

Waupaca County Nutrition Advisory Council Minutes
Thursday, January 20, 2022
Waupaca County Courthouse
811 Harding Street, Waupaca WI 54981
Room LL42

This meeting and all other meetings of this committee are open to the public. Proper notice has been given to the press in accordance with Wisconsin statutes so that the citizenry may be aware of the time, place and agenda of this meeting.

Members Present: Dave Steffens; Greta Schroeder; Meri Erickson; Gloria Bigalke; Dennis Wengelski

Others Present: Megan Hintz, Aging Programs Supervisor; Melissa Anderson, ADRU Manager; Pat Huber, ADRC Clerk; Denise Roman, Volunteer Coordinator;

Chairperson Gloria Bigalke opened the meeting at 1:34 pm and a quorum was established. The meeting was also broadcast on the Waupaca County YouTube Channel and Zoom.

- I. **Adoption of Agenda:** *Motion made by Greta Schroeder and seconded by Meri Erickson to adopt the agenda. Motion carried.*

Public Comment: None

- II. **Welcome & Introductions, Supervisor Dennis Wengelski:** Dennis told the members a little about himself and those present in the room introduced themselves and shared their connection to the council.
- III. **Election of Council Vice Chairperson:** Dave Steffens was nominated for Vice Chairperson. With no other nominations on the floor, Dave was elected by acclamation.
- IV. **Adoption of Minutes of December 16, 2021 Nutrition Advisory Council Meeting:** *Motion made by Meri Erickson and seconded by Dennis Wengelski to approve the minutes of December 16, 2021 meeting as printed. Motion carried.*
- V. **Adoption of the Minutes of the Joint Committee on Aging and Nutrition Advisory Council Meeting of November 30, 2021:** *A motion was made by Meri Erickson and seconded by Greta Schroeder to approve the minutes with the correction on item V: Congregate Reopening Plan...of soft reopening on January 3, 2022. Motion carried.*
- VI. **COVID-19 & Current Operations Update:** Megan Hintz reported on the current and historic numbers being served in the Home Delivered Meal and Bistro 60 programs. She further reported that participation in the reopened Congregate sites has been slow, but expected.
- VII. **Voucher Program Updates:** Megan Hintz reported that we continue to wait for the approval from the state to open our Fremont location. Participation at Manawa has slowed, probably due to the holidays and the cold weather. Participants were allowed to return unused 2021 vouchers for new 2022 vouchers. About half of unused vouchers have been exchanged.
- VIII. **Volunteer Recruitment:** Denise Roman, Volunteer Coordinator reported that between March of 2020 and October of 2021 we have lost 40% of our Volunteer Staff due to the effects of Covid. She has been working very hard on various programs to recruit volunteers.

- IX. 2022 Caterer Update:** Our current caterer, Schueller's has been working on a three-month contract. They have asked for increases in price per meal, which are justified due to the increase in food and gasoline prices that we are currently experiencing. At the current rate we are paying them, we cannot sustain the program in the long run. Melissa Anderson and Megan Hintz are working on releasing a "Request for Bid" which will be posted publicly in February with selections made in March. Options for controlling costs will be looked into and enacted where possible. Waupaca did receive some funding from the American Rescue Plan Act, which will help with some of our increasing costs.
- X. 2022 Nutrition Education Plan Update:** Megan Hintz shared the new monthly newsletter for meal participants as well as the plan of education topics to be covered in 2022. The newsletter includes educational material, recipes, fun activities, as well as the menu. Each month our Dietician, Heidi Draeger puts together nutrition education, which is included in the newsletter.
- XI. Committee Member Reports of Meetings Attended and General Correspondence:** Melissa Anderson asked if this was an agenda item that the council would like to keep or delete. Gloria Bigalke mentioned that we should continue to be able to have comments at the end of the meeting.
- XII. Adjourn:** *A motion was made by Greta Schroeder and seconded by Meri Erickson to adjourn at 2:49 pm. Motion Carried.*

Next Meeting: Thursday, February 17, 2022 @ 1:30 pm – Waupaca County Courthouse.

Respectfully Submitted,
Pat Huber, ADRC Clerk