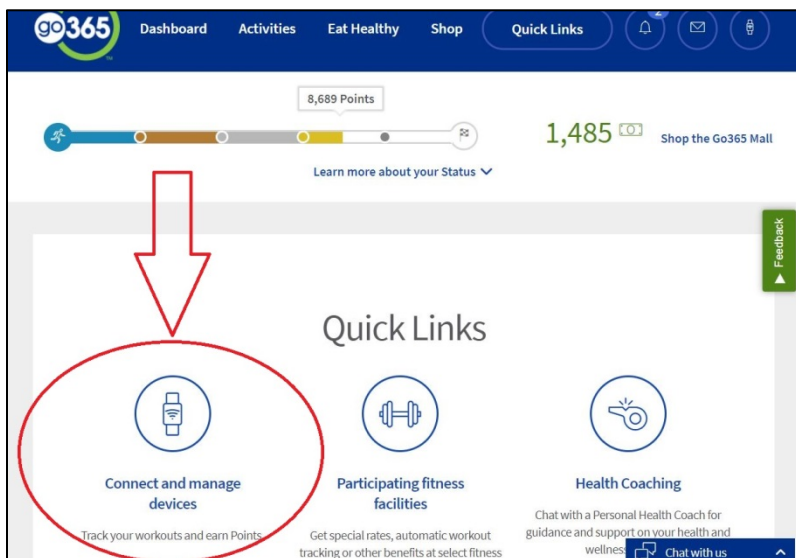
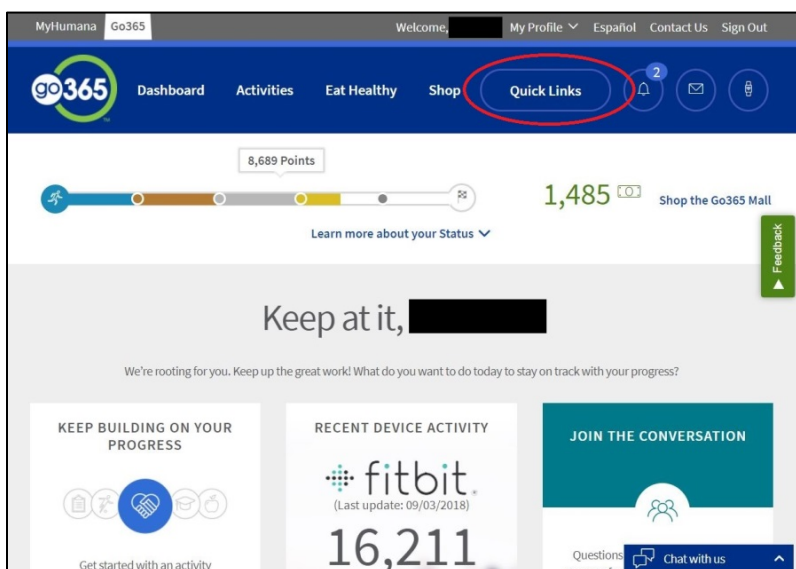
5. Scroll down the list and tap on "iHealth."
6. Read the notification and tap "Connect with Go365."
7. Sign into your iHealth account and consent to connecting with Go365.
8. You will see a notification whether the device/app connected successfully. And you should also see it appear under "Connected Devices."

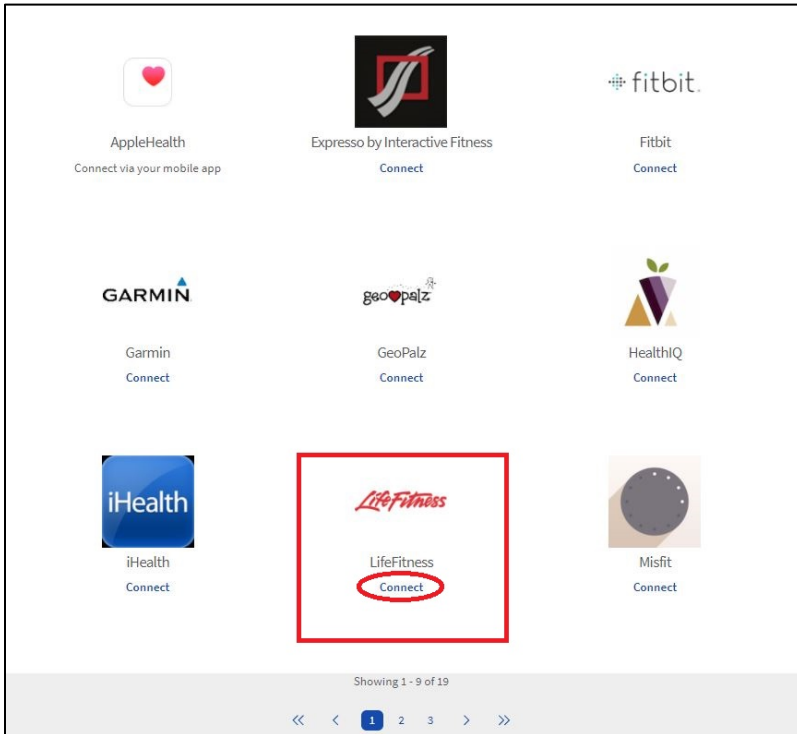


## LifeFitness

### How to Connect LifeFitness, Using Go365.com

1. [Click on this link](#) and sign in using your Go365 username and password.
2. Scroll through the list and find “LifeFitness.” Click on “Connect” underneath it.
3. When you click on “Connect,” a new tab in your web browser will open. You will be prompted to sign into your account for LifeFitness.
4. After typing in your LifeFitness account credentials, click “Login” and both accounts will be connected!





**Login & Authorize**

Please login to your LFconnect account to allow or deny this application's access.

User ID / Email

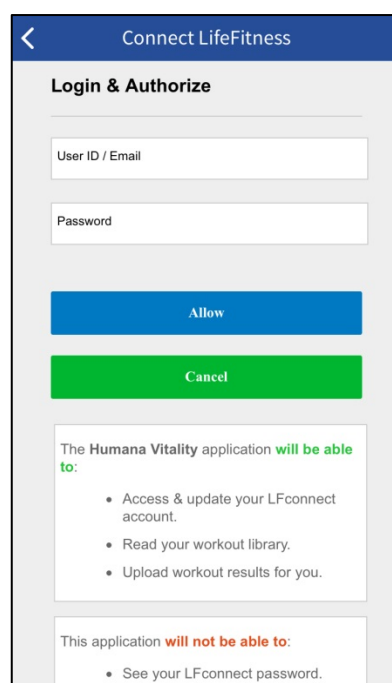
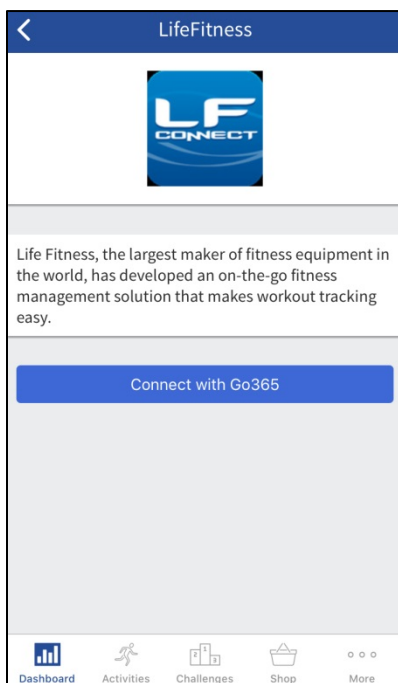
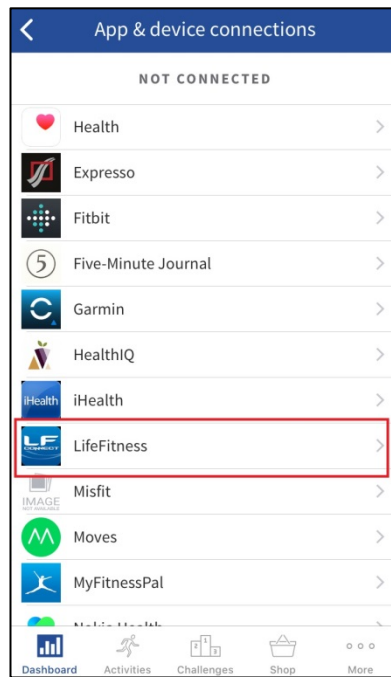
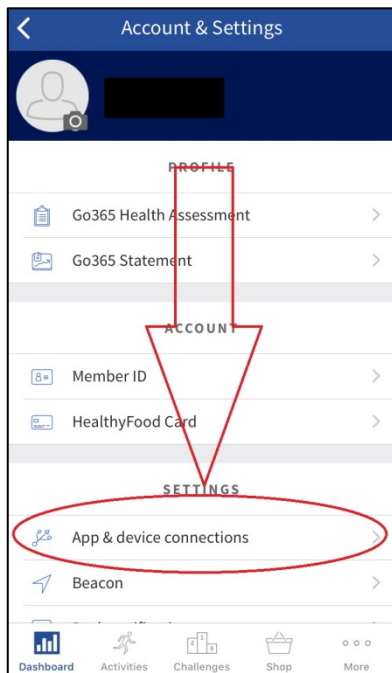
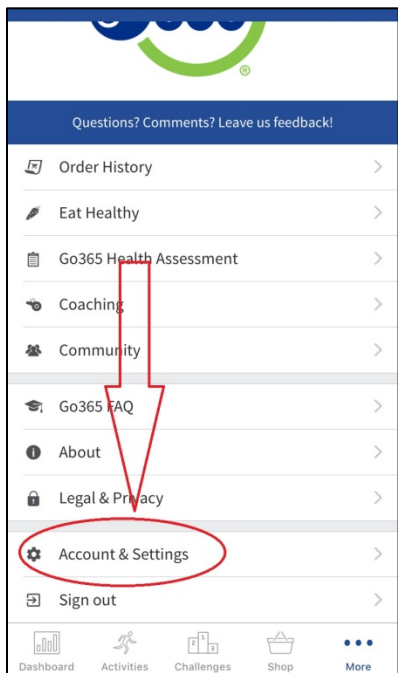
Password

<p>The Humana Vitality application <b>will be able to:</b></p> <ul style="list-style-type: none"> <li>• Access &amp; update your LFconnect account.</li> <li>• Read your workout library.</li> <li>• Upload workout results for you.</li> </ul>	<p>This application <b>will not be able to:</b></p> <ul style="list-style-type: none"> <li>• See your LFconnect password.</li> <li>• Access your Buddies.</li> </ul>
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## How to Connect LifeFitness, Using the Go365 Mobile App

1. Sign into your account on the Go365 mobile app. ([Google Play](#); [iTunes](#))
2. Android users: Tap the “Menu” icon on the dashboard then tap “Account & Settings.” iOS users: Tap the “More” menu icon, then tap “Account Settings” or the “Profile” icon on the dashboard.
3. Once you’re signed in, tap on “More” in the tab.
4. Tap “App and device connections.”
5. Scroll down the list and tap on “LifeFitness.”

6. Read the notification and tap “Connect with Go365.”
7. Sign into your LifeFitness account and consent to connecting with Go365.
8. You will see a notification whether the device/app connected successfully. And you should also see it appear under “Connected Devices.”



