Agenda

Winterport Town Council

DATE	June 27, 2023
TIME	7:00 PM
LOCATION	44 Main Street, Winterport
NEXT MEETING	* New year, Council Must Schedule at First TC Meeting of New FY

- 1. COUNCIL MEMBERS IN ATTENDANCE
- 2. PLEDGE OF ALLEGIANCE
- 3. APPROVAL OF THE AGENDA
- 4. CONSENT AGENDA
 - 1. SIGNATURES OF WARRANTS
 - 2. APPROVAL OF MINUTES
 - 3. COMMUNICATIONS
 - 4. APPOINTMENTS & RESIGNATIONS
 - 5. COMMITTEE MINUTES
- 5. PUBLIC COMMENTS
- 6. COMMITTEE REPORTS
- 7. UNFINISHED BUSINESS
- 8. NEW BUSINESS
 - 1. DEPARTMENT FUNDS / EXPENDITURES
- 9. MANAGER'S REPORT
- 10. COUNCILOR'S COMMENTS
- 11. EXECUTIVE SESSION
 - 1. M.R.S.A. 405(6)(A) / . M.R.S.A. 405(6)(C)
- 12. ADJOURNMENT

Minutes Winterport Town Council

DATE	May 30th, 2023
TIME	7:00 PM
MEETING CALLED TO ORDER BY	Maggie English-Flanagan at 7:06 PM

COUNCIL MEMBERS IN ATTENDANCE

Chair – Maggie English-Flanagan Councilor Stephen Cooper Councilor Kevin Kelley Councilor Tammy Higgins Councilor Ann Ronco

PLEDGE OF ALLEGIANCE

Pledge of Allegiance was led by Manager Ashey

APPROVAL OF THE AGENDA

Motion: Councilor Ronco, 2nd Councilor Kelley *Vote:* Passed – 5-0 *Resolution:*

CONSENT AGENDA

Motion: Councilor Ronco, 2nd Councilor Kelley

Vote: Passed - 5-0

Resolution: Add regularly scheduled meetings to the agenda and removal of meeting scheduled for June 13th due to conflict with voting

PUBLIC COMMENT

Alan Cohen discussed "no mow may" and offered to set up a group to add flowers to the front of the town office. See recording for further information.

COMMITTEE REPORTS

Broadband Committee: *Matt Williams with the broadband committee provided an update. See recording for further information.*

UNFINISHED BUSINESS

No unfinished business

NEW BUSINESS

1. Tax Acquired Property Bids (Blind Own Lane): Manager Ashey reported the bids for the property at Blind Own Lane. There was no bids on the property on the Lebanon Rd.

Motion: Councilor Cooper, 2nd Councilor Ronco *Vote:* Passed – 5-0 *Resolution:* Bid was awarded to Stacy Brown for \$3,333.00

MANAGER'S REPORT

1. Town Manager's Report is attached as Exhibit A.

COUNCILOR'S COMMENTS

- 1. Councilor Higgins inquired about an update to the school's budget. Manager Ashey reported that the number he used in the budget is accurate. See report for further details.
- 2. Councilor Kelley asked for the FY 22-23 audit be added to the agenda for the next session.
- 3. Councilor Cooper asked about how to post the regularly scheduled meetings for the next FY. Manager Ashey stated the calendar will be on the new website, physically posted in specific town locations, and on Facebook.

EXECUTIVE SESSION

- 1. M.R.S.A.405(6)(A) / M.R.S.A. 405(6)(C)
 - A. Council entered executive session at 8:45 PM

Motion: Councilor Ronco, 2nd Councilor Kelley *Vote:* Passed – 5-0 *Resolution:*

B. Council Exited Executive Session at 9:45PM

Motion: Councilor Ronco, 2nd Councilor Kelley *Vote:* Passed – 5-0 *Resolution:*

ADJOURNMENT

Meeting was adjourned at 9:45pm

Motion: Councilor Ronco, 2nd Councilor Kelley Vote: Passed – 5-0 Resolution:

Respectfully submitted,

Casey J Ashey

Town Manager

Note: All Winterport Town Council Meetings are recorded. See audio recording for further information.

A / P Check Register

Bank: United Checking 8212769

Туре	Check	Amount	Date	Wrnt	Payee
R	37488	376.41	06/28/23	120	0029 AIM FUND SERVICES, INC.
R	37489	100.00	06/28/23	120	0519 Atwood C Woodman
R	37490	29.50	06/28/23	120	0490 CAMDEN NATIONAL BANK
R	37491	80.57	06/28/23	120	0999 Casey Ashey
R	37492	22.13	06/28/23	120	0042 CENTRAL MAINE POWER CO.
R	37493	60.83	06/28/23	120	0875 Consolidated Communications
R	37494	330.00	06/28/23	120	0337 DAVID L. NASON
R	37495	15.00	06/28/23	120	0632 Dept. of Environmental Protection
R	37496	634.64	06/28/23	120	1002 Edward Jones
R	37497	1,169.33	06/28/23	120	1006 F.W. Webb
R	37498	7,800.00	06/28/23	120	0955 Gunnett Tree & Land Care
R	37499	1,000.00	06/28/23	120	0923 Jacki Robbins
R	37500	222.00	06/28/23	120	0916 Jacqueline Robbins
R	37501	522.75	06/28/23	120	0377 JAMES W. WADMAN, CPA
R	37502	1,718.00	06/28/23	120	0927 Maine Commercial Tire
R	37503	5,577.52	06/28/23	120	0123 MAINE MUNICIPAL HEALTH TRUST
R	37504	314.40	06/28/23	120	0624 Maureen Black
R	37505	2,520.00	06/28/23	120	0151 PITNEY BOWES GLOBAL FINANCIAL
R	37506	4,255.70	06/28/23	120	0175 SECRETARY OF STATE
R	37507	1,200.00	06/28/23	120	0602 Thumbs Up Landscaping
R	37508	800.00	06/28/23	120	0573 Town of Hampden
R	37509	1,463.05	06/28/23	120	0679 Town of Winterport
R	37510	92.50	06/28/23	120	0199 TREASURER STATE OF MAINE
R	37511	81.37	06/28/23	120	1003 W.B. Mason
R	37512	100.00	06/28/23	120	0925 Waldo County Critter Control
R	37513	1,400.00	06/28/23	120	0912 Weaver's Earthwork
R	37514	294.00	06/28/23	120	0258 WELLMAN PAVING INC
R	37515	829.46	06/28/23	120	0385 WHITE SIGN

Total 33,009.16

Count			
Checks	28		
Voids	0		

Winterport 10:51 AM

A / P Warrant

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Warrant 120

Description		Account	Proj	Amount	Encumbrance
0029 AIM FUND SERVICES	TNC	· · · · · · · · · · · · · · · · · · ·			
0539 37488		June 2023			
Employer Match	5 00	G 1-215-00		120.20	
Employee Contributio	n	G 1-227-00		130.39 246.02	0.00
1 1		0 1 22, 00	- Vendor Total-	376.41	0.00
0519 Atwood C Woodman				5/6.41	
0539 37489					
FD Inspection	9 06	FD Inspection	on		
rb inspection		E 35-30-30		100.00	0.00
			Vendor Total-	100.00	
0490 CAMDEN NATIONAL B					
0539 37490) 06	Office supp	lies		
Office supplies		E 20-20-10	-	29.50	0.00
			Vendor Total-	29.50	
0999 Casey Ashey					
0539 37491	. 06	mileage			
mileage		E 20-70-16		80.57	0.00
			- Vendor Total-	80.57	
0042 CENTRAL MAINE POW	ER CO.	······································	######################################		
0539 37492	. 06	service			
231-037-0355-001 ST	LIGHT	E 97-70-68		22.13	0.00
			- Vendor Total-	22.13	
0875 Consolidated Comm	unications				
0539 37493	06	June 2023			
June 2023		E 60-80-20		60.83	0.00
			Vendor Total-	60.83	
0337 DAVID L. NASON		· · · · · · · · · · · · · · · · · · ·		00.05	
0539 37494	06	Excavator Re	antal		
Excavator Rental		E 50-30-32	fillat	150.00	0.00
Excavator Rental		E 50-30-32		180.00	0.00
			- Vendor Total	330.00	0.00
0632 Dept. of Environm	ental Prote	ction			
0539 37495		June 2023		ł	
June 2023	00	G 1-207-01		15 00	
5 une 2025		G 1-207-01		15.00	0.00
1002 Edward Jones			Vendor Total-	15.00	
0539 37496	06	Casey Retire	ement		
Emp Match Emp IRA		G 1-215-00		317.32	0.00
and the		G 1-227-00		317.32	0.00
	·		Vendor Total-	634.64	
1006 F.W. Webb					
0539 37497	06	Fire departm	lent		
Fire department		E 35-30-30	_	1,169.33	0.00
			Vendor Total-	1,169.33	
955 Gunnett Tree & Lar	nd Care				
0539 37498	06	Clark/Gosher	ı Rđ		
Clark/Goshen Rd		E 50-30-70		4,900.00	0.00
Clark/Goshen Rd		E 50-30-70		2,900.00	0.00
			Vendor Total-	7,800.00	······································

37499

0539

06

Winterport 10:51 AM

A / P Warrant

Warrant 120

Description			Account	Proj	Amount	Encumbrance
Assessing	***************************************		E 12-30-24		1,000.00	0.00
				Vendor Total-	1,000.00	
00916 Jacqueline	Robbins			······································		
0539	37500	06	June 2023 E	lumb permits		
June 2023 Plum	nb permits		G 1-217-00	-	222.00	0.00
				Vendor Total-	222.00	
00377 JAMES W. WA	DMAN, CPA					
0539	37501	06	Services			
AUDIT SERVICES	5		E 20-30-46		522.75	0.00
				Vendor Total-	522.75	· · · · · · · · · · · · · · · · · · ·
00927 Maine Comme	rcial Tire					
0539	37502	06	Fire Dept			
Fire Dept			E 35-30-28		1,718.00	0.00
				Vendor Total-	1,718.00	
00123 MAINE MUNIC	IPAL HEALT	H TRUST				
0539	37503	06	Health 2023	1		
EMPLOYEE HEALT	H/DENTAL		E 15-10-95		5,419.32	0.00
INCOME PROTECT	NOI		E 15-10-96		30.89	0.00
DENTAL INS COP			G 1-226-02		87.58	0.00
INCOME PRO COE	PAY		G 1-223-00		39.73	0.00
				Vendor Total-	5,577.52	
00624 Maureen Bla	ck					
0539	37504	06	Mileage Jun	e 2023		
Mileage			E 20-70-16		314.40	0.00
				Vendor Total-	314.40	
00151 PITNEY BOWE		INANCIAI	J			
0539	37505	06	Postage			
METER RENTAL			E 20-30-25		2,520.00	0.00
•••••				Vendor Total-	2,520.00	
0175 SECRETARY O						
0539	37506	06	BMV WK 06/1	9-23/2023		
STATE FEES TITLE FEES			G 1-205-00		2,416.50	0.00
SALES TAX			G 1-204-00 G 1-204-01		231.00 1,608.20	0.00
				Vendor Total-	4,255.70	0.00
0602 Thumbs Up L	andscaning			Vendor Totar-	4,255.70	
0539	37507	06	Mowing			
Mowing	57507	00	E 75-10-51		1,200.00	0.00
			1,010,01	Vendor Total-	1,200.00	0.00
0573 Town of Ham	oden			Vendor Iocal	1,200.00	
0539	37508	06	Cleaned cat	ch boging		
Cleaned catch		00	E 50-30-55	ch basins	900.00	0.00
			1 50 50 55	Vendor Total-	800.00	0.00
0679 Town of Win	terport	,		, chaol total-	800.00	
0539	37509	06	Dormhof to	12/2022		
Medicare	21202	00	Paywk06-19-: G 1-211-00	23/2023	170 70	
FICA			G 1-212-00		179.76 768.60	0.00
Federal			G 1-213-00		514.69	0.00

Winterport 10:51 AM

A / P Warrant

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Warrant 120

Jrnl	Check	Month	Invoice	Description	Reference	
Descripti	on		Account	Proj	Amount	Encumbrance
0539	37510	06	Plumbing	Permits		
PLUMBING FE	ES		G 1-207-00		92.50	0.00
				Vendor Total-	92.50	
01003 W.B. Mase	on			99945		
0539	37511	06	Office Su	pplies		
Office Supp	lies		E 20-20-20		81.37	0.00
				Vendor Total-	81.37	
00925 Waldo Com	unty Critter	Control	······································			
0539	37512	06	Beavers			
Beavers			E 50-30-32		100.00	0.00
				Vendor Total-	100.00	
00912 Weaver's	Earthwork					
0539	37513	06	North Rd	Culvert		
North Rd Cu	lvert		E 50-30-75		1,400.00	0.00
				Vendor Total-	1,400.00	
00258 WELLMAN	PAVING INC					
0539	37514	06	Gravel			
Gravel			E 50-20-75		294.00	0.00
				Vendor Total-	294.00	
00385 WHITE SIG	GN					
0539	37515	06	Signs			
Signs			E 50-20-10		829.46	0.00
				Vendor Total-	829.46	
					·····	·····
				Prepaid Total-	0.00	
				Current Total-	33,009.16	
				EFT Total-	0.00	
				Warrant Total-	33,009.16	······································
STEPHEN	COOPER			Kevin Kelley		
Tammy Hi	iggins			MARGARET EN	IGLISH-FLANAGAN	

ANN RONCO

TOWN MANAGERS APPROVAL:

Winterport

10:13 AM

Payroll Warrant

Pay Date: 06/28/2023

WARRANT: 119

Check	D/D	Check	Employee		Gross Pay
378478	0.00	834.33	222 Jeffery R Anderson		1,004.00
378479	0.00	1,107.84	192 Casey J Ashey		1,586.54
378480	0.00	143.81	194 Alan Barton		155.72
378481	0.00	197.38	212 Alan Barton		215.04
378482	0.00	759.84	135 Maureen Black		1,038.80
378483	0.00	508.80	206 Marie R Chausse		593.20
378484	0.00	539.32	178 Randy Kenneson		701.20
378485	0.00	114.24	48 DAVID L NASON		175.70
378486	0.00	335.75	207 Jay Temple	K	377.46
378487	0.00	284.66	209 Wendy Wallace		350.75
Total	0.00	4,825.97	-	1999 - 2010 - 1999 - 19	6,198.41

Put into A/P	1,959.71
Taken out of A/P	(0.00)
	C 705 CO

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Total Payroll

6,785.68

Count

Checks

STEPHEN COOPER

Tammy Higgins

ANN RONCO

TOWN MANAGERS APPROVAL:

Kevin Kelley

10

MARGARET ENGLISH-FLANAGAN

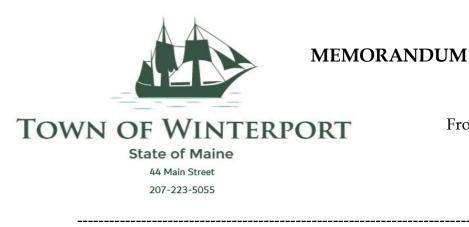
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To: Town Council From: Casey Ashey, Town Manager Date: May 30th , 2023 RE: Manager's Report

To inform the Town Council and the public about the recent happenings within the town, I have the following report as a bulleted list:

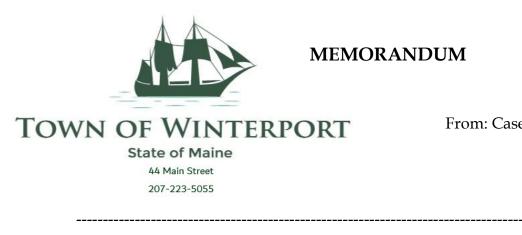
- Tax Acquired Property Account 1989 was processed. A reserve account inside the General Ledger was created for the remaining funds after back taxes were paid. This was the suggestion from the auditor as new case law from the supreme court provides previous landowners with the proceeds from the sale. I am waiting for the State of Maine to provide guidance. See Exhibit A for the MMAs review of Tyler V Hennepin County, Minnesota.
- Multiple road projects are underway. Ditching, culvert work, tree removal and brush cutting. These projects are costing more than the line items have called for. However, there is money that is in the department that was appropriated, and I have asked the council to re-allocate funds to cover the cost. I have also contracted with Fine Line Pavement Striping to get roads striped that was not completed last year. They were in hopes of starting prior to July 1st.
- Monthly cash and check reconciliation is being forwarded to Kellie Bowden (our Auditor). She is doing a great job, and this seems to be working very well.
- The new lawn mower is in and will be purchased July 1st.
- We are moving forward with ACH payments through Camden National and will start to process employee pay through direct deposit and pay our AP through online. This limits fraudulent behavior and is much more secure, plus relieves a time burden on anyone processing payroll.
- While working with Camden National, I located a "reserve account" for the Public Works department with \$10,000.00 in the account. After speaking with the Public Works Supervisor, I would recommend we purchase a trailer.
- I am looking into options for replacement of the Bobcat at the TS. It may be more beneficial for the town to look into purchasing an excavator vs another skid-steer as the excavator could do the works that the skid-steer does, plus do work around the town. We currently have had to rent/sub contract out excavator work. The Public Woks Supervisor is willing to run an excavator. We are looking at competitive



To: Town Council From: Casey Ashey, Town Manager Date: May 30th , 2023 RE: Manager's Report

- Town Meeting is over. Thank you to everyone who participated. I felt as though it went very well. Jacob Gran did a wonderful job as moderator.
- We are about to enter the end of year process. We will close early on Thursday to get everything done.
- July 3 Monday. Employees are wanting to use Vacation time to take the day off. If granted, we will not have enough staff to remain open. I would like to announce the closure of the office and allow staff the time off that they have earned.
- We have our date for the annual audit. We are first on the list this year, and will be starting the process the end of July.
- The Meadow Rd has a culvert that is maintained by DOT. With the town repaving the road, I would recommend replacing the culvert as it has reached its life expectancy. I talked with DOT and they are unable to due the labor as they are short staffed and have their resources elsewhere. They are willing to pay for the material but we would have to pay for the labor. I received a quote for \$1600. I would like to do the project to protect our assets as DOT will have to take up pavement that we lay to fix the problem in the future.
- I have been asked by a citizen to purchase the old rock rake attachment for the tractor that is next to the salt shed. It is currently unusable in its current condition. Citizen has offered \$800.
- I have contracted Lance Dube to start with painting the lobby and the conference chambers. He will be starting July 17.
- There was a motorcycle crash on the Boston Rd. The operator stated the to the State Police that he lost control of his motorcycle due to a rock pushing a section of asphalt up. The asphalt was cut open and the rock removed. There is another "bad" rock on the Stream Road that we plan on cutting out and removing.
- I have verified with Wellman Paving that they will start Paving in July.
- I have spoken with our Maine Municipal Health Insurance Rep. She has put together some numbers for the Town to offer as additional plans. I will be discussing with the council to further discuss the appropriate options to offer.

Respectfully Submitted,



To: Town Council From: Casey Ashey, Town Manager Date: May 30th , 2023 RE: Manager's Report

Casey J. Ashey

Town Manager

MAINE MUNICIPAL EMPLOYEES HEALTH TRUST

MEDICAL PROGRAM SUMMARY - January 1, 2023 to December 31, 2023

All benefits shown are In-Network. Services received Out-of-Network, if covered, may be paid at a lower level of benefits. Please consult your Plan Document or Summary Plan Description booklet for more information.

All figures shown (deductibles, copays, and coinsurance) reflect what the Member pays towards the cost of services.

POS A Traditional POS C POS C POS 200 PPO 500 PPO 1500 Please Note: The POS A plan has been "troop" effective January 1, 2016. No peer groups may begin effective Januar	PPO 2500
Individual / Family \$0 (No deductible) \$0 (No deductible) \$200 / \$400 \$500 / \$1,000 \$1,500 / \$3,000	
Individual / Family \$0 (No deductible) \$0 (No deductible) \$200 / \$400 \$500 / \$1,000 \$1,500 / \$3,000	
CQ-INSURANCE (Member pays) 10% for most services 10% for most services 20% 20% 20%	\$2,500 / \$5,000
	20%
OUT OF POCKET MAXIMUM Deductible plus Coinsurance \$1,000 / \$2,000 \$1,500 / \$3,000 \$1,700 / \$3,400 \$2,000 / \$4,000 \$4,000 / \$8,000	\$5,000 / \$10,000
COPAYS:	
Office Visit Copay (First PCP visit per calendar year paid at 100%) \$10 PCP / \$20 Specialist \$15 PCP / \$25 Specialist \$20 PCP / \$30 Specialist \$20 PCP / \$35 Specialist \$25 PCP / \$40 Specialist	\$25 PCP / \$40 Specialist
Mental Health Outpatient Copay (First visit per calendar year paid at 100% / copay waived for visits via telehealth in 2023) \$10 \$15 \$20 \$20 \$25	\$25
Emergency Room Copay \$150 \$150 \$200 \$200	\$200
Walk-In or Urgent Care Center Copay \$20 \$25 \$30 \$35 \$40	\$40
PREVENTIVE CARE:	
Preventive Care, including mammograms, Pap tests, women's preventive health services, 0% 0% 0%; deductible waived 0%; deductible waived 0%; deductible waived colonoscopies, PSA tests, and routine physicals	0%; deductible waived
Preventive Lab and X-Ray 0% 0% 0%; deductible waived 0%; deductible waived 0%; deductible waived	0%; deductible waived
Preventive Eye Exams (Limited 0% 0%; deductible waived 0%; deductible waived 0%; deductible waived	0%; deductible waived
OTHER SERVICES:	
In Patient Hospital Services 10% (0% for Physician Services) 10% (0% for Physician Services) Deductible then 20% Deductible then 20% Deductible then 20%	Deductible then 20%
Out Patient Surgical Facility \$100 copay Deductible then 20% Deductible then 20% Deductible then 20%	Deductible then 20%
Diagnostic Lab & X-Ray 0% Deductible then 20% Deductible then 20%	Deductible then 20%
Advanced Imaging (MRI/CT/PET) \$100 copay Copays limited to \$300 per Cal Yr \$100 copay Copays limited to \$300 per Cal Yr Copays limited to	Deductible then 20%
Chiropractic Care \$20 copay Limited to 36 visits per Cal Yr \$25 copay Limited to 36 visits per Cal Yr \$30 copay Limited to 36 visits per Cal Yr \$35 copay Limited to 36 visits per Cal Yr \$40 copay Limited to 36 visits per Cal Yr	\$40 copay Limited to 36 visits per Cal Yr
Physical, Speech and Occupational Therapy \$20 copay Limited to 75 Visits per Cal Yr (Combined Limit) \$20 copay Limited to 75 Visits per Cal Yr (Combined Limit) \$30 copay Limited to 75 Visits per Cal Yr \$40 copay Therapy 1	\$40 copay Limited to 75 Visits per Cal Yr (Combined Limit)
PRESCRIPTION DRUGS (5 TIER): Tier 1-Select Generic / Tier 1-Standard / Tier 2 / Tier 3 / Tier 4-Specialty and Lifestyle	5-Tier Rx
RX COPAY (Each 1-30 day supply at retail pharmacy) \$4/\$10/\$30/\$50/\$60 \$4/\$10/\$30/\$50/\$60 \$8/\$15/\$35/\$60/\$80 \$8/\$15/\$35/\$60/\$80 \$8/\$15/\$35/\$60/\$80	\$8/\$20/\$40/\$70/\$80
RX COPAY (31-90 day supply via mail s8/\$20/\$60/\$100/\$120 \$8/\$20/\$60/\$100/\$120 \$16/\$30/\$70/\$120/\$160 \$16/\$30/\$70/\$120/\$160 \$16/\$30/\$70/\$120/\$160	\$16/\$40/\$80/\$140/\$160
OTHER: Cap on In-Network Copays (includes medical and Rx copays) Individual / Family \$5,500 / \$11,000 \$5,000 / \$10,000 \$4,800 / \$9,600 \$5,500 / \$11,000 \$3,500 / \$7,000	\$2,500 / \$5,000
Employee \$1,354.83 \$1,192.26 \$1,135.09 \$1,097.53 \$1,000.55	\$944.64
Employee & Spouse \$3,039.12 \$2,674.42 \$2,546.12 \$2,461.92 \$2,244.35	\$2,118.98
Employee & Child(ren) \$2,210.72 \$1,945.42 \$1,852.10 \$1,790.87 \$1,632.60	\$1,541.39
Employee & Family \$3,039.12 \$2,674.42 \$2,546.12 \$2,461.92 \$2,244.35	\$2,118.98