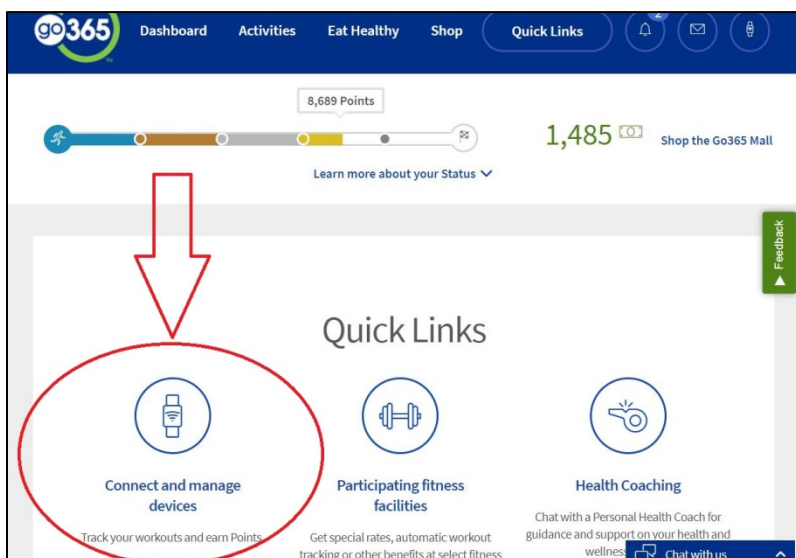
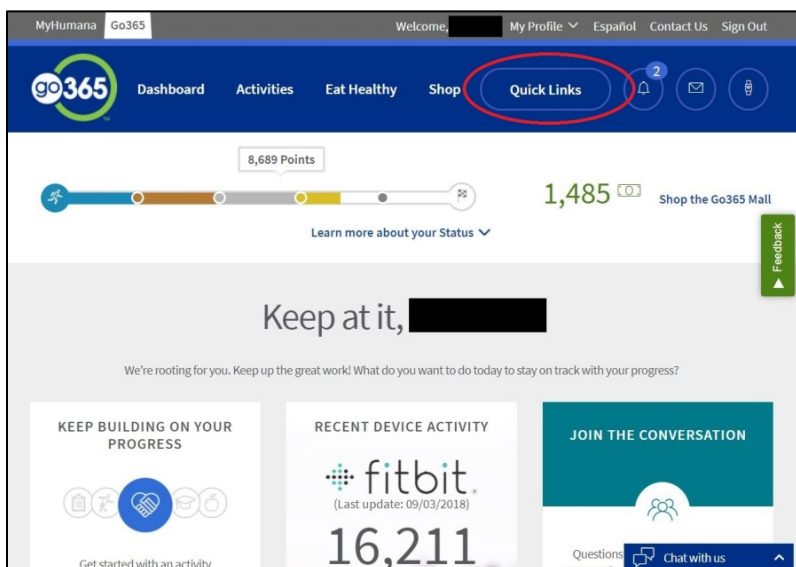
[LifeFitness Community Post](#)

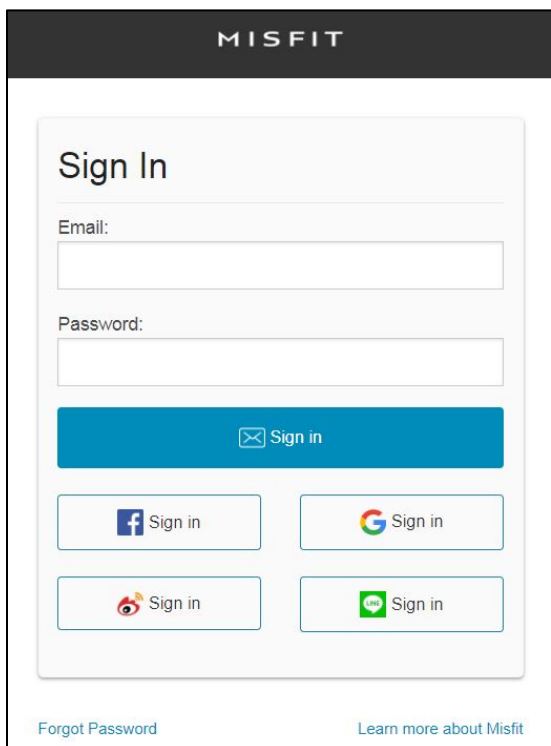
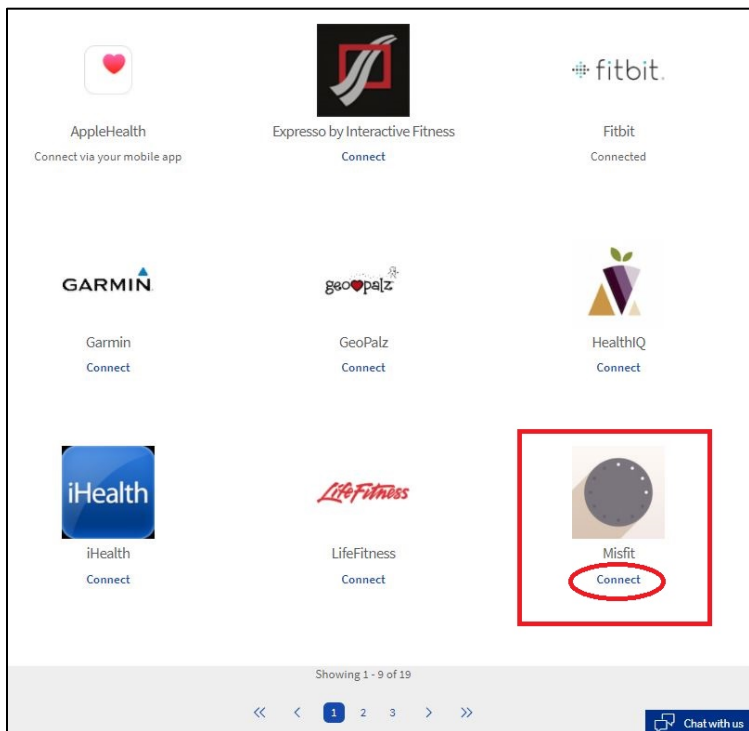
[Back to Menu](#)

## Misfit

### How to Connect Misfit, Using Go365.com

1. [Click on this link](#) and sign in using your Go365 username and password.
2. Scroll through the list and find “Misfit.” Click on “Connect” underneath it.
3. When you click on “Connect,” a new tab in your web browser will open. You will be prompted to sign into your account for Misfit.
4. After typing in your Misfit account credentials, click “Login” and both accounts will be connected!

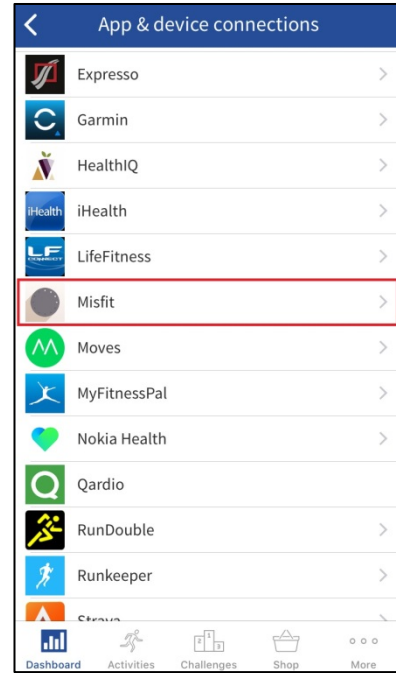
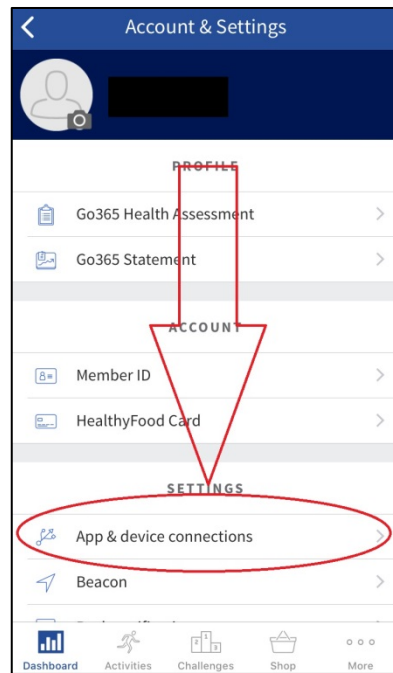
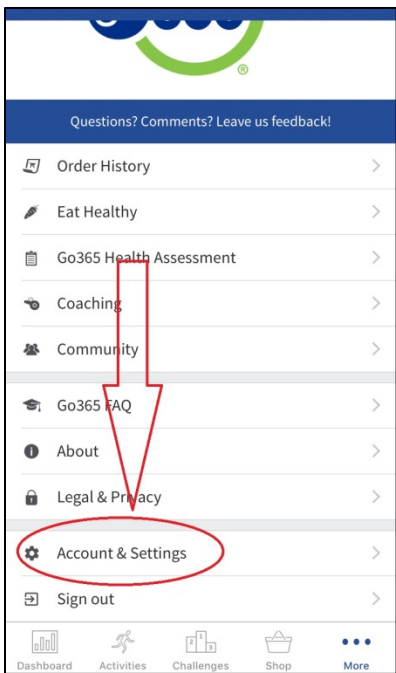


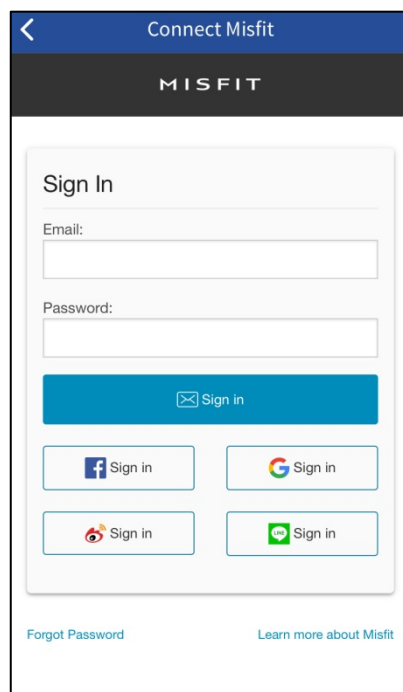
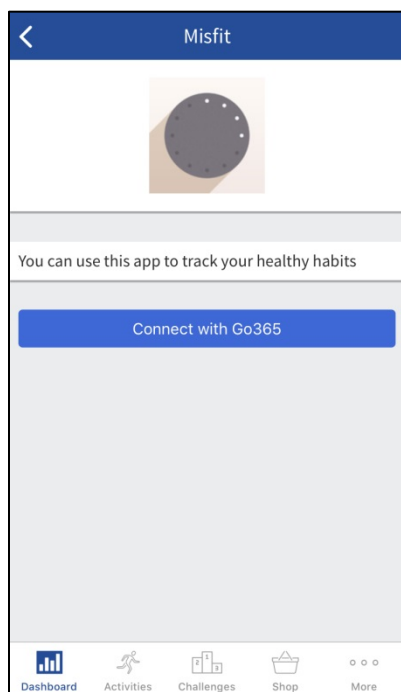


## How to Connect Misfit, Using the Go365 Mobile App

1. Sign into your account on the Go365 mobile app. ([Google Play](#); [iTunes](#))

2. Android users: Tap the “Menu” icon on the dashboard then tap “Account & Settings.” iOS users: Tap the “More” menu icon, then tap “Account Settings” or the “Profile” icon on the dashboard.
3. Once you’re signed in, tap on “More” in the tab.
4. Tap “App and device connections.”
5. Scroll down the list and tap on “Misfit.”
6. Read the notification and tap “Connect with Go365.”
7. Sign into your Misfit account and consent to connecting with Go365.
8. You will see a notification whether the device/app connected successfully. And you should also see it appear under “Connected Devices.”





[Misfit Community Post](#)

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## MyFitnessPal

### How to Connect MyFitnessPal, Using Go365.com

1. [Click on this link](#) and sign in using your Go365 username and password.
2. Scroll through the list and find “MyFitnessPal.” Click on “Connect” underneath it.
3. When you click on “Connect,” a new tab in your web browser will open. You will be prompted to sign into your account for MyFitnessPal.
4. After typing in your MyFitnessPal account credentials, click “Login” and both accounts will be connected!

MyHumana Go365 Welcome, [Name] My Profile Español Contact Us Sign Out

go365 Dashboard Activities Eat Healthy Shop Quick Links

8,689 Points 1,485 Shop the Go365 Mall

Learn more about your Status

Keep at it, [Name]

We're rooting for you. Keep up the great work! What do you want to do today to stay on track with your progress?