MAINE MUNICIPAL EMPLOYEES HEALTH TRUST Point of Service 200 Plan (POS-200)

Effective January 1, 2023

For specific information regarding plan provisions, please contact t	In-Network	Out-of-Network
ease Note: In order to receive In-Network level of benefits under the Po	pint of Service plan, all services (except emerge	ency or urgent/acute care situations) must be
thorized in advance by the participant's Primary Care Physician. Service	es received Out-of-Network cannot be used to s	satisfy the In-Network Deductible or Out-of
ocket Maximum. Similarly, services received In-Network cannot be used		
ENEFIT DESCRIPTION		All charges subject to Max. Allow.
Deductible	\$200 Single/\$400 Family	\$300 Single / \$600 Family
Coinsurance	Plan pays 80%	Plan pays 60%
Deductible + Coinsurance Out-of-Pocket Max. Per Calendar Year (1)	\$1,700 Single / \$3,400 Family	\$2,300 Single / \$4,600 Family
Lifetime Maximum	Unlimited	Unlimited
patient Services		
Unlimited days of care in semi-private room ⁽²⁾⁽³⁾	80% after deductible	60% after deductible
Physician services	80% after deductible	60% after deductible
Intensive care	80% after deductible	60% after deductible
Mental health services/Substance abuse services (4)	80% after deductible	60% after deductible
Ancillary services, lab tests, x-rays, medications	80% after deductible	60% after deductible
Anesthesia	80% after deductible	80% after deductible
Maternity care	80% after deductible	60% after deductible
Newborn care	80% after deductible	60% after deductible
utpatient Services		
Any physician office visit, diagnosis and treatment (PCP)	No copay for the first visit and then 100%	60% after deductible
····· F-······· ······ ······ ······ ········	after \$20 copay per visit	
Any physician office visit, diagnosis and treatment (Specialist)	\$30 copay	60% after deductible
Lab & X-ray – Diagnostic	80% after deductible	60% after deductible
Lab & X-ray – Preventive	100% (no deductible)	80% (no deductible)
Colonoscopies (Diagnostic)	80% after deductible	Not covered
Advanced Imaging Procedures (e.g., MRI, CT, and PET scans) ⁽³⁾	80% after deductible	60% after deductible
Physical exams and Well-child care	100% (no deductible)	Not covered
Immunizations/Flu Shots	100% (no deductible)	80% (no deductible)
Covered surgical procedures	80% after deductible	60% after deductible
Mental Health Services/Substance Abuse Services ⁽⁴⁾	No copay for the first visit and then 100%	60% after deductible
	after \$20 copay per visit	
Maternity care	100% after \$20 copay (PCP) or \$30 copay	60% after deductible
	(Specialist) ⁽⁵⁾	
Gynecological exam – Preventive	100% (no deductible) ⁽⁵⁾	80% (no deductible)
Physical, Speech or Occupational Therapy ⁽⁶⁾	100% after \$30 copay	60% after deductible
Outpatient facility fees	80% after deductible	60% after deductible
Ambulance (medically necessary)	80% after deductible	80% after deductible
mergency Room Services		
Emergency/Acute care	100% after \$150 copay	100% after \$150 copay
Non-emergency care	100% after \$150 copay	100% after \$150 copay
ther Services		
Walk-In or Urgent Care Center	100% after \$30 copay (7)	60% after deductible
Home Health/Hospice care	80% after deductible	60% after deductible
Skilled nursing facility ^{(3) (8)}	80% after deductible	60% after deductible
Human tissue & organ transplants	80% after deductible	Not covered
Durable Medical Equipment	80% (no deductible)	60% after deductible
Oral surgery (limited benefits)	80% after deductible	80% after deductible
Eye exams – Preventive	100% (no deductible) ⁽⁵⁾	100% (no deductible)
Chiropractic care	100% (no deddeddolo) $^{(5)(9)}$	60% after deductible
rescription Drugs	100% alter 000 copuy	
Each 30-day supply – Retail Pharmacy		
(Tier 1-Select Generic/ Tier 1-Standard/ Tier 2/ Tier 3/ Tier 4)	Copays: \$8 / \$15 / \$35 / \$60 / \$80	Copays: \$8 / \$15 / \$35 / \$60 / \$80
(The T-Select Ochefic/ The T-Standard/ The 2/ The 5/ The 4)		
90 day supply – Mail Order	Copays: \$16 / \$30 / \$70 / \$120 / \$160	Copays: \$16 / \$30 / \$70 / \$120 / \$160
(Tier 1-Select Generic/ Tier 1-Standard/ Tier 2/ Tier 3/ Tier 4)	Copays. \$10 / \$30 / \$10 / \$120 / \$100	Copays. \$107 \$307 \$707 \$1207 \$100
(Tier L-Select Generic/Tier L-Standard/Tier 7/Tier 3/Tier 4)		

(1) In-Network copays will be capped at \$4,800 single / \$9,600 family. This means that you will not have to pay more than \$6,500 single / \$13,000 family for all covered services received In-Network (including deductible, coinsurance, and copays).

(2) Private rooms covered when medically necessary.

(3) The Provider or Participant must contact Anthem Blue Cross and Blue Shield before any scheduled hospital or skilled nursing facility admission or outpatient advanced imaging procedure to obtain certification. If certification is not obtained, benefits may be denied.

(4) All services must be pre-authorized by Anthem Blue Cross and Blue Shield. The Provider or Participant must contact Anthem Blue Cross and Blue Shield's Mental Health Administrator for review of inpatient non-emergency services in order to receive the In-Network level of benefits.

(5) Participants may self-refer to a participating provider.

(6) Combined physical, speech, and occupational therapy benefits (including those billed by a chiropractor or a D.O.) limited to 75 visits per person per calendar year (combined In-Network and Out-of-Network).

(7) For a current list of In-Network Walk-In or Urgent Care Centers, please call the Health Trust at 1-800-852-8300, or refer to the Health Trust website at www.mmeht.org.

(8) Skilled nursing facility services limited to 100 days per calendar year (combined In-Network and Out-of-Network).

(9) Acute chiropractic care may be self-referred to a participating chiropractor for up to 36 visits per calendar year.

MAINE MUNICIPAL EMPLOYEES HEALTH TRUST Traditional Point of Service Plan (POS A)

Effective January 1, 2023

This is a summary of plan benefits. In the case of any inadvertent discrepancies, the plan document will govern.