KEEP BUILDING ON YOUR PROGRESS RECENT DEVICE ACTIVITY JOIN THE CONVERSATION

fitbit (Last update: 09/03/2018) 16,211

Get started with an activity Questions Chat with us

go365 Dashboard Activities Eat Healthy Shop Quick Links

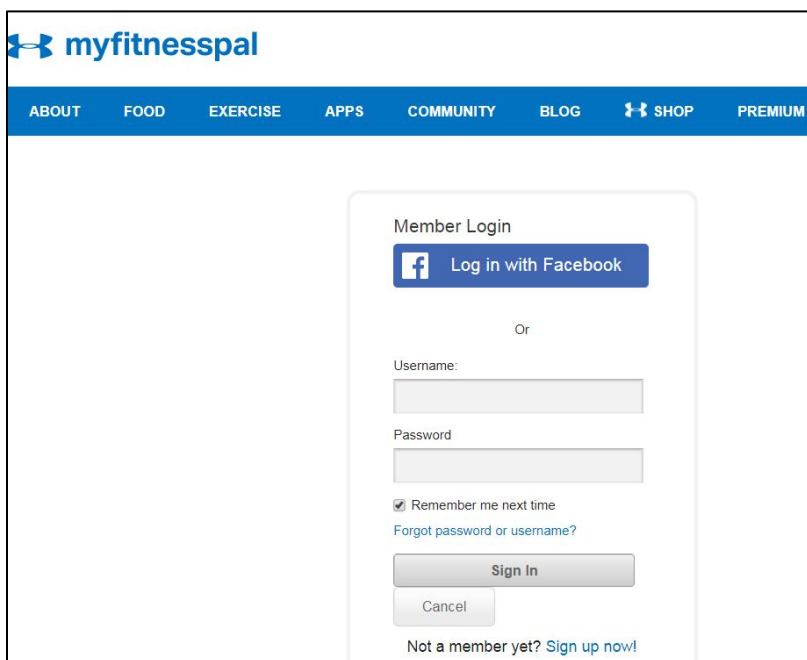
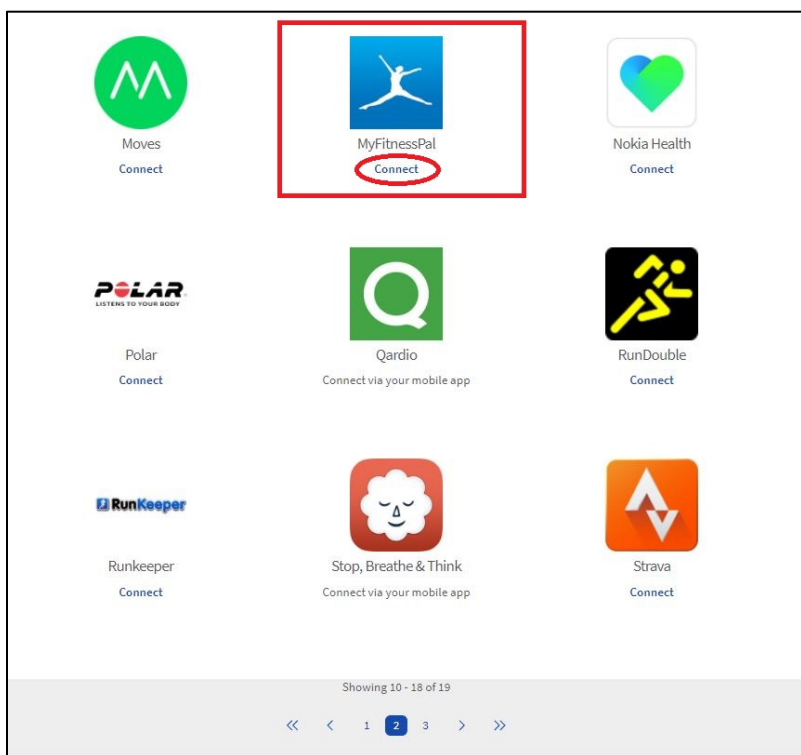
8,689 Points 1,485 Shop the Go365 Mall

Learn more about your Status

Quick Links

Connect and manage devices Participating fitness facilities Health Coaching

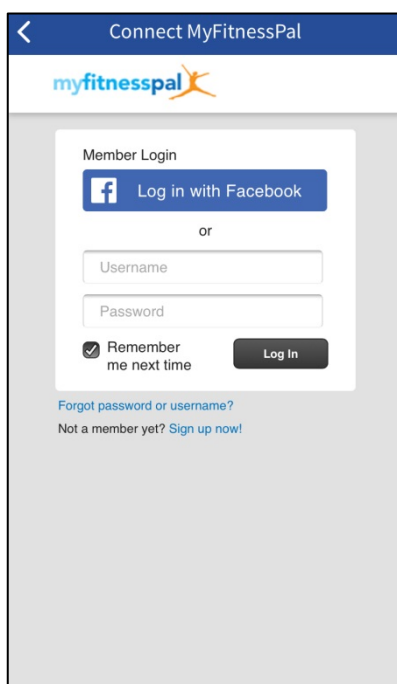
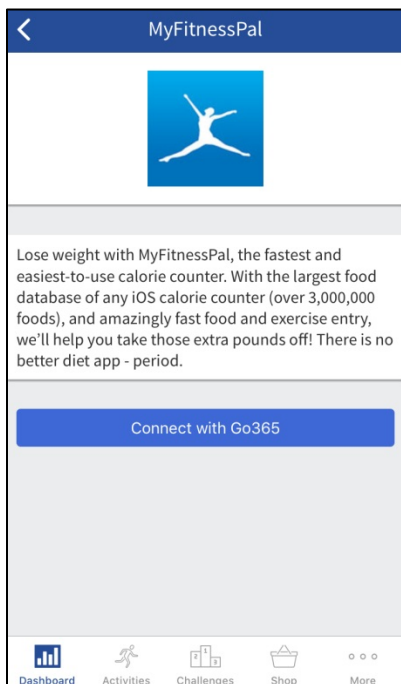
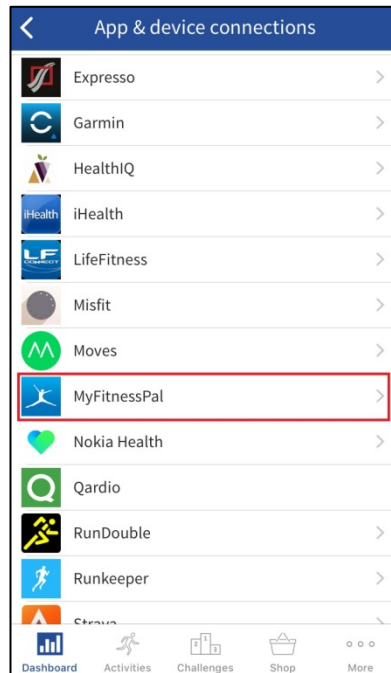
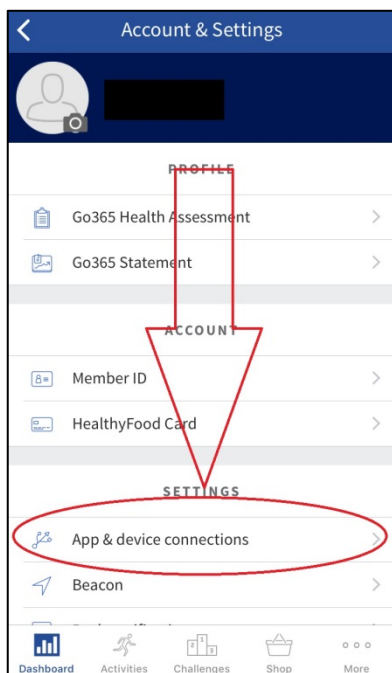
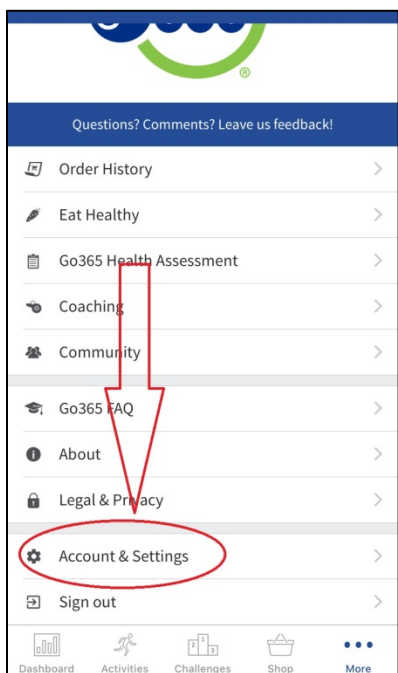
Track your workouts and earn Points Get special rates, automatic workout tracking or other benefits at select fitness Chat with a Personal Health Coach for guidance and support on your health and wellness



## How to Connect MyFitnessPal, Using the Go365 Mobile App

1. Sign into your account on the Go365 mobile app. ([Google Play](#); [iTunes](#))
2. Android users: Tap the “Menu” icon on the dashboard then tap “Account & Settings.” iOS users: Tap the “More” menu icon, then tap “Account Settings” or the “Profile” icon on the dashboard.
3. Once you’re signed in, tap on “More” in the tab.

4. Tap “App and device connections.”
5. Scroll down the list and tap on “MyFitnessPal.”
6. Read the notification and tap “Connect with Go365.”
7. Sign into your MyFitnessPal account and consent to connecting with Go365.
8. You will see a notification whether the device/app connected successfully. And you should also see it appear under “Connected Devices.”

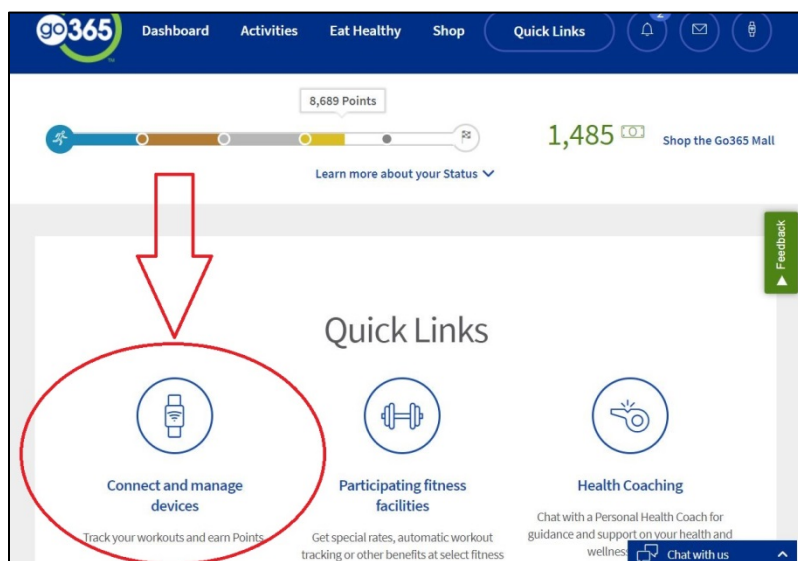
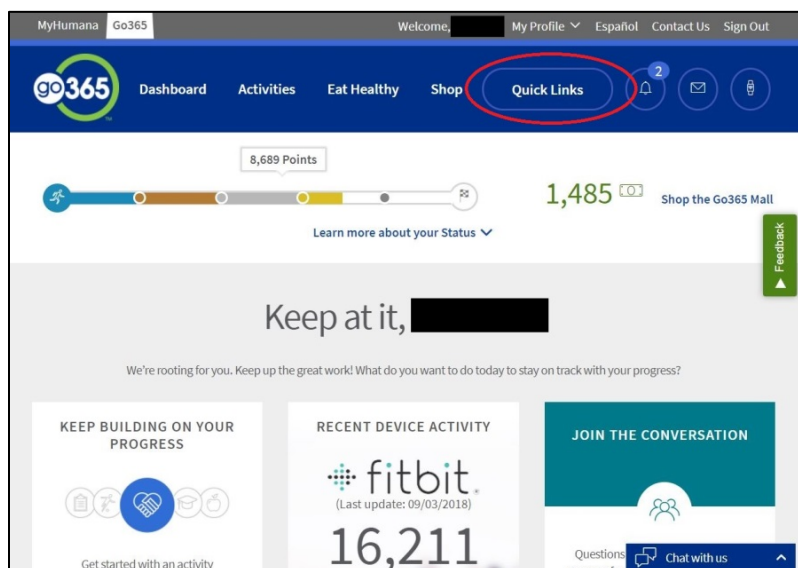