For specific information regarding plan provisions, please contact the	Health Trust Service Representatives at 1 In-Network	-800-852-8300 or <u>htservice@memun.org</u> Out-of-Network
Please Note: In order to receive In-Network level of benefits under the Poi		
be authorized in advance by the participant's Primary Care Physician. Ser		
Maximum. Similarly, services received In-Network cannot be used to satis	sfy the Out-of-Network Deductible or Out-of-	
BENEFIT DESCRIPTION		All charges subject to Max. Allow.
Deductible	\$0	\$250 Single / \$500 Family
Coinsurance	Plan pays 90% or 80%	Plan pays 80%
• Deductible + Coinsurance Out-of-Pocket Max. Per Calendar Year ⁽¹⁾	\$1,000 Single / \$2,000 Family	\$2,250 Single / \$4,500 Family
Lifetime Maximum	Unlimited	Unlimited
Inpatient Services		Children
• Unlimited days of care in semi-private room ⁽²⁾⁽³⁾	90%	80% after deductible
 Physician services 	100%	80% after deductible
Intensive care	90%	80% after deductible
	90%	80% after deductible
 Ancillary services, lab tests, x-rays, medications 	90%	80% after deductible
Anesthesia	90%	90%
Maternity care	90%	80% after deductible
Newborn care	90%	80% after deductible
Outpatient Services		
• Any physician office visit, diagnosis and treatment (PCP)	No copay for the first visit and then 100%	80% after deductible
	after \$10 copay per visit	
Any physician office visit, diagnosis and treatment (Specialist)	100% after \$20 copay	80% after deductible
 Lab & X-ray – Diagnostic 	100%	80% after deductible
 Lab & X-ray – Preventive 	100%	100% (no deductible)
Colonoscopies (Diagnostic)	100%	Not covered
	(Outpatient surgical facility fee may	
	apply)	
• Advanced Imaging Procedures (e.g., MRI, CT, and PET scans) ⁽³⁾	100% after \$100 copay ⁽⁵⁾	80% after deductible
Physical exams and Well-child care	100%	Not covered
 Immunizations/Flu Shots 	100%	100% (no deductible)
Covered surgical procedures	100% after \$100 copay ⁽⁶⁾	80% after deductible
•	No copay for the first visit and then 100%	80% after deductible
• Mental health services/Substance abuse services ⁽⁴⁾	after \$10 copay per visit	
Maternity care	100% (7)	80% after deductible
 Gynecological exam - Preventive 	100% (7)	100% (no deductible)
 Physical, Speech or Occupational Therapy ⁽⁸⁾ 	100% after \$20 copay	80% after deductible
Outpatient facility fees	100%; \$100 copay for surgical facility	80% after deductible
Ambulance (medically necessary)	100%	100%
Emergency Room Services		
• Emergency/Acute care	100% after \$150 copay	100% after \$150 copay
• Non-emergency care	100% after \$150 copay	100% after \$150 copay
Other Services	10070 alter \$100 copuj	
Walk-In or Urgent Care Center	100% after \$20 copay ⁽⁹⁾	80% after deductible
Home Health/Hospice care	100% alter \$20 copay	80% after deductible
 Skilled nursing facility ⁽³⁾⁽¹⁰⁾ 	100%	80% after deductible
	90%	
Tullian dissue & organ d'anspiants		Not covered
Durable Medical Equipment	80%	70% (no deductible)
• Oral surgery (limited benefits)	100%	100%
• Eye exams - Preventive	100% ⁽⁷⁾	100% (no deductible)
Chiropractic care	100% after \$20 copay (7)(11)	80% after deductible
Prescription Drugs		
Each 30-day supply – Retail Pharmacy (Tier 1-Select Generic/ Tier 1-Standard/ Tier 2/ Tier 3/ Tier 4)	Copays: \$4 / \$10 / \$30/ \$50/ \$60	Copays: \$4 / \$10 / \$30/ \$50/ \$60
90 day supply – Mail Order	Copays: \$8 / \$20 / \$60 / \$100 / \$120	Copays: \$8 / \$20 / \$60 / \$100 / \$120
(Tier 1-Select Generic/ Tier 1-Standard/ Tier 2/ Tier 3/ Tier 4)		
Specialty medications may only be filled through specialty pharmacies and		ecialty medications may be subject to
partial fills for new prescriptions. Please contact the Health Trust with any	questions.	

(1) In-Network copays will be capped at \$5,500 single / \$11,000 family. This means that you will not have to pay more than \$6,500 single / \$13,000 family for all covered services received In-Network (including deductible, coinsurance, and copays).

(2) Private rooms covered when medically necessary.

(3) The Provider or Participant must contact Anthem Blue Cross and Blue Shield before any scheduled hospital or skilled nursing facility admission or outpatient advanced imaging procedure and obtain certification. If certification is not obtained, benefits may be denied.

(4) All services must be pre-authorized by Anthem Blue Cross and Blue Shield. The Provider or Participant must contact Anthem Blue Cross and Blue Shield's Mental Health Administrator for review of inpatient non-emergency services in order to receive the In-Network level of benefits.

(5) Advanced Imaging copays limited to \$300 per person per calendar year.

(6) Copay applies only when there is a facility charge billed.

(7) Participants may self-refer to a participating provider.

(8) Combined physical, speech, and occupational therapy benefits (including those billed by a chiropractor or a D.O.) limited to 75 visits per person per calendar year (combined In-Network and Out-of-Network).

(9) For a current list of In-Network Walk-In or Urgent Care Centers, please call the Health Trust at 1-800-852-8300, or refer to the Health Trust website at www.mmeht.org.

(10) Skilled nursing facility services limited to 100 days per calendar year (combined In-Network and Out-of-Network).

(11) Acute chiropractic care may be self-referred to a participating chiropractor for up to 36 visits per calendar year.

MAINE MUNICIPAL EMPLOYEES HEALTH TRUST

Comprehensive Point of Service Plan (POS C)

Effective January 1, 2023

This is a summary of plan benefits. In the case of any inadvertent discrepancies, the plan document will govern.

	the Health Trust Service Representatives at 1-80 In-Network	Out-of-Network
Please Note: In order to receive In-Network level of benefits under the l		
authorized in advance by the participant's Primary Care Physician. Servi		
Maximum. Similarly, services received In-Network cannot be used to sat		
BENEFIT DESCRIPTION		All charges subject to Max. Allow.
	¢0	
• Deductible	\$0 EV 0007 9007	\$250 Single / \$500 Family
• Coinsurance	Plan pays 90% or 80%	Plan pays 70%
• Deductible + Coinsurance Out-of-Pocket Max. Per Calendar Year ⁽¹⁾	\$1,500 Single / \$3,000 Family	\$2,250 Single / \$4,500 Family
Lifetime Maximum	Unlimited	Unlimited
Inpatient Services		
• Unlimited days of care in semi-private room ⁽²⁾⁽³⁾	90%	70% after deductible
Physician services	100%	70% after deductible
Intensive care	90%	70% after deductible
 Mental health services/Substance abuse services ⁽⁴⁾ 	90%	70% after deductible
 Ancillary services, lab tests, x-rays, medications 	90%	70% after deductible
Anesthesia	90%	90%
Maternity care	90%	70% after deductible
Newborn care	90%	70% after deductible
Outpatient Services	2070	
	No construction the first wight and then 1000/ -ft-	70% after deductible
• Any physician office visit, diagnosis and treatment (PCP)	No copay for the first visit and then 100% after	70% after deductible
	\$15 copay per visit	700/ -ft 1- 1
• Any physician office visit, diagnosis and treatment (Specialist)	100% after \$25 copay per visit	70% after deductible
• Lab & X-ray – Diagnostic	100%	70% after deductible
• Lab & X-ray – Preventive	100%	100% (no deductible)
 Colonoscopies (Diagnostic) 	100%	Not covered
	(Outpatient surgical facility fee may apply)	
 Advanced Imaging Procedures (e.g., MRI, CT, and PET scans) ⁽³⁾ 	100% after \$100 copay ⁽⁵⁾	70% after deductible
 Physical exams and Well-child care 	100%	Not covered
 Immunizations/Flu Shots 	100%	100% (no deductible)
Covered surgical procedures	100% after \$100 copay ⁽⁶⁾	70% after deductible
	(Anesthesia covered at 90%)	
 Mental health services/Substance abuse services ⁽⁴⁾ 	No copay for the first visit and then 100% after	70% after deductible
	\$15 copay per visit	
Maternity care	100% (7)	70% after deductible
• Gynecological exam – Preventive	100% (7)	100% (no deductible)
 Physical, Speech or Occupational Therapy ⁽⁸⁾ 	100% after \$25 copay	70% after deductible
 Outpatient facility fees 	100%; \$100 copay for surgical facility	70% after deductible
Ambulance (medically necessary)	100%	100%
	100%	100%
Emergency Room Services	1000/ 6 0170	1000/ 0 0170
• Emergency/Acute care	100% after \$150 copay	100% after \$150 copay
Non-emergency care	100% after \$150 copay	100% after \$150 copay
Other Services		
 Walk-In or Urgent Care Center 	100% after \$25 copay ⁽⁹⁾	70% after deductible
 Home Health/Hospice care 	90%	70% after deductible
• Skilled nursing facility ^{(3) (10)}	90%	70% after deductible
Human tissue & organ transplants	90%	Not covered
Durable Medical Equipment	80%	70% (no deductible)
• Oral surgery (limited benefits)	90%	90%
• Eye exams – Preventive	100% (7)	100% (no deductible)
Chiropractic care	100% after \$25 copay $^{(7)(11)}$	70% after deductible
Prescription Drugs	10070 and \$25 copay	
Each 30-day supply – Retail Pharmacy (Tier 1-Select Generic/ Tier 1-Standard/ Tier 2/ Tier 3/ Tier 4)	Copays: \$4 / \$10 / \$30/ \$50/ \$60	Copays: \$4 / \$10 / \$30/ \$50/ \$60
90 day supply – Mail Order		
(Tier 1-Select Generic/Tier 1-Standard/Tier 2/Tier 3/Tier 4)	Copays: \$8 / \$20 / \$60 / \$100 / \$120	Copays: \$8 / \$20 / \$60 / \$100 / \$120
Specialty medications may only be filled through specialty pharmacies ar	in quantities up to a 30 day supply. Some specialty	medications may be subject to partial
For new prescriptions. Please contact the Health Trust with any questions.		,

(1) In-Network copays will be capped at \$5,000 single / \$10,000 family. This means that you will not have to pay more than \$6,500 single / \$13,000 family for all covered services received In-Network (including deductible, coinsurance, and copays).

(2) Private rooms covered when medically necessary.

(3) The Provider or Participant must contact Anthem Blue Cross and Blue Shield before any scheduled hospital or skilled nursing facility admission or outpatient advanced imaging procedure to obtain certification. If certification is not obtained, benefits may be denied.

(4) All services must be pre-authorized by Anthem Blue Cross and Blue Shield. The Provider or Participant must contact Anthem Blue Cross and Blue Shield's Mental Health Administrator for review of inpatient non-emergency services in order to receive the In-Network level of benefits.

(5) Advanced Imaging copays limited to \$300 per person per calendar year.

(6) Copay applies only when there is a facility charge billed.

(7) Participants may self-refer to a participating provider.

(8) Combined physical, speech, and occupational therapy benefits (including those billed by a chiropractor or a D.O.) limited to 75 visits per person per calendar year (combined In-Network and Out-of-Network).

(9) For a current list of In-Network Walk-In or Urgent Care Centers, please call the Health Trust at 1-800-852-8300, or refer to the Health Trust website at www.mmeht.org.

(10) Skilled nursing facility services limited to 100 days per calendar year (combined In-Network and Out-of-Network).

(11) Acute chiropractic care may be self-referred to a participating chiropractor for up to 36 visits per calendar year.

MAINE MUNICIPAL EMPLOYEES HEALTH TRUST PPO 500 Plan Effective January 1, 2023

This is a summary of plan benefits. In the case of any inadvertent discrepancies, the plan document will govern.

For specific information regarding plan provisions, please contact the Health Trust Service Representatives at 1-800-852-8300 or htservice@memun.org.

	In-Network	Out-of-Network
Please Note: Services received Out-of-Network cannot be used to satisfy t	he In-Network Deductible or Out-of-Pocket	Maximum. Similarly, services received In-
Network cannot be used to satisfy the Out-of-Network Deductible or Out-	of-Pocket Maximum.	·
BENEFIT DESCRIPTION		All charges subject to Max. Allow.
Deductible	\$500 Single / \$1,000 Family	\$1,000 Single / \$2,000 Family
Coinsurance	Plan pays 80%	Plan pays 60%
Deductible + Coinsurance Out-of-Pocket Max. Per Calendar Year ⁽¹⁾	\$2,000 Single / \$4,000 Family	\$3,000 Single / \$6,000 Family
Lifetime Maximum	Unlimited	Unlimited
Inpatient Services		
Unlimited days of care in semi-private room $^{(2)(3)}$	80% after deductible	60% after deductible
Physician services	80% after deductible	60% after deductible
Intensive care	80% after deductible	60% after deductible
	80% after deductible	60% after deductible
Ancillary services, lab tests, x-rays, medications	80% after deductible	60% after deductible
· ·	80% after deductible	80% after deductible
Anesthesia		
Maternity care	80% after deductible	60% after deductible
Newborn care	80% after deductible	60% after deductible
Dutpatient Services		
Any physician office visit, diagnosis and treatment (PCP)	No copay for the first visit and then	80% after \$20 copay
	100% after \$20 copay per visit	
Any physician office visit, diagnosis and treatment (Specialist)	100% after \$35 copay per visit	80% after \$35 copay
Lab & X-ray – Diagnostic	80% after deductible	60% after deductible
Lab & X-ray – Preventive	100% (no deductible)	80% (no deductible)
Advanced Imaging (e.g., MRI, CT, and PET scans) ⁽³⁾	80% after deductible	60% after deductible
Physical exams and Well-child care	100% (no deductible)	80% (no deductible)
Immunizations/Flu Shots	100% (no deductible)	80% (no deductible)
Covered surgical procedures	80% after deductible	60% after deductible
 Mental health services/Substance abuse services ⁽⁴⁾ 	No copay for the first visit and then	80% after \$20 copay
	100% after \$20 copay per visit	
Maternity care	100% after \$20 copay (PCP) or \$35	80% after \$20 copay (PCP) or \$35 copa
	copay (Specialist)	(Specialist)
Gynecological exam – Preventive	100% no deductible	80% no deductible
Physical, Speech or Occupational Therapy ⁽⁵⁾	100% after \$35 copay	80% after \$35 copay
Outpatient facility fees	80% after deductible	60% after deductible
Ambulance (medically necessary)	80% after deductible	80% after deductible
Emergency Room Services		
Emergency/Acute care	100% after \$200 copay	100% after \$200 copay
Non-emergency care	100% after \$200 copay	100% after \$200 copay
Other Services		
Walk-In or Urgent Care Center	100% after \$35 copay (6)	80% after \$35 copay
Home Health/Hospice care	80% after deductible	60% after deductible
Skilled nursing facility ^{(3) (7)}	80% after deductible	60% after deductible
Human tissue & organ transplants	80% after deductible	60% after deductible
Durable Medical Equipment	80% (no deductible)	60% (no deductible)
	80% after deductible	80% after deductible
Oral surgery (limited benefits) Eye exams – Preventive		
	100% (no deductible)	80% (no deductible)
Chiropractic care ⁽⁸⁾	100% after \$35 copay	80% after \$35 copay
Prescription Drugs		
Each 30-day supply – Retail Pharmacy	Copays: \$8 / \$15 / \$35 / \$60 / \$80	Copays: \$8 / \$15 / \$35 / \$60 / \$80
(Tier 1-Select Generic/ Tier 1-Standard/ Tier 2/ Tier 3/ Tier 4)	1 7 11 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	1 2
90 day supply – Mail Order	$C_{0} = 0.000 \pm 0.000 \pm 0.0000 \pm 0.00000 \pm 0.00000000$	$C_{\text{comparison}} = \frac{16}{20} \frac{1620}{570} \frac{16120}{5120}$
(Tier 1-Select Generic/ Tier 1-Standard/ Tier 2/ Tier 3/ Tier 4)	Copays: \$16 / \$30 / \$70 / \$120 / \$160	Copays: \$16 / \$30 / \$70 / \$120 / \$160
Specialty medications may only be filled through specialty pharmacies and	I in quantities up to a 20 day gunnly. Some	I
ncentry meanerations may only be inted unough specially diffiliacles and	μ in quantumes up to a 30 day supply. Sollle s	specially incurcations may be subject to part

(1) In-Network copays will be capped at \$5,500 single / \$11,000 family. This means that you will not have to pay more than \$7,500 single / \$15,000 family for all covered services received In-Network (including deductible, coinsurance, and copays).

(2) Private rooms covered when medically necessary.

(3) The Provider or Participant must contact Anthem Blue Cross and Blue Shield before any scheduled hospital or skilled nursing facility admission, or outpatient advanced imaging procedure to obtain certification. If certification is not obtained, benefits may be denied.

(4) All services must be pre-authorized by Anthem Blue Cross and Blue Shield. The Provider or Participant must contact Anthem Blue Cross and Blue Shield's Mental Health Administrator for review of inpatient non-emergency services in order to receive the In-Network level of benefits.

(5) Combined physical, speech, and occupational therapy benefits (including those billed by a chiropractor or a D.O.) limited to 75 visits per person per calendar year (combined In-Network and Out-of-Network).

(6) For a current list of In-Network Walk-In or Urgent Care Centers, please call the Health Trust at 1-800-852-8300, or refer to the Health Trust website at www.mmeht.org.