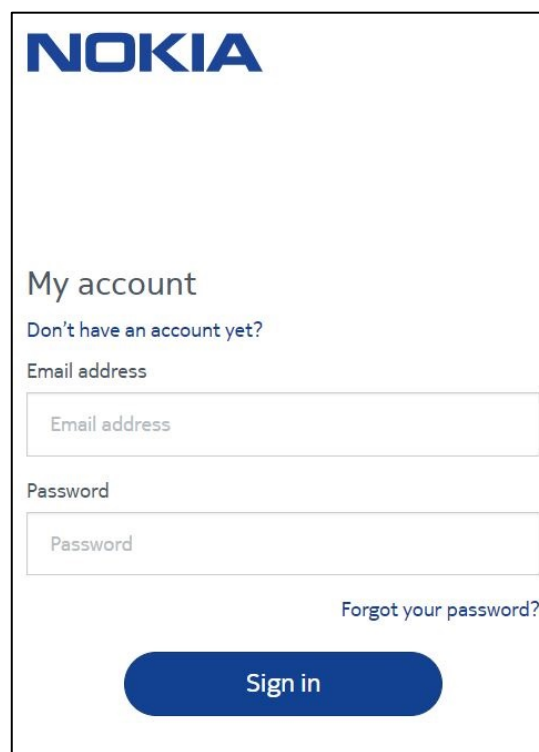
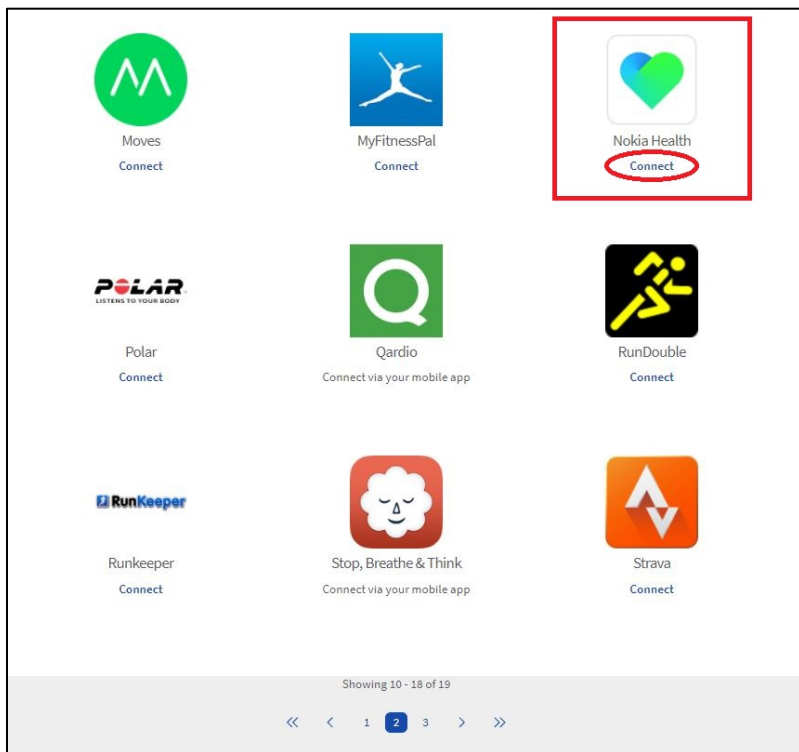
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## Nokia Health

### How to Connect Nokia Health, Using Go365.com

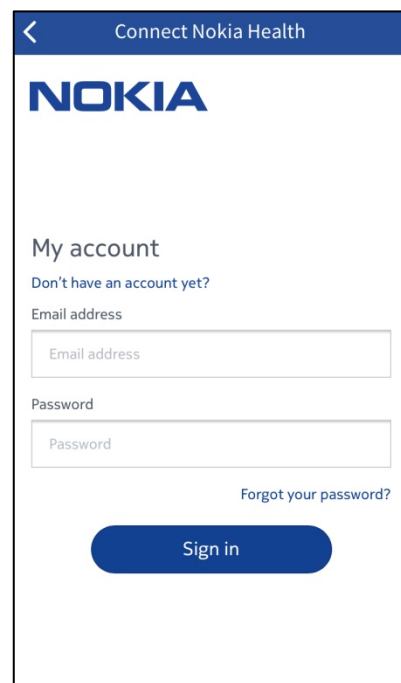
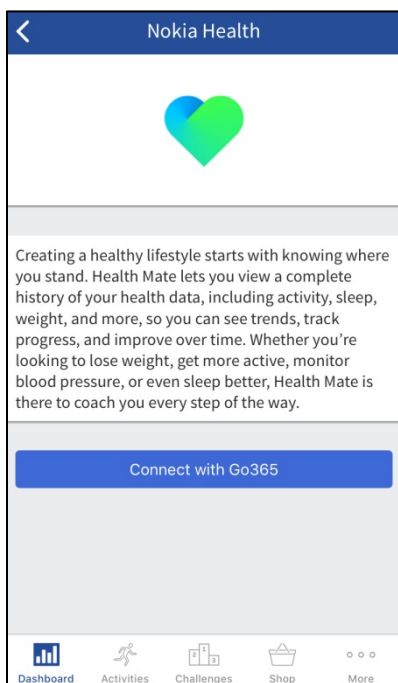
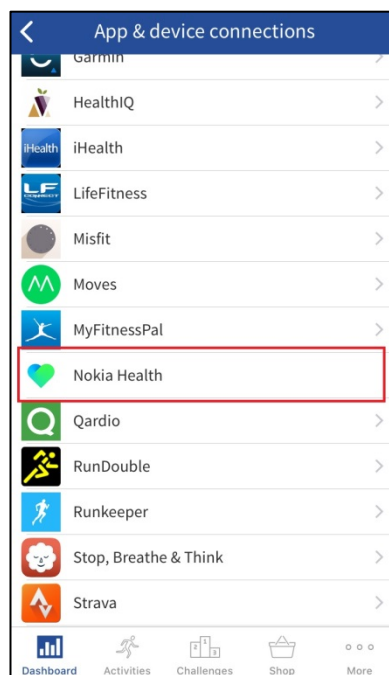
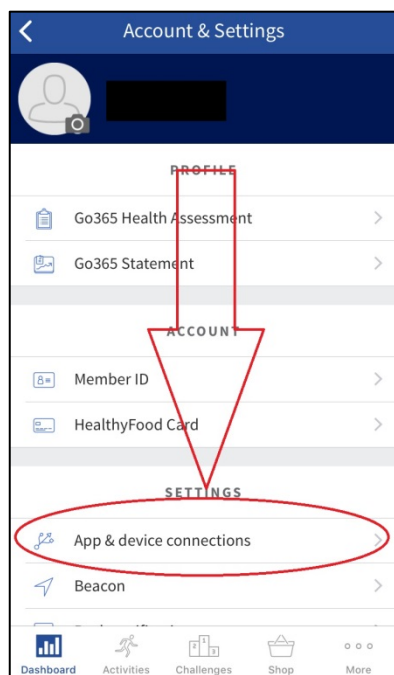
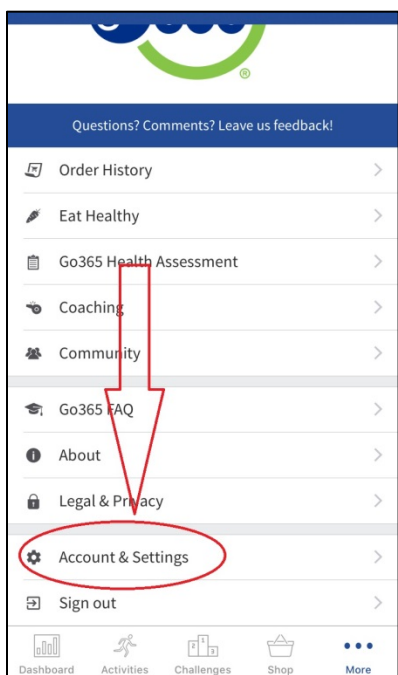
1. [Click on this link](#) and sign in using your Go365 username and password.
2. Scroll through the list and find “Nokia Health.” Click on “Connect” underneath it.
3. When you click on “Connect,” a new tab in your web browser will open. You will be prompted to sign into your account for Nokia Health.
4. After typing in your Nokia Health account credentials, click “Login” and both accounts will be connected!





## How to Connect Nokia Health, Using the Go365 Mobile App

1. Sign into your account on the Go365 mobile app. ([Google Play](#); [iTunes](#))
2. Android users: Tap the “Menu” icon on the dashboard then tap “Account & Settings.” iOS users: Tap the “More” menu icon, then tap “Account Settings” or the “Profile” icon on the dashboard.
3. Once you're signed in, tap on “More” in the tab.
4. Tap “App and device connections.”
5. Scroll down the list and tap on “Nokia Health.”
6. Read the notification and tap “Connect with Go365.”
7. Sign into your Nokia Health account and consent to connecting with Go365.
8. You will see a notification whether the device/app connected successfully. And you should also see it appear under “Connected Devices.”



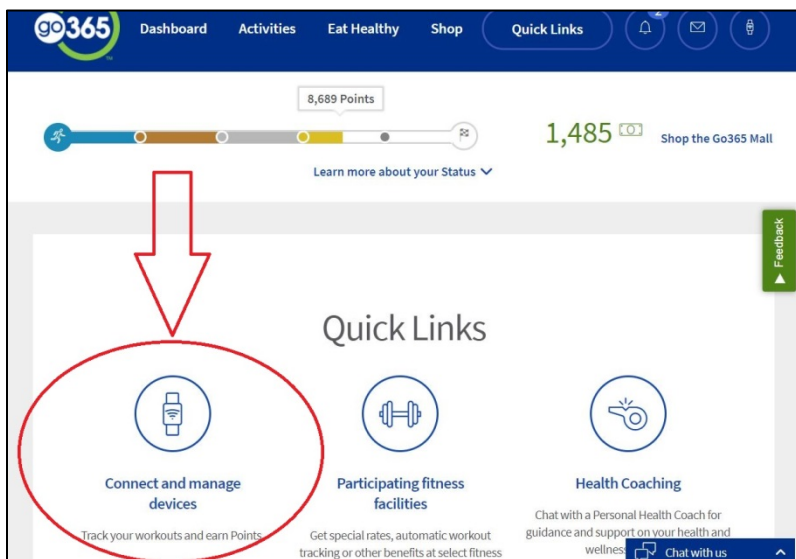
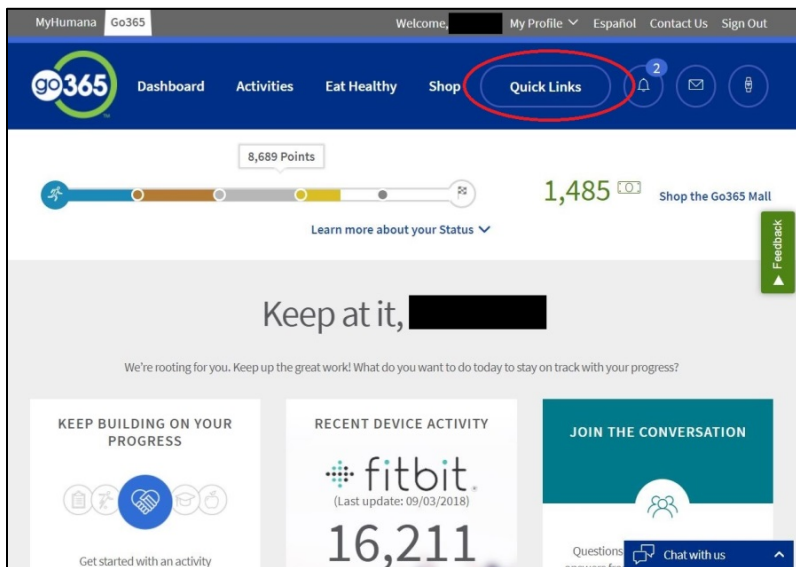
[Nokia Health Community Post](#)