(7) Skilled nursing facility services limited to 100 days per calendar year (combined In-Network and Out-of-Network).

(8) Acute chiropractic care will be covered for up to 36 visits per calendar year (combined In-Network and Out-of-Network).

MAINE MUNICIPAL EMPLOYEES HEALTH TRUST PPO 1500 Plan Effective January 1, 2023

This is a summary of plan benefits. In the case of any inadvertent discrepancies, the plan document will govern. For specific information regarding plan provisions, please contact the Health Trust Service Representatives at 1-800-852-8300 or htservice@memun.org.

	In-Network	Out-of-Network
Please Note: Services received Out-of-Network cannot be used to satisfy	the In-Network Deductible or Out-of-Pocket	
n-Network cannot be used to satisfy the Out-of-Network Deductible or C		, , , , , , , , , , , , , , , , , , ,
BENEFIT DESCRIPTION		All charges subject to Max. Allow.
Deductible	\$1,500 Single / \$3,000 Family	\$2,500 Single / \$5,000 Family
• Coinsurance	Plan pays 80%	Plan pays 60%
 Deductible + Coinsurance Out-of-Pocket Max. Per Calendar Year ⁽¹⁾ 	\$4,000 Single / \$8,000 Family	\$4,000 Single / \$8,000 Family
Lifetime Maximum	Unlimited	Unlimited
	Ommined	Ommined
Inpatient Services		con/ 0 1 1
• Unlimited days of care in semi-private room ⁽²⁾⁽³⁾	80% after deductible	60% after deductible
Physician services	80% after deductible	60% after deductible
• Intensive care	80% after deductible	60% after deductible
• Mental health services/Substance abuse services ⁽⁴⁾	80% after deductible	60% after deductible
 Ancillary services, lab tests, x-rays, medications 	80% after deductible	60% after deductible
Anesthesia	80% after deductible	80% after deductible
Maternity care	80% after deductible	60% after deductible
Newborn care	80% after deductible	60% after deductible
Outpatient Services		
 Any physician office visit, diagnosis and treatment (PCP) 	No copay for the first visit and then	80% after \$25 copay
	100% after \$25 copay per visit	
Any physician office visit, diagnosis and treatment (Specialist)	100% after \$40 copay	80% after \$40 copay
Lab & X-ray – Diagnostic	80% after deductible	60% after deductible
Lab & X-ray – Preventive	100% (no deductible)	80% (no deductible)
• Advanced Imaging (e.g., MRI, CT, and PET scans) ⁽³⁾	80% after deductible	60% after deductible
Physical exams and Well-child care	100% (no deductible)	80% (no deductible)
Immunizations/Flu Shots	100% (no deductible)	80% (no deductible)
Covered surgical procedures	80% after deductible	60% after deductible
• Mental health services/Substance abuse services ⁽⁴⁾	No copay for the first visit and then	80% after \$25 copay
	100% after \$25 copay per visit	oo, aller \$20 copuj
• Maternity care	100% after \$25 copay (PCP) or \$40	80% after \$25 copay (PCP) or \$40
	copay (Specialist)	copay (Specialist)
• Gynecological exam – Preventive	100% (no deductible)	80% (no deductible)
 Physical, Speech or Occupational Therapy ⁽⁵⁾ 	100% after \$40 copay	80% after \$40 copay
 Outpatient facility fees 	80% after deductible	60% after deductible
• Ambulance (medically necessary)	80% after deductible	80% after deductible
Emergency Room Services		
Emergency/Acute care	100% ofter \$200 correct	1000% often \$200 comey
Non-emergency care	100% after \$200 copay	100% after \$200 copay 100% after \$200 copay
	100% after \$200 copay	100% alter \$200 copay
Other Services	1000/ 0 040 (6)	000/ 6 #40
• Walk-In or Urgent Care Center	100% after \$40 copay ⁽⁶⁾	80% after \$40 copay
• Home Health/Hospice care	80% after deductible	60% after deductible
• Skilled nursing facility ^{(3) (7)}	80% after deductible	60% after deductible
Human tissue & organ transplants	80% after deductible	60% after deductible
Durable Medical Equipment	80% (no deductible)	60% (no deductible)
• Oral surgery (limited benefits)	80% after deductible	80% after deductible
Eye exams – Preventive	100% (no deductible)	80% (no deductible)
Chiropractic care ⁽⁸⁾	100% after \$40 copay	80% after \$40 copay
Prescription Drugs		
Each 30-day supply – Retail Pharmacy	Comment \$2 / \$20 / \$40 / \$70 / \$20	Comment (\$20, 1040, 1070, 1000
(Tier 1-Select Generic/ Tier 1-Standard/ Tier 2/ Tier 3/ Tier 4)	Copays: \$8 / \$20 / \$40 / \$70 / \$80	Copays: \$8 / \$20 / \$40 / \$70 / \$80
90 day supply copay – Mail Order	Copays: \$16 / \$40 / \$80 / \$140 / \$160	Copays: \$16 / \$40 / \$80 / \$140 / \$16
(Tier 1-Select Generic/ Tier 1-Standard/ Tier 2/ Tier 3/ Tier 4)		
Specialty medications may only be filled through specialty pharmacies an	d in quantities up to a 30 day supply. Some	specialty medications may be subject to
partial fills for new prescriptions. Please contact the Health Trust with any	auestions	• •

(1) In-Network copays will be capped at \$3,500 single / \$7,000 family. This means that you will not have to pay more than \$7,500 single / \$15,000 family for all covered services received In-Network (including deductible, coinsurance, and copays).

(2) Private rooms covered when medically necessary.

(3) The Provider or Participant must contact Anthem Blue Cross and Blue Shield before any scheduled hospital or skilled nursing facility admission or outpatient advanced imaging procedure to obtain certification. If certification is not obtained, benefits may be denied.

(4) All services must be pre-authorized by Anthem Blue Cross and Blue Shield. The Provider or Participant must contact Anthem Blue Cross and Blue Shield's Mental Health Administrator for review of inpatient non-emergency services in order to receive the In-Network level of benefits.

(5) Combined physical, speech, and occupational therapy benefits (including those billed by a chiropractor or a D.O.) limited to 75 visits per person per calendar year (combined In-Network and Out-of-Network).

(6) For a current list of In-Network Walk-In and Urgent Care Centers, please call the Health Trust at 1-800-852-8300, or refer to the Health Trust website at www.mmeht.org.

(7) Skilled nursing facility services limited to 100 days per calendar year (combined In-Network and Out-of-Network).

(8) Acute chiropractic care will be covered for up to 36 visits per calendar year (combined In-Network and Out-of-Network).

MAINE MUNICIPAL EMPLOYEES HEALTH TRUST PPO 2500 Plan Effective January 1, 2023

This is a summary of plan benefits. In the case of any inadvertent discrepancies, the plan document will govern.

For specific information regarding plan provisions, please contact t		
	In-Network	Out-of-Network
Please Note: Services received Out-of-Network cannot be used to satisfy	the In-Network Deductible or Out-of-Pocket	Maximum. Similarly, services received In-
Network cannot be used to satisfy the Out-of-Network Deductible or Out	t-of-Pocket Maximum.	
BENEFIT DESCRIPTION		All charges subject to Max. Allow.
Deductible	\$2,500 Single / \$5,000 Family	\$5,000 Single / \$10,000 Family
Coinsurance	Plan pays 80%	Plan pays 60%
Deductible + Coinsurance Out-of-Pocket Max. Per Calendar Year ⁽¹⁾	\$5,000 Single / \$10,000 Family	\$7,000 Single / \$14,000 Family
Lifetime Maximum	Unlimited	Unlimited
npatient Services		
Unlimited days of care in semi-private room ⁽²⁾⁽³⁾	80% after deductible	60% after deductible
Physician services	80% after deductible	60% after deductible
Intensive care	80% after deductible	60% after deductible
Mental health services/Substance abuse services (4)	80% after deductible	60% after deductible
Ancillary services, lab tests, x-rays, medications	80% after deductible	60% after deductible
Anesthesia	80% after deductible	80% after deductible
Maternity care	80% after deductible	60% after deductible
Newborn care	80% after deductible	60% after deductible
Dutpatient Services		
Any physician office visit, diagnosis and treatment (PCP)	No copay for the first visit and then	80% after \$25 copay
	100% after \$25 copay per visit	····· ····· ····
Any physician office visit, diagnosis and treatment (Specialist)	100% after \$40 copay	80% after \$40 copay
Lab & X-ray – Diagnostic	80% after deductible	60% after deductible
Lab & X-ray – Preventive	100% (no deductible)	80% (no deductible)
Advanced Imaging (e.g., MRI, CT, and PET scans) ⁽³⁾	80% after deductible	60% after deductible
Physical exams and Well-child care	100% (no deductible)	80% (no deductible)
Immunizations/Flu Shots	100% (no deductible)	80% (no deductible)
Covered surgical procedures	80% after deductible	60% after deductible
Mental health services/Substance abuse services ⁽⁴⁾	No copay for the first visit and then	80% after \$25 copay
Wentar hearth services/substance abuse services	100% after \$25 copay per visit	80% arter \$25 copay
Maternity care	100% after \$25 copay (PCP) or \$40	80% after \$25 copay (PCP) or \$40 copay
Materinty care	copay (Specialist)	(Specialist)
Gynecological exam – Preventive	100% (no deductible)	80% (no deductible)
Physical, Speech or Occupational Therapy ⁽⁵⁾	100% after \$40 copay	80% after \$40 copay
Outpatient facility fees	80% after deductible	60% after deductible
Ambulance (medically necessary)	80% after deductible	80% after deductible
Emergency Room Services		
Emergency/Acute care	100% after \$200 copay	100% after \$200 copay
Non-emergency care	100% after \$200 copay	100% after \$200 copay
Other Services	100% arter \$200 copay	100% after \$200 copay
	100% after \$40 copay ⁽⁶⁾	800% ofter \$40 correct
Walk-In or Urgent Care Center	1 5	80% after \$40 copay
Home Health/Hospice care Skilled nursing facility ^{(3) (7)}	80% after deductible 80% after deductible	60% after deductible 60% after deductible
· ·		
Human tissue & organ transplants	80% after deductible	60% after deductible
Durable Medical Equipment	80% (no deductible)	60% (no deductible)
Oral surgery (limited benefits)	80% after deductible	80% after deductible
Eye exams – Preventive	100% (no deductible)	80% (no deductible)
Chiropractic care ⁽⁸⁾	100% after \$40 copay	80% after \$40 copay
Prescription Drugs		
Each 30-day supply – Retail Pharmacy	Copays: \$8 / \$20 / \$40 / \$70 / \$80	Copays: \$8 / \$20 / \$40 / \$70 / \$80
(Tier 1-Select Generic/ Tier 1-Standard/ Tier 2/ Tier 3/ Tier 4)	$= - \frac{1}{2} $	
00 dev supply Mail Order		
90 day supply – Mail Order (Tior 1 Select Constic/Tior 1 Standard/Tior 2/Tior 2/Tior 4)	Copays: \$16 / \$40 / \$80 / \$140 / \$160	Copays: \$16 / \$40 / \$80 / \$140 / \$160
(Tier 1-Select Generic/ Tier 1-Standard/ Tier 2/ Tier 3/ Tier 4)	nd in quantities up to a 30 day supply. Some	

Specialty medications may only be filled through specialty pharmacies and in quantities up to a 30 day supply. Some specialty medications may be subject to partial fills for new prescriptions. Please contact the Health Trust with any questions.

In-Network copays will be capped at \$2,500 single / \$5,000 family. This means that you will not have to pay more than \$7,500 single / \$15,000 family for all covered services received In-Network (including deductible, coinsurance, and copays).

(2) Private rooms covered when medically necessary.

(3) The Provider or Participant must contact Anthem Blue Cross and Blue Shield before any scheduled hospital or skilled nursing facility admission or outpatient advanced imaging procedure to obtain certification. If certification is not obtained, benefits may be denied.

(4) All services must be pre-authorized by Anthem Blue Cross and Blue Shield. The Provider or Participant must contact Anthem Blue Cross and Blue Shield's Mental Health Administrator for review of inpatient non-emergency services in order to receive the In-Network level of benefits.

(5) Combined physical, speech, and occupational therapy benefits (including those billed by a chiropractor or a D.O.) limited to 75 visits per person per calendar year (combined In-Network and Out-of-Network).

(6) For a current list of In-Network Walk-In and Urgent Care Centers, please call the Health Trust at 1-800-852-8300, or refer to the Health Trust website at www.mmeht.org.

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Maine Municipal Employees Health Trust

MONTHLY PREMIUMS FOR POOLED (NON-RATED) GROUPS EFFECTIVE JANUARY 1, 2023

ACTIVE EMPLOYEES & NON-MEDICARE RETIREES	POS-A	POS-C	POS 200	PPO 500	PPO 1500	PPO 2500
Employee Only	\$1,354.83	\$1,192.26	\$1,135.09	\$1,097.54	\$1,000.54	\$944.6
Employee & Spouse	\$3,039.12	\$2,674.42	\$2,546.13	\$2,461.92	\$2,244.35	\$2,118.
Employee with children	\$2,210.72	\$1,945.43	\$1,852.10	\$1,790.87	\$1,632.60	\$1,541.
Family	\$3,039.12	\$2,674.42	\$2,546.13	\$2,461.92	\$2,244.35	\$2,118.
Employee Only	\$1,381.93	\$1,216.11	\$1,157.79	\$1,119.49	\$1,020.55	\$963.5
Employee & Children	\$2,254.93	\$1,984.34	\$1,889.14	\$1,826.69	\$1,665.25	\$1,572.
	\$2,254.93 \$3,099.90					\$963.5 \$1,572. \$2,161.
Employee & Children Employee & Spouse or Family	\$2,254.93 \$3,099.90	\$1,984.34	\$1,889.14	\$1,826.69	\$1,665.25	\$1,572.
Employee & Children Employee & Spouse or Family COBRA DISABILITY (up to 29 Mont	\$2,254.93 \$3,099.90	\$1,984.34 \$2,727.91	\$1,889.14 \$2,597.05	\$1,826.69 \$2,511.16	\$1,665.25 \$2,289.24	\$1,572 \$2,161

R	Participants must also have Medicare Part A	& Part B
Е	Retiree Only with Medicare	\$629.44
Т	Retiree & Spouse with Medicare	\$1,258.88
-		

I	1								
I	R	SPLIT CONTRACTS			POS 200	PPO	PPO	PPO	
I	Е	Dependent on Medicare eligibility	POS-A POS-C		POS 200	500	1500	2500	
I	E S	Subscriber with Medicare, Spouse on Active Plan	\$1,984.27	\$1,821.70	\$1,764.53	\$1,726.98	\$1,629.98	\$1,574.08	
I	5	Subscriber on Active Plan, Spouse with Medicare	\$1,984.27	\$1,821.70	\$1,764.53	\$1,726.98	\$1,629.98	\$1,574.08	
L	Diagon contract the Health Truct for Dramium Pater for Potizons with children								

Please contact the Health Trust for Premium Rates for Retirees with children

	DENTAL PLAN	ACTIVE	RETIREE	COBRA
0	Employee Only	\$43.79	\$44.67	\$44.67
T	Employee & Spouse \$75.6		\$77.11	\$77.11
H E	Employee with Children	\$144.29	\$147.17	\$147.17
R	Family	\$144.29	\$147.17	\$147.17

B VISI	ION PLAN	ACTIVE	COBRA		
	ployee Only	\$5.58	\$5.69		
N Emp	ployee & Spouse	\$11.15	\$11.37		
	oloyee with Children	\$11.94	\$12.18		
F Fam	nily	\$19.09	\$19.47		
	OME PROTECTION PLAN	\$2.14	Per \$100 of c	overage per month	
LIFE	E (No Medical coverage)	\$0.30	Per \$1,000 of coverage per month		
SUP	PPLEMENTAL LIFE	\$0.30	Per \$1,000 of coverage per month		
	PENDENT LIFE	\$1.50	for Option A	\$3.20 for Option B	
	NG TERM DISABILITY				
EMF	PLOYER PAID:	\$0.44	Per \$100 of C	overed Payroll	
EMF	PLOYEE PAID:		Age banded (Call the Health Trust for details)	