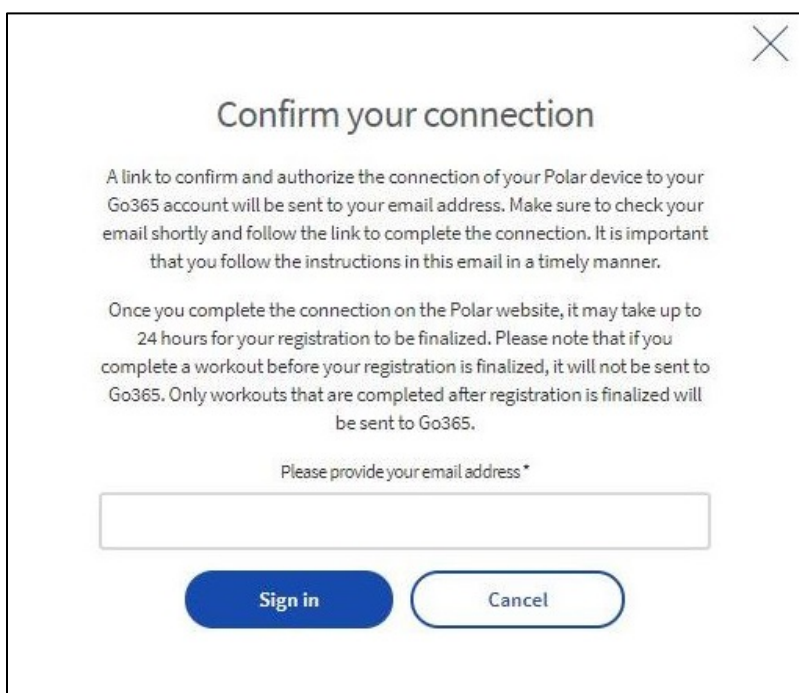
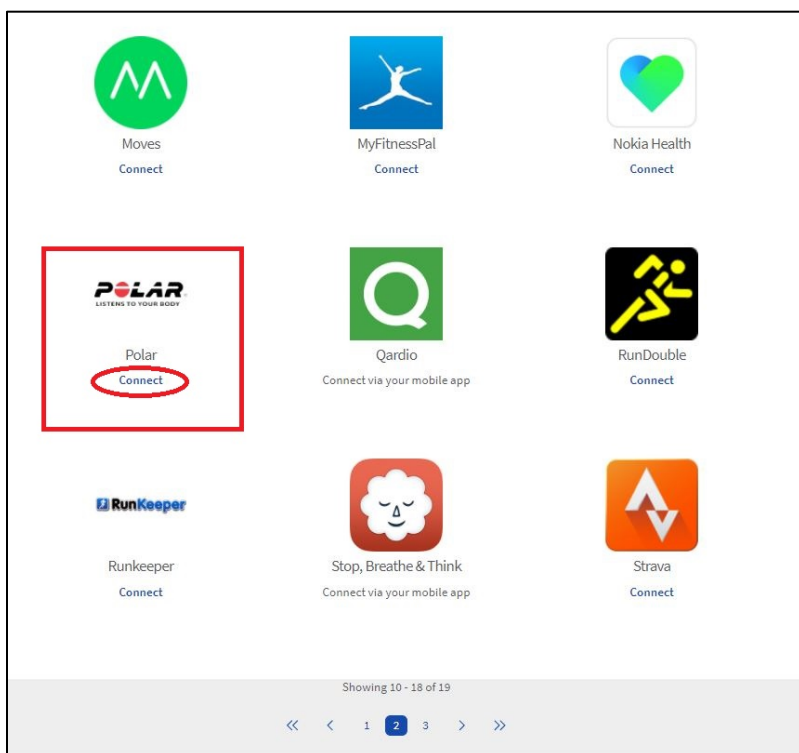
[Back to Menu](#)

## Polar (web only)

### How to Connect Polar, Using Go365.com

1. [Click on this link](#) and sign in using your Go365 username and password.
2. Scroll through the list and find “Polar.” Click on “Connect” underneath it.
3. When you click on “Connect,” a pop-up window will open. You will be prompted to sign into your account for Polar.
4. After typing in your Polar account credentials, click “Login” and both accounts will be connected!





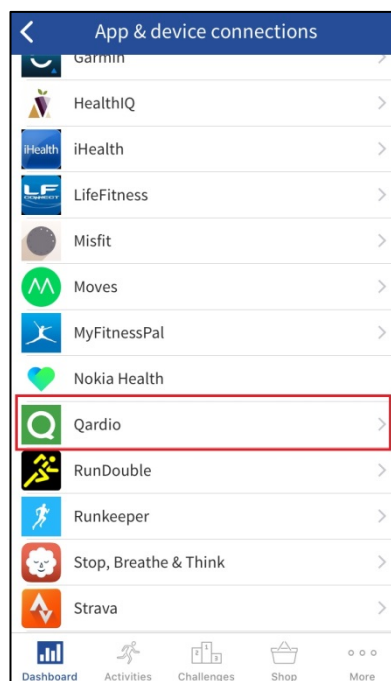
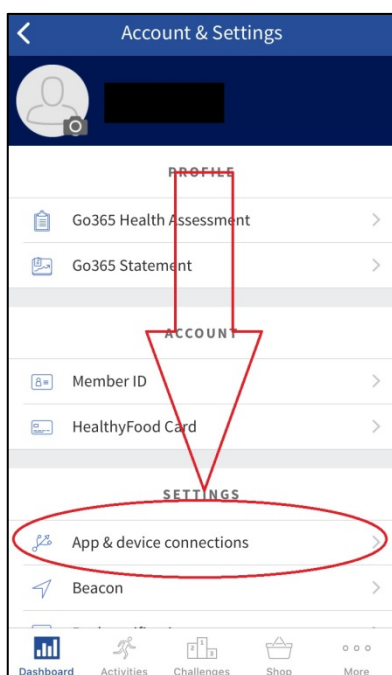
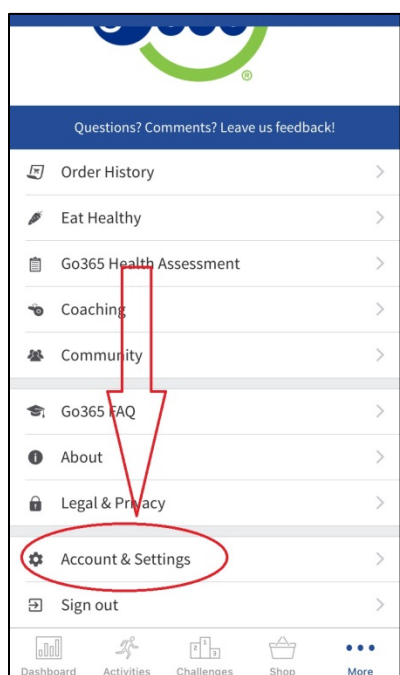
[Polar Community Post](#)

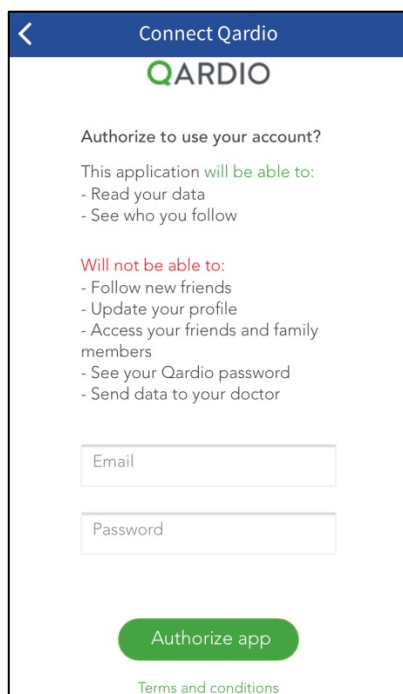
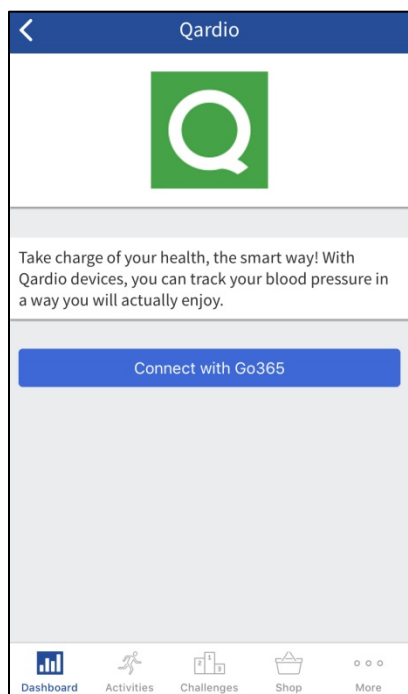
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## Qardio (mobile only)

### How to Connect Qardio, Using the Go365 Mobile App

1. Sign into your account on the Go365 mobile app. ([Google Play](#); [iTunes](#))
2. Android users: Tap the “Menu” icon on the dashboard then tap “Account & Settings.” iOS users: Tap the “More” menu icon, then tap “Account Settings” or the “Profile” icon on the dashboard.
3. Once you're signed in, tap on “More” in the tab.
4. Tap “App and device connections.”
5. Scroll down the list and tap on “Qardio.”
6. Read the notification and tap “Connect with Go365.”
7. Sign into your Qardio account and consent to connecting with Go365.
8. You will see a notification whether the device/app connected successfully. And you should also see it appear under “Connected Devices.”





[Qardio Community Post](#)

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## RunDouble

### How to Connect RunDouble, Using Go365.com

1. [Click on this link](#) and sign in using your Go365 username and password.
2. Scroll through the list and find "RunDouble." Click on "Connect" underneath it.
3. When you click on "Connect," a new tab in your web browser will open. You will be prompted to sign into your account for RunDouble.
4. After typing in your RunDouble account credentials, click "Login" and both accounts will be connected!

MyHumana Go365 Welcome, [Name] My Profile Español Contact Us Sign Out

go365 Dashboard Activities Eat Healthy Shop **Quick Links** [Notifications] [Messages] [Profile]

8,689 Points 1,485 Shop the Go365 Mall

Learn more about your Status

Keep at it, [Name]

We're rooting for you. Keep up the great work! What do you want to do today to stay on track with your progress?

KEEP BUILDING ON YOUR PROGRESS

RECENT DEVICE ACTIVITY

fitbit (Last update: 09/03/2018)

16,211

JOIN THE CONVERSATION

Get started with an activity

Questions Chat with us

go365 Dashboard Activities Eat Healthy Shop Quick Links [Notifications] [Messages] [Profile]

8,689 Points 1,485 Shop the Go365 Mall

Learn more about your Status

Quick Links

**Connect and manage devices**

Participating fitness facilities

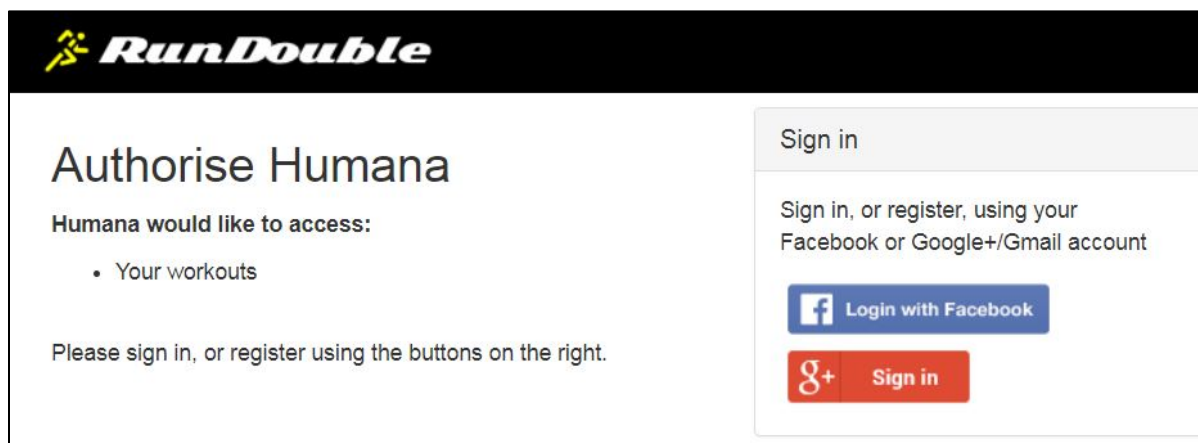
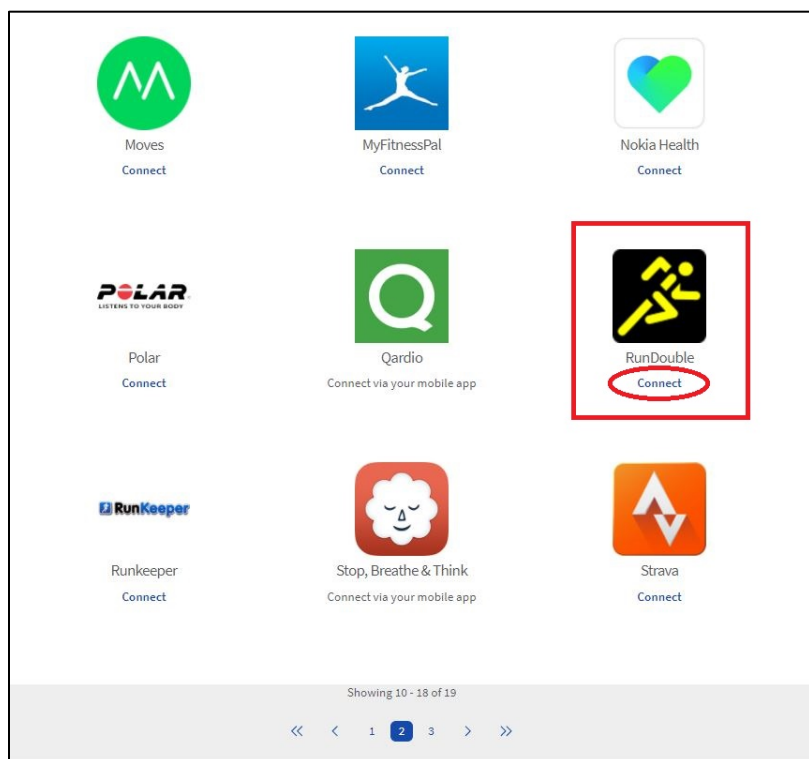
Health Coaching

Track your workouts and earn Points

Get special rates, automatic workout tracking or other benefits at select fitness

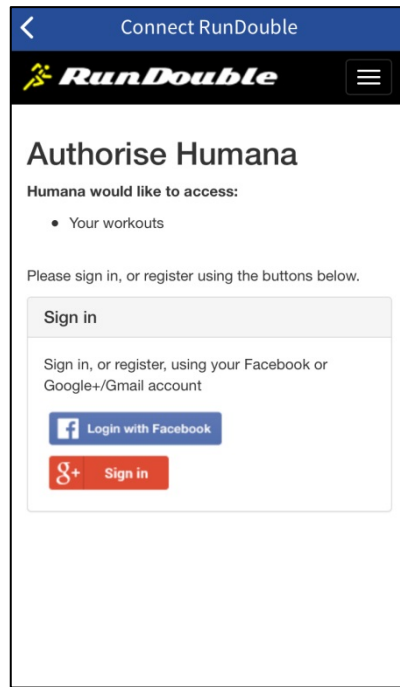
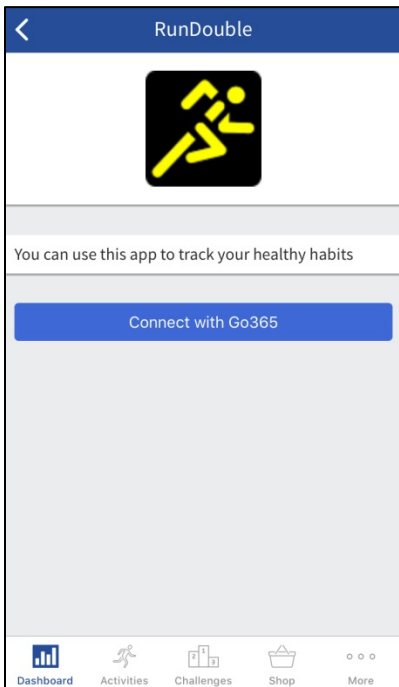
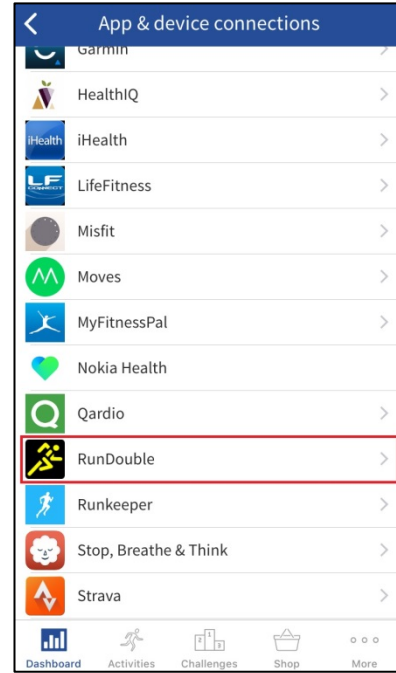
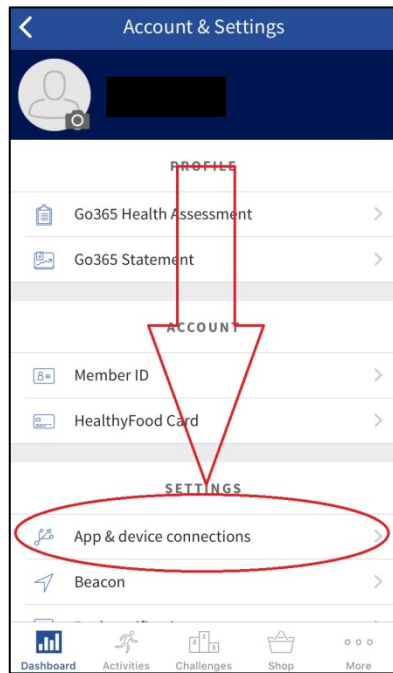
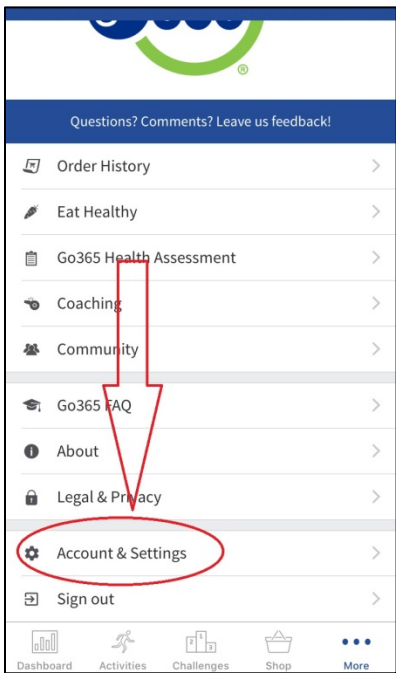
Chat with a Personal Health Coach for guidance and support on your health and wellness

Questions Chat with us



## How to Connect RunDouble, Using the Go365 Mobile App

1. Sign into your account on the Go365 mobile app. ([Google Play](#); [iTunes](#))
2. Android users: Tap the “Menu” icon on the dashboard then tap “Account & Settings.” iOS users: Tap the “More” menu icon, then tap “Account Settings” or the “Profile” icon on the dashboard.
3. Once you’re signed in, tap on “More” in the tab.
4. Tap “App and device connections.”
5. Scroll down the list and tap on “RunDouble.”
6. Read the notification and tap “Connect with Go365.”
7. Sign into your RunDouble account and consent to connecting with Go365.
8. You will see a notification whether the device/app connected successfully. And you should also see it appear under “Connected Devices.”



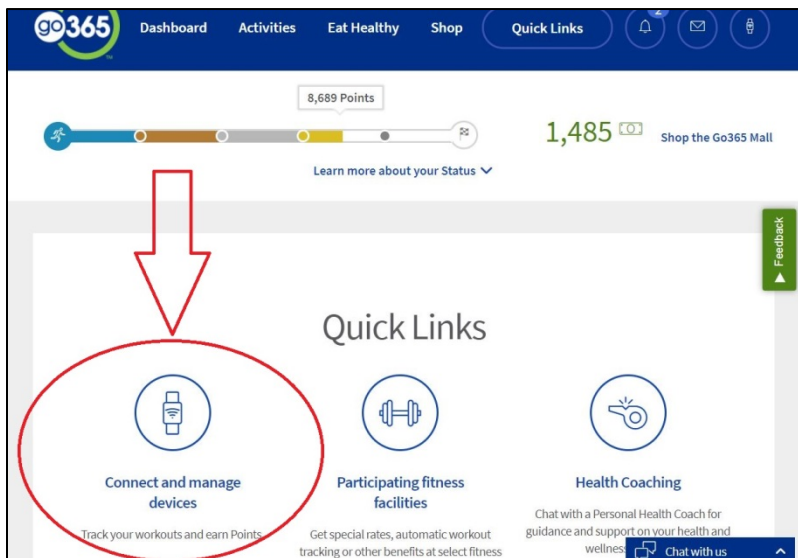
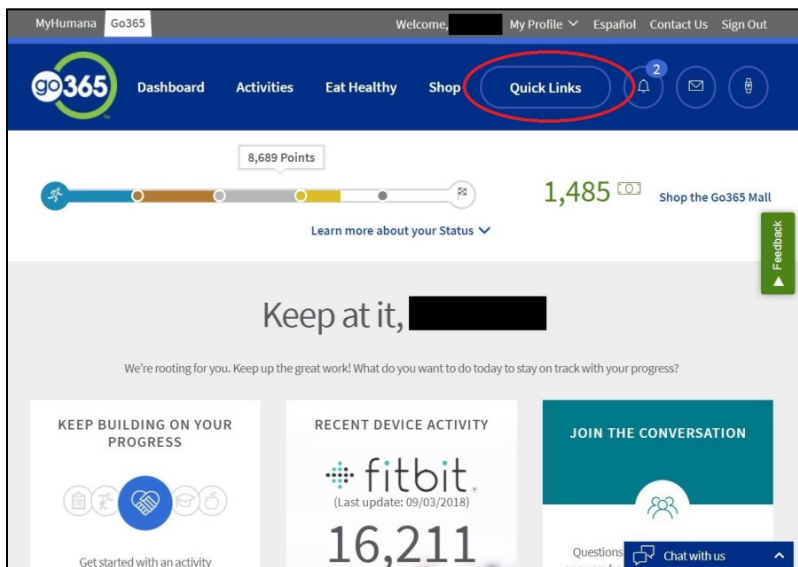
[RunDouble Community Post](#)

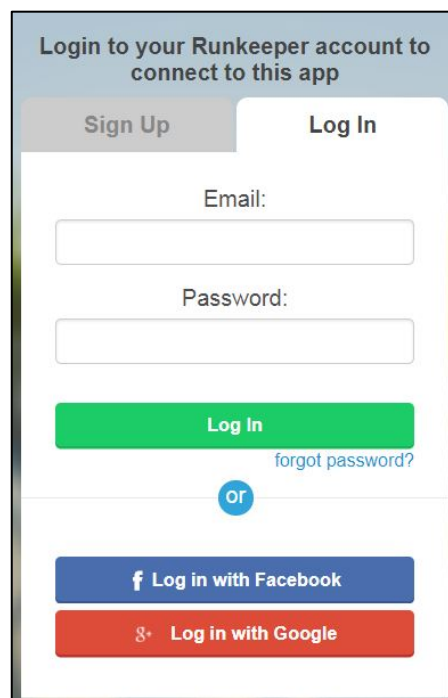
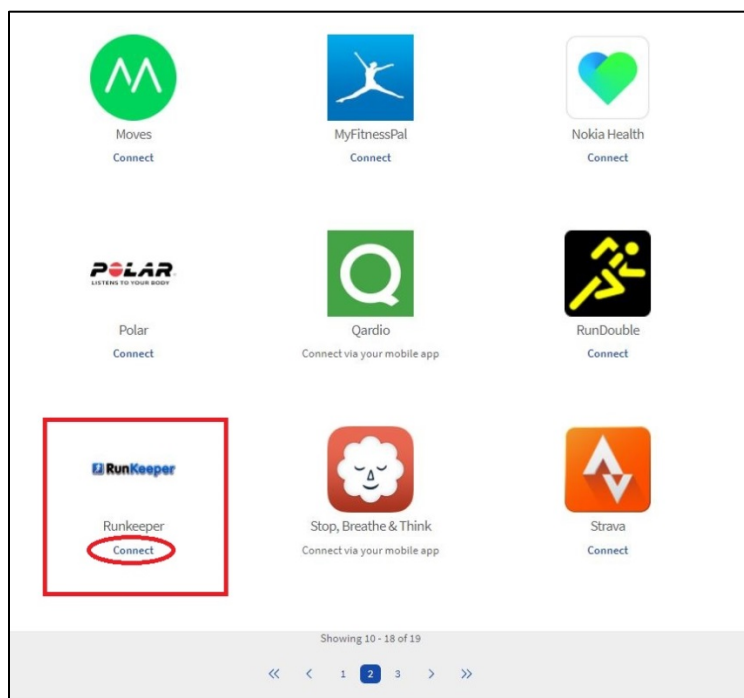
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## Runkeeper

## How to Connect Runkeeper, Using Go365.com

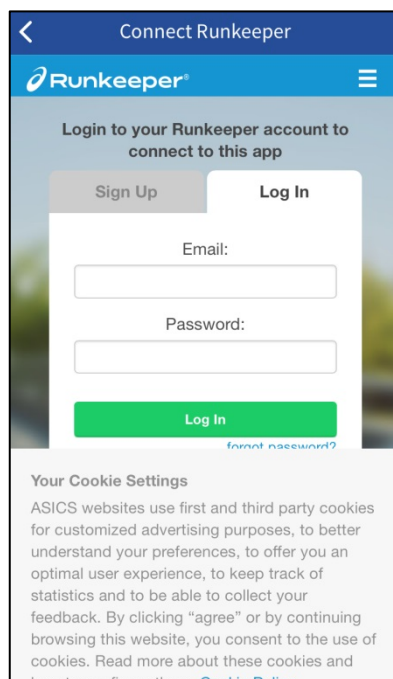
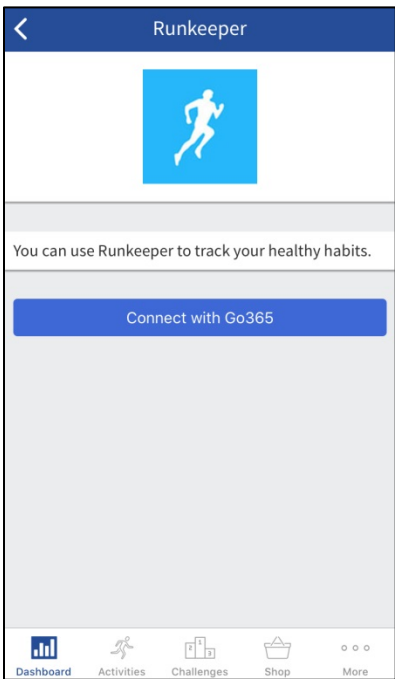
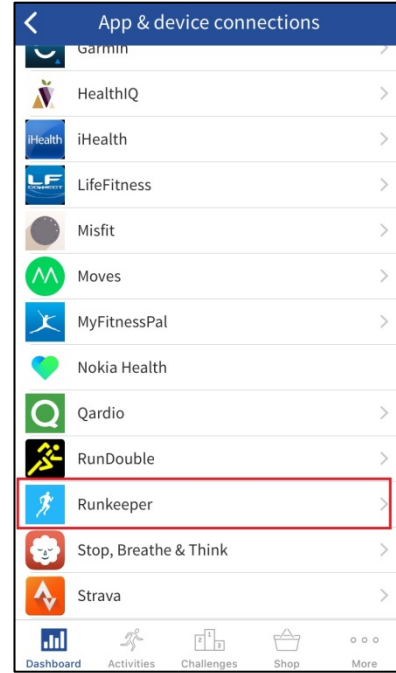
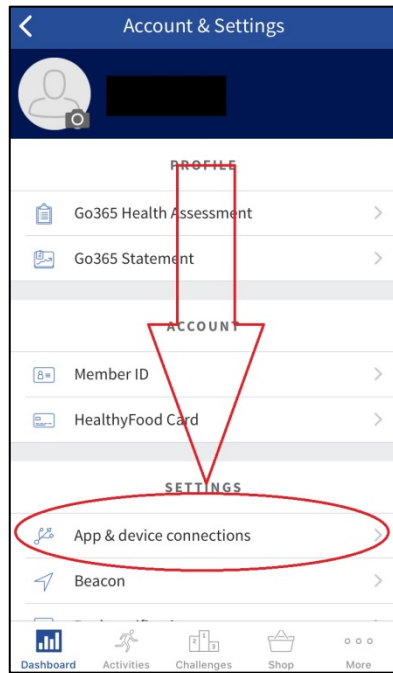
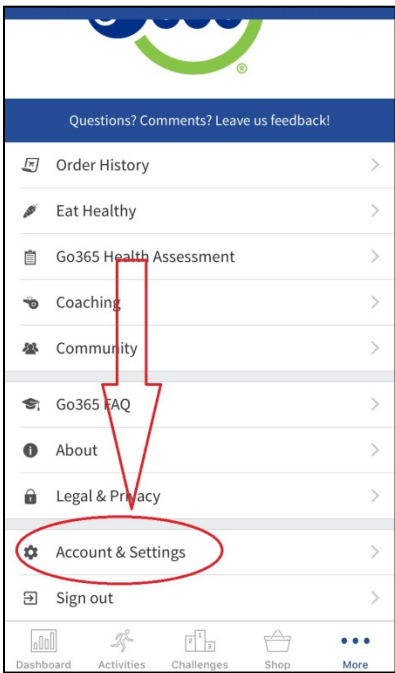
1. [Click on this link](#) and sign in using your Go365 username and password.
2. Scroll through the list and find “Runkeeper.” Click on “Connect” underneath it.
3. When you click on “Connect,” a new tab in your web browser will open. You will be prompted to sign into your account for Runkeeper.
4. After typing in your Runkeeper account credentials, click “Login” and both accounts will be connected!





## How to Connect Runkeeper, Using the Go365 Mobile App

1. Sign into your account on the Go365 mobile app. ([Google Play](#); [iTunes](#))
2. Android users: Tap the “Menu” icon on the dashboard then tap “Account & Settings.” iOS users: Tap the “More” menu icon, then tap “Account Settings” or the “Profile” icon on the dashboard.
3. Once you're signed in, tap on “More” in the tab.
4. Tap “App and device connections.”
5. Scroll down the list and tap on “Runkeeper.”
6. Read the notification and tap “Connect with Go365.”
7. Sign into your Runkeeper account and consent to connecting with Go365.
8. You will see a notification whether the device/app connected successfully. And you should also see it appear under “Connected Devices.”



[Runkeeper Community Post](#)

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## Samsung Health (mobile only)

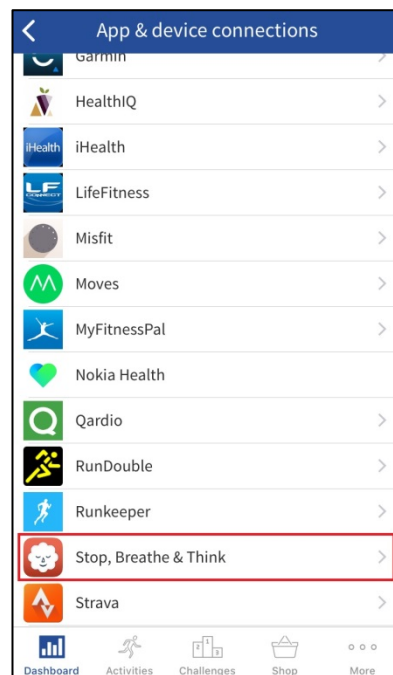
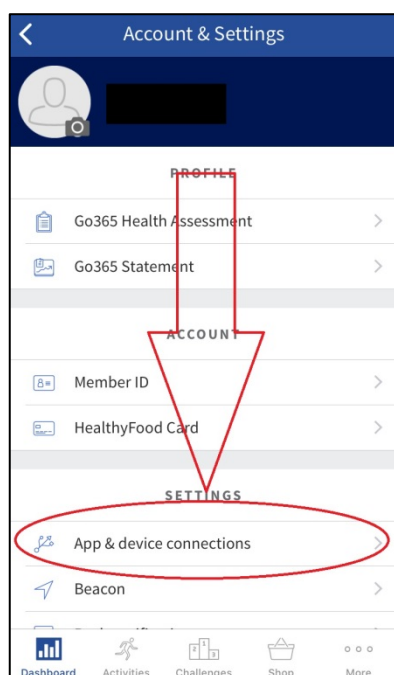
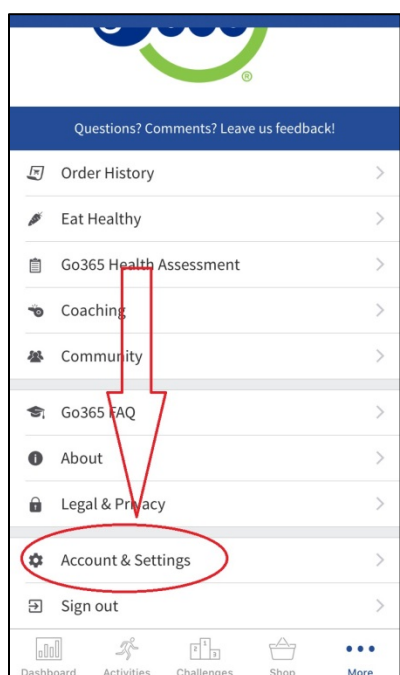
For full instructions to connect Samsung Health with Go365, [check out this Go365 Community post](#).

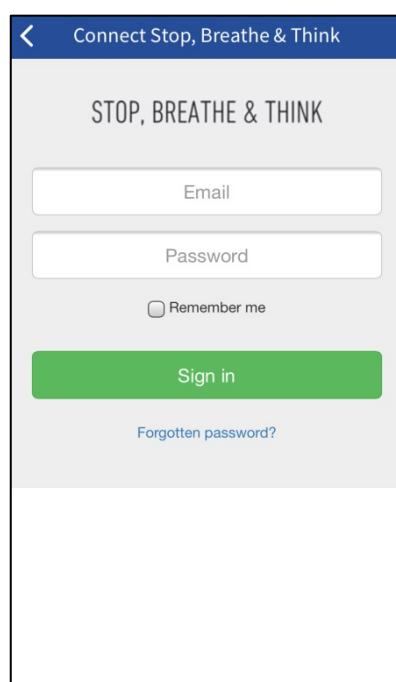
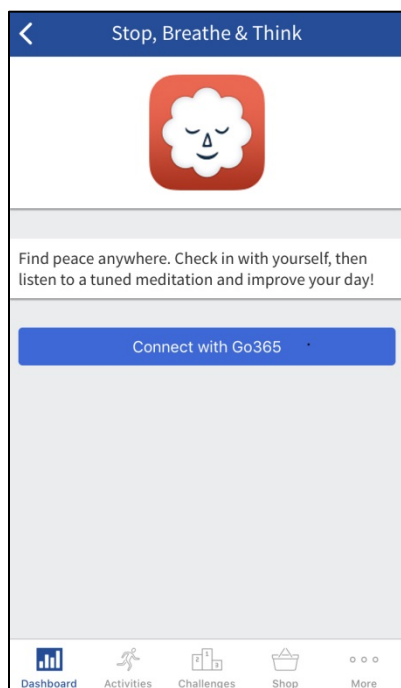
[Back to Menu](#)

## Stop, Breathe & Think (mobile only)

### How to Connect Stop, Breathe & Think, Using the Go365 Mobile App

1. Sign into your account on the Go365 mobile app. ([Google Play](#); [iTunes](#))
2. Android users: Tap the “Menu” icon on the dashboard then tap “Account & Settings.” iOS users: Tap the “More” menu icon, then tap “Account Settings” or the “Profile” icon on the dashboard.
3. Once you're signed in, tap on “More” in the tab.
4. Tap “App and device connections.”
5. Scroll down the list and tap on “Stop, Breathe & Think.”
6. Read the notification and tap “Connect with Go365.”
7. Sign into your Stop, Breathe & Think account and consent to connecting with Go365.
8. You will see a notification whether the device/app connected successfully. And you should also see it appear under “Connected Devices.”





[Stop, Breathe & Think Community Post](#)

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## Strava

### How to Connect Strava, Using Go365.com

1. [Click on this link](#) and sign in using your Go365 username and password.
2. Scroll through the list and find "Strava." Click on "Connect" underneath it.
3. When you click on "Connect," a new tab in your web browser will open. You will be prompted to sign into your account for Strava.
4. After typing in your Strava account credentials, click "Login" and both accounts will be connected!

MyHumana Go365 Welcome, [Name] My Profile Español Contact Us Sign Out

go365 Dashboard Activities Eat Healthy Shop Quick Links

8,689 Points 1,485 Shop the Go365 Mall

Learn more about your Status

Keep at it, [Name]

We're rooting for you. Keep up the great work! What do you want to do today to stay on track with your progress?

KEEP BUILDING ON YOUR PROGRESS RECENT DEVICE ACTIVITY JOIN THE CONVERSATION

fitbit (Last update: 09/03/2018) 16,211

Get started with an activity Questions Chat with us

go365 Dashboard Activities Eat Healthy Shop Quick Links

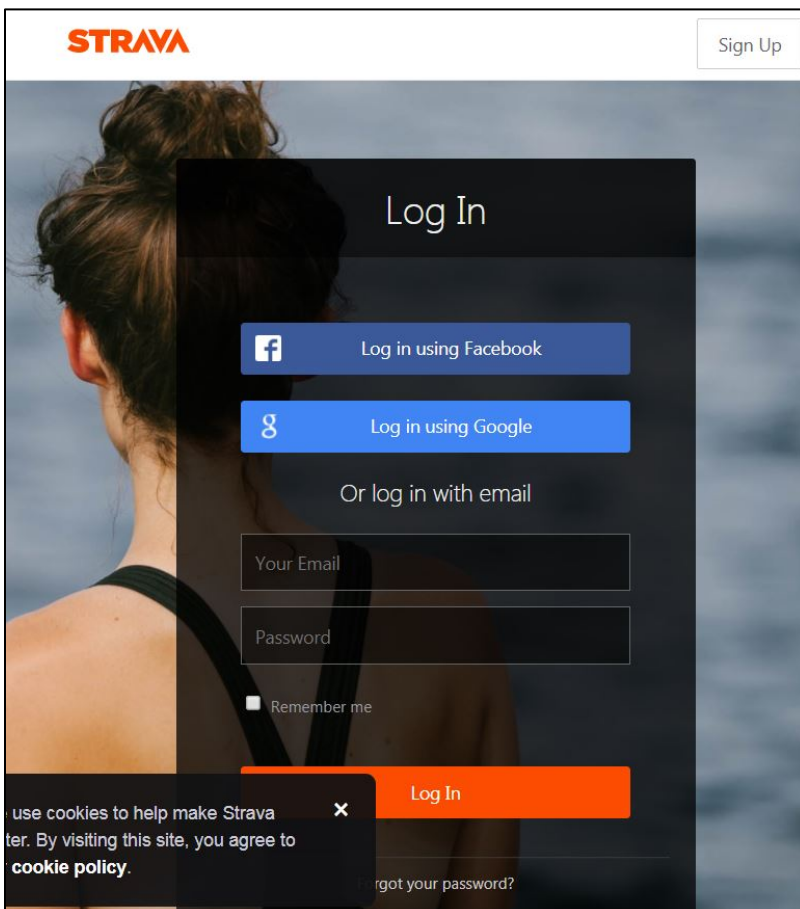
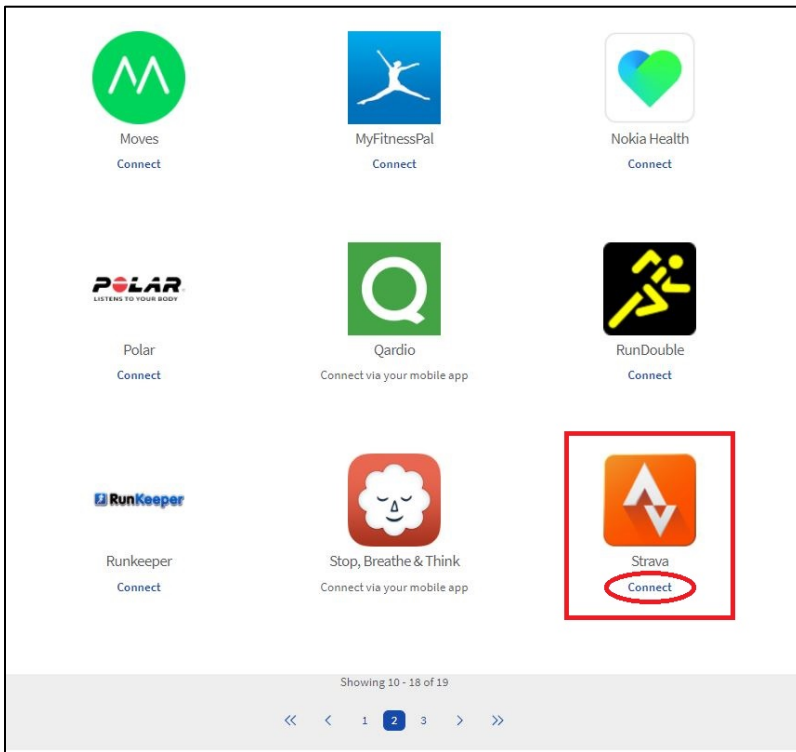
8,689 Points 1,485 Shop the Go365 Mall

Learn more about your Status

Quick Links

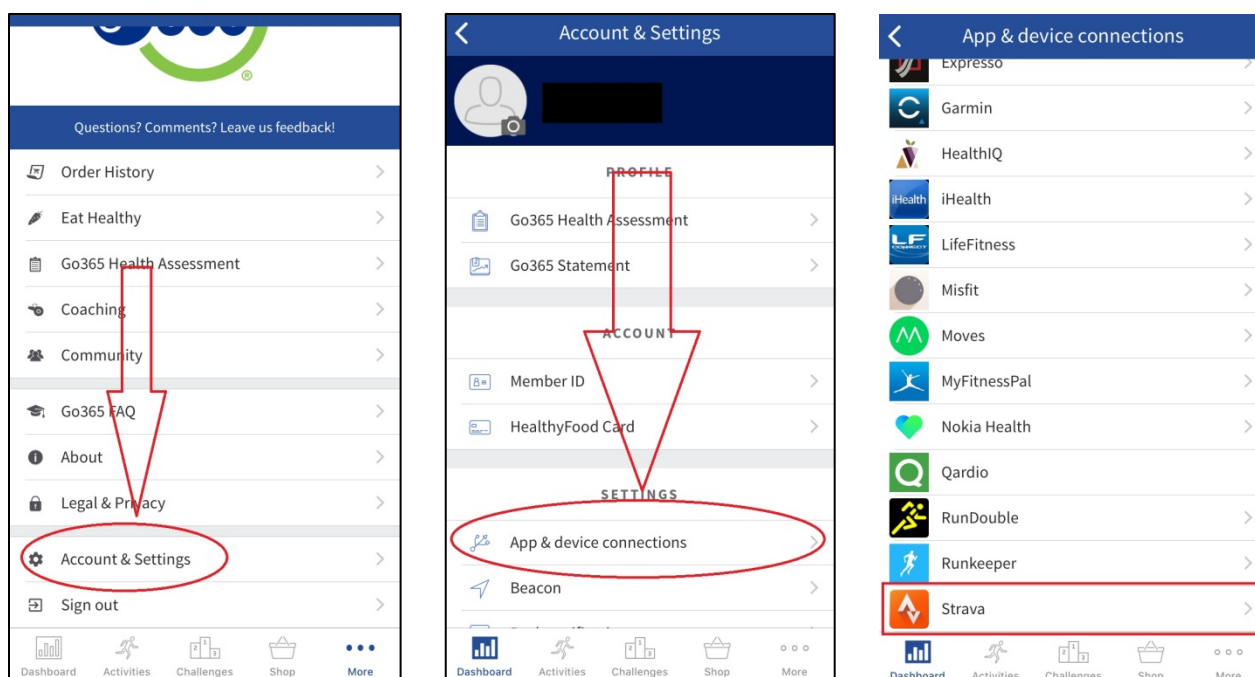
Connect and manage devices Participating fitness facilities Health Coaching

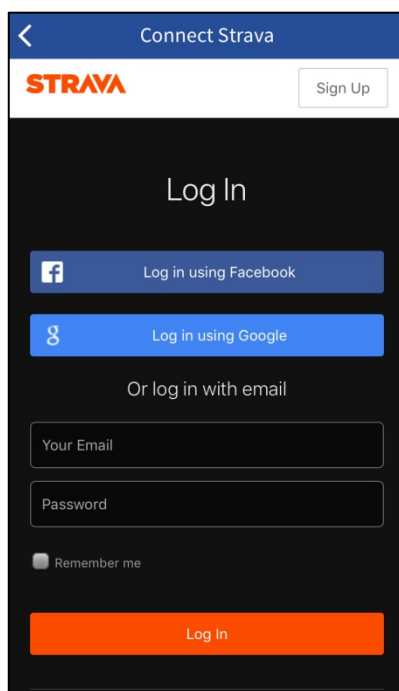
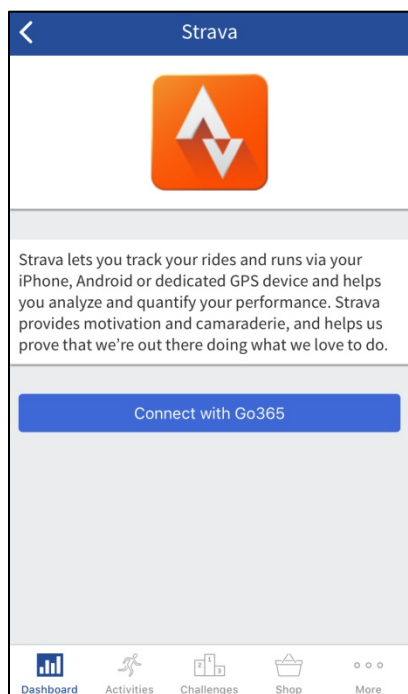
Track your workouts and earn Points Get special rates, automatic workout tracking or other benefits at select fitness Chat with a Personal Health Coach for guidance and support on your health and wellness



## How to Connect Strava, Using the Go365 Mobile App

1. Sign into your account on the Go365 mobile app. ([Google Play](#); [iTunes](#))
2. Android users: Tap the “Menu” icon on the dashboard then tap “Account & Settings.” iOS users: Tap the “More” menu icon, then tap “Account Settings” or the “Profile” icon on the dashboard.
3. Once you're signed in, tap on “More” in the tab.
4. Tap “App and device connections.”
5. Scroll down the list and tap on “Strava.”
6. Read the notification and tap “Connect with Go365.”
7. Sign into your Strava account and consent to connecting with Go365.
8. You will see a notification whether the device/app connected successfully. And you should also see it appear under “Connected Devices.”





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